



## ICALM: Interpersonal Counselling for Adolescent Low Mood Site Profile Questionnaire

This questionnaire is designed to help us think about how Interpersonal Counselling for Adolescent Low Mood (ICALM) could be implemented within your team. We would therefore be grateful if you could answer the following questions to help us understand your team. Please provide as much details as possible for the following questions.

If any of the questions are unclear, please ask a member of the research team for clarification. If you are not certain of your answer, please provide a rough estimate.

1. Please state briefly why you or your team have been interested in this project (i.e. ICALM)?

2. What is the name and type (e.g. charity) of your organisation?

3. How many staff members (FTE or part time) make up your team?

*Please give brief details of the professional background of these staff members?*

4. What type of support is currently offered within your team to young people (and/or their families) with identified mental health needs?

5. What types of mental health problems does your team help young people with?

6. How many young people and/or families with mental health needs did your team support in the last year? (Please provide a rough estimate if you are not certain)

7. Where is this support normally provided (e.g. school)

8. Briefly describe the structure of the support you provide for young people (and/or their families) with mental health needs (e.g. one to one or group sessions, duration, and length of counselling sessions)

9. Do members of your team receive specific training in supporting young people (and/or their families) with mental health needs? If yes, please provide brief details.

10. Does your team have any policies or protocols in place that are relevant to supporting young people with mental health needs? If yes, please provide brief details.

11. Does your team have processes in place for identifying and implementing new forms of therapies/interventions?

12. Are you aware of any upcoming changes/events that might impact upon the delivery of the ICALM intervention within your team (e.g. staff changes, funding changes, restructuring, new policies or initiatives)? If yes, please provide brief details.

13. Is there anything else about your team that you think could be useful for the ICALM team to know? If yes, please provide brief details.

**Thank you for your help!**