

## **Advancing care and support for women and families after stillbirth or neonatal death in Sub-Saharan Africa: A feasibility study**

Interview Topic Guide  
(Version 1: Family member)

**Interviews with family members to explore experiences of care and support after stillbirth or neonatal death and the study intervention in Kenya and Uganda**

### **1. Introduction, setting ground rules:**

*Introduce self, thank participant for taking part and confirm agrees to interview taking place.*

*Ensure environment is comfortable. Discuss the following issues:*

- Review the nature and purpose of the research.
- No right or wrong answers, aim to understand experiences.
- Confidentiality, use of data.
- Explain the use of data recorder, transcription, use of pseudonym (invite to choose), use of verbatim quotes, will be taking field notes.
- Researcher aware that discussion might bring up difficult memories, explain can decline to answer any question or prompt; can ask to stop at any time if feels need to.
- Expected duration of interview.
- Check consent form signed, complete case report form and psychological questionnaire.
- Ask if any questions.

### ***Check recorder working***

Introduce and switch on tape recorder

### **General prompts**

- Allow participant to respond uninterrupted and use open prompts if required to explore aspects of their experiences in depth.
- Can you tell me more about XXX?', 'What makes you say XXX?', How did XX make you feel?

### **1. Opening questions:**

*It would be helpful if you could start by telling me something about your family member, her children and what you know about her baby who died?*

*Allow them to describe what happened, when and how, uninterrupted.*

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- *Establish their relationship with the woman.*
- *Establish the sex of the baby and describe following the participants lead if unsure.*
- *Allow participant to describe what happened, when and how*

### **2. Care in facilities:**

***Can you tell us about the care your family member received whilst they were in the hospital/facility after the birth?***

- *Explore if they know how they were told about the death, other communication with staff in facilities.*
- *Did the woman / partner see/hold their baby, how was this managed?*
  - *Explore awareness of the intervention e.g. bereavement champions, any specific aspects of care which were helpful.*
  - *Did they visit the facility, how was this experience?*

### **3. Going home:**

***Can you tell me about how your family member has been feeling and coping with the death of the baby since she came home?***

***How are you feeling?***

***How did others respond to your family member following the death of her baby?***

- *Explore – experiences with partner/ father of the baby, family, and friends?*

***Has your family member had any contacts with health workers since she came home?***

- *Any routine follow up, explore advice and support*
- *Explore any health problems that they know about after the birth, access to care, how health issues impacted on coping with the death of the baby.*

***Explore awareness/access/uptake of the peer support component?***

- *Were they aware, do they know whether the family member has used this.*
- *Explore potential barriers to uptake (lack of access to phone, costs of calls, texts)*

### **4. Present situation**

***Are you aware of in particular helped your family member cope with the baby's death?***

- *Explore cultural, religious beliefs and traditions.*
- *Explore any other sources of support.*

***What do you think could have improved their experience?***

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- *Explore any factors identified, including aspects of care or support in facilities or after discharge, including the intervention that might be altered or improved.*

### 5. ***This research***

***How do you feel about participating in this research?***

***How do you feel about participating in this interview?***

***Is there anything else you might want to add?***

*At the close of the interview briefly summarise the main points to confirm interpretation with the participant. Ask if they wish to expand any responses or add anything else to the discussion. Thank the participants for their time.*

*Ask how they feel after talking about these experiences, do they want you to contact anyone? Family, friend, health worker?*

*Ensure participant has contact details for the local research team should they wish to discuss any aspect of the study. Complete reflexive diary/field notes*