

Supplementary Material 3 Baseline trial resource use (3 months prior) - complete case analysis

Resource use 3 months prior	SWAL plus desk			SWAL only			Standard care		
	N	Mean (SD)	Min, Max	N	Mean (SD)	Min, Max	N	Mean (SD)	Min, Max
Primary care									
GP surgery visit	204	0.62 (0.82)	(0, 3)	206	0.64 (1.06)	(0, 6)	221	0.81 (1.31)	(0, 11)
GP home visit	204	0 (0)	(0, 0)	206	0 (0.07)	(0, 1)	221	0 (0)	(0, 0)
GP phone call	204	0.12 (0.37)	(0, 2)	206	0.15 (0.51)	(0, 3)	221	0.19 (0.93)	(0, 11)
GP nurse surgery visit	204	0.24 (0.53)	(0, 3)	206	0.3 (0.66)	(0, 6)	221	0.26 (0.48)	(0, 2)
GP nurse visit	204	0 (0)	(0, 0)	206	0 (0.07)	(0, 1)	221	0 (0)	(0, 0)
GP nurse phone call	204	0.02 (0.14)	(0, 1)	206	0.02 (0.17)	(0, 2)	221	0 (0.07)	(0, 1)
NHS walk-in centre visit	204	0.04 (0.25)	(0, 2)	206	0.03 (0.18)	(0, 1)	221	0.06 (0.24)	(0, 1)
NHS urgent care centre visit	204	0 (0.07)	(0, 1)	206	0 (0.07)	(0, 1)	221	0 (0)	(0, 0)
Community services									
Occupational Health Nurse	204	0.03 (0.25)	(0, 3)	206	0.02 (0.18)	(0, 2)	221	0.01 (0.09)	(0, 1)
Mental health care									
Mental health nurse	204	0.06 (0.73)	(0, 10)	206	0.03 (0.24)	(0, 3)	221	0 (0)	(0, 0)
Other counsellor/therapist	204	0.18 (1.07)	(0, 12)	206	0.23 (1.15)	(0, 10)	221	0.31 (1.16)	(0, 10)
Secondary care									
Accident and Emergency Visit	204	0.02 (0.16)	(0, 1)	206	0.04 (0.19)	(0, 1)	221	0.06 (0.3)	(0, 3)
Outpatient appointments	204	0.32 (0.75)	(0, 6)	206	0.22 (0.66)	(0, 6)	221	0.24 (0.64)	(0, 4)
Accident and emergency visits	204	0 (0)	(0, 0)	206	0 (0)	(0, 0)	221	0.01 (0.15)	(0, 2)
Inpatient days	204	0.62 (0.82)	(0, 3)	206	0.64 (1.06)	(0, 6)	221	0.81 (1.31)	(0, 11)