

Supplement 11: Read terms and medical codes used to identify anxiety

	Read term	Read code	Medical code
1	H/O: agoraphobia	146G.00	11764
2	Improving Access to Psychological Therapies pro phobia scale	38Du.00	100992
3	IAPT phobia scale - Soc sit due fear embarrass mak fool self	38Du000	101323
4	IAPT phobia scale - Cert situ fear panic attak distres symp	38Du100	102106
5	IAPT phobia scale - Cert situ becse fear particulr obj activ	38Du200	102133
6	Antiphobic therapy	8G52.00	63521
7	Phobic disorders	E202.00	1907
8	Social phobic disorders	E202.11	16638
9	Phobic anxiety	E202.12	9944
10	Phobia unspecified	E202000	2300
11	Agoraphobia with panic attacks	E202100	3076
12	Agoraphobia without mention of panic attacks	E202200	12838
13	Social phobia, fear of eating in public	E202300	16199
14	Social phobia, fear of public speaking	E202400	31957
15	Social phobia, fear of public washing	E202500	18603
16	Acrophobia	E202600	28106
17	Animal phobia	E202700	28938
18	Claustrophobia	E202800	1723
19	Fear of crowds	E202900	31672
20	Fear of flying	E202A00	4167
21	Cancer phobia	E202B00	1510
22	Dental phobia	E202C00	2366
23	Fear of death	E202D00	10390
24	Fear of pregnancy	E202E00	6071
25	Phobic disorder NOS	E202z00	14729
26	Flying phobia	E28z.12	20802
27	[X]Phobic anxiety disorders	Eu40.00	9386
28	[X]Agoraphobia	Eu40000	2571
29	[X]Agoraphobia without history of panic disorder	Eu40011	16729
30	[X]Panic disorder with agoraphobia	Eu40012	14890
31	[X]Social phobias	Eu40100	11602
32	[X]Social neurosis	Eu40112	42788
33	[X]Specific (isolated) phobias	Eu40200	9785
34	[X]Acrophobia	Eu40211	67965
35	[X]Animal phobias	Eu40212	18248
36	[X]Claustrophobia	Eu40213	11280

37	[X]Simple phobia	Eu40214	12635
38	[X]Needle phobia	Eu40300	12508
39	[X]Other phobic anxiety disorders	Eu40y00	27685
40	[X]Phobic anxiety disorder, unspecified	Eu40z00	34064
41	[X]Phobia NOS	Eu40z11	7222
42	[X]Phobic state NOS	Eu40z12	67898
43	Phobia counselling	Z481.00	25749
44	Neurotic, personality and other nonpsychotic disorders	E2...00	9686
45	[X]Neurotic, stress - related and somoform disorders	Eu4..00	23808
46	O/E - panic attack	225J.00	19000
47	Anxiety management training	8G94.00	9125
48	Referral for guided self-help for anxiety	8HHp.00	28925
49	Anxiety states	E200.00	636
50	Anxiety state unspecified	E200000	6939
51	Panic disorder	E200100	4069
52	Panic attack	E200111	462
53	Generalised anxiety disorder	E200200	4659
54	Anxiety with depression	E200300	655
55	Chronic anxiety	E200400	1758
56	Recurrent anxiety	E200500	4634
57	Anxiety state NOS	E200z00	4534
58	[X]Other anxiety disorders	Eu41.00	5385
59	[X]Panic disorder [episodic paroxysmal anxiety]	Eu41000	8205
60	[X]Panic attack	Eu41011	6408
61	[X]Panic state	Eu41012	4081
62	[X]Generalized anxiety disorder	Eu41100	10344
63	[X]Anxiety neurosis	Eu41111	962
64	[X]Anxiety reaction	Eu41112	35825
65	[X]Anxiety state	Eu41113	50191
66	[X]Mixed anxiety and depressive disorder	Eu41200	11913
67	[X]Mild anxiety depression	Eu41211	7749
68	[X]Other mixed anxiety disorders	Eu41300	44321
69	[X]Other specified anxiety disorders	Eu41y00	24066
70	[X]Anxiety hysteria	Eu41y11	28167
71	[X]Anxiety disorder, unspecified	Eu41z00	23838
72	[X]Anxiety NOS	Eu41z11	25638
73	Anxiety counselling	Z4L1.00	7999
74	Obsessive-compulsive disorders	E203.00	3208
75	Anancastic neurosis	E203.11	47365

76	Compulsive neurosis	E203000	5678
77	Obsessional neurosis	E203100	2030
78	Obsessive-compulsive disorder NOS	E203z00	15566
79	[X]Obsessive - compulsive disorder	Eu42.00	5304
80	[X]Anankastic neurosis	Eu42.11	24251
81	[X]Obsessive-compulsive neurosis	Eu42.12	21836
82	[X]Predominantly obsessional thoughts or ruminations	Eu42000	20634
83	[X]Predominantly compulsive acts [obsessional rituals]	Eu42100	22019
84	[X]Mixed obsessional thoughts and acts	Eu42200	18399
85	[X]Other obsessive-compulsive disorders	Eu42y00	38809
86	[X]Obsessive-compulsive disorder, unspecified	Eu42z00	22721
87	Flooding - obsessional compulsive disorder	Z522600	107134
88	Acute reaction to stress	E28..00	276
89	Combat fatigue	E28..11	43550
90	Acute panic state due to acute stress reaction	E280.00	11940
91	Acute fugue state due to acute stress reaction	E281.00	42737
92	Acute stupor state due to acute stress reaction	E282.00	15551
93	Other acute stress reactions	E283.00	38640
94	Acute posttrauma stress state	E283100	24847
95	Other acute stress reaction NOS	E283z00	29707
96	Stress reaction causing mixed disturbance of emotion/conduct	E284.00	23869
97	Acute stress reaction NOS	E28z.00	26138
98	Adjustment reaction	E29..00	2826
99	Grief reaction	E290000	2775
100	Bereavement reaction	E290011	10734
101	Adjustment reaction, predominant disturbance other emotions	E292.00	24212
102	Separation anxiety disorder	E292000	6221
103	Adjustment reaction with anxious mood	E292400	56924
104	Culture shock	E292500	58013
105	Adjustment reaction with mixed disturbance of emotion	E292y00	48588
106	Adjustment reaction with disturbance of other emotion NOS	E292z00	15665
107	Adjustment reaction with predominant disturbance of conduct	E293.00	16415
108	Adjustment reaction with aggression	E293000	6075
109	Adjustment reaction with antisocial behaviour	E293100	35914
110	Adjustment reaction with destructiveness	E293200	66398
111	Adjustment reaction with predominant disturbance conduct NOS	E293z00	104891
112	Adjustment reaction with disturbance emotion and conduct	E294.00	45603
113	Other adjustment reactions	E29y.00	41455

114	Concentration camp syndrome	E29y000	53362
115	Other post-traumatic stress disorder	E29y100	32387
116	Adjustment reaction with physical symptoms	E29y200	35632
117	Elective mutism due to an adjustment reaction	E29y300	7716
118	Adjustment reaction due to hospitalisation	E29y400	27390
119	Other adjustment reaction with withdrawal	E29y500	19921
120	Other adjustment reactions NOS	E29yz00	23462
121	Adjustment reaction NOS	E29z.00	37669
122	[X]Reaction to severe stress, and adjustment disorders	Eu43.00	11098
123	[X]Acute stress reaction	Eu43000	11607
124	[X]Acute crisis reaction	Eu43011	36374
125	[X]Acute reaction to stress	Eu43012	10535
126	[X]Combat fatigue	Eu43013	70779
127	[X]Crisis state	Eu43014	21559
128	[X]Psychic shock	Eu43015	7813
129	[X]Post - traumatic stress disorder	Eu43100	4171
130	[X]Traumatic neurosis	Eu43111	32182
131	[X]Adjustment disorders	Eu43200	11336
132	[X]Culture shock	Eu43211	36228
133	[X]Grief reaction	Eu43212	21197
134	[X]Hospitalism in children	Eu43213	41235
135	[X]Acute post-traumatic stress disorder follow military comb	Eu43300	101785
136	[X]Chron post-traumatic stress disorder follow military comb	Eu43400	101725
137	[X]Other reactions to severe stress	Eu43y00	21753
138	[X]Reaction to severe stress, unspecified	Eu43z00	31515
139	Acute hysterical psychosis	E131.00	29937
140	Reactive confusion	E132.00	7332
141	Psychogenic stupor	E13y000	22117
142	Hysteria	E201.00	2188
143	Hysteria unspecified	E201000	41572
144	Hysterical blindness	E201100	3438
145	Hysterical deafness	E201200	44739
146	Hysterical tremor	E201300	23598
147	Hysterical paralysis	E201400	34696
148	Hysterical seizures	E201500	16484
149	Fit - hysterical	E201511	33702
150	Other conversion disorder	E201600	15431
151	Astasia - abasia, hysterical	E201611	46399

152	Globus hystericus	E201612	4143
153	Hysterical amnesia	E201700	4269
154	Hysterical fugue	E201800	4775
155	Multiple personality	E201900	43302
156	Dissociative reaction unspecified	E201A00	23490
157	Phantom pregnancy	E201C00	24525
158	Hysteria NOS	E201z00	23354
159	Aphonia - hysterical	E201z11	4105
160	Ataxia - hysterical	E201z12	24638
161	Ganser's syndrome - hysterical	E201z13	40066
162	Psychogenic aphonia	E261500	41615
163	[X]Dissociative [conversion] disorders	Eu44.00	22136
164	[X]Conversion hysteria	Eu44.11	35311
165	[X]Conversion reaction	Eu44.12	52161
166	[X]Hysteria	Eu44.13	27588
167	[X]Hysterical psychosis	Eu44.14	28168
168	[X]Dissociative amnesia	Eu44000	40994
169	[X]Dissociative fugue	Eu44100	39826
170	[X]Dissociative stupor	Eu44200	56141
171	[X]Trance and possession disorders	Eu44300	39747
172	[X]Dissociative motor disorders	Eu44400	34978
173	[X]Psychogenic aphonia	Eu44411	12147
174	[X]Psychogenic dysphonia	Eu44412	18801
175	[X]Dissociative convulsions	Eu44500	56966
176	[X]Pseudoseizures	Eu44511	11354
177	[X]Dissociative anaesthesia and sensory loss	Eu44600	27633
178	[X]Psychogenic deafness	Eu44611	50121
179	[X]Mixed dissociative [conversion] disorders	Eu44700	88758
180	[X]Other dissociative [conversion] disorders	Eu44y00	64166
181	[X]Ganser's syndrome	Eu44y11	46567
182	[X]Multiple personality	Eu44y12	39919
183	[X]Psychogenic confusion	Eu44y13	16988
184	[X]Psychogenic twilight state	Eu44y14	68259
185	[X]Dissociative [conversion] disorder, unspecified	Eu44z00	48906
186	Hypochondriasis	E207.00	966
187	Somatization disorder	E20y000	15321
188	Briquet's disorder	E20y011	56941
189	Physiological malfunction arising from mental factors	E26..00	4199
190	Psychogenic musculoskeletal symptoms	E260.00	44212

191	Psychogenic paralysis	E260000	48561
192	Psychogenic torticollis	E260100	56800
193	Psychogenic musculoskeletal symptoms NOS	E260z00	15035
194	Psychogenic respiratory symptoms	E261.00	38134
195	Psychogenic air hunger	E261000	32034
196	Psychogenic cough	E261100	15483
197	Psychogenic hiccough	E261200	47809
198	Psychogenic hyperventilation	E261300	20053
199	Psychogenic yawning	E261400	23413
200	Psychogenic respiratory symptom NOS	E261z00	34664
201	Psychogenic cardiovascular symptoms	E262.00	29448
202	Cardiac neurosis	E262000	15292
203	Neurocirculatory asthenia	E262200	15284
204	Psychogenic cardiovascular disorder	E262300	30961
205	Psychogenic cardiovascular symptom NOS	E262z00	15034
206	Psychogenic skin symptoms	E263.00	29461
207	Psychogenic pruritus	E263000	15959
208	Psychogenic skin symptoms NOS	E263z00	15224
209	Psychogenic gastrointestinal tract symptoms	E264.00	31422
210	Globus abdominalis	E264.11	37695
211	Psychogenic aerophagy	E264000	4963
212	Air swallowing - excessive	E264011	23774
213	Cyclical vomiting - psychogenic	E264200	2871
214	Psychogenic diarrhoea	E264300	15371
215	Spurious diarrhoea	E264311	10158
216	Psychogenic dyspepsia	E264400	3869
217	Psychogenic constipation	E264500	15939
218	Psychogenic gastrointestinal tract symptom NOS	E264z00	71437
219	Psychogenic genitourinary tract symptoms	E265.00	68379
220	Psychogenic vaginismus	E265100	20109
221	Psychogenic dysmenorrhea	E265200	44547
222	Psychogenic dysuria	E265300	55781
223	Psychogenic genitourinary tract symptom NOS	E265z00	73547
224	Psychogenic symptom of special sense organ	E267.00	89237
225	Other psychogenic malfunction	E26y.00	62400
226	Bruxism (teeth grinding)	E26y000	10001
227	Other psychogenic malfunction NOS	E26yz00	96391
228	Psychosomatic disorder NOS	E26z.00	5067

229	Psychogenic syndromes NEC	E27..00	52481
230	Psychogenic rumination	E275300	65173
231	Psychogenic polydipsia	E275700	26395
232	Compulsive water drinking	E275711	45362
233	Psychalgia	E278.00	40311
234	Psychogenic pain unspecified	E278000	53766
235	Psychogenic backache	E278200	45205
236	Psychalgia NOS	E278z00	54373
237	Other and unspecified psychogenic syndrome NEC	E27z.00	71355
238	Psychogenic syndromes NOS	E27zz00	24076
239	[X]Somatoform disorders	Eu45.00	18049
240	[X]Somatization disorder	Eu45000	24439
241	[X]Multiple psychosomatic disorder	Eu45011	23704
242	[X]Briquet's syndrome	Eu45012	59682
243	[X]Briquet's disorder	Eu45013	105477
244	[X]Undifferentiated somatoform disorder	Eu45100	57877
245	[X]Undifferentiated psychosomatic disorder	Eu45111	34735
246	[X]Hypochondriacal disorder	Eu45200	7537
247	[X]Body dysmorphic disorder	Eu45211	12626
248	[X]Dysmorphophobia nondelusional	Eu45212	30680
249	[X]Hypochondriacal neurosis	Eu45213	24264
250	[X]Hypochondriasis	Eu45214	10870
251	[X]Nosophobia	Eu45215	66806
252	[X]Somatoform autonomic dysfunction	Eu45300	41038
253	[X]Cardiac neurosis	Eu45311	44269
254	[X]Da Costa's syndrome	Eu45312	32632
255	[X]Gastric neurosis	Eu45313	63259
256	[X]Neurocirculatory asthenia	Eu45314	50793
257	[X]Psychogenic cough	Eu45316	12715
258	[X]Psychogenic diarrhoea	Eu45317	43316
259	[X]Psychogenic dyspepsia	Eu45318	16714
260	[X]Psychogenic dysuria	Eu45319	53122
261	[X]Psychogenic flatulence	Eu45320	47698
262	[X]Psychogenic hiccough	Eu45321	53737
263	[X]Psychogenic hyperventilat	Eu45322	12830
264	[X]Psychogenic freq micturit	Eu45323	17081
265	[X]Psychogenic IBS	Eu45324	16560
266	[X]Psychogenic pylorospasm	Eu45325	93067

267	[X]Persistent somatoform pain disorder	Eu45400	30179
268	[X]Psychalgia	Eu45411	54382
269	[X]Psychogenic backache	Eu45412	38521
270	[X]Psychogenic headache	Eu45413	29329
271	[X]Somatoform pain disorder	Eu45414	36040
272	[X]Globus hystericus	Eu45511	100086
273	[X]Other somatoform disorders	Eu45y00	62002
274	[X]Psychogenic dysmenorrhoea	Eu45y11	46925
275	[X]Globus hystericus	Eu45y12	20906
276	[X]Psychogenic pruritis	Eu45y13	16679
277	[X]Psychogenic torticollis	Eu45y14	36009
278	[X]Teeth-grinding	Eu45y15	47570
279	[X]Somatoform disorder, unspecified	Eu45z00	48671
280	[X]Psychosomatic disorder NOS	Eu45z11	19242
281	[X]Briquet's disorder	Eu46y11	100116
282	Neurotic condition, insight present	285..00	15811
283	Poor insight into neurotic condition	286..00	5274
284	Neurotic disorders	E20..00	5249
285	Neurasthenia - nervous debility	E205.00	3361
286	Nervous exhaustion	E205.11	1582
287	Depersonalisation syndrome	E206.00	5305
288	Other neurotic disorders	E20y.00	42000
289	Writer's cramp neurosis	E20y100	3685
290	Other occupational neurosis	E20y200	39518
291	Psychasthenic neurosis	E20y300	72171
292	Other neurotic disorder NOS	E20yz00	43050
293	Neurotic disorder NOS	E20z.00	14780
294	Nervous breakdown	E20z.11	791
295	[X]Other neurotic disorders	Eu46.00	28090
296	[X]Neurasthenia	Eu46000	16561
297	[X]Fatigue syndrome	Eu46011	9656
298	[X]Depersonalization - derealization syndrome	Eu46100	9265
299	[X]Other specified neurotic disorders	Eu46y00	44331
300	[X]Dhat syndrome	Eu46y12	47367
301	[X]Occupational neurosis, including writer's cramp	Eu46y13	11339
302	[X]Psychasthenia	Eu46y14	61753
303	[X]Psychasthenia neurosis	Eu46y15	90597
304	[X]Psychogenic syncope	Eu46y16	44586
305	[X]Neurotic disorder, unspecified	Eu46z00	49628

306	[X]Neurosis NOS	Eu46z11	21431
307	[V]Personal history of neurosis	ZV11200	51613
