



● A randomised controlled trial  
● of a safer sex intervention  
● delivered through mobile  
phone messaging

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12<sup>th</sup> September 2018

Dear

The safetxt study is assessing the effects of safer sex intervention delivered by text message on the cumulative incidence of Chlamydia and gonorrhoea infection at one year. safetxt is a UK based multicentre randomised controlled trial, funded by the NIHR Health Technology Assessment programme. 6250 participants aged 16-24 are to be recruited across 46 centres in the UK.

The trial has been open to recruitment at County Durham and Darlington since January 2017. As with all portfolio studies, we are reliant on the enthusiasm and dedication of our local Principal Investigators and research nurses.

We would like to highlight the work that Sarah Duncan and the team have undertaken. The Principal Investigator has been highly supported by Nicola Hewitson, Melanie Kent and their excellent research team to recruit a total of 94 participants, and have made an extremely valuable contribution to the study.

As trials are often challenging we would like to take the opportunity to say how much we appreciate the efforts of the team. We hope your trust can continue supporting the trial until recruitment has finished, which is projected to be in November 2018.

Please do not hesitate to contact me if you would like further information in relation to safetxt.

Best wishes,

*Wet signature redacted*

Professor Caroline Free  
Chief Investigator