

## Report supplementary material 3 - TRIUMPH Patient Follow-up Interviews Topic Guide v1

### **Part A. Consent, background**

#### **Telephone interviews:**

Verbal consent: *switch audio recorder on* - For the audio recording, can I check that:

- You read and understood the qualitative study information sheet?
- You know that taking part in the interview is voluntary, that you can skip any questions you would prefer not to answer that you are free to stop the interview at any time?
- You agree to our conversation being audio recorded?
- You understand that quotes from the interview may be used to illustrate our findings but it will not be possible to identify who said them?

#### **Face-to-face interviews:**

- Check patient has read information sheet and answer any questions they may have.
- Remind patient of key parts of the information sheet: that interview will be recorded, that they can stop the interview at any time/skip any questions they wish to, everything they say is confidential, any extracts reported from the interview will be anonymous.
- Ensure consent form is signed prior to start of interview.

### **Background**

- Collect basic biographic details: Age, family situation, whether living alone or with others, whether working
- How is your general health?

### **Part B: Lower Urinary Tract Symptoms (LUTS) experience**

- Could you please tell me about your experience of LUTS symptoms since joining the TRIUMPH study? Could you please describe any changes you have experienced in your symptoms up to now?
  - Prompts: onset, duration, voiding LUTS vs storage LUTS, sexual dysfunction
- How much are your LUTS **bothering** you now? (Biopsychosocial impact)
  - Prompts: explore 'bother' - impact on daily life? Impact on quality of life? Sexual function? Effect on self-perception? Perceptions of others?
  - Has the impact/bother changed since you joined the study?
  - What aspects of the problem cause you **most concern**?
- Is there anything about the symptoms that you would like **more information** about?

## **Part C: Managing LUTS**

### ***Intervention group patients only:***

- You received an intervention to help you self-manage your LUTS. Can you please describe your meeting with the nurse and the advice you received?
  - Prompts: what support/advice received? What symptoms were targeted?
- What do you think about the intervention you received?
  - Prompts: was it what you expected? Positive and negative aspects. Probe for specific views of the meeting with the nurse, the information given, and the booklet provided.
- What effects, if any, do you think the intervention might have had on your LUTS?
- The intervention required you to practice the advice you were given at home. How easy/difficult was this? How much did you manage to practice the advice?
  - Prompts: If they didn't practice the advice much, explore why not. What challenges were encountered? Any solutions to these? Any specific exercises/techniques difficult to carry out? What would have increased adherence?
- Please describe how you used the intervention booklet.
  - Prompts: How often, if at all, did you consult the intervention booklet? Was it easy to learn the advice and practice without the booklet, or did you need to look at the booklet a lot?
  - If you didn't use the booklet much, why not? Explore challenges encountered/reasons why not needed or not helpful.
- How do you expect your LUTS might change in the future?

### ***Control group patients only:***

- How have you been managing the symptoms since joining the study?
  - Prompt: any products used?
- What treatments have you received/used since joining the study? How effective has each of these been at controlling or improving your symptoms?
- What you are hoping for from future treatment for your LUTS? How you would like to see your symptoms improve?
- How do you expect your LUTS might change in the future?

**Part D: Experiences of TRIUMPH**

- What has it been like to take part in TRIUMPH? Could anything have **improved the experience**?
- **Final thoughts:** Thank you so much for your time. Do you have anything else you would like to say about LUTS treatment and/or the TRIUMPH trial?
- Ask if they would like a copy of the summary of the results and check email/postal address for this