

Supplementary material 1 – Service Use Questionnaire

The Resilience Hubs Evaluation

This survey will ask about the support that you might have received from different services since you registered with the Resilience Hub. This can include any support directly from the Resilience Hub, and other NHS or non-NHS services you may have accessed since registering with the Resilience Hub. Your answers are really important to us and will help us to make recommendations to the NHS on how key workers could be better supported in the future. Even if you have not received any support from services, we would like to hear about and learn from your experience.

This research is organised by Greater Manchester Mental Health NHS Foundation Trust. The research team who will be analysing your survey answers is separate from the Resilience Hubs. Your answers will not be put on your clinical notes, and we will not share any identifiable data with the Hub clinical team. Taking part in this research (or choosing not to take part) will not affect the support you receive from the Resilience Hub in any way, or the support that you are receiving from other NHS or social care services.

For more information, please see the Participant Information Sheet that was provided with your invitation email.

If you have any questions about our research, or if you would prefer to complete the questionnaire on the telephone with a member of our research team, please contact Hannah White at hubresearch@gmmh.nhs.uk

Thank you for your time.

-
- 1) Do you consent to take part in this survey? Yes
 No
-

Resilience Hub research survey

Resilience Hub Support

In this section, you will be asked questions about getting support from a Resilience Hub.

Which Resilience Hub have you registered/completed screening with?

- Greater Manchester
 Lancashire & South Cumbria
 Cheshire & Mersey
 Not sure / Don't know
 Humber, Coast & Vale

How did you hear about the Resilience Hub?

- Email from employer
 Email sent directly from the Resilience Hub
 Poster or other advertising at place of work
 Word of mouth
 Social media or other online source
 Other (please specify below)

Please specify:

Following registration/completion of mental health screening with the Resilience Hub, have you had any further contact of any kind with the Hub?

- Yes
 No
 Don't know

We would still like to hear about the services you have accessed for either mental health or physical health, even if the Resilience Hub did not help you access these. Please continue onto the following pages to let us know about these services. Thank you.

Have you had any telephone contact with the Resilience Hub, since you registered/completed the initial mental health screening?

- Yes
 No
 Don't know
 ((Can include either you calling the Hub and/or the Hub calling you))

Click on the '?' for more information

Approximately how many times have you had telephone contact with the Resilience Hub?

_____ (Please only enter numerical values)

Have you had any email conversations with the Resilience Hub, since you registered/completed the initial mental health screening?

- Yes
 No
 Don't know

(Do not include automated emails received following screening)

Approximately how many times have you had email conversations with the Resilience Hub?

_____ (Please only enter numerical values)

Have you received any individual psychological therapy (eg. Cognitive Behavioural Therapy, CBT) offered directly by the Resilience Hub (including face-to-face, telephone, or video call)?

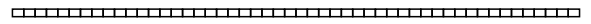
- Yes
 No
 Don't know

On the following page please tell us more about the psychological therapy you received.

How helpful was your contact with the Resilience Hub?

Very unhelpful

Very helpful



(Place a mark on the scale above)

Did the Resilience Hub refer you to any other services/ help you to access any other services?

- Yes - The Hub helped me to access other services that I found beneficial
 - Yes - The Hub helped me to access other services but it wasn't quite the right service for me
 - No - I didn't get enough help to access the support that I needed
 - No - They didn't need to help me access other services as I got all the support I needed directly from the Hub
 - No - I did not need any support from the Hub or referrals elsewhere
-

Did the Resilience Hub meet your needs?

- Yes fully
 - Yes partially
 - No
-

Mental Health Support

In this section, please tell us about any mental health support (either directly from the Resilience Hub or any other NHS or non-NHS services) that you have had since you registered with the Resilience Hub. If you are unsure whether a service should be recorded, please include it anyway and give details of what sort of support you received.

If it's helpful to you, you can click the "yes, show more info" buttons below to see examples of the types of mental health support you might have received. The lists do not include every possible type of service you may have used. You will be able to tell us about other types of support you have in other questions in this survey.

Would you like to see more information about the types of mental health support provided by Resilience Hubs?

- Yes, show more info
 No, show less info

Below is a list of ways in which the Resilience Hubs may support people directly:

(NB The support that is offered by the Resilience Hubs varies depending on people's needs, and on what is available at different Resilience Hubs, so you may not have been offered all of these options)

Support for individuals:

- Individual support by telephone or email
- Psychological therapy (e.g. Cognitive Behavioural Therapy or 'CBT'; trauma-focused therapy, such as Eye Movement Desensitisation and Reprocessing or 'EMDR')
- 'Facilitated peer support', in which a Resilience Hub clinician facilitates an online group session where key workers with similar experiences come together to discuss their experiences, stresses, and dilemmas

Support for managers and teams:

- Information / advice about supporting your team / service given to you on an individual basis
- One or more group sessions of information / advice for you and your colleagues in your team/service

Education and training:

- Webinars
- Workplace Trauma Support training (Lancs & South Cumbria Resilience Hub only: training that helps to coordinate trauma-informed responses to incidents in the workplace, including those related to COVID)

Would you like to see more information about types of mental health support provided by services other than the Resilience Hubs?

- Yes, show more info
 No, show less info

In addition to supporting you directly, the Resilience Hub may have helped you access other services to support your mental health or you may have accessed these without Hub support (e.g. your GP might have referred you instead).

Below is a list of example mental health services that you may have accessed:

- Psychological therapy offered through a local service excluding the Resilience Hub itself (e.g. through an Improving Access to Psychological Therapies (IAPT) service). Please give us the name of the therapy as well as the service if possible
- Mental health focused smartphone apps (examples include SilverCloud, eCBT, mindfulness)
- Occupational health
- Crisis service
- Emergency service, e.g. A&E mental health assessment
- Community mental health team

Current support: Any treatment/support that you are currently receiving

Are you currently receiving any mental health support/treatment?

- Yes
 No
 Don't know

Click on the '?' for more information

((By 'currently receiving' we mean: that you are have not yet completed all of the planned sessions or you are still receiving some kind of support from a service to help with your mental health and well being))

Please describe the support you are receiving and what type of service it is, if known

NB: Please enter one type of support (or service) at a time, you can enter additional types of support (or services) later on.

Is this support being provided directly by the Resilience Hub?

- Yes
 No
 Don't know

Is your employer or place of work providing this support?

- Yes
 No
 Don't know

What kind of organisation is providing this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you first access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
((e.g. the Resilience Hub may have referred you to this service))

Please click on the '?' for more information.

How many appointments or sessions have you been offered / do you have planned with this service? (If known, and if applicable)

_____ (Please only enter numerical values)

How many appointments or sessions have you attended so far? (If known, and if applicable)

_____ (Please only enter numerical values)

Are you currently receiving any other types of mental health support?

- Yes
 No

Please describe the support you are receiving and what type of service it is, if known

Is this support being provided directly by the Resilience Hub?

- Yes
 No
 Don't know

Is your employer or place of work providing this support?

- Yes
 No
 Don't know

What kind of organisation is providing this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you first access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions have you been offered / do you have planned with this service? (If known, and if applicable)

_____ (Please only enter numerical values)

How many appointments or sessions have you attended so far? (If known, and if applicable)

_____ (Please only enter numerical values)

Are you currently receiving any other types of mental health support?

- Yes
 No

Please describe the support you are receiving and what type of service it is, if known

Is this support being provided directly by the Resilience Hub?

- Yes
 No
 Don't know

Is your employer or place of work providing this support?

- Yes
 No
 Don't know

What kind of organisation is providing this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you first access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
(e.g. the Resilience Hub may have referred you to this service)

How many appointments or sessions have you been offered / do you have planned with this service? (If known, and if applicable)

(Please only enter numerical values)

How many appointments or sessions have you attended so far? (If known, and if applicable)

(Please only enter numerical values)

Are you currently receiving any other types of mental health support?

- Yes
 No

Please describe the support you are receiving and what type of service it is, if known

Is this support being provided directly by the Resilience Hub?

- Yes
 No
 Don't know

Is your employer or place of work providing this support?

- Yes
 No
 Don't know

What kind of organisation is providing this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you first access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
 ((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions have you been offered / do you have planned with this service? (If known, and if applicable)

(Please only enter numerical values)

How many appointments or sessions have you attended so far? (If known, and if applicable)

(Please only enter numerical values)

Are you currently receiving any other types of mental health support?

- Yes
 No

Please describe the support you are receiving and what type of service it is, if known

Is this support being provided directly by the Resilience Hub?

- Yes
 No
 Don't know

Is your employer or place of work providing this support?

- Yes
 No
 Don't know

What kind of organisation is providing this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you first access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
 ((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions have you been offered / do you have planned with this service? (If known, and if applicable)

_____ (Please only enter numerical values)

How many appointments or sessions have you attended so far? (If known, and if applicable)

_____ (Please only enter numerical values)

Are you currently receiving any other types of mental health support?

- Yes
 No

Please describe the support you are receiving and what type of service it is, if known

Is this support being provided directly by the Resilience Hub?

- Yes
 No
 Don't know

Is your employer or place of work providing this support?

- Yes
 No
 Don't know

What kind of organisation is providing this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you first access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions have you been offered / do you have planned with this service? (If known, and if applicable)

_____ (Please only enter numerical values)

How many appointments or sessions have you attended so far? (If known, and if applicable)

_____ (Please only enter numerical values)

Are you currently receiving any other types of mental health support?

- Yes
 No

Please describe the support you are receiving and what type of service it is, if known

Is this support being provided directly by the Resilience Hub?

Yes
 No
 Don't know

Is your employer or place of work providing this support?

Yes
 No
 Don't know

What kind of organisation is providing this service?

NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you first access this support as a result of Resilience Hub support/advice?

Yes
 No
 Don't know
 Prefer not to say
(e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions have you been offered / do you have planned with this service? (If known, and if applicable)

_____ (Please only enter numerical values)

How many appointments or sessions have you attended so far? (If known, and if applicable)

_____ (Please only enter numerical values)

Are you currently receiving any other types of mental health support?

Yes
 No

Please describe the support you are receiving and what type of service it is, if known

Is this support being provided directly by the Resilience Hub?

Yes
 No
 Don't know

Is your employer or place of work providing this support?

Yes
 No
 Don't know

What kind of organisation is providing this service?

NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you first access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
(e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions have you been offered / do you have planned with this service? (If known, and if applicable)

_____ (Please only enter numerical values)

How many appointments or sessions have you attended so far? (If known, and if applicable)

_____ (Please only enter numerical values)

Are you currently receiving any other types of mental health support?

- Yes
 No

Please describe the support you are receiving and what type of service it is, if known

Is this support being provided directly by the Resilience Hub?

- Yes
 No
 Don't know

Is your employer or place of work providing this support?

- Yes
 No
 Don't know

What kind of organisation is providing this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you first access this support as a result of Resilience Hub support/advice?

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 No
 Don't know
 Prefer not to say
(e.g. the Resilience Hub may have referred you to this service))

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_____ (Please only enter numerical values)

How many appointments or sessions have you attended so far? (If known, and if applicable)

_____ (Please only enter numerical values)

Are you currently receiving any other types of mental health support?

- Yes
 No

Please describe the support you are receiving and what type of service it is, if known

Is this support being provided directly by the Resilience Hub?

- Yes
 No
 Don't know

Is your employer or place of work providing this support?

- Yes
 No
 Don't know

What kind of organisation is providing this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you first access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
 ((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions have you been offered / do you have planned with this service? (If known, and if applicable)

_____ (Please only enter numerical values)

How many appointments or sessions have you attended so far? (If known, and if applicable)

_____ (Please only enter numerical values)

Completed mental health support: Support (e.g. therapy) for which you have completed all the planned sessions

Have you completed any mental health treatment since you registered/completed screening with the Resilience Hub?

- Yes
 No
 Don't know
 ((i.e. you have completed all of the planned sessions))

Please click on the '?' for more information.

Please describe the support you received and what type of service it was, if known

NB: Please enter one type of support (or service) at a time, you can enter additional types of support (or services) later on.

Was this support provided directly by the Resilience Hub? Yes
 No
 Don't know

Did your employer or place of work provide this support? Yes
 No
 Don't know

What kind of organisation provided this service? NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you access this support as a result of Resilience Hub support/advice? Yes
 No
 Don't know
Please click on the '?' for more information. ((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions did you attend with this service? (If known, and if applicable) _____
(Please only enter numerical values)

Have you completed any other types of mental health support since you registered/completed screening with the Resilience Hub? Yes
 No

Please describe the support you received and what type of service it was, if known

Was this support provided directly by the Resilience Hub? Yes
 No
 Don't know

Did your employer or place of work provide this support? Yes
 No
 Don't know

What kind of organisation provided this service? NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Please click on the '?' for more information.

((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions did you attend with this service? (If known, and if applicable)

_____ (Please only enter numerical values)

Have you completed any other types of mental health support since you registered/completed screening with the Resilience Hub?

- Yes
 No
-

Please describe the support you received and what type of service it was, if known

Was this support provided directly by the Resilience Hub?

- Yes
 No
 Don't know
-

Did your employer or place of work provide this support?

- Yes
 No
 Don't know
-

What kind of organisation provided this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)
-

Please specify:

Did you access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Please click on the '?' for more information.

((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions did you attend with this service? (If known, and if applicable)

_____ (Please only enter numerical values)

Have you completed any other types of mental health support since you registered/completed screening with the Resilience Hub?

- Yes
 No
-

Please describe the support you received and what type of service it was, if known

Was this support provided directly by the Resilience Hub?

- Yes
 No
 Don't know
-

Did your employer or place of work provide this support? Yes
 No
 Don't know

What kind of organisation provided this service? NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you access this support as a result of Resilience Hub support/advice? Yes
 No
 Don't know
Please click on the '?' for more information. ((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions did you attend with this service? (If known, and if applicable) _____
(Please only enter numerical values)

Have you completed any other types of mental health support since you registered/completed screening with the Resilience Hub? Yes
 No

Please describe the support you received and what type of service it was, if known

Was this support provided directly by the Resilience Hub? Yes
 No
 Don't know

Did your employer or place of work provide this support? Yes
 No
 Don't know

What kind of organisation provided this service? NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you access this support as a result of Resilience Hub support/advice? Yes
 No
 Don't know
Please click on the '?' for more information. ((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions did you attend with this service? (If known, and if applicable)

_____ (Please only enter numerical values)

Have you completed any other types of mental health support since you registered/completed screening with the Resilience Hub?

- Yes
 No
-

Please describe the support you received and what type of service it was, if known

Was this support provided directly by the Resilience Hub?

- Yes
 No
 Don't know
-

Did your employer or place of work provide this support?

- Yes
 No
 Don't know
-

What kind of organisation provided this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)
-

Please specify:

Did you access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Please click on the '?' for more information.

((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions did you attend with this service? (If known, and if applicable)

_____ (Please only enter numerical values)

Have you completed any other types of mental health support since you registered/completed screening with the Resilience Hub?

- Yes
 No
-

Please describe the support you received and what type of service it was, if known

Was this support provided directly by the Resilience Hub?

- Yes
 No
 Don't know
-

Did your employer or place of work provide this support?

- Yes
 No
 Don't know

What kind of organisation provided this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Please click on the '?' for more information.

((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions did you attend with this service? (If known, and if applicable)

_____ (Please only enter numerical values)

Have you completed any other types of mental health support since you registered/completed screening with the Resilience Hub?

- Yes
 No

Please describe the support you received and what type of service it was, if known

Was this support provided directly by the Resilience Hub?

- Yes
 No
 Don't know

Did your employer or place of work provide this support?

- Yes
 No
 Don't know

What kind of organisation provided this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Please click on the '?' for more information.

((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions did you attend with this service? (If known, and if applicable)

_____ (Please only enter numerical values)

Have you completed any other types of mental health support since you registered/completed screening with the Resilience Hub?

- Yes
 No

Please describe the support you received and what type of service it was, if known

Was this support provided directly by the Resilience Hub?

- Yes
 No
 Don't know

Did your employer or place of work provide this support?

- Yes
 No
 Don't know

What kind of organisation provided this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Did you access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Please click on the '?' for more information.

((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions did you attend with this service? (If known, and if applicable)

(Please only enter numerical values)

Have you completed any other types of mental health support since you registered/completed screening with the Resilience Hub?

- Yes
 No

Please describe the support you received and what type of service it was, if known

Was this support provided directly by the Resilience Hub?

- Yes
 No
 Don't know

Did your employer or place of work provide this support?

- Yes
 No
 Don't know

What kind of organisation provided this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)
-

Please specify:

Did you access this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Please click on the '?' for more information.

((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions did you attend with this service? (If known, and if applicable)

(Please only enter numerical values)

Incomplete support: Types of support that you decided not to take up, or stopped sessions early

Since registering/completing screening with the Resilience Hub, have you been offered support (e.g. therapy) that you decided not to go ahead with?

- Yes
 No
 Don't know

Please click on the '?' for more information.

((e.g. Perhaps you were put on a waiting list for some support and then offered a session, but you decided not to attend the appointment, for any reason))

Since registering/completing screening with the Resilience Hub, have you stopped any mental health support early?

- Yes
 No
 Don't know

Please click on the '?' for more information.

((By this we mean: did you stop attending the sessions earlier than planned, or did you not finish all of the appointments or sessions that you were offered? e.g. Perhaps you had a couple of sessions but decided the support wasn't right for you))

Please describe the support you started or were offered, and what type of service it was from, if known

NB: Please enter one type of support (or service) at a time, you can enter additional types of support (or services) later on.

Was this support provided directly by the Resilience Hub?

- Yes
 No
 Don't know
-

Did your employer or place of work provide this support?

- Yes
 No
 Don't know
-

What kind of organisation provided this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

How many appointments or sessions did you attend with this service? (if any)

(Please only enter numerical values)

Why did you decide to stop the sessions early? (Optional)

Since registering/completing screening with the Resilience Hub, have you stopped any other types of mental health support early?

Please click on the '?' for more information.

- Yes
 No
 Don't know
((By this we mean: did you stop attending the sessions earlier than planned, or did you not finish all of the appointments or sessions that you were offered? e.g. Perhaps you had a couple of sessions but decided the support wasn't right for you))

Please describe the support you started or were offered, and what type of service it was from, if known

Was this support provided directly by the Resilience Hub?

- Yes
 No
 Don't know

Did your employer or place of work provide this support?

- Yes
 No
 Don't know

What kind of organisation provided this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

How many appointments or sessions did you attend with this service? (if any)

(Please only enter numerical values)

Why did you decide to stop the sessions early?
(Optional)

Since registering/completing screening with the Resilience Hub, have you stopped any other types of mental health support early?

Please click on the '?' for more information.

- Yes
 No
 Don't know

((By this we mean: did you stop attending the sessions earlier than planned, or did you not finish all of the appointments or sessions that you were offered? e.g. Perhaps you had a couple of sessions but decided the support wasn't right for you))

Please describe the support you started or were offered, and what type of service it was from, if known

Was this support provided directly by the Resilience Hub?

- Yes
 No
 Don't know
-

Did your employer or place of work provide this support?

- Yes
 No
 Don't know
-

What kind of organisation provided this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)
-

Please specify:

How many appointments or sessions did you attend with this service? (if any)

(Please only enter numerical values)

Why did you decide to stop the sessions early?
(Optional)

Since registering/completing screening with the Resilience Hub, have you stopped any other types of mental health support early?

Please click on the '?' for more information.

- Yes
 No
 Don't know

((By this we mean: did you stop attending the sessions earlier than planned, or did you not finish all of the appointments or sessions that you were offered? e.g. Perhaps you had a couple of sessions but decided the support wasn't right for you))

Please describe the support you started or were offered, and what type of service it was from, if known

Was this support provided directly by the Resilience Hub? Yes
 No
 Don't know

Did your employer or place of work provide this support? Yes
 No
 Don't know

What kind of organisation provided this service? NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

How many appointments or sessions did you attend with this service? (if any)

(Please only enter numerical values)

Why did you decide to stop the sessions early? (Optional)

Since registering/completing screening with the Resilience Hub, have you stopped any other types of mental health support early?

Please click on the '?' for more information.

Yes
 No
 Don't know
((By this we mean: did you stop attending the sessions earlier than planned, or did you not finish all of the appointments or sessions that you were offered? e.g. Perhaps you had a couple of sessions but decided the support wasn't right for you))

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 Don't know

Did your employer or place of work provide this support? Yes
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 Don't know

What kind of organisation provided this service? NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

How many appointments or sessions did you attend with this service? (if any)

(Please only enter numerical values)

Why did you decide to stop the sessions early? (Optional)

Since registering/completing screening with the Resilience Hub, have you stopped any other types of mental health support early?

- Yes
 No
 Don't know

Please click on the '?' for more information.

((By this we mean: did you stop attending the sessions earlier than planned, or did you not finish all of the appointments or sessions that you were offered? e.g. Perhaps you had a couple of sessions but decided the support wasn't right for you))

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 Don't know

Did your employer or place of work provide this support?

- Yes
 No
 Don't know

What kind of organisation provided this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

How many appointments or sessions did you attend with this service? (if any)

(Please only enter numerical values)

Why did you decide to stop the sessions early? (Optional)

Since registering/completing screening with the Resilience Hub, have you stopped any other types of mental health support early?

- Yes
 No
 Don't know

Please click on the '?' for more information.

((By this we mean: did you stop attending the sessions earlier than planned, or did you not finish all of the appointments or sessions that you were offered? e.g. Perhaps you had a couple of sessions but decided the support wasn't right for you))

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What kind of organisation provided this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

How many appointments or sessions did you attend with this service? (if any)

(Please only enter numerical values)

Why did you decide to stop the sessions early? (Optional)

Since registering/completing screening with the Resilience Hub, have you stopped any other types of mental health support early?

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 No
 Don't know

Please click on the '?' for more information.

((By this we mean: did you stop attending the sessions earlier than planned, or did you not finish all of the appointments or sessions that you were offered? e.g. Perhaps you had a couple of sessions but decided the support wasn't right for you))

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Did your employer or place of work provide this support?

- Yes
 No
 Don't know

What kind of organisation provided this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

How many appointments or sessions did you attend with this service? (if any)

(Please only enter numerical values)

Why did you decide to stop the sessions early? (Optional)

Since registering/completing screening with the Resilience Hub, have you stopped any other types of mental health support early?

Please click on the '?' for more information.

- Yes
 No
 Don't know
((By this we mean: did you stop attending the sessions earlier than planned, or did you not finish all of the appointments or sessions that you were offered? e.g. Perhaps you had a couple of sessions but decided the support wasn't right for you))

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What kind of organisation provided this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

How many appointments or sessions did you attend with this service? (if any)

(Please only enter numerical values)

Why did you decide to stop the sessions early?
(Optional)

Since registering/completing screening with the Resilience Hub, have you stopped any other types of mental health support early?

Please click on the '?' for more information.

- Yes
 No
 Don't know

((By this we mean: did you stop attending the sessions earlier than planned, or did you not finish all of the appointments or sessions that you were offered? e.g. Perhaps you had a couple of sessions but decided the support wasn't right for you))

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- Yes
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 Don't know

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- Yes
 No
 Don't know

What kind of organisation provided this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

How many appointments or sessions did you attend with this service? (if any)

(Please only enter numerical values)

Why did you decide to stop the sessions early?
(Optional)

Waiting for support: Treatment/support for which you are on a waiting list

Are you currently on a waiting list for any mental health support/treatment?

Please click on the '?' for more information.

- Yes
 No
 Don't know

((i.e. you have have been referred to a service but you are still waiting to be given a date for your first session))

Please describe the support you are waiting for and what type of service would be providing this support, if known

NB: Please enter one type of support (or service) at a time, you can enter additional types of support (or services) later on.

Will this support be provided directly by the Resilience Hub?

- Yes
 No
 Don't know

Will your employer or place of work be providing this support?

- Yes
 No
 Don't know

What kind of organisation will provide this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Will you be accessing this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Please click on the '?' for more information.

((e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions do you expect to have with this service? (If known, and if applicable)

(Please only enter numerical values)

Are you on a waiting list for any other types of mental health support?

- Yes
 No
 Don't know

Please describe the support you are waiting for and what type of service would be providing this support, if known

Will this support be provided directly by the Resilience Hub?

- Yes
 No
 Don't know

Will your employer or place of work be providing this support?

- Yes
 No
 Don't know

What kind of organisation will provide this service?

- NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Will you be accessing this support as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Please click on the '?' for more information.

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How many appointments or sessions do you expect to have with this service? (If known, and if applicable)

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Please specify:

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_____ (Please only enter numerical values)

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Please describe the support you are waiting for and what type of service would be providing this support, if known

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What kind of organisation will provide this service?

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 Charity or voluntary sector
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Please specify:

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What kind of organisation will provide this service?

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 Occupational health or Employee Assistance Programme (EAP)
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 Other (please specify below)

Please specify:

Will you be accessing this support as a result of Resilience Hub support/advice?

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 Don't know

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 Don't know

Will your employer or place of work be providing this support?

Yes
 No
 Don't know

What kind of organisation will provide this service?

NHS
 Occupational health or Employee Assistance Programme (EAP)
 Charity or voluntary sector
 Private
 Don't know
 Other (please specify below)

Please specify:

Will you be accessing this support as a result of Resilience Hub support/advice?

Yes
 No
 Don't know

Please click on the '?' for more information.
(e.g. the Resilience Hub may have referred you to this service))

How many appointments or sessions do you expect to have with this service? (If known, and if applicable)

(Please only enter numerical values)

Hospital appointments, overnight stays and A&E

In this section, we will ask about your use of hospital services, including inpatient stays, outpatient appointments and A&E visits.

Please only report service use not included in the previous section.

Overnight hospital stays

Have you had an overnight stay in a hospital since you registered/completed screening with the Resilience Hub?

- Yes
 No
 Don't know
 Prefer not to say

Click on the '?' for more information

(This should include any overnight stays in hospital, planned and unplanned (e.g., from A&E), and for mental and physical health reasons)

Reason for admission

Please enter one service type at a time, you can enter additional services later on.

Was this a planned hospital admission?

- Planned
 Unplanned

Number of nights spent in hospital

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

Since you registered/completed screening with the Resilience Hub have you had any other overnight hospital stays?

- Yes
 No

Reason for admission

Was this a planned hospital admission?

- Planned
 Unplanned

Number of nights spent in hospital

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

Since you registered/completed screening with the Resilience Hub have you had any other overnight hospital stays?

- Yes
 No

Reason for admission

Was this a planned hospital admission?

- Planned
 Unplanned

Number of nights spent in hospital

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

Since you registered/completed screening with the Resilience Hub have you had any other overnight hospital stays?

- Yes
 No

Reason for admission

Was this a planned hospital admission?

- Planned
 Unplanned

Number of nights spent in hospital

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

Since you registered/completed screening with the Resilience Hub have you had any other overnight hospital stays?

- Yes
 No

Reason for admission

Was this a planned hospital admission?

- Planned
 Unplanned

Number of nights spent in hospital

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
-

Since you registered/completed screening with the Resilience Hub have you had any other overnight hospital stays?

- Yes
 No
-

Reason for admission

Was this a planned hospital admission?

- Planned
 Unplanned
-

Number of nights spent in hospital

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
-

Since you registered/completed screening with the Resilience Hub have you had any other overnight hospital stays?

- Yes
 No
-

Reason for admission

Was this a planned hospital admission?

- Planned
 Unplanned
-

Number of nights spent in hospital

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
-

Since you registered/completed screening with the Resilience Hub have you had any other overnight hospital stays?

- Yes
 No
-

Reason for admission

Was this a planned hospital admission?

- Planned
 Unplanned

Number of nights spent in hospital

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
-

Since you registered/completed screening with the Resilience Hub have you had any other overnight hospital stays?

- Yes
 No
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Reason for admission

Was this a planned hospital admission?

- Planned
 Unplanned
-

Number of nights spent in hospital

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
-

Since you registered/completed screening with the Resilience Hub have you had any other overnight hospital stays?

- Yes
 No
-

Reason for admission

Was this a planned hospital admission?

- Planned
 Unplanned
-

Number of nights spent in hospital

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
-

A&E visits

Have you attended an accident and emergency (A&E) department since you registered/completed screening with the Resilience Hub?

- Yes
 No
 Don't know
 Prefer not to say

Reason for visit to A&E

Please enter one A&E visit at a time, you can enter additional A&E visits later on.

Did you travel to A&E in an ambulance?

- Yes
 No

When you visited A&E, were you admitted as an inpatient?

- Yes
 No

If you were admitted from A&E, please report details of your inpatient stay in the question above as well as telling us about the A&E visit here

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Since you registered/completed screening with the Resilience Hub have you attended an accident and emergency (A&E) department on any other occasions?

- Yes
 No

Reason for visit to A&E

Did you travel to A&E in an ambulance?

- Yes
 No

When you visited A&E, were you admitted as an inpatient?

- Yes
 No

Did you go to A&E as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Since you registered/completed screening with the Resilience Hub have you attended an accident and emergency (A&E) department on any other occasions?

- Yes
 No

Reason for visit to A&E

Did you travel to A&E in an ambulance?

- Yes
 No

When you visited A&E, were you admitted as an inpatient?

- Yes
 No

Did you go to A&E as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Since you registered/completed screening with the Resilience Hub have you attended an accident and emergency (A&E) department on any other occasions?

- Yes
 No

Reason for visit to A&E

Did you travel to A&E in an ambulance?

- Yes
 No

When you visited A&E, were you admitted as an inpatient?

- Yes
 No

Did you go to A&E as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Since you registered/completed screening with the Resilience Hub have you attended an accident and emergency (A&E) department on any other occasions?

- Yes
 No

Reason for visit to A&E

Did you travel to A&E in an ambulance?

- Yes
 No

When you visited A&E, were you admitted as an inpatient?

- Yes
 No

Did you go to A&E as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Since you registered/completed screening with the Resilience Hub have you attended an accident and emergency (A&E) department on any other occasions?

- Yes
 No

Reason for visit to A&E

Did you travel to A&E in an ambulance?

- Yes
 No

When you visited A&E, were you admitted as an inpatient?

- Yes
 No

Did you go to A&E as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Since you registered/completed screening with the Resilience Hub have you attended an accident and emergency (A&E) department on any other occasions?

- Yes
 No

Reason for visit to A&E

Did you travel to A&E in an ambulance?

- Yes
 No

When you visited A&E, were you admitted as an inpatient?

- Yes
 No

Did you go to A&E as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Since you registered/completed screening with the Resilience Hub have you attended an accident and emergency (A&E) department on any other occasions?

- Yes
 No

Reason for visit to A&E

Did you travel to A&E in an ambulance?

- Yes
 No

When you visited A&E, were you admitted as an inpatient?

- Yes
 No

Did you go to A&E as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Since you registered/completed screening with the Resilience Hub have you attended an accident and emergency (A&E) department on any other occasions?

- Yes
 No

Reason for visit to A&E

Did you travel to A&E in an ambulance?

- Yes
 No

When you visited A&E, were you admitted as an inpatient?

- Yes
 No

Did you go to A&E as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Since you registered/completed screening with the Resilience Hub have you attended an accident and emergency (A&E) department on any other occasions?

- Yes
 No

Reason for visit to A&E

Did you travel to A&E in an ambulance?

- Yes
 No

When you visited A&E, were you admitted as an inpatient?

- Yes
 No

Did you go to A&E as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Planned hospital appointments

Have you had any planned hospital appointments since you registered/completed screening with the Resilience Hub?

- Yes
 No
 Don't know
 Prefer not to say

Department/specialty visited or reason for visit

Please enter one service type at a time, you can enter additional services later on.

Type of visit

- Outpatient (lasted 4 hours or less)
 Day (lasted more than 4 hours)

Number of visits

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

Since you registered/completed screening with the Resilience Hub have you had any other planned hospital appointments?

- Yes
 No

Department/specialty visited or reason for visit

Type of visit

- Outpatient (lasted 4 hours or less)
 Day (lasted more than 4 hours)

Number of visits

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice? Yes
 No
 Don't know

Since you registered/completed screening with the Resilience Hub have you had any other planned hospital appointments? Yes
 No

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(Please only enter numerical values)

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 No
 Don't know

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Number of visits

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
-

Since you registered/completed screening with the Resilience Hub have you had any other planned hospital appointments?

- Yes
 No
-

Department/specialty visited or reason for visit

Type of visit

- Outpatient (lasted 4 hours or less)
 Day (lasted more than 4 hours)
-

Number of visits

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
-

Since you registered/completed screening with the Resilience Hub have you had any other planned hospital appointments?

- Yes
 No
-

Department/specialty visited or reason for visit

Type of visit

- Outpatient (lasted 4 hours or less)
 Day (lasted more than 4 hours)
-

Number of visits

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
-

Primary care, community & social care services**Please only report service use that you have not already told us about.**

Primary care services

Have you used any primary care services (e.g. GP or practice nurse) since you registered/completed screening with the Resilience Hub?

- Yes
 No
 Don't know
 Prefer not to say

Description of service used

Please enter one service type at a time, you can enter additional services later on.

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Have you used any other primary care services (e.g. GP or practice nurse) since you registered/completed screening with the Resilience Hub?

- Yes
 No

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know

Have you used any other primary care services (e.g. GP or practice nurse) since you registered/completed screening with the Resilience Hub?

- Yes
 No

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

Have you used any other primary care services (e.g. GP or practice nurse) since you registered/completed screening with the Resilience Hub?

- Yes
 No

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

Have you used any other primary care services (e.g. GP or practice nurse) since you registered/completed screening with the Resilience Hub?

- Yes
 No

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

Have you used any other primary care services (e.g. GP or practice nurse) since you registered/completed screening with the Resilience Hub?

- Yes
 No

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

Have you used any other primary care services (e.g. GP or practice nurse) since you registered/completed screening with the Resilience Hub?

- Yes
 No

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

Have you used any other primary care services (e.g. GP or practice nurse) since you registered/completed screening with the Resilience Hub?

- Yes
 No

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

Have you used any other primary care services (e.g. GP or practice nurse) since you registered/completed screening with the Resilience Hub?

- Yes
 No

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

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- Yes
 No

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
-

Community and social care services

Have you used any community or social care services (e.g. healthcare clinics in your local community, social worker, family support worker) since you registered/completed screening with the Resilience Hub?

- Yes
 No
-

Description of service used

Please enter one service type at a time, you can enter additional services later on.

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
-

Have you used any other community or social care services (e.g. healthcare clinics in your local community, social worker, family support worker) since you registered/completed screening with the Resilience Hub?

- Yes
 No
-

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
-

Have you used any other community or social care services (e.g. healthcare clinics in your local community, social worker, family support worker) since you registered/completed screening with the Resilience Hub?

- Yes
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Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
-

Have you used any other community or social care services (e.g. healthcare clinics in your local community, social worker, family support worker) since you registered/completed screening with the Resilience Hub?

- Yes
 No
-

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
-

Have you used any other community or social care services (e.g. healthcare clinics in your local community, social worker, family support worker) since you registered/completed screening with the Resilience Hub?

- Yes
 No
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Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

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 No
 Don't know
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 Don't know
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Description of service used

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 No
 Don't know
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Description of service used

Number of contacts

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 Don't know
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Description of service used

Number of contacts

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Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
-

Have you used any other community or social care services (e.g. healthcare clinics in your local community, social worker, family support worker) since you registered/completed screening with the Resilience Hub?

- Yes
 No
-

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
-

Other health services

Have you used any health services since you registered/completed screening with the Resilience Hub, that you have not recorded in previous sections (e.g. because you do not know where they fit)?

- Yes
 No
 Don't know
 Prefer not to say
-

Description of service used

Please enter one service type at a time, you can enter additional services later on.

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
-

Have you used any other health services that you have not previously told us about, since you registered/completed screening with your local Resilience Hub?

- Yes
 No
-

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

Have you used any other health services that you have not previously told us about, since you registered/completed screening with your local Resilience Hub?

- Yes
 No

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

Have you used any other health services that you have not previously told us about, since you registered/completed screening with your local Resilience Hub?

- Yes
 No

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say

Have you used any other health services that you have not previously told us about, since you registered/completed screening with your local Resilience Hub?

- Yes
 No

Description of service used

Number of contacts

(Please only enter numerical values)

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 No
 Don't know
 Prefer not to say

Have you used any other health services that you have not previously told us about, since you registered/completed screening with your local Resilience Hub?

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- No

Description of service used

Number of contacts

(Please only enter numerical values)

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- Yes
- No
- Don't know
- Prefer not to say

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Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

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- No
- Don't know
- Prefer not to say

Have you used any other health services that you have not previously told us about, since you registered/completed screening with your local Resilience Hub?

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- No

Description of service used

Number of contacts

(Please only enter numerical values)

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- Don't know
- Prefer not to say

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Number of contacts

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- Yes
 No
 Don't know
 Prefer not to say
-

Have you used any other health services that you have not previously told us about, since you registered/completed screening with your local Resilience Hub?

- Yes
 No
-

Description of service used

Number of contacts

(Please only enter numerical values)

Did you access this service as a result of Resilience Hub support/advice?

- Yes
 No
 Don't know
 Prefer not to say
-

Thank you for completing the questions related to service use. We would really appreciate it if you could take the time to answer six short additional questions relating to your health. Please note the appearance of the survey will change.

Resilience Hub Health Questionnaire

We would really appreciate it if you could take the time to answer six short additional questions relating to your health.

The EQ-5D-5L is a generic measure of health status. We are trying to find out what you think about your health. There are no right or wrong answers. We are interested only in your personal view.

Please select the ONE box that best describes your health TODAY.

1) MOBILITY

- I have no problems in walking about
- I have slight problems in walking about
- I have moderate problems in walking about
- I have severe problems in walking about
- I am unable to walk about

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Please select the ONE box that best describes your health TODAY.

2) SELF-CARE

- I have no problems washing or dressing myself
- I have slight problems washing or dressing myself
- I have moderate problems washing or dressing myself
- I have severe problems washing or dressing myself
- I am unable to wash or dress myself

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Please select the ONE box that best describes your health TODAY.

3) USUAL ACTIVITIES (e.g. work, study, housework, family or leisure activities)

- I have no problems doing my usual activities
- I have slight problems doing my usual activities
- I have moderate problems doing my usual activities
- I have severe problems doing my usual activities
- I am unable to do my usual activities

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Please select the ONE box that best describes your health TODAY.

4) PAIN / DISCOMFORT

- I have no pain or discomfort
- I have slight pain or discomfort
- I have moderate pain or discomfort
- I have severe pain or discomfort
- I have extreme pain or discomfort

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Please select the ONE box that best describes your health TODAY.

5) ANXIETY / DEPRESSION

- I am not anxious or depressed
- I am slightly anxious or depressed
- I am moderately anxious or depressed
- I am severely anxious or depressed
- I am extremely anxious or depressed

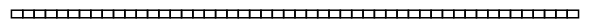
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6) We would like to know how good or bad your health is TODAY.

You will see a scale numbered from 0 to 100.

100 means the best health you can imagine.
0 means the worst health you can imagine.
Please indicate on the scale how your health is TODAY.

0 -	100 - The
The worst health	best health you
you can imagine	can imagine
	50



(Place a mark on the scale above)

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Survey complete

You have now completed the Resilience Hub evaluation

Thank you very much for taking the time to complete this survey.

Your answers are really important to us and will help us to make recommendations to the NHS on how key workers could be better supported in the future.

For more information about the Resilience Hubs Evaluation Project, please email: hubresearch@gmmh.nhs.uk

If you feel that you need to get back in contact with the Resilience Hub for any additional support, please find details below for how to contact each of the Resilience Hubs.

Greater Manchester Resilience Hub:

Phone: 03330 095 071

Email: GM.help@nhs.net

Website: <https://www.penninecare.nhs.uk/mcrhub>

Lancashire & South Cumbria Psychological Resilience Hub:

Phone: 01772 520228

Email: lschub@lscft.nhs.uk

Website: <https://lscresiliencehub.nhs.uk/>

Cheshire & Merseyside Resilience Hub:

Phone:

Email: mcn-tr.cmrhub@nhs.net

Website: <https://www.cheshiremerseyresiliencehub.nhs.uk/>

Thank you
