

Supplementary Material II: RISKIT-CJS Information Leaflet for Young People

What is this study about?

You are being invited to take part in a multi-centre research study about substance use and risk-taking behavior.

The study is taking place in London, the South East, and the North East of England.

This leaflet is for you to keep. Please read it carefully and take time to decide if you want to take part or not. Talk to other people about the study if you want to.

Please ask your case worker if there is anything that you do not understand or if you would like more information.

What will happen to me if I take part?

You will meet with a RISKIT interventionist who will talk to you about the study and ask you to fill in a survey about your alcohol and/or drug use, and about your general attitudes and behaviour. The survey will be done on a secure iPad.

After this meeting you will randomly be allocated to either a 'control' or an 'intervention' group.

You will receive a £10 gift voucher for your time.

What is a RISKIT interventionist?

An interventionist is a skilled youth/substance misuse worker who has been specifically trained to deliver the RISKIT intervention and help collect information for the study.

If you are allocated to the 'control group': we will be in touch again in 6 months' and 12 months' time.

Both these times you will be asked to meet with a researcher and complete a survey on the secure iPad.

You will be given a £10 voucher each time.

If you are allocated to the 'intervention group': you will take part in two small group sessions along with other people your age.

Two RISKIT interventionists will deliver a specially designed RISKIT programme in these sessions.

"I have learnt new ways to cope and new ways to talk to people about what I need, about how to sort out some of the problems I face" - Participant

Each session will be 3-4 hours long. You will be given lunch/dinner and refreshments.

A week after the group sessions you will meet the RISKIT interventionist for a one-to-one discussion.

We will be in touch again in 6 months' and 12 months' time. Both times you will be asked to meet with a researcher and complete a survey on the secure iPad. You will be given a £10 voucher each time.



Who will have access to my information?

All information collected about you during this research will be kept confidential. The only people who will be able to look at it will be the research team.

All information will be stored on a password protected computer. Data will be kept according to the rules of the Data Protection Act.

Data from the youth offending team may be viewed by the interventionist and members of the research team, only if it is relevant to this research.

Researchers and RISKIT interventionists work to the same rules of confidentiality as doctors and nurses which can only be broken, without your consent, in very exceptional circumstances. **Usually this is if the researcher sees or is told something which raises serious concern for your personal safety.**

Do I have to take part?

It is up to you to decide.

We will give you more information about the study, go through this information sheet with you and answer your questions.

If you decide to take part in the study, you will be asked to sign an assent form.

You are free to change your mind at any time. You will not need to give a reason. If you decide not to take part in the study, any information you give will be destroyed.

Who is funding and organising the study?

The study is funded by the National Institute for Health Research (NIHR) Public Health Research

What happens to the results of the study?

We are happy to send you a summary of the research at the end of the project if you are interested. If you would like to receive this please email us using the details below. The study will be printed in academic journals and presented at conferences. No one will be identified in any of the information written about the study.

Will the research help me?

We cannot promise that this study will help you directly. However, the study may give you the chance to talk openly about alcohol and risk taking behaviour. The information that you give will be used to help understand the decisions you and other young people make in the future.

Could I be at risk by taking part?

We are confident that you will not experience any harm as a result of taking part in this research study. Any suggestions or complaints about the study should be made by email to Professor Simon Coulton Simon.Coulton@kent.ac.uk

Thank You...

for taking the time to read this leaflet. Please ask your youth offending team caseworker to answer any questions or concerns you may have about the project. If you decide to take part, please keep this leaflet for future reference.



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For further information and advice about your drinking...



**Research
Information
Leaflet for
Young People**