

Table 1 List of items to be included when reporting a realist synthesis

TITLE	
1	In the title, identify the document as a realist synthesis or review ABSTRACT YES
2	While acknowledging publication requirements and house style, abstracts should ideally contain brief details of: the study's background, review question or objectives; search strategy; methods of selection, appraisal, analysis and synthesis of sources; main results; and implications for practice. YES
INTRODUCTION	
3	Rationale for review Explain why the review is needed and what it is likely to contribute to existing understanding of the topic area. YES Pg 4
4	Objectives and focus of review State the objective(s) of the review and/or the review question(s). Define and provide a rationale for the focus of the review. YES Pg 5
METHODS	
5	Changes in the review process Any changes made to the review process that was initially planned should be briefly described and justified. YES Pg 15.
6	Rationale for using realist synthesis Explain why realist synthesis was considered the most appropriate method to use. YES Pg iii, xi and 6.
7	Scoping the literature Describe and justify the initial process of exploratory scoping of the literature. YES Pg 3.
8	Searching processes While considering specific requirements of the journal or other publication outlet, state and provide a rationale for how the iterative searching was done. Provide details on all the sources accessed for information in the review. Where searching in electronic databases has taken place, the details should include, for example, name of database, search terms, dates of coverage and date last searched. If individuals familiar with the relevant literature and/or topic area were contacted, indicate how they were identified and selected. YES Pg 3.
9	Selection and appraisal of documents Explain how judgements were made about including and excluding data from documents, and justify these. YES Pg 3.
10	Data extraction Describe and explain which data or information were extracted from the included documents and justify this selection. YES Pg 4.
11	Analysis and synthesis processes Describe the analysis and synthesis processes in detail. This section should include information on the constructs analyzed and describe the analytic process. YES Pg 4.
RESULTS	
12	Document flow diagram Provide details on the number of documents assessed for eligibility and included in the review with reasons for exclusion at each stage as well as an indication of their source of origin (for example, from searching databases, reference lists and so on). You may consider using the example templates (which are likely to need modification to suit the data) that are provided. YES Pg 6.
13	Document characteristics Provide information on the characteristics of the documents included in the review. YES Pg 5.
14	Main findings Key findings with specific focus on theory building & testing. YES Pg 5, 7-8.
DISCUSSION	
15	Summary of findings Summarize the main findings, taking into account the review's objective(s), research question(s), focus and intended audience(s). YES Pg 9.
16	Strengths, limitations and future research directions Discuss both the strengths of the review and its limitations. These should include (but need not be restricted to) (a) consideration of all the steps in the review process and (b) comment on the overall strength of evidence supporting the explanatory insights which emerged. The limitations identified may point to areas where further work is needed YES Pg 9-10.

- 17 Comparison with existing literature Where applicable, compare and contrast the review's findings with the existing literature (for example, other reviews) on the same topic.
- 18 Conclusion and recommendations List the main implications of the findings and place these in the context of other relevant literature. If appropriate, offer recommendations for policy and practice. **YES Pg 10.**
- 19 Funding Provide details of funding source (if any) for the review, the role played by the funder (if any) and any conflicts of interests of the reviewers. **YES Pg 10.**
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