

Table S1.1: Secondary outcome results: Durham site

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>		
<i>AUDIT-C total score</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>									
			<i>TP0</i>	<i>Intervention</i>	2	0	7.0	2.8	7.0	5.0	9.0
			<i>Control</i>	2	0	10.0	1.4	10.0	9.0	11.0	
		<i>Overall</i>	4	0	8.5	2.5	9.0	5.0	11.0		
	<i>TP2</i>	<i>Randomisation Allocation</i>									
			<i>Intervention</i>	2	0	4.5	2.1	4.5	3.0	6.0	
			<i>Control</i>	2	0	9.0	0.0	9.0	9.0	9.0	
		<i>Overall</i>	4	0	6.8	2.9	7.5	3.0	9.0		
	<i>At risk drinking</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>								
				<i>TP0</i>	<i>Intervention</i>	2	0	1.0	0.0	1.0	1.0
<i>Control</i>				2	0	1.0	0.0	1.0	1.0	1.0	
		<i>Overall</i>	4	0	1.0	0.0	1.0	1.0	1.0		
<i>TP2</i>		<i>Randomisation Allocation</i>									
			<i>Intervention</i>	2	0	0.5	0.7	0.5	0.0	1.0	
			<i>Control</i>	2	0	1.0	0.0	1.0	1.0	1.0	
		<i>Overall</i>	4	0	0.8	0.5	1.0	0.0	1.0		
<i>Readiness to Change Ruler: How much do you really want to reduce (or stop) drinking?</i>		<i>Timepoint</i>	<i>Randomisation Allocation</i>								
				<i>TP0</i>	<i>Intervention</i>	2	0	10.0	0.0	10.0	10.0
	<i>Control</i>			2	0	9.5	0.7	9.5	9.0	10.0	
		<i>Overall</i>	4	0	9.8	0.5	10.0	9.0	10.0		
	<i>TP2</i>	<i>Randomisation Allocation</i>									
			<i>Intervention</i>	1	1	8.0	.	8.0	8.0	8.0	
			<i>Control</i>	1	1	8.0	.	8.0	8.0	8.0	
		<i>Overall</i>	2	2	8.0	0.0	8.0	8.0	8.0		

Split by group

			N	Miss	Mean	SD	Median	Min	Max
<i>Readiness to Change Ruler: If you decided to stop or cut down drinking right now, how confident do you feel about succeeding with this?</i>	Timepoint TP0	Randomisation							
		Intervention	2	0	10.0	0.0	10.0	10.0	10.0
		Control	2	0	9.0	0.0	9.0	9.0	9.0
		Overall	4	0	9.5	0.6	9.5	9.0	10.0
	Timepoint TP2	Randomisation							
		Intervention	1	1	9.0	.	9.0	9.0	9.0
		Control	1	1	6.0	.	6.0	6.0	6.0
		Overall	2	2	7.5	2.1	7.5	6.0	9.0
	<i>Readiness to Change Ruler: How ready are you to stop (or cut down) drinking right now?</i>	Timepoint TP0	Randomisation						
Intervention			2	0	10.0	0.0	10.0	10.0	10.0
Control			2	0	9.5	0.7	9.5	9.0	10.0
		Overall	4	0	9.8	0.5	10.0	9.0	10.0
Timepoint TP2		Randomisation							
		Intervention	1	1	10.0	.	10.0	10.0	10.0
		Control	1	1	6.0	.	6.0	6.0	6.0
		Overall	2	2	8.0	2.8	8.0	6.0	10.0
<i>Readiness to Change Ruler: I have someone I can talk to about reducing my drinking</i>		Timepoint TP0	Randomisation						
	Intervention		2	0	10.0	0.0	10.0	10.0	10.0
	Control		2	0	9.5	0.7	9.5	9.0	10.0
		Overall	4	0	9.8	0.5	10.0	9.0	10.0
	Timepoint TP2	Randomisation							
		Intervention	1	1	10.0	.	10.0	10.0	10.0
		Control	1	1	10.0	.	10.0	10.0	10.0
		Overall	2	2	10.0	0.0	10.0	10.0	10.0
	<i>Readiness to Change Ruler: The people who are important to me support me in reducing my drinking</i>	Timepoint TP0	Randomisation						
Intervention			2	0	10.0	0.0	10.0	10.0	10.0
Control			2	0	10.0	0.0	10.0	10.0	10.0
		Overall	4	0	10.0	0.0	10.0	10.0	10.0
Timepoint TP2		Randomisation							
		Intervention	1	1	10.0	.	10.0	10.0	10.0
		Control	1	1	10.0	.	10.0	10.0	10.0
		Overall	2	2	10.0	0.0	10.0	10.0	10.0

Split by group

			N	Miss	Mean	SD	Median	Min	Max
<i>Readiness to Change Ruler: I have made a detailed plan regarding when, where and how to reduce my drinking</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	TP0	<i>Intervention</i>	2	0	5.5	6.4	5.5	1.0	10.0
		<i>Control</i>	2	0	4.0	1.4	4.0	3.0	5.0
		<i>Overall</i>	4	0	4.8	3.9	4.0	1.0	10.0
	TP2	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	10.0	.	10.0	10.0	10.0
		<i>Control</i>	1	1	6.0	.	6.0	6.0	6.0
	<i>Overall</i>	2	2	8.0	2.8	8.0	6.0	10.0	
	<i>EQ-5D: MOBILITY</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
TP0		<i>Intervention</i>	2	0	1.0	0.0	1.0	1.0	1.0
		<i>Control</i>	2	0	1.0	0.0	1.0	1.0	1.0
		<i>Overall</i>	4	0	1.0	0.0	1.0	1.0	1.0
TP2		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	1.0	.	1.0	1.0	1.0
		<i>Control</i>	2	0	1.0	0.0	1.0	1.0	1.0
<i>Overall</i>		3	1	1.0	0.0	1.0	1.0	1.0	
<i>EQ-5D: SELF-CARE</i>		<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	TP0	<i>Intervention</i>	2	0	1.0	0.0	1.0	1.0	1.0
		<i>Control</i>	2	0	1.0	0.0	1.0	1.0	1.0
		<i>Overall</i>	4	0	1.0	0.0	1.0	1.0	1.0
	TP2	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	1.0	.	1.0	1.0	1.0
		<i>Control</i>	2	0	1.0	0.0	1.0	1.0	1.0
	<i>Overall</i>	3	1	1.0	0.0	1.0	1.0	1.0	
	<i>EQ-5D: USUAL ACTIVITIES (e.g. work, study, housework, family or leisure activities)</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
TP0		<i>Intervention</i>	2	0	1.0	0.0	1.0	1.0	1.0
		<i>Control</i>	2	0	1.0	0.0	1.0	1.0	1.0
		<i>Overall</i>	4	0	1.0	0.0	1.0	1.0	1.0
TP2		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	1.0	.	1.0	1.0	1.0
		<i>Control</i>	2	0	1.0	0.0	1.0	1.0	1.0
<i>Overall</i>		3	1	1.0	0.0	1.0	1.0	1.0	

Split by group

			N	Miss	Mean	SD	Median	Min	Max
EQ-5D: PAIN / DISCOMFORT	Timepoint TP0	Randomisation Allocation							
		Intervention	2	0	2.5	2.1	2.5	1.0	4.0
		Control	2	0	1.0	0.0	1.0	1.0	1.0
		Overall	4	0	1.8	1.5	1.0	1.0	4.0
	Timepoint TP2	Randomisation Allocation							
		Intervention	1	1	1.0	.	1.0	1.0	1.0
		Control	2	0	1.0	0.0	1.0	1.0	1.0
		Overall	3	1	1.0	0.0	1.0	1.0	1.0
	EQ-5D: ANXIETY / DEPRESSION	Timepoint TP0	Randomisation Allocation						
Intervention			2	0	3.5	0.7	3.5	3.0	4.0
Control			2	0	3.5	2.1	3.5	2.0	5.0
		Overall	4	0	3.5	1.3	3.5	2.0	5.0
Timepoint TP2		Randomisation Allocation							
		Intervention	1	1	3.0	.	3.0	3.0	3.0
		Control	2	0	3.0	1.4	3.0	2.0	4.0
		Overall	3	1	3.0	1.0	3.0	2.0	4.0
EQ-5D: Visual Analogue Scale		Timepoint TP0	Randomisation Allocation						
	Intervention		2	0	32.5	3.5	32.5	30.0	35.0
	Control		2	0	70.0	28.3	70.0	50.0	90.0
		Overall	4	0	51.3	27.2	42.5	30.0	90.0
	Timepoint TP2	Randomisation Allocation							
		Intervention	2	0	65.0	21.2	65.0	50.0	80.0
		Control	2	0	70.0	14.1	70.0	60.0	80.0
		Overall	4	0	67.5	15.0	70.0	50.0	80.0
	Warwick Edinburgh Mental Well Being Scale: Total score	Timepoint TP0	Randomisation Allocation						
Intervention			2	0	43.0	1.4	43.0	42.0	44.0
Control			2	0	46.5	7.8	46.5	41.0	52.0
		Overall	4	0	44.8	5.0	43.0	41.0	52.0
Timepoint TP2		Randomisation Allocation							
		Intervention	1	1	51.0	.	51.0	51.0	51.0
		Control	2	0	55.5	2.1	55.5	54.0	57.0
		Overall	3	1	54.0	3.0	54.0	51.0	57.0

Split by group

			N	Miss	Mean	SD	Median	Min	Max
<i>Drinking Refusal Self-Efficacy Questionnaire: Total score</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	2	0	95.5	0.7	95.5	95.0	96.0
		<i>Control</i>	2	0	77.7	35.6	77.7	52.5	102.8
		<i>Overall</i>	4	0	86.6	23.0	95.5	52.5	102.8
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	109.0	.	109.0	109.0	109.0
		<i>Control</i>	1	1	79.0	.	79.0	79.0	79.0
	<i>Overall</i>	2	2	94.0	21.2	94.0	79.0	109.0	
	<i>Negative Alcohol Expectancy Questionnaire: Same day expectancy score</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
<i>TP0</i>		<i>Intervention</i>	2	0	44.5	13.4	44.5	35.0	54.0
		<i>Control</i>	2	0	37.5	3.5	37.5	35.0	40.0
		<i>Overall</i>	4	0	41.0	9.0	37.5	35.0	54.0
<i>TP2</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	31.0	.	31.0	31.0	31.0
		<i>Control</i>	1	1	28.0	.	28.0	28.0	28.0
<i>Overall</i>		2	2	29.5	2.1	29.5	28.0	31.0	
<i>Negative Alcohol Expectancy Questionnaire: Next day expectancy score</i>		<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	2	0	32.0	5.7	32.0	28.0	36.0
		<i>Control</i>	2	0	31.8	19.5	31.8	18.0	45.5
		<i>Overall</i>	4	0	31.9	11.7	32.0	18.0	45.5
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	28.0	.	28.0	28.0	28.0
		<i>Control</i>	1	1	30.0	.	30.0	30.0	30.0
	<i>Overall</i>	2	2	29.0	1.4	29.0	28.0	30.0	

Split by group

Table S1.2: Secondary outcome results: Edinburgh site

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>		
<i>AUDIT-C total score</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>									
		<i>TP0</i>	<i>Intervention</i>	7	0	9.0	3.1	9.0	5.0	12.0	
		<i>Control</i>	7	0	9.9	2.0	10.0	7.0	12.0		
		<i>Overall</i>	14	0	9.4	2.5	9.5	5.0	12.0		
	<i>TP1</i>	<i>Randomisation Allocation</i>									
		<i>Intervention</i>	2	0	4.5	2.1	4.5	3.0	6.0		
		<i>Control</i>	1	0	6.0	.	6.0	6.0	6.0		
		<i>Overall</i>	3	0	5.0	1.7	6.0	3.0	6.0		
	<i>TP2</i>	<i>Randomisation Allocation</i>									
		<i>Intervention</i>	7	0	7.6	4.2	7.0	0.0	12.0		
		<i>Control</i>	6	1	3.0	4.0	1.5	0.0	10.0		
		<i>Overall</i>	13	1	5.5	4.6	6.0	0.0	12.0		
	<i>At risk drinking</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>								
			<i>TP0</i>	<i>Intervention</i>	7	0	1.0	0.0	1.0	1.0	1.0
			<i>Control</i>	7	0	1.0	0.0	1.0	1.0	1.0	
		<i>Overall</i>	14	0	1.0	0.0	1.0	1.0	1.0		
<i>TP1</i>		<i>Randomisation Allocation</i>									
		<i>Intervention</i>	2	0	0.5	0.7	0.5	0.0	1.0		
		<i>Control</i>	1	0	1.0	.	1.0	1.0	1.0		
		<i>Overall</i>	3	0	0.7	0.6	1.0	0.0	1.0		
<i>TP2</i>		<i>Randomisation Allocation</i>									
		<i>Intervention</i>	7	0	0.9	0.4	1.0	0.0	1.0		
		<i>Control</i>	6	1	0.3	0.5	0.0	0.0	1.0		
		<i>Overall</i>	13	1	0.6	0.5	1.0	0.0	1.0		

Split by group

			N	Miss	Mean	SD	Median	Min	Max	
<i>Readiness to Change Ruler: How much do you really want to reduce (or stop) drinking?</i>	Timepoint	Randomisation Allocation								
		TP0	Intervention	7	0	7.9	3.0	9.0	3.0	10.0
			Control	7	0	7.0	3.9	9.0	1.0	10.0
			Overall	14	0	7.4	3.4	9.0	1.0	10.0
	TP1	Randomisation Allocation								
			Intervention	2	0	4.5	6.4	4.5	0.0	9.0
			Control	1	0	10.0	.	10.0	10.0	10.0
			Overall	3	0	6.3	5.5	9.0	0.0	10.0
	TP2	Randomisation Allocation								
			Intervention	7	0	8.1	3.3	10.0	1.0	10.0
			Control	7	0	6.9	4.1	9.0	1.0	10.0
			Overall	14	0	7.5	3.7	9.5	1.0	10.0
<i>Readiness to Change Ruler: If you decided to stop or cut down drinking right now, how confident do you feel about succeeding with this?</i>	Timepoint	Randomisation Allocation								
		TP0	Intervention	7	0	8.0	1.4	8.0	6.0	10.0
			Control	7	0	8.6	1.5	9.0	6.0	10.0
			Overall	14	0	8.3	1.4	9.0	6.0	10.0
	TP1	Randomisation Allocation								
			Intervention	2	0	9.0	1.4	9.0	8.0	10.0
			Control	1	0	7.0	.	7.0	7.0	7.0
			Overall	3	0	8.3	1.5	8.0	7.0	10.0
	TP2	Randomisation Allocation								
			Intervention	7	0	6.4	3.8	8.0	1.0	10.0
			Control	6	1	7.8	1.8	7.5	6.0	10.0
			Overall	13	1	7.1	3.0	8.0	1.0	10.0

Split by group

			N	Miss	Mean	SD	Median	Min	Max
<i>Readiness to Change Ruler: How ready are you to stop (or cut down) drinking right now?</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	7	0	9.3	1.1	10.0	7.0	10.0
		<i>Control</i>	7	0	9.7	0.5	10.0	9.0	10.0
		<i>Overall</i>	14	0	9.5	0.9	10.0	7.0	10.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	5.0	7.1	5.0	0.0	10.0
		<i>Control</i>	1	0	10.0	.	10.0	10.0	10.0
	<i>TP2</i>	<i>Overall</i>	3	0	6.7	5.8	10.0	0.0	10.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	0	7.9	3.2	9.0	1.0	10.0
		<i>Control</i>	6	1	6.3	3.5	6.5	1.0	10.0
		<i>Overall</i>	13	1	7.2	3.3	8.0	1.0	10.0
<i>Readiness to Change Ruler: I have someone I can talk to about reducing my drinking</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	7	0	7.1	3.5	9.0	1.0	10.0
		<i>Control</i>	7	0	6.4	4.1	8.0	1.0	10.0
		<i>Overall</i>	14	0	6.8	3.7	8.5	1.0	10.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	7.5	3.5	7.5	5.0	10.0
		<i>Control</i>	1	0	0.0	.	0.0	0.0	0.0
	<i>TP2</i>	<i>Overall</i>	3	0	5.0	5.0	5.0	0.0	10.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	0	6.3	3.7	5.0	1.0	10.0
		<i>Control</i>	6	1	6.5	3.1	6.0	2.0	10.0
		<i>Overall</i>	13	1	6.4	3.3	5.0	1.0	10.0

Split by group

			N	Miss	Mean	SD	Median	Min	Max
<i>Readiness to Change Ruler: The people who are important to me support me in reducing my drinking</i>	Timepoint	Randomisation Allocation							
	TP0	Intervention	6	1	8.0	1.9	8.0	5.0	10.0
		Control	7	0	5.4	4.0	5.0	1.0	10.0
		Overall	13	1	6.6	3.3	8.0	1.0	10.0
	TP1	Randomisation Allocation							
		Intervention	2	0	7.5	3.5	7.5	5.0	10.0
		Control	1	0	5.0	.	5.0	5.0	5.0
	TP2	Overall	3	0	6.7	2.9	5.0	5.0	10.0
		Randomisation Allocation							
		Intervention	7	0	6.4	3.9	8.0	1.0	10.0
		Control	6	1	6.3	3.0	5.5	3.0	10.0
		Overall	13	1	6.4	3.4	7.0	1.0	10.0
Randomisation Allocation									
<i>Readiness to Change Ruler: I have made a detailed plan regarding when, where and how to reduce my drinking</i>	Timepoint	Randomisation Allocation							
	TP0	Intervention	7	0	4.4	4.1	2.0	1.0	10.0
		Control	7	0	2.7	2.4	1.0	1.0	7.0
		Overall	14	0	3.6	3.3	1.5	1.0	10.0
	TP1	Randomisation Allocation							
		Intervention	2	0	5.0	4.2	5.0	2.0	8.0
		Control	1	0	7.0	.	7.0	7.0	7.0
	TP2	Overall	3	0	5.7	3.2	7.0	2.0	8.0
		Randomisation Allocation							
		Intervention	7	0	5.6	3.2	6.0	1.0	10.0
		Control	6	1	5.0	3.0	5.0	1.0	10.0
		Overall	13	1	5.3	3.0	5.0	1.0	10.0
Randomisation Allocation									

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>EQ-5D: MOBILITY</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	7	0	1.1	0.4	1.0	1.0	2.0
		<i>Control</i>	7	0	1.7	1.0	1.0	1.0	3.0
		<i>Overall</i>	14	0	1.4	0.8	1.0	1.0	3.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	2.0	1.4	2.0	1.0	3.0
		<i>Control</i>	1	0	1.0	.	1.0	1.0	1.0
	<i>TP2</i>	<i>Overall</i>	3	0	1.7	1.2	1.0	1.0	3.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	0	1.6	0.8	1.0	1.0	3.0
		<i>Control</i>	7	0	1.3	0.5	1.0	1.0	2.0
		<i>Overall</i>	14	0	1.4	0.6	1.0	1.0	3.0
<i>EQ-5D: SELF-CARE</i>		<i>Timepoint</i>							
<i>TP0</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	7	0	1.0	0.0	1.0	1.0	1.0	
	<i>Control</i>	7	0	1.3	0.8	1.0	1.0	3.0	
<i>TP1</i>	<i>Overall</i>	14	0	1.1	0.5	1.0	1.0	3.0	
	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	2	0	1.0	0.0	1.0	1.0	1.0	
<i>TP2</i>	<i>Control</i>	1	0	1.0	.	1.0	1.0	1.0	
	<i>Overall</i>	3	0	1.0	0.0	1.0	1.0	1.0	
	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	7	0	1.1	0.4	1.0	1.0	2.0	
	<i>Control</i>	7	0	1.4	0.8	1.0	1.0	3.0	
	<i>Overall</i>	14	0	1.3	0.6	1.0	1.0	3.0	

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>EQ-5D: USUAL ACTIVITIES (e.g. work, study, housework, family or leisure activities)</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	7	0	2.1	1.5	2.0	1.0	5.0
		<i>Control</i>	7	0	2.0	1.4	2.0	1.0	5.0
		<i>Overall</i>	14	0	2.1	1.4	2.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	2.0	1.4	2.0	1.0	3.0
		<i>Control</i>	1	0	1.0	.	1.0	1.0	1.0
	<i>TP2</i>	<i>Overall</i>	3	0	1.7	1.2	1.0	1.0	3.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	0	2.0	1.4	1.0	1.0	4.0
		<i>Control</i>	7	0	1.4	0.8	1.0	1.0	3.0
		<i>Overall</i>	14	0	1.7	1.1	1.0	1.0	4.0
<i>EQ-5D: PAIN / DISCOMFORT</i>		<i>Timepoint</i>	<i>Randomisation Allocation</i>						
<i>TP0</i>	<i>Intervention</i>	7	0	2.0	1.3	1.0	1.0	4.0	
	<i>Control</i>	7	0	2.1	1.5	1.0	1.0	4.0	
	<i>Overall</i>	14	0	2.1	1.3	1.0	1.0	4.0	
<i>TP1</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	2	0	2.5	2.1	2.5	1.0	4.0	
	<i>Control</i>	1	0	1.0	.	1.0	1.0	1.0	
<i>TP2</i>	<i>Overall</i>	3	0	2.0	1.7	1.0	1.0	4.0	
	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	7	0	3.0	1.2	3.0	1.0	4.0	
	<i>Control</i>	7	0	1.9	1.2	1.0	1.0	4.0	
	<i>Overall</i>	14	0	2.4	1.3	2.5	1.0	4.0	

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>EQ-5D: ANXIETY / DEPRESSION</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	7	0	2.4	1.1	3.0	1.0	4.0
		<i>Control</i>	7	0	3.0	1.9	4.0	1.0	5.0
		<i>Overall</i>	14	0	2.7	1.5	3.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	1.0	0.0	1.0	1.0	1.0
		<i>Control</i>	1	0	2.0	.	2.0	2.0	2.0
	<i>TP2</i>	<i>Overall</i>	3	0	1.3	0.6	1.0	1.0	2.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	0	2.9	1.9	3.0	1.0	5.0
		<i>Control</i>	7	0	2.7	1.4	2.0	1.0	5.0
		<i>Overall</i>	14	0	2.8	1.6	2.5	1.0	5.0
<i>Randomisation Allocation</i>									
<i>EQ-5D: Visual Analogue Scale</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	7	0	67.9	22.1	70.0	25.0	90.0
		<i>Control</i>	7	0	71.6	14.3	70.0	50.0	90.0
		<i>Overall</i>	14	0	69.7	18.0	70.0	25.0	90.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	86.0	15.6	86.0	75.0	97.0
		<i>Control</i>	1	0	95.0	.	95.0	95.0	95.0
	<i>TP2</i>	<i>Overall</i>	3	0	89.0	12.2	95.0	75.0	97.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	0	55.0	33.0	70.0	0.0	95.0
		<i>Control</i>	7	0	53.6	19.3	50.0	20.0	80.0
		<i>Overall</i>	14	0	54.3	26.0	55.0	0.0	95.0
<i>Randomisation Allocation</i>									

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>Warwick Edinburgh Mental Well Being Scale: Total score</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	7	0	46.9	14.1	42.0	28.0	70.0
		<i>Control</i>	7	0	41.0	10.4	40.0	29.0	56.0
		<i>Overall</i>	14	0	43.9	12.3	41.5	28.0	70.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	55.0	1.4	55.0	54.0	56.0
		<i>Control</i>	1	0	52.8	.	52.8	52.8	52.8
		<i>Overall</i>	3	0	54.3	1.6	54.0	52.8	56.0
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	0	43.3	13.8	45.0	23.0	61.0
		<i>Control</i>	7	0	45.5	9.0	49.0	32.0	56.0
		<i>Overall</i>	14	0	44.4	11.3	46.5	23.0	61.0
<i>Drinking Refusal Self-Efficacy Questionnaire: Total score</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	7	0	67.0	16.7	73.9	39.1	82.0
		<i>Control</i>	7	0	59.9	31.0	70.0	19.0	90.8
		<i>Overall</i>	14	0	63.5	24.2	71.9	19.0	90.8
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	93.4	9.7	93.4	86.6	100.3
		<i>Control</i>	1	0	86.1	.	86.1	86.1	86.1
		<i>Overall</i>	3	0	91.0	8.1	86.6	86.1	100.3
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	0	57.6	30.0	60.2	19.0	95.0
		<i>Control</i>	7	0	81.6	25.0	86.0	40.0	114.0
		<i>Overall</i>	14	0	69.6	29.3	75.8	19.0	114.0

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>Negative Alcohol Expectancy Questionnaire: Same day expectancy score</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	7	0	55.1	17.6	52.5	28.7	86.1
		<i>Control</i>	7	0	63.5	10.3	67.0	46.2	75.6
		<i>Overall</i>	14	0	59.3	14.5	58.3	28.7	86.1
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	29.0	.	29.0	29.0	29.0
		<i>Control</i>	0	1
	<i>TP2</i>	<i>Overall</i>	1	2	29.0	.	29.0	29.0	29.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	0	57.2	18.8	60.0	34.0	79.3
		<i>Control</i>	7	0	53.5	14.2	50.4	35.0	77.0
		<i>Overall</i>	14	0	55.3	16.1	53.2	34.0	79.3
<i>Negative Alcohol Expectancy Questionnaire: Next day expectancy score</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	7	0	51.4	19.0	47.0	20.0	82.0
		<i>Control</i>	7	0	60.1	15.1	58.0	39.0	88.0
		<i>Overall</i>	14	0	55.8	17.1	56.5	20.0	88.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	33.0	.	33.0	33.0	33.0
		<i>Control</i>	0	1
	<i>TP2</i>	<i>Overall</i>	1	2	33.0	.	33.0	33.0	33.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	0	53.2	22.4	47.0	23.0	87.2
		<i>Control</i>	7	0	51.1	13.4	50.0	37.0	71.0
		<i>Overall</i>	14	0	52.2	17.8	48.5	23.0	87.2

Split by group

Table S2.1: Logic Model descriptive statistics for Self-efficacy outcomes

				<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>Readiness to Change Ruler: If you decided to stop or cut down drinking right now, how confident do you feel about succeeding with this?</i>	<i>Site</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>								
			<i>Durham</i>	<i>TP0</i>	<i>Intervention</i>	2	0	10.0	0.0	10.0	10.0
				<i>Control</i>	2	0	9.0	0.0	9.0	9.0	9.0
				<i>Overall</i>	4	0	9.5	0.6	9.5	9.0	10.0
			<i>TP2</i>	<i>Randomisation Allocation</i>							
				<i>Intervention</i>	1	1	9.0	.	9.0	9.0	9.0
				<i>Control</i>	1	1	6.0	.	6.0	6.0	6.0
				<i>Overall</i>	2	2	7.5	2.1	7.5	6.0	9.0
		<i>Edinburgh</i>	<i>TP0</i>	<i>Randomisation Allocation</i>							
				<i>Intervention</i>	7	0	8.0	1.4	8.0	6.0	10.0
				<i>Control</i>	7	0	8.6	1.5	9.0	6.0	10.0
				<i>Overall</i>	14	0	8.3	1.4	9.0	6.0	10.0
			<i>TP1</i>	<i>Randomisation Allocation</i>							
				<i>Intervention</i>	2	0	9.0	1.4	9.0	8.0	10.0
				<i>Control</i>	1	0	7.0	.	7.0	7.0	7.0
				<i>Overall</i>	3	0	8.3	1.5	8.0	7.0	10.0
			<i>TP2</i>	<i>Randomisation Allocation</i>							
				<i>Intervention</i>	7	0	6.4	3.8	8.0	1.0	10.0
				<i>Control</i>	6	1	7.8	1.8	7.5	6.0	10.0
				<i>Overall</i>	13	1	7.1	3.0	8.0	1.0	10.0

Split by group

				<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>Drinking Refusal Self-Efficacy Questionnaire: Total score</i>	<i>Site</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>								
			<i>Intervention</i>	2	0	95.5	0.7	95.5	95.0	96.0	
	<i>Durham</i>	<i>TP0</i>	<i>Control</i>	2	0	77.7	35.6	77.7	52.5	102.8	
			<i>Overall</i>	4	0	86.6	23.0	95.5	52.5	102.8	
			<i>Randomisation Allocation</i>								
		<i>TP2</i>	<i>Intervention</i>	1	1	109.0	.	109.0	109.0	109.0	
			<i>Control</i>	1	1	79.0	.	79.0	79.0	79.0	
			<i>Overall</i>	2	2	94.0	21.2	94.0	79.0	109.0	
	<i>Edinburgh</i>	<i>TP0</i>	<i>Randomisation Allocation</i>								
			<i>Intervention</i>	7	0	67.0	16.7	73.9	39.1	82.0	
			<i>Control</i>	7	0	59.9	31.0	70.0	19.0	90.8	
			<i>Overall</i>	14	0	63.5	24.2	71.9	19.0	90.8	
		<i>TP1</i>	<i>Randomisation Allocation</i>								
			<i>Intervention</i>	2	0	93.4	9.7	93.4	86.6	100.3	
			<i>Control</i>	1	0	86.1	.	86.1	86.1	86.1	
		<i>TP2</i>	<i>Overall</i>	3	0	91.0	8.1	86.6	86.1	100.3	
			<i>Randomisation Allocation</i>								
			<i>Intervention</i>	7	0	57.6	30.0	60.2	19.0	95.0	
			<i>Control</i>	7	0	81.6	25.0	86.0	40.0	114.0	
		<i>Overall</i>	14	0	69.6	29.3	75.8	19.0	114.0		

Table S2.2: Logic Model descriptive statistics for alcohol expectancy outcomes

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>Negative Alcohol Expectancy Questionnaire: Same day expectancy score</i>	<i>TP0</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	9	0	52.7	16.6	52.5	28.7	86.1	
		<i>Control</i>	9	0	57.8	14.6	63.0	35.0	75.6	
		<i>Overall</i>	18	0	55.2	15.4	53.3	28.7	86.1	
	<i>TP1</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	1	1	29.0	.	29.0	29.0	29.0	
		<i>Control</i>	0	1	
		<i>Overall</i>	1	2	29.0	.	29.0	29.0	29.0	
	<i>TP2</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	8	1	53.9	19.7	51.0	31.0	79.3	
		<i>Control</i>	8	1	50.3	16.0	48.7	28.0	77.0	
		<i>Overall</i>	16	2	52.1	17.4	48.7	28.0	79.3	
	<i>Negative Alcohol Expectancy Questionnaire: Next day expectancy score</i>	<i>TP0</i>	<i>Randomisation Allocation</i>							
			<i>Intervention</i>	9	0	47.1	18.7	47.0	20.0	82.0
			<i>Control</i>	9	0	53.8	19.3	55.0	18.0	88.0
		<i>Overall</i>	18	0	50.5	18.8	49.5	18.0	88.0	
<i>TP1</i>		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	1	1	33.0	.	33.0	33.0	33.0	
		<i>Control</i>	0	1	
		<i>Overall</i>	1	2	33.0	.	33.0	33.0	33.0	
<i>TP2</i>		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	8	1	50.1	22.6	45.5	23.0	87.2	
		<i>Control</i>	8	1	48.4	14.5	45.0	30.0	71.0	
		<i>Overall</i>	16	2	49.3	18.4	45.5	23.0	87.2	

Table S2.3: Logic Model descriptive statistics for goals outcome

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>Readiness to Change Ruler: How much do you really want to reduce (or stop) drinking?</i>	<i>TP0</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	9	0	8.3	2.8	10.0	3.0	10.0
		<i>Control</i>	9	0	7.6	3.6	9.0	1.0	10.0
		<i>Overall</i>	18	0	7.9	3.1	9.5	1.0	10.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	4.5	6.4	4.5	0.0	9.0
		<i>Control</i>	1	0	10.0	.	10.0	10.0	10.0
		<i>Overall</i>	3	0	6.3	5.5	9.0	0.0	10.0
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	8.1	3.1	9.5	1.0	10.0
		<i>Control</i>	8	1	7.0	3.9	8.5	1.0	10.0
		<i>Overall</i>	16	2	7.6	3.4	9.0	1.0	10.0

Table S2.4: Logic Model descriptive statistics for plans outcomes

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>Readiness to Change Ruler: How ready are you to stop (or cut down) drinking right now?</i>	<i>TP0</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	9	0	9.4	1.0	10.0	7.0	10.0
		<i>Control</i>	9	0	9.7	0.5	10.0	9.0	10.0
		<i>Overall</i>	18	0	9.6	0.8	10.0	7.0	10.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	5.0	7.1	5.0	0.0	10.0
		<i>Control</i>	1	0	10.0	.	10.0	10.0	10.0
		<i>Overall</i>	3	0	6.7	5.8	10.0	0.0	10.0
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	8.1	3.1	9.5	1.0	10.0
		<i>Control</i>	7	2	6.3	3.2	6.0	1.0	10.0
		<i>Overall</i>	15	3	7.3	3.2	8.0	1.0	10.0

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>Readiness to Change Ruler: I have made a detailed plan regarding when, where and how to reduce my drinking</i>	<i>TP0</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	9	0	4.7	4.2	2.0	1.0	10.0
		<i>Control</i>	9	0	3.0	2.2	3.0	1.0	7.0
		<i>Overall</i>	18	0	3.8	3.4	2.5	1.0	10.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	5.0	4.2	5.0	2.0	8.0
		<i>Control</i>	1	0	7.0	.	7.0	7.0	7.0
		<i>Overall</i>	3	0	5.7	3.2	7.0	2.0	8.0
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	6.1	3.4	6.5	1.0	10.0
		<i>Control</i>	7	2	5.1	2.8	5.0	1.0	10.0
		<i>Overall</i>	15	3	5.7	3.0	6.0	1.0	10.0

Table S2.5: Logic Model descriptive statistics for social support outcomes

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>Readiness to Change Ruler: I have someone I can talk to about reducing my drinking</i>	<i>TP0</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	9	0	7.8	3.3	10.0	1.0	10.0
		<i>Control</i>	9	0	7.1	3.8	9.0	1.0	10.0
		<i>Overall</i>	18	0	7.4	3.5	9.5	1.0	10.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	7.5	3.5	7.5	5.0	10.0
		<i>Control</i>	1	0	0.0	.	0.0	0.0	0.0
		<i>Overall</i>	3	0	5.0	5.0	5.0	0.0	10.0
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	6.8	3.7	7.5	1.0	10.0
		<i>Control</i>	7	2	7.0	3.2	7.0	2.0	10.0
		<i>Overall</i>	15	3	6.9	3.3	7.0	1.0	10.0

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>Readiness to Change Ruler: The people who are important to me support me in reducing my drinking</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>								
		<i>TP0</i>	<i>Intervention</i>	8	1	8.5	1.9	9.0	5.0	10.0
		<i>Control</i>	9	0	6.4	4.0	8.0	1.0	10.0	
		<i>Overall</i>	17	1	7.4	3.2	8.0	1.0	10.0	
	<i>TP1</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	2	0	7.5	3.5	7.5	5.0	10.0	
		<i>Control</i>	1	0	5.0	.	5.0	5.0	5.0	
		<i>Overall</i>	3	0	6.7	2.9	5.0	5.0	10.0	
	<i>TP2</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	8	1	6.9	3.8	8.0	1.0	10.0	
		<i>Control</i>	7	2	6.9	3.1	6.0	3.0	10.0	
		<i>Overall</i>	15	3	6.9	3.4	8.0	1.0	10.0	

Table S2.6: Logic Model descriptive statistics for high risk situations

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I am out for dinner</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	4.0	1.9	4.0	1.0	6.0
		<i>Control</i>	9	0	2.6	1.9	2.0	1.0	6.0
		<i>Overall</i>	18	0	3.3	2.0	3.0	1.0	6.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	6.0	0.0	6.0	6.0	6.0
		<i>Control</i>	1	0	6.0	.	6.0	6.0	6.0
	<i>TP2</i>	<i>Overall</i>	3	0	6.0	0.0	6.0	6.0	6.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	4.3	2.4	6.0	1.0	6.0
		<i>Control</i>	8	1	4.6	1.7	5.5	2.0	6.0
		<i>Overall</i>	16	2	4.4	2.0	6.0	1.0	6.0
<i>Randomisation Allocation</i>									
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	1.6	1.5	1.0	0.0	4.0
		<i>Control</i>	9	0	2.7	2.1	3.0	0.0	5.0
		<i>Overall</i>	18	0	2.1	1.9	2.5	0.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	0.0	.	0.0	0.0	0.0
		<i>Control</i>	1	0	0.0	.	0.0	0.0	0.0
	<i>TP2</i>	<i>Overall</i>	2	1	0.0	0.0	0.0	0.0	0.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	5	4	1.2	1.8	0.0	0.0	4.0
		<i>Control</i>	5	4	2.4	1.9	1.0	1.0	5.0
		<i>Overall</i>	10	8	1.8	1.9	1.0	0.0	5.0
<i>Randomisation Allocation</i>									

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When someone offers me a drink</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>								
	<i>TP0</i>	<i>Intervention</i>	9	0	3.7	2.1	3.0	1.0	6.0	
		<i>Control</i>	9	0	3.2	2.0	4.0	1.0	6.0	
		<i>Overall</i>	18	0	3.4	2.0	3.5	1.0	6.0	
	<i>TP1</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	2	0	4.5	2.1	4.5	3.0	6.0	
		<i>Control</i>	1	0	3.0	.	3.0	3.0	3.0	
	<i>TP2</i>	<i>Overall</i>	3	0	4.0	1.7	3.0	3.0	6.0	
		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	8	1	3.8	2.3	5.0	1.0	6.0	
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>TP0</i>	<i>Control</i>	8	1	4.5	1.2	4.5	3.0	6.0
			<i>Overall</i>	16	2	4.1	1.8	5.0	1.0	6.0
<i>Randomisation Allocation</i>										
<i>TP1</i>		<i>Intervention</i>	9	0	1.8	2.0	1.0	0.0	5.0	
		<i>Control</i>	9	0	2.6	2.1	3.0	0.0	5.0	
		<i>Overall</i>	18	0	2.2	2.0	2.5	0.0	5.0	
<i>TP2</i>		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	1	1	0.0	.	0.0	0.0	0.0	
		<i>Control</i>	1	0	3.0	.	3.0	3.0	3.0	
<i>TP1</i>		<i>Overall</i>	2	1	1.5	2.1	1.5	0.0	3.0	
		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	5	4	2.8	1.9	3.0	0.0	5.0	
<i>TP2</i>	<i>Control</i>	5	4	2.6	1.5	2.0	1.0	5.0		
	<i>Overall</i>	10	8	2.7	1.6	2.5	0.0	5.0		
	<i>Randomisation Allocation</i>									

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When my spouse or partner is drinking</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	8	1	3.8	1.8	3.5	1.0	6.0
		<i>Control</i>	7	2	3.4	2.0	3.0	1.0	6.0
		<i>Overall</i>	15	3	3.6	1.8	3.0	1.0	6.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	0	2
		<i>Control</i>	0	1
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	2	3.7	2.3	3.0	1.0	6.0
		<i>Control</i>	6	3	3.8	1.7	3.0	2.0	6.0
	<i>Overall</i>		13	5	3.8	2.0	3.0	1.0	6.0
		<i>Timepoint</i>	<i>Randomisation Allocation</i>						
<i>TP0</i>		<i>Intervention</i>	8	1	2.5	1.9	3.0	0.0	5.0
	<i>Control</i>	7	2	2.4	2.1	3.0	0.0	5.0	
	<i>Overall</i>	15	3	2.5	1.9	3.0	0.0	5.0	
<i>TP1</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	0	2	
	<i>Control</i>	0	1	
<i>TP2</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	4	5	2.0	2.4	1.5	0.0	5.0	
	<i>Control</i>	3	6	2.7	1.5	3.0	1.0	4.0	
<i>Overall</i>		7	11	2.3	2.0	3.0	0.0	5.0	

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When my friends are drinking</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	3.4	1.8	3.0	1.0	6.0
		<i>Control</i>	9	0	2.6	1.7	2.0	1.0	6.0
		<i>Overall</i>	18	0	3.0	1.8	2.5	1.0	6.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	4.5	2.1	4.5	3.0	6.0
		<i>Control</i>	1	0	2.0	.	2.0	2.0	2.0
	<i>TP2</i>	<i>Overall</i>	3	0	3.7	2.1	3.0	2.0	6.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	2.8	1.8	3.0	1.0	6.0
		<i>Control</i>	8	1	3.3	1.3	3.0	2.0	6.0
		<i>Overall</i>	16	2	3.0	1.5	3.0	1.0	6.0
<i>Randomisation Allocation</i>									
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	2.6	1.4	3.0	0.0	4.0
		<i>Control</i>	8	1	4.1	0.8	4.0	3.0	5.0
		<i>Overall</i>	17	1	3.3	1.4	4.0	0.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	0.0	.	0.0	0.0	0.0
		<i>Control</i>	1	0	4.0	.	4.0	4.0	4.0
	<i>TP2</i>	<i>Overall</i>	2	1	2.0	2.8	2.0	0.0	4.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	5	4	3.6	2.1	4.0	0.0	5.0
		<i>Control</i>	5	4	3.4	1.5	4.0	1.0	5.0
		<i>Overall</i>	10	8	3.5	1.7	4.0	0.0	5.0
		<i>Randomisation Allocation</i>							

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I am at a pub or club</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	2.4	1.1	2.0	1.0	4.0
		<i>Control</i>	7	2	2.1	1.9	1.0	1.0	6.0
		<i>Overall</i>	16	2	2.3	1.4	2.0	1.0	6.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	2.5	0.7	2.5	2.0	3.0
		<i>Control</i>	1	0	5.0	.	5.0	5.0	5.0
	<i>TP2</i>	<i>Overall</i>	3	0	3.3	1.5	3.0	2.0	5.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	1.9	1.8	1.0	1.0	6.0
		<i>Control</i>	8	1	3.0	1.5	3.0	1.0	6.0
		<i>Overall</i>	16	2	2.4	1.7	2.0	1.0	6.0
<i>Randomisation Allocation</i>									
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	3.1	1.5	4.0	1.0	5.0
		<i>Control</i>	7	2	3.7	1.8	4.0	0.0	5.0
		<i>Overall</i>	16	2	3.4	1.6	4.0	0.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	4.0	.	4.0	4.0	4.0
		<i>Control</i>	1	0	2.0	.	2.0	2.0	2.0
	<i>TP2</i>	<i>Overall</i>	2	1	3.0	1.4	3.0	2.0	4.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	5	4	4.2	1.3	5.0	2.0	5.0
		<i>Control</i>	5	4	3.8	1.1	4.0	2.0	5.0
		<i>Overall</i>	10	8	4.0	1.2	4.0	2.0	5.0
<i>Randomisation Allocation</i>									

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When I am angry</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>								
	<i>TP0</i>	<i>Intervention</i>	9	0	3.1	1.5	4.0	1.0	5.0	
		<i>Control</i>	9	0	3.0	1.7	3.0	1.0	6.0	
		<i>Overall</i>	18	0	3.1	1.6	3.0	1.0	6.0	
	<i>TP1</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	2	0	4.0	2.8	4.0	2.0	6.0	
		<i>Control</i>	1	0	1.0	.	1.0	1.0	1.0	
	<i>TP2</i>	<i>Overall</i>	3	0	3.0	2.6	2.0	1.0	6.0	
		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	8	1	2.3	1.8	1.0	1.0	5.0	
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>TP0</i>	<i>Control</i>	8	1	4.0	1.9	4.0	1.0	6.0
			<i>Overall</i>	16	2	3.1	2.0	3.5	1.0	6.0
<i>Randomisation Allocation</i>										
<i>TP1</i>		<i>Intervention</i>	9	0	2.9	1.7	3.0	1.0	5.0	
		<i>Control</i>	9	0	3.7	1.7	4.0	0.0	5.0	
		<i>Overall</i>	18	0	3.3	1.7	4.0	0.0	5.0	
<i>TP2</i>		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	1	1	0.0	.	0.0	0.0	0.0	
		<i>Control</i>	1	0	5.0	.	5.0	5.0	5.0	
<i>TP2</i>		<i>Overall</i>	2	1	2.5	3.5	2.5	0.0	5.0	
		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	5	4	3.4	2.3	5.0	0.0	5.0	
<i>TP2</i>	<i>Control</i>	5	4	3.4	1.8	4.0	1.0	5.0		
	<i>Overall</i>	10	8	3.4	2.0	4.5	0.0	5.0		

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I feel frustrated</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	3.1	1.4	4.0	1.0	4.0
		<i>Control</i>	9	0	3.3	1.6	3.0	1.0	6.0
		<i>Overall</i>	18	0	3.2	1.4	4.0	1.0	6.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	3.0	1.4	3.0	2.0	4.0
		<i>Control</i>	1	0	3.0	.	3.0	3.0	3.0
	<i>TP2</i>	<i>Overall</i>	3	0	3.0	1.0	3.0	2.0	4.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	2.5	1.9	1.5	1.0	5.0
		<i>Control</i>	8	1	4.1	1.9	4.0	1.0	6.0
		<i>Overall</i>	16	2	3.3	2.0	4.0	1.0	6.0
<i>Randomisation Allocation</i>									
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	3.0	1.6	3.0	1.0	5.0
		<i>Control</i>	9	0	3.1	1.4	3.0	0.0	5.0
		<i>Overall</i>	18	0	3.1	1.4	3.0	0.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	2.0	.	2.0	2.0	2.0
		<i>Control</i>	1	0	3.0	.	3.0	3.0	3.0
	<i>TP2</i>	<i>Overall</i>	2	1	2.5	0.7	2.5	2.0	3.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	5	4	2.6	2.1	3.0	0.0	5.0
		<i>Control</i>	5	4	2.8	1.5	3.0	1.0	5.0
		<i>Overall</i>	10	8	2.7	1.7	3.0	0.0	5.0
		<i>Randomisation Allocation</i>							

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When I am worried</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>								
		<i>TP0</i>	<i>Intervention</i>	9	0	3.4	1.9	4.0	1.0	6.0
		<i>Control</i>	9	0	3.3	1.9	4.0	1.0	6.0	
		<i>Overall</i>	18	0	3.4	1.9	4.0	1.0	6.0	
	<i>TP1</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	2	0	5.5	0.7	5.5	5.0	6.0	
		<i>Control</i>	1	0	6.0	.	6.0	6.0	6.0	
		<i>Overall</i>	3	0	5.7	0.6	6.0	5.0	6.0	
	<i>TP2</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	8	1	3.0	2.2	2.5	1.0	6.0	
		<i>Control</i>	8	1	4.1	1.9	4.0	1.0	6.0	
		<i>Overall</i>	16	2	3.6	2.1	4.0	1.0	6.0	
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>								
		<i>TP0</i>	<i>Intervention</i>	9	0	2.4	2.1	2.0	0.0	5.0
		<i>Control</i>	9	0	2.9	1.9	3.0	0.0	5.0	
		<i>Overall</i>	18	0	2.7	2.0	3.0	0.0	5.0	
	<i>TP1</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	1	1	0.0	.	0.0	0.0	0.0	
		<i>Control</i>	1	0	0.0	.	0.0	0.0	0.0	
		<i>Overall</i>	2	1	0.0	0.0	0.0	0.0	0.0	
	<i>TP2</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	5	4	2.0	2.0	2.0	0.0	4.0	
		<i>Control</i>	5	4	2.6	1.7	3.0	1.0	5.0	
		<i>Overall</i>	10	8	2.3	1.8	2.5	0.0	5.0	

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I feel upset</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	3.4	1.9	4.0	1.0	6.0
		<i>Control</i>	9	0	3.4	2.0	4.0	1.0	6.0
		<i>Overall</i>	18	0	3.4	1.9	4.0	1.0	6.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	5.5	0.7	5.5	5.0	6.0
		<i>Control</i>	1	0	4.0	.	4.0	4.0	4.0
	<i>TP2</i>	<i>Overall</i>	3	0	5.0	1.0	5.0	4.0	6.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	2.4	2.0	1.0	1.0	6.0
		<i>Control</i>	8	1	4.0	1.8	4.0	1.0	6.0
		<i>Overall</i>	16	2	3.2	2.0	4.0	1.0	6.0
<i>Randomisation Allocation</i>									
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	2.2	2.3	1.0	0.0	5.0
		<i>Control</i>	9	0	2.8	1.9	3.0	0.0	5.0
		<i>Overall</i>	18	0	2.5	2.1	2.5	0.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	0.0	.	0.0	0.0	0.0
		<i>Control</i>	1	0	2.0	.	2.0	2.0	2.0
	<i>TP2</i>	<i>Overall</i>	2	1	1.0	1.4	1.0	0.0	2.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	5	4	3.2	2.2	4.0	0.0	5.0
		<i>Control</i>	5	4	2.6	1.7	3.0	1.0	5.0
		<i>Overall</i>	10	8	2.9	1.9	3.0	0.0	5.0
<i>Randomisation Allocation</i>									

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I feel nervous</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	3.6	1.5	4.0	1.0	6.0
		<i>Control</i>	9	0	3.6	2.3	4.0	1.0	6.0
		<i>Overall</i>	18	0	3.6	1.9	4.0	1.0	6.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	5.5	0.7	5.5	5.0	6.0
		<i>Control</i>	1	0	6.0	.	6.0	6.0	6.0
	<i>TP2</i>	<i>Overall</i>	3	0	5.7	0.6	6.0	5.0	6.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	2	3.0	2.5	1.0	1.0	6.0
		<i>Control</i>	8	1	3.9	1.5	4.0	1.0	6.0
		<i>Overall</i>	15	3	3.5	2.0	4.0	1.0	6.0
<i>Randomisation Allocation</i>									
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	2.1	1.9	1.0	0.0	5.0
		<i>Control</i>	9	0	2.7	2.2	3.0	0.0	5.0
		<i>Overall</i>	18	0	2.4	2.0	2.5	0.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	0.0	.	0.0	0.0	0.0
		<i>Control</i>	1	0	0.0	.	0.0	0.0	0.0
	<i>TP2</i>	<i>Overall</i>	2	1	0.0	0.0	0.0	0.0	0.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	4	5	2.0	2.3	2.0	0.0	4.0
		<i>Control</i>	5	4	2.4	1.1	2.0	1.0	4.0
		<i>Overall</i>	9	9	2.2	1.6	2.0	0.0	4.0
<i>Randomisation Allocation</i>									

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I feel sad</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	2.9	1.7	3.0	1.0	5.0
		<i>Control</i>	9	0	2.8	2.1	2.0	1.0	6.0
		<i>Overall</i>	18	0	2.8	1.9	2.5	1.0	6.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	5.5	0.7	5.5	5.0	6.0
		<i>Control</i>	1	0	5.0	.	5.0	5.0	5.0
	<i>TP2</i>	<i>Overall</i>	3	0	5.3	0.6	5.0	5.0	6.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	2.9	1.8	3.0	1.0	6.0
		<i>Control</i>	8	1	4.1	2.0	4.5	1.0	6.0
		<i>Overall</i>	16	2	3.5	1.9	3.5	1.0	6.0
<i>Randomisation Allocation</i>									
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	3.0	1.8	3.0	0.0	5.0
		<i>Control</i>	9	0	3.4	2.1	4.0	0.0	5.0
		<i>Overall</i>	18	0	3.2	1.9	3.5	0.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	0.0	.	0.0	0.0	0.0
		<i>Control</i>	1	0	1.0	.	1.0	1.0	1.0
	<i>TP2</i>	<i>Overall</i>	2	1	0.5	0.7	0.5	0.0	1.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	5	4	3.0	2.1	3.0	0.0	5.0
		<i>Control</i>	5	4	2.4	1.9	3.0	0.0	5.0
		<i>Overall</i>	10	8	2.7	1.9	3.0	0.0	5.0
<i>Randomisation Allocation</i>									

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I am watching TV</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	5.2	1.6	6.0	2.0	6.0
		<i>Control</i>	9	0	4.4	1.9	5.0	1.0	6.0
		<i>Overall</i>	18	0	4.8	1.8	6.0	1.0	6.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	6.0	0.0	6.0	6.0	6.0
		<i>Control</i>	1	0	6.0	.	6.0	6.0	6.0
	<i>TP2</i>	<i>Overall</i>	3	0	6.0	0.0	6.0	6.0	6.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	2	4.6	2.1	6.0	1.0	6.0
		<i>Control</i>	8	1	5.5	1.1	6.0	3.0	6.0
		<i>Overall</i>	15	3	5.1	1.7	6.0	1.0	6.0
<i>Randomisation Allocation</i>									
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	0.9	1.8	0.0	0.0	4.0
		<i>Control</i>	9	0	1.7	1.8	1.0	0.0	5.0
		<i>Overall</i>	18	0	1.3	1.8	0.0	0.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	0.0	.	0.0	0.0	0.0
		<i>Control</i>	1	0	0.0	.	0.0	0.0	0.0
	<i>TP2</i>	<i>Overall</i>	2	1	0.0	0.0	0.0	0.0	0.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	5	4	0.8	1.3	0.0	0.0	3.0
		<i>Control</i>	5	4	1.0	1.0	1.0	0.0	2.0
		<i>Overall</i>	10	8	0.9	1.1	0.5	0.0	3.0
<i>Randomisation Allocation</i>									

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I am at lunch</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	4.7	1.4	5.0	2.0	6.0
		<i>Control</i>	9	0	4.1	2.1	4.0	1.0	6.0
		<i>Overall</i>	18	0	4.4	1.8	5.0	1.0	6.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	6.0	0.0	6.0	6.0	6.0
		<i>Control</i>	0	1
	<i>TP2</i>	<i>Overall</i>	2	1	6.0	0.0	6.0	6.0	6.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	3.9	2.0	4.5	1.0	6.0
		<i>Control</i>	8	1	5.5	0.9	6.0	4.0	6.0
		<i>Overall</i>	16	2	4.7	1.7	5.5	1.0	6.0
<i>Timepoint</i>		<i>Randomisation Allocation</i>							
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>TP0</i>	<i>Intervention</i>	9	0	0.8	0.8	1.0	0.0	2.0
		<i>Control</i>	9	0	1.9	2.1	2.0	0.0	5.0
		<i>Overall</i>	18	0	1.3	1.6	1.0	0.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	0.0	.	0.0	0.0	0.0
		<i>Control</i>	0	1
	<i>TP2</i>	<i>Overall</i>	1	2	0.0	.	0.0	0.0	0.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	5	4	1.8	1.6	1.0	0.0	4.0
		<i>Control</i>	5	4	0.8	0.8	1.0	0.0	2.0
		<i>Overall</i>	10	8	1.3	1.3	1.0	0.0	4.0

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I am on the way home from work</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	4.8	1.2	5.0	2.0	6.0
		<i>Control</i>	8	1	3.6	2.3	4.0	1.0	6.0
		<i>Overall</i>	17	1	4.2	1.9	5.0	1.0	6.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	6.0	0.0	6.0	6.0	6.0
		<i>Control</i>	1	0	3.0	.	3.0	3.0	3.0
	<i>TP2</i>	<i>Overall</i>	3	0	5.0	1.7	6.0	3.0	6.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	4.3	2.1	5.0	1.0	6.0
		<i>Control</i>	7	2	5.0	1.0	5.0	4.0	6.0
		<i>Overall</i>	15	3	4.6	1.6	5.0	1.0	6.0
<i>Randomisation Allocation</i>									
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	1.3	1.3	1.0	0.0	4.0
		<i>Control</i>	8	1	2.5	2.2	2.0	0.0	5.0
		<i>Overall</i>	17	1	1.9	1.8	2.0	0.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	0.0	.	0.0	0.0	0.0
		<i>Control</i>	1	0	3.0	.	3.0	3.0	3.0
	<i>TP2</i>	<i>Overall</i>	2	1	1.5	2.1	1.5	0.0	3.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	5	4	2.0	1.9	3.0	0.0	4.0
		<i>Control</i>	4	5	2.0	0.0	2.0	2.0	2.0
		<i>Overall</i>	9	9	2.0	1.3	2.0	0.0	4.0
<i>Randomisation Allocation</i>									

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I am listening to music or reading</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	5.3	0.7	5.0	4.0	6.0
		<i>Control</i>	9	0	3.7	2.1	4.0	1.0	6.0
		<i>Overall</i>	18	0	4.5	1.7	5.0	1.0	6.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	5.5	0.7	5.5	5.0	6.0
		<i>Control</i>	1	0	6.0	.	6.0	6.0	6.0
	<i>TP2</i>	<i>Overall</i>	3	0	5.7	0.6	6.0	5.0	6.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	4.4	2.0	5.0	1.0	6.0
		<i>Control</i>	8	1	4.6	1.4	4.5	2.0	6.0
		<i>Overall</i>	16	2	4.5	1.7	4.5	1.0	6.0
<i>Randomisation Allocation</i>									
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	0.7	1.1	0.0	0.0	3.0
		<i>Control</i>	9	0	2.1	2.1	2.0	0.0	5.0
		<i>Overall</i>	18	0	1.4	1.8	0.5	0.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	1.0	.	1.0	1.0	1.0
		<i>Control</i>	1	0	0.0	.	0.0	0.0	0.0
	<i>TP2</i>	<i>Overall</i>	2	1	0.5	0.7	0.5	0.0	1.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	5	4	1.0	1.7	0.0	0.0	4.0
		<i>Control</i>	5	4	1.4	1.1	1.0	0.0	3.0
		<i>Overall</i>	10	8	1.2	1.4	1.0	0.0	4.0
<i>Randomisation Allocation</i>									

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When I am by myself</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>								
	<i>TP0</i>	<i>Intervention</i>	9	0	5.1	1.2	6.0	3.0	6.0	
		<i>Control</i>	9	0	4.1	2.2	5.0	1.0	6.0	
		<i>Overall</i>	18	0	4.6	1.8	5.5	1.0	6.0	
	<i>TP1</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	2	0	6.0	0.0	6.0	6.0	6.0	
		<i>Control</i>	1	0	6.0	.	6.0	6.0	6.0	
	<i>TP2</i>	<i>Overall</i>	3	0	6.0	0.0	6.0	6.0	6.0	
		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	8	1	4.3	2.2	5.0	1.0	6.0	
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>TP0</i>	<i>Control</i>	8	1	5.0	1.6	6.0	2.0	6.0
			<i>Overall</i>	16	2	4.6	1.9	6.0	1.0	6.0
<i>Randomisation Allocation</i>										
<i>TP1</i>		<i>Intervention</i>	9	0	1.0	1.7	0.0	0.0	5.0	
		<i>Control</i>	9	0	2.1	2.2	2.0	0.0	5.0	
		<i>Overall</i>	18	0	1.6	2.0	0.0	0.0	5.0	
<i>TP2</i>		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	1	1	0.0	.	0.0	0.0	0.0	
		<i>Control</i>	1	0	0.0	.	0.0	0.0	0.0	
<i>TP1</i>		<i>Overall</i>	2	1	0.0	0.0	0.0	0.0	0.0	
		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	5	4	1.6	2.3	0.0	0.0	5.0	
<i>TP2</i>	<i>Control</i>	5	4	1.2	1.1	1.0	0.0	3.0		
	<i>Overall</i>	10	8	1.4	1.7	1.0	0.0	5.0		
	<i>Randomisation Allocation</i>									

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I have just finished playing sport</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	6	3	5.0	1.3	5.5	3.0	6.0
		<i>Control</i>	5	4	5.4	1.3	6.0	3.0	6.0
		<i>Overall</i>	11	7	5.2	1.3	6.0	3.0	6.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	4.5	2.1	4.5	3.0	6.0
		<i>Control</i>	1	0	6.0	.	6.0	6.0	6.0
	<i>TP2</i>	<i>Overall</i>	3	0	5.0	1.7	6.0	3.0	6.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	2	4.6	1.8	5.0	1.0	6.0
		<i>Control</i>	7	2	4.9	1.6	6.0	2.0	6.0
		<i>Overall</i>	14	4	4.7	1.6	5.5	1.0	6.0
<i>Randomisation Allocation</i>									
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	6	3	1.2	1.6	0.5	0.0	4.0
		<i>Control</i>	5	4	0.0	0.0	0.0	0.0	0.0
		<i>Overall</i>	11	7	0.6	1.3	0.0	0.0	4.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	3.0	.	3.0	3.0	3.0
		<i>Control</i>	1	0	0.0	.	0.0	0.0	0.0
	<i>TP2</i>	<i>Overall</i>	2	1	1.5	2.1	1.5	0.0	3.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	4	5	0.8	1.0	0.5	0.0	2.0
		<i>Control</i>	4	5	1.0	0.8	1.0	0.0	2.0
		<i>Overall</i>	8	10	0.9	0.8	1.0	0.0	2.0

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I first arrive home</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	8	1	5.1	1.7	6.0	1.0	6.0
		<i>Control</i>	9	0	4.4	2.2	6.0	1.0	6.0
		<i>Overall</i>	17	1	4.8	2.0	6.0	1.0	6.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	6.0	0.0	6.0	6.0	6.0
		<i>Control</i>	1	0	6.0	.	6.0	6.0	6.0
	<i>TP2</i>	<i>Overall</i>	3	0	6.0	0.0	6.0	6.0	6.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	4.5	2.0	5.5	1.0	6.0
		<i>Control</i>	8	1	5.0	1.4	6.0	3.0	6.0
		<i>Overall</i>	16	2	4.8	1.7	6.0	1.0	6.0
<i>Timepoint</i>		<i>Randomisation Allocation</i>							
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>TP0</i>	<i>Intervention</i>	8	1	0.5	1.4	0.0	0.0	4.0
		<i>Control</i>	9	0	1.7	2.3	0.0	0.0	5.0
		<i>Overall</i>	17	1	1.1	2.0	0.0	0.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1	0.0	.	0.0	0.0	0.0
		<i>Control</i>	1	0	0.0	.	0.0	0.0	0.0
	<i>TP2</i>	<i>Overall</i>	2	1	0.0	0.0	0.0	0.0	0.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	5	4	1.0	1.7	0.0	0.0	4.0
		<i>Control</i>	5	4	1.0	1.2	1.0	0.0	3.0
		<i>Overall</i>	10	8	1.0	1.4	0.5	0.0	4.0

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When I feel like celebrating</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>								
	<i>TP0</i>	<i>Intervention</i>	9	0	2.0	1.0	2.0	1.0	4.0	
		<i>Control</i>	9	0	1.6	1.1	1.0	1.0	4.0	
		<i>Overall</i>	18	0	1.8	1.1	1.0	1.0	4.0	
	<i>TP1</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	2	0	2.0	1.4	2.0	1.0	3.0	
		<i>Control</i>	1	0	3.0	.	3.0	3.0	3.0	
	<i>TP2</i>	<i>Overall</i>	3	0	2.3	1.2	3.0	1.0	3.0	
		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	8	1	2.3	1.9	1.0	1.0	6.0	
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>TP0</i>	<i>Control</i>	8	1	2.4	1.8	2.0	1.0	6.0
			<i>Overall</i>	16	2	2.3	1.8	1.5	1.0	6.0
<i>Randomisation Allocation</i>										
<i>TP1</i>		<i>Intervention</i>	9	0	3.6	1.4	4.0	1.0	5.0	
		<i>Control</i>	9	0	4.2	1.2	5.0	2.0	5.0	
		<i>Overall</i>	18	0	3.9	1.3	4.5	1.0	5.0	
<i>TP2</i>		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	1	1	3.0	.	3.0	3.0	3.0	
		<i>Control</i>	1	0	3.0	.	3.0	3.0	3.0	
<i>TP2</i>		<i>Overall</i>	2	1	3.0	0.0	3.0	3.0	3.0	
		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	5	4	4.2	1.8	5.0	1.0	5.0	
<i>TP2</i>	<i>Control</i>	5	4	3.6	1.7	4.0	1.0	5.0		
	<i>Overall</i>	10	8	3.9	1.7	5.0	1.0	5.0		

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>Drinking Refusal Self-Efficacy Questionnaire: Total score</i>	<i>Timepoint</i>	<i>Randomisation</i>								
		<i>Allocation</i>								
	<i>TP0</i>	<i>Intervention</i>		9	0	73.4	19.1	79.2	39.1	96.0
		<i>Control</i>		9	0	63.9	30.7	70.0	19.0	102.8
		<i>Overall</i>		18	0	68.6	25.3	76.5	19.0	102.8
	<i>TP1</i>	<i>Randomisation</i>								
		<i>Allocation</i>								
	<i>TP1</i>	<i>Intervention</i>		2	0	93.4	9.7	93.4	86.6	100.3
		<i>Control</i>		1	0	86.1	.	86.1	86.1	86.1
		<i>Overall</i>		3	0	91.0	8.1	86.6	86.1	100.3
<i>TP2</i>	<i>Randomisation</i>									
	<i>Allocation</i>									
<i>TP2</i>	<i>Intervention</i>		8	1	64.0	33.2	63.1	19.0	109.0	
	<i>Control</i>		8	1	81.3	23.2	85.8	40.0	114.0	
	<i>Overall</i>		16	2	72.7	29.1	82.3	19.0	114.0	

Split by group

Table S3.1: Drinking Refusal Self-Efficacy Questionnaire: Item scores at baseline (all randomised)

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When I am out for dinner</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
		<i>Durham</i>	<i>Intervention</i>	45	1	4.4	2.0	6.0	1.0	6.0
		<i>Control</i>	44	0	4.7	1.8	6.0	1.0	6.0	
		<i>Overall</i>	89	1	4.6	1.9	6.0	1.0	6.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	21	1	3.4	1.8	3.0	1.0	6.0	
		<i>Control</i>	20	0	3.4	1.8	3.5	1.0	6.0	
		<i>Overall</i>	41	1	3.4	1.7	3.0	1.0	6.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	66	2	4.1	2.0	4.0	1.0	6.0	
		<i>Control</i>	64	0	4.3	1.9	5.0	1.0	6.0	
		<i>Overall</i>	130	2	4.2	1.9	5.0	1.0	6.0	
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
		<i>Durham</i>	<i>Intervention</i>	45	1	1.5	2.0	0.0	0.0	5.0
		<i>Control</i>	44	0	1.2	1.8	0.0	0.0	5.0	
		<i>Overall</i>	89	1	1.3	1.9	0.0	0.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	21	1	2.6	2.0	3.0	0.0	5.0	
		<i>Control</i>	20	0	2.2	1.8	2.0	0.0	5.0	
		<i>Overall</i>	41	1	2.4	1.9	2.0	0.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	66	2	1.8	2.1	1.0	0.0	5.0	
		<i>Control</i>	64	0	1.5	1.9	0.0	0.0	5.0	
		<i>Overall</i>	130	2	1.7	2.0	1.0	0.0	5.0	

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When someone offers me a drink</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	45	1	3.5	2.2	4.0	1.0	6.0
		<i>Control</i>	44	0	3.6	2.0	4.0	1.0	6.0
		<i>Overall</i>	89	1	3.6	2.1	4.0	1.0	6.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	1	2.6	1.7	2.0	1.0	6.0
		<i>Control</i>	20	0	2.8	1.6	3.0	1.0	6.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2	3.2	2.1	3.0	1.0	6.0
		<i>Control</i>	64	0	3.4	1.9	3.0	1.0	6.0
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	1	2.4	2.3	3.0	0.0
<i>Control</i>			44	0	2.5	2.1	3.0	0.0	5.0
<i>Overall</i>			89	1	2.4	2.2	3.0	0.0	5.0
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	1	3.1	1.9	4.0	0.0	5.0
		<i>Control</i>	20	0	3.0	2.0	3.0	0.0	5.0
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2	2.6	2.2	3.0	0.0	5.0
		<i>Control</i>	64	0	2.6	2.1	3.0	0.0	5.0
<i>Both sites</i>		<i>Overall</i>	130	2	2.6	2.1	3.0	0.0	5.0

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When my spouse or partner is drinking</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
	<i>Durham</i>	<i>Intervention</i>	23	23	4.3	2.0	5.0	1.0	6.0	
		<i>Control</i>	21	23	3.1	2.0	2.0	1.0	6.0	
		<i>Overall</i>	44	46	3.8	2.1	4.0	1.0	6.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	17	5	2.6	1.9	2.0	1.0	6.0	
		<i>Control</i>	17	3	3.1	1.9	3.0	1.0	6.0	
		<i>Overall</i>	34	8	2.8	1.9	2.0	1.0	6.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	40	28	3.6	2.1	3.5	1.0	6.0	
		<i>Control</i>	38	26	3.1	1.9	3.0	1.0	6.0	
		<i>Overall</i>	78	54	3.3	2.0	3.0	1.0	6.0	
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
		<i>Durham</i>	<i>Intervention</i>	23	23	1.5	2.1	0.0	0.0	5.0
			<i>Control</i>	21	23	2.6	2.1	3.0	0.0	5.0
		<i>Overall</i>	44	46	2.0	2.1	1.5	0.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	17	5	3.3	2.0	4.0	0.0	5.0	
		<i>Control</i>	17	3	3.0	1.9	4.0	0.0	5.0	
		<i>Overall</i>	34	8	3.1	1.9	4.0	0.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	40	28	2.3	2.2	2.5	0.0	5.0	
		<i>Control</i>	38	26	2.8	2.0	3.0	0.0	5.0	
		<i>Overall</i>	78	54	2.5	2.1	3.0	0.0	5.0	

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When my friends are drinking</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
	<i>Durham</i>	<i>Intervention</i>	44	2	2.7	2.0	2.0	1.0	6.0	
		<i>Control</i>	43	1	2.3	1.7	1.0	1.0	6.0	
		<i>Overall</i>	87	3	2.5	1.8	1.0	1.0	6.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	21	1	2.1	1.5	2.0	1.0	6.0	
		<i>Control</i>	18	2	2.3	1.5	2.0	1.0	6.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	65	3	2.5	1.8	2.0	1.0	6.0	
		<i>Control</i>	61	3	2.3	1.6	1.0	1.0	6.0	
		<i>Overall</i>	126	6	2.4	1.7	2.0	1.0	6.0	
		<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
			<i>Durham</i>	<i>Intervention</i>	44	2	3.3	2.0	4.0	0.0
	<i>Control</i>			43	1	3.7	1.8	5.0	0.0	5.0
	<i>Overall</i>			87	3	3.5	1.9	5.0	0.0	5.0
<i>Edinburgh</i>	<i>Randomisation Allocation</i>									
	<i>Intervention</i>		21	1	3.7	1.5	4.0	0.0	5.0	
	<i>Control</i>		17	3	4.2	1.0	5.0	2.0	5.0	
<i>Both sites</i>	<i>Randomisation Allocation</i>									
	<i>Intervention</i>		65	3	3.4	1.8	4.0	0.0	5.0	
	<i>Control</i>		60	4	3.9	1.6	5.0	0.0	5.0	
	<i>Overall</i>		125	7	3.6	1.7	4.0	0.0	5.0	

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>		
<i>When I am at a pub or club</i>	<i>Site</i>	<i>Randomisation Allocation</i>									
	<i>Durham</i>	<i>Intervention</i>	45	1	2.9	2.0	3.0	1.0	6.0		
		<i>Control</i>	44	0	2.6	2.1	1.0	1.0	6.0		
		<i>Overall</i>	89	1	2.8	2.0	2.0	1.0	6.0		
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>									
		<i>Intervention</i>	21	1	1.9	1.3	2.0	1.0	6.0		
		<i>Control</i>	17	3	2.1	1.6	1.0	1.0	6.0		
	<i>Both sites</i>	<i>Randomisation Allocation</i>									
		<i>Intervention</i>	66	2	2.6	1.8	2.0	1.0	6.0		
		<i>Control</i>	61	3	2.5	2.0	1.0	1.0	6.0		
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
			<i>Durham</i>	<i>Intervention</i>	45	1	3.0	2.0	4.0	0.0	5.0
				<i>Control</i>	44	0	3.3	2.1	5.0	0.0	5.0
		<i>Overall</i>		89	1	3.2	2.0	4.0	0.0	5.0	
		<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
<i>Intervention</i>			21	1	3.7	1.6	4.0	0.0	5.0		
<i>Control</i>			17	3	3.9	1.4	4.0	0.0	5.0		
<i>Both sites</i>		<i>Randomisation Allocation</i>									
		<i>Intervention</i>	66	2	3.2	1.9	4.0	0.0	5.0		
		<i>Control</i>	61	3	3.5	1.9	5.0	0.0	5.0		
<i>Both sites</i>		<i>Randomisation Allocation</i>									
		<i>Intervention</i>	66	2	3.2	1.9	4.0	0.0	5.0		
		<i>Control</i>	61	3	3.5	1.9	5.0	0.0	5.0		

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When I am angry</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
	<i>Durham</i>	<i>Intervention</i>	45	1	3.2	2.2	2.0	1.0	6.0	
		<i>Control</i>	44	0	3.1	2.1	2.0	1.0	6.0	
		<i>Overall</i>	89	1	3.1	2.1	2.0	1.0	6.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	21	1	2.6	1.7	2.0	1.0	6.0	
		<i>Control</i>	20	0	3.0	1.7	3.0	1.0	6.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	66	2	3.0	2.0	2.0	1.0	6.0	
		<i>Control</i>	64	0	3.0	2.0	2.5	1.0	6.0	
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
			<i>Durham</i>	<i>Intervention</i>	45	1	2.8	2.2	3.0	0.0
<i>Control</i>				44	0	3.0	2.2	4.0	0.0	5.0
<i>Overall</i>		89		1	2.9	2.2	4.0	0.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	21	1	3.7	1.7	5.0	0.0	5.0	
		<i>Control</i>	20	0	3.7	1.5	4.0	0.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	66	2	3.1	2.1	4.0	0.0	5.0	
		<i>Control</i>	64	0	3.2	2.0	4.0	0.0	5.0	
<i>Both sites</i>		<i>Overall</i>	130	2	3.1	2.0	4.0	0.0	5.0	

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When I feel frustrated</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
	<i>Durham</i>	<i>Intervention</i>	45	1	3.4	2.1	4.0	1.0	6.0	
		<i>Control</i>	44	0	3.0	1.9	3.0	1.0	6.0	
		<i>Overall</i>	89	1	3.2	2.0	3.0	1.0	6.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	21	1	2.5	1.6	2.0	1.0	6.0	
		<i>Control</i>	20	0	3.1	1.5	3.0	1.0	6.0	
	<i>Overall</i>	<i>Overall</i>	41	1	2.8	1.6	2.0	1.0	6.0	
		<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2	3.1	2.0	3.0	1.0	6.0	
		<i>Control</i>	64	0	3.0	1.8	3.0	1.0	6.0	
		<i>Overall</i>	130	2	3.1	1.9	3.0	1.0	6.0	
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
		<i>Durham</i>	<i>Intervention</i>	45	1	2.7	2.1	3.0	0.0	5.0
			<i>Control</i>	44	0	2.9	1.9	3.0	0.0	5.0
<i>Overall</i>			89	1	2.8	2.0	3.0	0.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	21	1	3.6	1.7	4.0	0.0	5.0	
		<i>Control</i>	20	0	3.1	1.6	3.0	0.0	5.0	
<i>Overall</i>		<i>Overall</i>	41	1	3.3	1.7	4.0	0.0	5.0	
		<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2	3.0	2.0	4.0	0.0	5.0	
		<i>Control</i>	64	0	2.9	1.8	3.0	0.0	5.0	
		<i>Overall</i>	130	2	3.0	1.9	3.5	0.0	5.0	

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I am worried</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	45	1	3.8	2.1	4.0	1.0	6.0
		<i>Control</i>	44	0	3.3	2.0	3.0	1.0	6.0
		<i>Overall</i>	89	1	3.5	2.0	4.0	1.0	6.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	1	2.9	1.9	2.0	1.0	6.0
		<i>Control</i>	19	1	3.1	1.7	3.0	1.0	6.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2	3.5	2.0	4.0	1.0	6.0
		<i>Control</i>	63	1	3.2	1.9	3.0	1.0	6.0
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	1	2.3	2.0	2.0	0.0
<i>Control</i>			44	0	2.8	2.0	3.0	0.0	5.0
<i>Overall</i>			89	1	2.6	2.0	3.0	0.0	5.0
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	1	3.0	2.2	4.0	0.0	5.0
		<i>Control</i>	19	1	3.1	1.6	3.0	0.0	5.0
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2	2.5	2.1	3.0	0.0	5.0
		<i>Control</i>	63	1	2.9	1.9	3.0	0.0	5.0
<i>Both sites</i>		<i>Overall</i>	129	3	2.7	2.0	3.0	0.0	5.0

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I feel upset</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	45	1	3.3	2.2	3.0	1.0	6.0
		<i>Control</i>	44	0	2.9	2.1	2.0	1.0	6.0
		<i>Overall</i>	89	1	3.1	2.1	2.0	1.0	6.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	1	2.4	1.7	1.0	1.0	6.0
		<i>Control</i>	20	0	3.2	1.6	4.0	1.0	6.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2	3.0	2.1	2.0	1.0	6.0
		<i>Control</i>	64	0	3.0	1.9	2.0	1.0	6.0
	<i>Overall</i>		130	2	3.0	2.0	2.0	1.0	6.0
		<i>Site</i>	<i>Randomisation Allocation</i>						
<i>To what extent do you consider this to be a high risk situation for you</i>		<i>Durham</i>	<i>Intervention</i>	45	1	2.7	2.2	3.0	0.0
	<i>Control</i>		44	0	3.1	2.0	4.0	0.0	5.0
	<i>Overall</i>		89	1	2.9	2.1	4.0	0.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	1	3.4	2.1	5.0	0.0	5.0
		<i>Control</i>	20	0	3.1	1.7	3.0	0.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2	2.9	2.1	3.5	0.0	5.0
		<i>Control</i>	64	0	3.1	1.9	4.0	0.0	5.0
	<i>Overall</i>		130	2	3.0	2.0	4.0	0.0	5.0

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When I feel nervous</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
	<i>Durham</i>	<i>Intervention</i>	44	2	4.1	2.0	4.5	1.0	6.0	
		<i>Control</i>	44	0	3.8	2.0	4.0	1.0	6.0	
		<i>Overall</i>	88	2	4.0	2.0	4.0	1.0	6.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	21	1	3.5	1.5	4.0	1.0	6.0	
		<i>Control</i>	19	1	3.5	1.9	4.0	1.0	6.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	65	3	3.9	1.9	4.0	1.0	6.0	
		<i>Control</i>	63	1	3.7	1.9	4.0	1.0	6.0	
	<i>Overall</i>	<i>Intervention</i>	128	4	3.8	1.9	4.0	1.0	6.0	
		<i>Control</i>								
		<i>Overall</i>								
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
		<i>Durham</i>	<i>Intervention</i>	44	2	1.9	2.0	1.0	0.0	5.0
<i>Control</i>			44	0	2.2	2.0	3.0	0.0	5.0	
<i>Overall</i>			88	2	2.1	2.0	2.0	0.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	21	1	2.4	1.7	2.0	0.0	5.0	
		<i>Control</i>	18	2	2.6	1.9	3.0	0.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	39	3	2.5	1.7	3.0	0.0	5.0	
		<i>Control</i>								
<i>Overall</i>		<i>Intervention</i>	65	3	2.1	1.9	2.0	0.0	5.0	
		<i>Control</i>	62	2	2.3	1.9	3.0	0.0	5.0	
		<i>Overall</i>	127	5	2.2	1.9	2.0	0.0	5.0	

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>When I feel sad</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	44	2	3.3	1.9	3.0	1.0	6.0
		<i>Control</i>	44	0	3.2	2.1	2.0	1.0	6.0
		<i>Overall</i>	88	2	3.2	2.0	3.0	1.0	6.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	1	2.1	1.3	2.0	1.0	5.0
		<i>Control</i>	20	0	2.7	1.7	2.5	1.0	6.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	65	3	2.9	1.8	3.0	1.0	6.0
		<i>Control</i>	64	0	3.0	2.0	2.0	1.0	6.0
	<i>Overall</i>	<i>Intervention</i>	129	3	3.0	1.9	2.0	1.0	6.0
		<i>Control</i>							
<i>Overall</i>									
<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	44	2	2.8	2.0	3.0	0.0	5.0
		<i>Control</i>	44	0	2.9	2.1	3.0	0.0	5.0
		<i>Overall</i>	88	2	2.8	2.0	3.0	0.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	1	3.9	1.6	5.0	0.0	5.0
		<i>Control</i>	19	1	3.5	1.6	4.0	0.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	40	2	3.7	1.6	4.0	0.0	5.0
		<i>Control</i>							
	<i>Overall</i>	<i>Intervention</i>	65	3	3.1	1.9	3.0	0.0	5.0
		<i>Control</i>	63	1	3.1	2.0	4.0	0.0	5.0
		<i>Overall</i>	128	4	3.1	1.9	3.5	0.0	5.0

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>		
<i>When I am watching TV</i>	<i>Site</i>	<i>Randomisation Allocation</i>									
	<i>Durham</i>	<i>Intervention</i>	45	1	5.2	1.4	6.0	1.0	6.0		
		<i>Control</i>	44	0	5.3	1.3	6.0	2.0	6.0		
		<i>Overall</i>	89	1	5.2	1.3	6.0	1.0	6.0		
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>									
		<i>Intervention</i>	20	2	4.8	1.5	5.5	2.0	6.0		
		<i>Control</i>	18	2	4.3	1.7	5.0	1.0	6.0		
	<i>Both sites</i>	<i>Randomisation Allocation</i>									
		<i>Intervention</i>	65	3	5.1	1.4	6.0	1.0	6.0		
		<i>Control</i>	62	2	5.0	1.5	6.0	1.0	6.0		
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
			<i>Durham</i>	<i>Intervention</i>	45	1	0.6	1.4	0.0	0.0	5.0
				<i>Control</i>	44	0	0.7	1.3	0.0	0.0	5.0
		<i>Overall</i>		89	1	0.7	1.3	0.0	0.0	5.0	
		<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
<i>Intervention</i>			20	2	1.7	1.8	1.0	0.0	5.0		
<i>Control</i>			18	2	1.6	1.7	1.0	0.0	5.0		
<i>Both sites</i>		<i>Randomisation Allocation</i>									
		<i>Intervention</i>	65	3	1.0	1.6	0.0	0.0	5.0		
		<i>Control</i>	62	2	1.0	1.5	0.0	0.0	5.0		
		<i>Overall</i>	127	5	1.0	1.5	0.0	0.0	5.0		

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>		
<i>When I am at lunch</i>	<i>Site</i>	<i>Randomisation Allocation</i>									
	<i>Durham</i>	<i>Intervention</i>	45	1	4.4	1.9	5.0	1.0	6.0		
		<i>Control</i>	44	0	5.3	1.4	6.0	1.0	6.0		
		<i>Overall</i>	89	1	4.8	1.7	6.0	1.0	6.0		
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>									
		<i>Intervention</i>	18	4	4.3	1.5	5.0	1.0	6.0		
		<i>Control</i>	18	2	4.1	1.8	4.0	1.0	6.0		
	<i>Both sites</i>	<i>Randomisation Allocation</i>									
		<i>Intervention</i>	63	5	4.4	1.8	5.0	1.0	6.0		
		<i>Control</i>	62	2	4.9	1.6	6.0	1.0	6.0		
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
			<i>Durham</i>	<i>Intervention</i>	45	1	1.5	1.9	0.0	0.0	5.0
				<i>Control</i>	44	0	0.8	1.5	0.0	0.0	5.0
		<i>Overall</i>		89	1	1.1	1.8	0.0	0.0	5.0	
		<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
<i>Intervention</i>			18	4	1.8	1.7	1.0	0.0	5.0		
<i>Control</i>			18	2	1.7	1.9	1.0	0.0	5.0		
<i>Both sites</i>		<i>Randomisation Allocation</i>									
		<i>Intervention</i>	63	5	1.6	1.9	1.0	0.0	5.0		
		<i>Control</i>	62	2	1.1	1.7	0.0	0.0	5.0		
		<i>Overall</i>	125	7	1.3	1.8	0.0	0.0	5.0		

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When I am on the way home from work</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
	<i>Durham</i>	<i>Intervention</i>	26	20	4.9	1.7	6.0	1.0	6.0	
		<i>Control</i>	27	17	4.6	2.0	6.0	1.0	6.0	
		<i>Overall</i>	53	37	4.7	1.8	6.0	1.0	6.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	20	2	4.1	1.3	4.0	1.0	6.0	
		<i>Control</i>	18	2	4.0	1.7	4.0	1.0	6.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	46	22	4.5	1.6	5.0	1.0	6.0	
		<i>Control</i>	45	19	4.4	1.9	5.0	1.0	6.0	
		<i>Overall</i>	91	41	4.5	1.7	5.0	1.0	6.0	
		<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
			<i>Durham</i>	<i>Intervention</i>	26	20	1.4	2.0	0.0	0.0
	<i>Control</i>			27	17	1.3	1.9	0.0	0.0	5.0
	<i>Overall</i>			53	37	1.4	1.9	0.0	0.0	5.0
<i>Edinburgh</i>	<i>Randomisation Allocation</i>									
	<i>Intervention</i>		20	2	2.1	1.8	2.0	0.0	5.0	
	<i>Control</i>		18	2	1.9	1.8	1.0	0.0	5.0	
<i>Both sites</i>	<i>Randomisation Allocation</i>									
	<i>Intervention</i>		46	22	1.7	1.9	1.0	0.0	5.0	
	<i>Control</i>		45	19	1.6	1.9	1.0	0.0	5.0	
	<i>Overall</i>		91	41	1.6	1.9	1.0	0.0	5.0	

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When I am listening to music or reading</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
	<i>Durham</i>	<i>Intervention</i>	45	1	4.7	1.8	6.0	1.0	6.0	
		<i>Control</i>	44	0	4.4	1.9	6.0	1.0	6.0	
		<i>Overall</i>	89	1	4.5	1.9	6.0	1.0	6.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	21	1	4.0	1.4	4.0	2.0	6.0	
		<i>Control</i>	19	1	3.2	1.5	3.0	1.0	6.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	66	2	4.5	1.7	5.0	1.0	6.0	
		<i>Control</i>	63	1	4.0	1.9	4.0	1.0	6.0	
		<i>Overall</i>	129	3	4.3	1.8	4.0	1.0	6.0	
		<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
			<i>Durham</i>	<i>Intervention</i>	45	1	1.3	1.9	0.0	0.0
	<i>Control</i>			44	0	1.7	2.0	0.0	0.0	5.0
	<i>Overall</i>			89	1	1.5	2.0	0.0	0.0	5.0
<i>Edinburgh</i>	<i>Randomisation Allocation</i>									
	<i>Intervention</i>		21	1	1.9	1.8	2.0	0.0	5.0	
	<i>Control</i>		19	1	2.5	1.8	2.0	0.0	5.0	
<i>Both sites</i>	<i>Randomisation Allocation</i>									
	<i>Intervention</i>		66	2	1.5	1.9	0.0	0.0	5.0	
	<i>Control</i>		63	1	1.9	2.0	1.0	0.0	5.0	
	<i>Overall</i>		129	3	1.7	1.9	1.0	0.0	5.0	

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>		
<i>When I am by myself</i>	<i>Site</i>	<i>Randomisation Allocation</i>									
	<i>Durham</i>	<i>Intervention</i>	45	1	4.6	1.9	6.0	1.0	6.0		
		<i>Control</i>	44	0	4.6	1.7	5.5	1.0	6.0		
		<i>Overall</i>	89	1	4.6	1.8	6.0	1.0	6.0		
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>									
		<i>Intervention</i>	21	1	3.8	2.0	4.0	1.0	6.0		
		<i>Control</i>	19	1	3.5	1.8	3.0	1.0	6.0		
	<i>Both sites</i>	<i>Randomisation Allocation</i>									
		<i>Intervention</i>	66	2	4.3	2.0	5.5	1.0	6.0		
		<i>Control</i>	63	1	4.3	1.8	4.0	1.0	6.0		
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
			<i>Durham</i>	<i>Intervention</i>	45	1	1.4	1.9	0.0	0.0	5.0
				<i>Control</i>	44	0	1.6	1.8	1.0	0.0	5.0
		<i>Overall</i>		89	1	1.5	1.9	0.0	0.0	5.0	
		<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
<i>Intervention</i>			21	1	2.3	2.1	2.0	0.0	5.0		
<i>Control</i>			19	1	2.6	1.9	2.0	0.0	5.0		
<i>Both sites</i>		<i>Randomisation Allocation</i>									
		<i>Intervention</i>	66	2	1.7	2.0	0.0	0.0	5.0		
		<i>Control</i>	63	1	1.9	1.9	2.0	0.0	5.0		
		<i>Overall</i>	129	3	1.8	1.9	1.0	0.0	5.0		

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When I have just finished playing sport</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
	<i>Durham</i>	<i>Intervention</i>	27	19	4.9	1.7	6.0	1.0	6.0	
		<i>Control</i>	30	14	4.9	1.8	6.0	1.0	6.0	
		<i>Overall</i>	57	33	4.9	1.7	6.0	1.0	6.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	12	10	4.8	1.3	5.0	3.0	6.0	
		<i>Control</i>	14	6	5.0	1.2	5.5	3.0	6.0	
	<i>Overall</i>	<i>Intervention</i>	26	16	4.9	1.2	5.0	3.0	6.0	
		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	39	29	4.9	1.6	6.0	1.0	6.0	
	<i>Control</i>	<i>Control</i>	44	20	5.0	1.6	6.0	1.0	6.0	
		<i>Overall</i>	83	49	4.9	1.6	6.0	1.0	6.0	
		<i>Randomisation Allocation</i>								
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
		<i>Durham</i>	<i>Intervention</i>	27	19	1.2	1.9	0.0	0.0	5.0
<i>Control</i>			30	14	1.0	1.7	0.0	0.0	5.0	
<i>Overall</i>			57	33	1.1	1.8	0.0	0.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	12	10	1.5	1.7	1.0	0.0	5.0	
		<i>Control</i>	14	6	0.6	1.2	0.0	0.0	4.0	
<i>Overall</i>		<i>Intervention</i>	26	16	1.0	1.5	0.0	0.0	5.0	
		<i>Randomisation Allocation</i>								
		<i>Intervention</i>	39	29	1.3	1.9	0.0	0.0	5.0	
<i>Control</i>		<i>Control</i>	44	20	0.9	1.6	0.0	0.0	5.0	
		<i>Overall</i>	83	49	1.1	1.7	0.0	0.0	5.0	
		<i>Randomisation Allocation</i>								

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>		
<i>When I first arrive home</i>	<i>Site</i>	<i>Randomisation Allocation</i>									
	<i>Durham</i>	<i>Intervention</i>	38	8	5.1	1.6	6.0	1.0	6.0		
		<i>Control</i>	43	1	4.6	1.9	6.0	1.0	6.0		
		<i>Overall</i>	81	9	4.8	1.8	6.0	1.0	6.0		
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>									
		<i>Intervention</i>	20	2	4.1	1.8	4.5	1.0	6.0		
		<i>Control</i>	19	1	4.1	1.9	4.0	1.0	6.0		
	<i>Both sites</i>	<i>Randomisation Allocation</i>									
		<i>Intervention</i>	58	10	4.7	1.7	6.0	1.0	6.0		
		<i>Control</i>	62	2	4.5	1.9	6.0	1.0	6.0		
	<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
			<i>Durham</i>	<i>Intervention</i>	38	8	1.0	1.7	0.0	0.0	5.0
				<i>Control</i>	43	1	1.3	1.9	0.0	0.0	5.0
		<i>Overall</i>		81	9	1.2	1.8	0.0	0.0	5.0	
		<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
<i>Intervention</i>			20	2	1.7	1.9	1.0	0.0	5.0		
<i>Control</i>			19	1	1.8	2.1	1.0	0.0	5.0		
<i>Both sites</i>		<i>Randomisation Allocation</i>									
		<i>Intervention</i>	58	10	1.2	1.8	0.0	0.0	5.0		
		<i>Control</i>	62	2	1.5	1.9	0.0	0.0	5.0		
		<i>Overall</i>	120	12	1.4	1.9	0.0	0.0	5.0		

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>When I feel like celebrating</i>	<i>Site</i>	<i>Randomisation Allocation</i>								
	<i>Durham</i>	<i>Intervention</i>	44	2	2.0	1.6	1.0	1.0	6.0	
		<i>Control</i>	44	0	2.0	1.6	1.0	1.0	6.0	
		<i>Overall</i>	88	2	2.0	1.6	1.0	1.0	6.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	21	1	1.7	0.8	2.0	1.0	4.0	
		<i>Control</i>	19	1	1.7	1.1	1.0	1.0	4.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	65	3	1.9	1.4	1.0	1.0	6.0	
		<i>Control</i>	63	1	1.9	1.4	1.0	1.0	6.0	
	<i>Overall</i>		128	4	1.9	1.4	1.0	1.0	6.0	
		<i>Site</i>	<i>Randomisation Allocation</i>							
		<i>To what extent do you consider this to be a high risk situation for you</i>	<i>Durham</i>	<i>Intervention</i>	44	2	3.9	1.8	5.0	0.0
	<i>Control</i>			44	0	4.1	1.5	5.0	0.0	5.0
	<i>Overall</i>			88	2	4.0	1.7	5.0	0.0	5.0
<i>Edinburgh</i>	<i>Randomisation Allocation</i>									
	<i>Intervention</i>		21	1	3.8	1.5	4.0	0.0	5.0	
	<i>Control</i>		19	1	3.9	1.3	5.0	1.0	5.0	
<i>Both sites</i>	<i>Randomisation Allocation</i>									
	<i>Intervention</i>		65	3	3.8	1.7	5.0	0.0	5.0	
	<i>Control</i>		63	1	4.0	1.5	5.0	0.0	5.0	
<i>Overall</i>			128	4	3.9	1.6	5.0	0.0	5.0	

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>DRSQ Total</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	45	1	72.8	24.8	73.5	22.2	114.0
		<i>Control</i>	44	0	70.8	22.2	69.6	33.8	109.8
		<i>Overall</i>	89	1	71.8	23.4	71.0	22.2	114.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	1	58.5	20.1	55.8	27.1	99.0
		<i>Control</i>	20	0	61.8	24.1	64.5	19.0	90.8
		<i>Overall</i>	41	1	60.1	21.9	61.0	19.0	99.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2	68.2	24.2	67.6	22.2	114.0
		<i>Control</i>	64	0	68.0	23.0	68.6	19.0	109.8
		<i>Overall</i>	130	2	68.1	23.5	68.1	19.0	114.0

Table S3.2: AUDIT: Item scores at baseline (all randomised)

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>How often do you drink alcohol</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	46	0	2.7	1.0	2.0	1.0	4.0
		<i>Control</i>	44	0	2.9	1.0	3.0	1.0	4.0
		<i>Overall</i>	90	0	2.8	1.0	3.0	1.0	4.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	22	0	3.1	1.0	3.5	1.0	4.0
		<i>Control</i>	20	0	3.0	1.2	3.5	1.0	4.0
		<i>Overall</i>	42	0	3.0	1.1	3.5	1.0	4.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	68	0	2.8	1.0	3.0	1.0	4.0
		<i>Control</i>	64	0	2.9	1.1	3.0	1.0	4.0
		<i>Overall</i>	132	0	2.9	1.0	3.0	1.0	4.0

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>How many drinks containing alcohol do you have on a typical day when you are drinking?</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	46	0	3.2	1.0	4.0	1.0	4.0
		<i>Control</i>	44	0	3.6	0.7	4.0	1.0	4.0
		<i>Overall</i>	90	0	3.4	0.9	4.0	1.0	4.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	22	0	3.5	0.9	4.0	1.0	4.0
		<i>Control</i>	20	0	3.3	1.1	4.0	1.0	4.0
		<i>Overall</i>	42	0	3.4	1.0	4.0	1.0	4.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	68	0	3.3	1.0	4.0	1.0	4.0
		<i>Control</i>	64	0	3.5	0.9	4.0	1.0	4.0
		<i>Overall</i>	132	0	3.4	0.9	4.0	1.0	4.0
<i>How often do you have six or more drinks on one occasion?</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	46	0	2.7	0.9	3.0	0.0	4.0
		<i>Control</i>	44	0	2.9	0.9	3.0	1.0	4.0
		<i>Overall</i>	90	0	2.8	0.9	3.0	0.0	4.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	22	0	3.1	1.0	3.0	1.0	4.0
		<i>Control</i>	20	0	3.0	1.0	3.0	1.0	4.0
		<i>Overall</i>	42	0	3.0	1.0	3.0	1.0	4.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	68	0	2.9	1.0	3.0	0.0	4.0
		<i>Control</i>	64	0	2.9	0.9	3.0	1.0	4.0
		<i>Overall</i>	132	0	2.9	1.0	3.0	0.0	4.0

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>How often during the last year have you found that you were not able to stop drinking once you started?</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	46	0	1.5	1.7	1.0	0.0	4.0
		<i>Control</i>	44	0	1.9	1.5	2.0	0.0	4.0
		<i>Overall</i>	90	0	1.7	1.6	1.0	0.0	4.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	22	0	2.4	1.8	3.0	0.0	4.0
		<i>Control</i>	20	0	2.7	1.1	2.5	1.0	4.0
		<i>Overall</i>	42	0	2.5	1.5	3.0	0.0	4.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	68	0	1.8	1.7	1.5	0.0	4.0
		<i>Control</i>	64	0	2.1	1.4	2.0	0.0	4.0
		<i>Overall</i>	132	0	2.0	1.6	2.0	0.0	4.0
<i>How often during the last year have you failed to do what was normally expected of you because of drinking?</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	46	0	1.3	1.4	1.0	0.0	4.0
		<i>Control</i>	44	0	1.6	1.3	2.0	0.0	4.0
		<i>Overall</i>	90	0	1.5	1.3	1.0	0.0	4.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	22	0	2.4	1.6	2.5	0.0	4.0
		<i>Control</i>	20	0	2.2	1.4	3.0	0.0	4.0
		<i>Overall</i>	42	0	2.3	1.5	3.0	0.0	4.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	68	0	1.7	1.5	1.0	0.0	4.0
		<i>Control</i>	64	0	1.8	1.4	2.0	0.0	4.0
		<i>Overall</i>	132	0	1.7	1.4	2.0	0.0	4.0

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	46	0	0.5	1.2	0.0	0.0	4.0
		<i>Control</i>	44	0	0.9	1.5	0.0	0.0	4.0
		<i>Overall</i>	90	0	0.7	1.3	0.0	0.0	4.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	22	0	1.4	1.8	0.0	0.0	4.0
		<i>Control</i>	20	0	1.6	1.7	1.0	0.0	4.0
		<i>Overall</i>	42	0	1.5	1.7	0.5	0.0	4.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	68	0	0.8	1.5	0.0	0.0	4.0
		<i>Control</i>	64	0	1.1	1.6	0.0	0.0	4.0
		<i>Overall</i>	132	0	0.9	1.5	0.0	0.0	4.0
<i>How often during the last year have you been unable to remember the night before because of drinking?</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	46	0	1.9	1.3	2.0	0.0	4.0
		<i>Control</i>	44	0	1.8	1.2	2.0	0.0	4.0
		<i>Overall</i>	90	0	1.9	1.2	2.0	0.0	4.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	22	0	2.1	1.4	2.0	0.0	4.0
		<i>Control</i>	20	0	1.9	1.3	2.0	0.0	4.0
		<i>Overall</i>	42	0	2.0	1.3	2.0	0.0	4.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	68	0	2.0	1.3	2.0	0.0	4.0
		<i>Control</i>	64	0	1.8	1.2	2.0	0.0	4.0
		<i>Overall</i>	132	0	1.9	1.3	2.0	0.0	4.0

Split by group

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>Have you or someone else been injured because of your drinking?</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	46	0	2.3	1.8	2.0	0.0	4.0
		<i>Control</i>	44	0	2.5	1.7	3.0	0.0	4.0
		<i>Overall</i>	90	0	2.4	1.7	2.0	0.0	4.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	22	0	2.7	1.6	4.0	0.0	4.0
		<i>Control</i>	20	0	3.0	1.4	4.0	0.0	4.0
		<i>Overall</i>	42	0	2.9	1.5	4.0	0.0	4.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	68	0	2.4	1.7	2.0	0.0	4.0
		<i>Control</i>	64	0	2.6	1.6	4.0	0.0	4.0
		<i>Overall</i>	132	0	2.5	1.7	4.0	0.0	4.0
<i>Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	46	0	1.8	1.9	2.0	0.0	4.0
		<i>Control</i>	44	0	2.1	1.9	2.0	0.0	4.0
		<i>Overall</i>	90	0	2.0	1.9	2.0	0.0	4.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	22	0	2.5	1.8	4.0	0.0	4.0
		<i>Control</i>	20	0	2.6	1.7	4.0	0.0	4.0
		<i>Overall</i>	42	0	2.5	1.8	4.0	0.0	4.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	68	0	2.0	1.9	2.0	0.0	4.0
		<i>Control</i>	64	0	2.3	1.8	3.0	0.0	4.0
		<i>Overall</i>	132	0	2.2	1.9	2.0	0.0	4.0

Split by group

Table S3.3: AUDIT: Item scores for prisoners who were followed-up

			<i>N</i>	<i>Miss</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>Over the past 6 months, how often have you had a drink containing alcohol?</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	2.9	1.1	3.0	1.0	4.0
		<i>Control</i>	9	0	3.1	1.2	4.0	1.0	4.0
		<i>Overall</i>	18	0	3.0	1.1	3.0	1.0	4.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	1.5	0.7	1.5	1.0	2.0
		<i>Control</i>	1	0	1.0	.	1.0	1.0	1.0
		<i>Overall</i>	3	0	1.3	0.6	1.0	1.0	2.0
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	9	0	2.3	1.7	2.0	0.0	5.0
		<i>Control</i>	9	0	1.7	1.7	1.0	0.0	5.0
		<i>Overall</i>	18	0	2.0	1.7	2.0	0.0	5.0
<i>How many standard drinks containing alcohol do you have on a typical day when you are drinking?</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	3.0	1.3	4.0	1.0	4.0
		<i>Control</i>	9	0	3.6	0.7	4.0	2.0	4.0
		<i>Overall</i>	18	0	3.3	1.1	4.0	1.0	4.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	2.5	2.1	2.5	1.0	4.0
		<i>Control</i>	1	0	4.0	.	4.0	4.0	4.0
		<i>Overall</i>	3	0	3.0	1.7	4.0	1.0	4.0
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	9	0	3.3	2.1	3.0	0.0	6.0
		<i>Control</i>	9	0	2.0	2.2	2.0	0.0	6.0
		<i>Overall</i>	18	0	2.7	2.2	3.0	0.0	6.0

Split by group

			N	Miss	Mean	SD	Median	Min	Max
<i>How often do you have six or more drinks on one occasion?</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	2.7	1.1	2.0	1.0	4.0
		<i>Control</i>	9	0	3.2	0.8	3.0	2.0	4.0
		<i>Overall</i>	18	0	2.9	1.0	3.0	1.0	4.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	0.5	0.7	0.5	0.0	1.0
		<i>Control</i>	1	0	1.0	.	1.0	1.0	1.0
		<i>Overall</i>	3	0	0.7	0.6	1.0	0.0	1.0
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	9	0	1.9	1.5	2.0	0.0	4.0
		<i>Control</i>	8	1	1.4	1.4	1.0	0.0	3.0
		<i>Overall</i>	17	1	1.6	1.5	1.0	0.0	4.0
<i>How often during the last year have you found that you were not able to stop drinking once you started?</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	1.3	2.0	0.0	0.0	4.0
		<i>Control</i>	9	0	2.8	1.3	3.0	0.0	4.0
		<i>Overall</i>	18	0	2.1	1.8	2.5	0.0	4.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	2.0	2.8	2.0	0.0	4.0
		<i>Control</i>	1	0	1.0	.	1.0	1.0	1.0
		<i>Overall</i>	3	0	1.7	2.1	1.0	0.0	4.0
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	1.0	1.9	0.0	0.0	4.0
		<i>Control</i>	6	3	1.5	1.6	1.0	0.0	4.0
		<i>Overall</i>	14	4	1.2	1.7	0.0	0.0	4.0

Split by group

			N	Miss	Mean	SD	Median	Min	Max
<i>How often during the last year have you failed to do what was normally expected of you because of drinking</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	1.8	1.6	1.0	0.0	4.0
		<i>Control</i>	9	0	2.4	1.6	3.0	0.0	4.0
		<i>Overall</i>	18	0	2.1	1.6	2.0	0.0	4.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	2.0	2.8	2.0	0.0	4.0
		<i>Control</i>	1	0	1.0	.	1.0	1.0	1.0
		<i>Overall</i>	3	0	1.7	2.1	1.0	0.0	4.0
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	1.3	1.8	0.0	0.0	4.0
		<i>Control</i>	6	3	0.8	1.2	0.5	0.0	3.0
		<i>Overall</i>	14	4	1.1	1.5	0.0	0.0	4.0
<i>How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	0	0.7	1.3	0.0	0.0	4.0
		<i>Control</i>	9	0	1.4	1.7	1.0	0.0	4.0
		<i>Overall</i>	18	0	1.1	1.5	0.0	0.0	4.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	0.0	0.0	0.0	0.0	0.0
		<i>Control</i>	1	0	0.0	.	0.0	0.0	0.0
		<i>Overall</i>	3	0	0.0	0.0	0.0	0.0	0.0
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	1.4	1.9	0.0	0.0	4.0
		<i>Control</i>	6	3	0.5	0.5	0.5	0.0	1.0
		<i>Overall</i>	14	4	1.0	1.5	0.0	0.0	4.0

Split by group

			N	Miss	Mean	SD	Median	Min	Max
<i>How often during the last year have you had a feeling of guilt or remorse after drinking?</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	0	9
		<i>Control</i>	0	9
		<i>Overall</i>	0	18
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	2.0	2.8	2.0	0.0	4.0
		<i>Control</i>	1	0	1.0	.	1.0	1.0	1.0
	<i>TP2</i>	<i>Overall</i>	3	0	1.7	2.1	1.0	0.0	4.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	1.8	1.9	1.0	0.0	4.0
		<i>Control</i>	6	3	1.0	1.1	1.0	0.0	3.0
		<i>Overall</i>	14	4	1.4	1.6	1.0	0.0	4.0
<i>How often during the last year have you been unable to remember the night before because of drinking?</i>		<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	0	2.0	1.4	2.0	0.0	4.0
		<i>Control</i>	9	0	1.6	1.5	1.0	0.0	4.0
		<i>Overall</i>	18	0	1.8	1.4	1.5	0.0	4.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	0	2.5	2.1	2.5	1.0	4.0
		<i>Control</i>	1	0	1.0	.	1.0	1.0	1.0
	<i>TP2</i>	<i>Overall</i>	3	0	2.0	1.7	1.0	1.0	4.0
		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	1	1.1	1.8	0.0	0.0	4.0
		<i>Control</i>	6	3	0.8	1.2	0.5	0.0	3.0
		<i>Overall</i>	14	4	1.0	1.5	0.0	0.0	4.0

Split by group

			N	Miss	Mean	SD	Median	Min	Max	
<i>Have you or someone else been injured because of your drinking?</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>								
		<i>TP0</i>	<i>Intervention</i>	9	0	1.6	1.9	0.0	0.0	4.0
		<i>Control</i>	9	0	2.0	1.7	2.0	0.0	4.0	
			<i>Overall</i>	18	0	1.8	1.8	2.0	0.0	4.0
	<i>TP1</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	2	0	1.0	1.4	1.0	0.0	2.0	
		<i>Control</i>	1	0	2.0	.	2.0	2.0	2.0	
			<i>Overall</i>	3	0	1.3	1.2	2.0	0.0	2.0
	<i>TP2</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	9	0	2.0	2.0	2.0	0.0	4.0	
		<i>Control</i>	6	3	1.7	1.5	2.0	0.0	4.0	
			<i>Overall</i>	15	3	1.9	1.8	2.0	0.0	4.0
<i>Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>								
		<i>TP0</i>	<i>Intervention</i>	9	0	2.0	1.7	2.0	0.0	4.0
		<i>Control</i>	9	0	2.7	2.0	4.0	0.0	4.0	
			<i>Overall</i>	18	0	2.3	1.8	3.0	0.0	4.0
	<i>TP1</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	2	0	2.0	2.8	2.0	0.0	4.0	
		<i>Control</i>	1	0	2.0	.	2.0	2.0	2.0	
			<i>Overall</i>	3	0	2.0	2.0	2.0	0.0	4.0
	<i>TP2</i>	<i>Randomisation Allocation</i>								
		<i>Intervention</i>	9	0	1.6	1.7	2.0	0.0	4.0	
		<i>Control</i>	6	3	2.3	1.5	2.0	0.0	4.0	
			<i>Overall</i>	15	3	1.9	1.6	2.0	0.0	4.0

Table S3.4: Warwick Edinburgh Mental Well Being Scale: Item scores at baseline (all randomised)

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I've been feeling optimistic about the future</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	46	2.5	1.4	2.5	1.0	5.0	
		<i>Control</i>	44	2.9	1.2	3.0	1.0	5.0	
		<i>Overall</i>	90	2.7	1.3	3.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.0	1.4	3.0	1.0	5.0	
		<i>Control</i>	20	2.9	1.1	3.0	1.0	5.0	
		<i>Overall</i>	41	2.9	1.2	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	67	2.6	1.4	3.0	1.0	5.0	
		<i>Control</i>	64	2.9	1.2	3.0	1.0	5.0	
		<i>Overall</i>	131	2.8	1.3	3.0	1.0	5.0	
	<i>I've been feeling useful</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	46	2.7	1.3	3.0	1.0	5.0
			<i>Control</i>	44	2.7	1.0	3.0	1.0	5.0
		<i>Overall</i>	90	2.7	1.2	3.0	1.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	22	2.5	1.3	2.0	1.0	5.0	
		<i>Control</i>	20	2.7	1.1	3.0	1.0	5.0	
		<i>Overall</i>	42	2.6	1.2	3.0	1.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	68	2.6	1.3	3.0	1.0	5.0	
		<i>Control</i>	64	2.7	1.1	3.0	1.0	5.0	
		<i>Overall</i>	132	2.7	1.2	3.0	1.0	5.0	
<i>I've been feeling relaxed</i>		<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	46	2.0	1.0	2.0	1.0	5.0
			<i>Control</i>	44	2.5	1.0	2.5	1.0	4.0
		<i>Overall</i>	90	2.3	1.0	2.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	22	2.4	1.4	2.5	1.0	5.0	
		<i>Control</i>	20	2.1	0.9	2.0	1.0	4.0	
		<i>Overall</i>	42	2.2	1.2	2.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	68	2.1	1.1	2.0	1.0	5.0	
		<i>Control</i>	64	2.4	1.0	2.0	1.0	4.0	
		<i>Overall</i>	132	2.3	1.1	2.0	1.0	5.0	

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I've been feeling interested in other people</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	46	2.8	1.2	3.0	1.0	5.0
		<i>Control</i>	44	3.0	1.2	3.0	1.0	5.0
		<i>Overall</i>	90	2.9	1.2	3.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	22	3.0	1.2	3.0	1.0	5.0
		<i>Control</i>	20	3.2	1.1	3.0	1.0	5.0
		<i>Overall</i>	42	3.1	1.1	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	68	2.8	1.2	3.0	1.0	5.0
		<i>Control</i>	64	3.1	1.2	3.0	1.0	5.0
		<i>Overall</i>	132	2.9	1.2	3.0	1.0	5.0
<i>I've had energy to spare</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	46	2.4	1.3	2.0	1.0	5.0
		<i>Control</i>	44	2.9	1.3	3.0	1.0	5.0
		<i>Overall</i>	90	2.6	1.3	2.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	22	3.0	1.3	3.0	1.0	5.0
		<i>Control</i>	20	3.0	1.3	3.0	1.0	5.0
		<i>Overall</i>	42	3.0	1.3	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	68	2.6	1.3	2.0	1.0	5.0
		<i>Control</i>	64	2.9	1.3	3.0	1.0	5.0
		<i>Overall</i>	132	2.7	1.3	3.0	1.0	5.0
<i>I've been dealing with problems well</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	46	2.4	1.4	2.0	1.0	5.0
		<i>Control</i>	44	2.8	1.1	3.0	1.0	5.0
		<i>Overall</i>	90	2.6	1.3	2.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	2.9	1.4	3.0	1.0	5.0
		<i>Control</i>	20	2.8	1.1	2.5	1.0	5.0
		<i>Overall</i>	41	2.8	1.2	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	67	2.6	1.4	2.0	1.0	5.0
		<i>Control</i>	64	2.8	1.1	3.0	1.0	5.0
		<i>Overall</i>	131	2.7	1.3	3.0	1.0	5.0

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I've been thinking clearly</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	45	2.2	1.0	2.0	1.0	5.0
		<i>Control</i>	44	2.8	1.2	3.0	1.0	5.0
		<i>Overall</i>	89	2.5	1.1	2.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	3.1	1.4	3.0	1.0	5.0
		<i>Control</i>	20	2.9	1.1	3.0	1.0	5.0
	<i>Overall</i>	<i>Intervention</i>	41	3.0	1.2	3.0	1.0	5.0
		<i>Control</i>						
		<i>Overall</i>						
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	66	2.5	1.2	2.0	1.0	5.0
<i>Control</i>		64	2.8	1.1	3.0	1.0	5.0	
<i>Overall</i>		130	2.6	1.2	3.0	1.0	5.0	
<i>Intervention</i>								
<i>Control</i>								
<i>I've been feeling good about myself</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	46	2.1	1.1	2.0	1.0	5.0
		<i>Control</i>	44	2.7	1.2	3.0	1.0	5.0
		<i>Overall</i>	90	2.4	1.2	2.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	2.6	1.3	3.0	1.0	5.0
		<i>Control</i>	20	2.7	1.2	3.0	1.0	5.0
	<i>Overall</i>	<i>Intervention</i>	41	2.6	1.2	3.0	1.0	5.0
		<i>Control</i>						
		<i>Overall</i>						
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	67	2.3	1.2	2.0	1.0	5.0
<i>Control</i>		64	2.7	1.2	3.0	1.0	5.0	
<i>Overall</i>		131	2.5	1.2	2.0	1.0	5.0	
<i>Intervention</i>								
<i>Control</i>								
<i>I've been feeling close to other people</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	46	2.6	1.3	2.0	1.0	5.0
		<i>Control</i>	44	2.9	1.2	3.0	1.0	5.0
		<i>Overall</i>	90	2.7	1.3	3.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	3.2	1.3	3.0	1.0	5.0
		<i>Control</i>	20	3.2	1.3	4.0	1.0	5.0
	<i>Overall</i>	<i>Intervention</i>	41	3.2	1.3	4.0	1.0	5.0
		<i>Control</i>						
		<i>Overall</i>						
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	67	2.8	1.3	3.0	1.0	5.0
<i>Control</i>		64	3.0	1.2	3.0	1.0	5.0	
<i>Overall</i>		131	2.9	1.3	3.0	1.0	5.0	
<i>Intervention</i>								
<i>Control</i>								

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I've been feeling confident</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	46	2.3	1.3	2.0	1.0	5.0	
		<i>Control</i>	43	2.8	1.2	3.0	1.0	5.0	
		<i>Overall</i>	89	2.6	1.3	2.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	20	3.0	1.3	3.0	1.0	5.0	
		<i>Control</i>	20	2.8	1.2	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.5	1.4	2.0	1.0	5.0	
		<i>Control</i>	63	2.8	1.2	3.0	1.0	5.0	
	<i>I've been able to make up my own mind about things</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	46	3.1	1.4	3.0	1.0	5.0
<i>Control</i>			44	3.8	1.2	4.0	1.0	5.0	
<i>Overall</i>			90	3.4	1.3	3.0	1.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	20	3.6	1.2	3.5	1.0	5.0	
		<i>Control</i>	20	3.8	0.8	4.0	2.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	3.3	1.4	3.0	1.0	5.0	
		<i>Control</i>	64	3.8	1.1	4.0	1.0	5.0	
<i>I've been feeling loved</i>		<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	46	2.7	1.4	3.0	1.0	5.0
	<i>Control</i>		44	2.9	1.2	3.0	1.0	5.0	
	<i>Overall</i>		90	2.8	1.3	3.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.0	1.4	3.0	1.0	5.0	
		<i>Control</i>	20	3.1	1.5	3.5	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	67	2.7	1.4	3.0	1.0	5.0	
		<i>Control</i>	64	2.9	1.3	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	67	2.7	1.4	3.0	1.0	5.0	
<i>Control</i>		64	2.9	1.3	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	67	2.7	1.4	3.0	1.0	5.0		
	<i>Control</i>	64	2.9	1.3	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	67	2.7	1.4	3.0	1.0	5.0		
	<i>Control</i>	64	2.9	1.3	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	67	2.7	1.4	3.0	1.0	5.0		
	<i>Control</i>	64	2.9	1.3	3.0	1.0	5.0		

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I've been interested in new things</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	46	2.6	1.4	3.0	1.0	5.0
		<i>Control</i>	44	3.1	1.2	3.0	1.0	5.0
		<i>Overall</i>	90	2.9	1.3	3.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	20	3.4	1.2	3.0	1.0	5.0
		<i>Control</i>	20	3.4	1.2	4.0	1.0	5.0
		<i>Overall</i>	40	3.4	1.2	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	66	2.8	1.4	3.0	1.0	5.0
		<i>Control</i>	64	3.2	1.2	3.0	1.0	5.0
		<i>Overall</i>	130	3.0	1.3	3.0	1.0	5.0
<i>I've been feeling cheerful</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	46	2.1	1.2	2.0	1.0	5.0
		<i>Control</i>	44	2.6	1.2	2.5	1.0	5.0
		<i>Overall</i>	90	2.3	1.2	2.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	3.1	1.1	3.0	1.0	5.0
		<i>Control</i>	20	3.0	1.1	3.0	1.0	5.0
		<i>Overall</i>	41	3.0	1.1	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	67	2.4	1.3	2.0	1.0	5.0
		<i>Control</i>	64	2.7	1.2	3.0	1.0	5.0
		<i>Overall</i>	131	2.6	1.2	3.0	1.0	5.0

Table S3.5: Warwick Edinburgh Mental Well Being Scale: Item scores for prisoners who were followed-up

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I've been feeling optimistic (positive) about the future</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	8	3.1	0.6	3.0	2.0	4.0
		<i>Control</i>	9	2.6	0.9	3.0	1.0	4.0
		<i>Overall</i>	17	2.8	0.8	3.0	1.0	4.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	2	3.5	0.7	3.5	3.0	4.0
		<i>Control</i>	1	2.0	.	2.0	2.0	2.0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	3.0	1.3	3.0	1.0	5.0
		<i>Control</i>	9	3.8	0.8	4.0	3.0	5.0
	<i>TP2</i>	<i>Overall</i>	17	3.4	1.1	3.0	1.0	5.0
		<i>Timepoint</i>	<i>Randomisation Allocation</i>					
		<i>TP0</i>	<i>Intervention</i>	9	3.1	1.3	3.0	1.0
	<i>Control</i>		9	2.9	0.6	3.0	2.0	4.0
	<i>Overall</i>		18	3.0	1.0	3.0	1.0	5.0
<i>TP1</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	2	3.5	0.7	3.5	3.0	4.0	
	<i>Control</i>	1	3.0	.	3.0	3.0	3.0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	3	3.3	0.6	3.0	3.0	4.0	
	<i>Overall</i>	3	3.3	0.6	3.0	3.0	4.0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	8	2.9	1.5	3.0	1.0	5.0	
	<i>Control</i>	9	3.1	0.9	3.0	2.0	5.0	
<i>TP2</i>	<i>Overall</i>	17	3.0	1.2	3.0	1.0	5.0	
	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	2.7	1.3	3.0	1.0	5.0
<i>Control</i>		9	2.4	1.0	3.0	1.0	4.0	
<i>Overall</i>		18	2.6	1.1	3.0	1.0	5.0	
<i>TP1</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	2	4.0	0.0	4.0	4.0	4.0	
	<i>Control</i>	1	4.0	.	4.0	4.0	4.0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	3	4.0	0.0	4.0	4.0	4.0	
	<i>Overall</i>	3	4.0	0.0	4.0	4.0	4.0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	8	3.0	1.4	3.0	1.0	5.0	
	<i>Control</i>	9	3.4	0.5	3.0	3.0	4.0	
<i>TP2</i>	<i>Overall</i>	17	3.2	1.0	3.0	1.0	5.0	

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I've been feeling interested in other people</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	3.4	1.1	4.0	1.0	5.0	
		<i>Control</i>	9	3.4	1.0	4.0	2.0	5.0	
		<i>Overall</i>	18	3.4	1.0	4.0	1.0	5.0	
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	4.0	0.0	4.0	4.0	4.0	
		<i>Control</i>	1	4.0	.	4.0	4.0	4.0	
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	3.4	1.4	3.5	1.0	5.0	
		<i>Control</i>	9	3.3	0.7	3.0	2.0	4.0	
	<i>Overall</i>		17	3.4	1.1	3.0	1.0	5.0	
		<i>Timepoint</i>	<i>Randomisation Allocation</i>						
		<i>TP0</i>	<i>Intervention</i>	9	3.4	1.1	3.0	2.0	5.0
	<i>Control</i>		9	3.0	1.3	3.0	1.0	5.0	
	<i>Overall</i>		18	3.2	1.2	3.0	1.0	5.0	
<i>TP1</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	2	4.0	0.0	4.0	4.0	4.0		
	<i>Control</i>	1	4.0	.	4.0	4.0	4.0		
<i>TP2</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	3	4.0	0.0	4.0	4.0	4.0		
	<i>Overall</i>	17	3.1	1.2	3.0	1.0	5.0		
<i>I've had energy to spare</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	3.3	1.3	3.0	1.0	5.0	
		<i>Control</i>	9	3.1	1.1	3.0	2.0	5.0	
		<i>Overall</i>	18	3.2	1.2	3.0	1.0	5.0	
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	2	4.0	0.0	4.0	4.0	4.0	
		<i>Control</i>	1	4.0	.	4.0	4.0	4.0	
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	3	4.0	0.0	4.0	4.0	4.0	
		<i>Overall</i>	17	3.5	1.2	3.0	1.0	5.0	
	<i>I've been dealing with problems well</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
		<i>TP0</i>	<i>Intervention</i>	8	3.5	1.4	4.0	1.0	5.0
			<i>Control</i>	9	2.8	0.8	3.0	2.0	4.0
			<i>Overall</i>	17	3.1	1.2	3.0	1.0	5.0
		<i>TP1</i>	<i>Randomisation Allocation</i>						
<i>Intervention</i>			8	3.5	1.1	4.0	2.0	5.0	
<i>Control</i>			9	3.4	1.0	4.0	2.0	5.0	
<i>TP2</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	3.5	1.1	4.0	2.0	5.0	
		<i>Control</i>	9	3.4	1.0	4.0	2.0	5.0	
<i>Overall</i>			17	3.5	1.0	4.0	2.0	5.0	

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I've been thinking clearly</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	3.6	1.0	3.0	2.0	5.0
		<i>Control</i>	9	3.0	1.0	3.0	2.0	4.0
		<i>Overall</i>	18	3.3	1.0	3.0	2.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	2	4.5	0.7	4.5	4.0	5.0
		<i>Control</i>	1	4.0	.	4.0	4.0	4.0
	<i>TP2</i>	<i>Overall</i>	3	4.3	0.6	4.0	4.0	5.0
		<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	3.4	1.1	3.5	2.0	5.0
		<i>Control</i>	9	3.6	1.0	4.0	2.0	5.0
		<i>Overall</i>	17	3.5	1.0	4.0	2.0	5.0
<i>Timepoint</i>		<i>Randomisation Allocation</i>						
<i>I've been feeling good about myself</i>	<i>TP0</i>	<i>Intervention</i>	9	2.9	1.2	3.0	1.0	5.0
		<i>Control</i>	9	2.7	1.3	2.0	1.0	4.0
		<i>Overall</i>	18	2.8	1.2	3.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	2	4.0	0.0	4.0	4.0	4.0
		<i>Control</i>	1	4.0	.	4.0	4.0	4.0
	<i>TP2</i>	<i>Overall</i>	3	4.0	0.0	4.0	4.0	4.0
		<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	2.6	1.1	2.5	1.0	4.0
		<i>Control</i>	9	3.3	1.2	4.0	1.0	5.0
		<i>Overall</i>	17	3.0	1.2	3.0	1.0	5.0
		<i>Timepoint</i>	<i>Randomisation Allocation</i>					
<i>I've been feeling close to other people</i>	<i>TP0</i>	<i>Intervention</i>	9	3.1	1.2	3.0	1.0	5.0
		<i>Control</i>	9	3.2	1.2	4.0	1.0	4.0
		<i>Overall</i>	18	3.2	1.2	3.5	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	2	4.0	0.0	4.0	4.0	4.0
		<i>Control</i>	1	4.0	.	4.0	4.0	4.0
	<i>TP2</i>	<i>Overall</i>	3	4.0	0.0	4.0	4.0	4.0
		<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	3.1	1.2	4.0	1.0	4.0
		<i>Control</i>	9	3.3	1.2	3.0	2.0	5.0
		<i>Overall</i>	17	3.2	1.2	4.0	1.0	5.0

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I've been feeling confident</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	3.1	0.9	3.0	2.0	5.0
		<i>Control</i>	9	2.8	1.2	3.0	1.0	4.0
		<i>Overall</i>	18	2.9	1.1	3.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	2	4.0	0.0	4.0	4.0	4.0
		<i>Control</i>	1	4.0	.	4.0	4.0	4.0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	3.1	1.6	4.0	1.0	5.0
		<i>Control</i>	9	3.3	0.9	3.0	2.0	5.0
	<i>Overall</i>		17	3.2	1.2	3.0	1.0	5.0
		<i>Timepoint</i>	<i>Randomisation Allocation</i>					
<i>TP0</i>		<i>Intervention</i>	9	3.9	0.8	4.0	3.0	5.0
	<i>Control</i>	9	3.7	0.9	4.0	2.0	5.0	
	<i>Overall</i>	18	3.8	0.8	4.0	2.0	5.0	
<i>TP1</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	2	4.0	0.0	4.0	4.0	4.0	
	<i>Control</i>	0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	2	4.0	0.0	4.0	4.0	4.0	
	<i>Overall</i>	2	4.0	0.0	4.0	4.0	4.0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	8	3.4	1.3	4.0	1.0	5.0	
	<i>Control</i>	8	3.8	1.3	4.0	1.0	5.0	
<i>Overall</i>		16	3.6	1.3	4.0	1.0	5.0	
	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	3.6	1.1	4.0	2.0	5.0
<i>Control</i>		9	3.2	1.1	4.0	1.0	4.0	
<i>Overall</i>		18	3.4	1.1	4.0	1.0	5.0	
<i>TP1</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	2	3.5	0.7	3.5	3.0	4.0	
	<i>Control</i>	1	4.0	.	4.0	4.0	4.0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	3	3.7	0.6	4.0	3.0	4.0	
	<i>Overall</i>	3	3.7	0.6	4.0	3.0	4.0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	8	3.5	1.4	4.0	1.0	5.0	
	<i>Control</i>	9	3.8	1.1	4.0	2.0	5.0	
<i>Overall</i>		17	3.6	1.2	4.0	1.0	5.0	

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I've been interested in new things</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	3.3	1.1	3.0	2.0	5.0
		<i>Control</i>	9	3.3	1.2	4.0	1.0	5.0
		<i>Overall</i>	18	3.3	1.1	3.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	2	4.0	0.0	4.0	4.0	4.0
		<i>Control</i>	1	4.0	.	4.0	4.0	4.0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	3.1	1.1	3.5	1.0	4.0
		<i>Control</i>	9	3.2	1.0	4.0	2.0	4.0
	<i>Overall</i>		17	3.2	1.0	4.0	1.0	4.0
		<i>Timepoint</i>	<i>Randomisation Allocation</i>					
<i>TP0</i>		<i>Intervention</i>	9	3.2	1.0	3.0	2.0	5.0
	<i>Control</i>	9	2.9	1.1	3.0	1.0	4.0	
	<i>Overall</i>	18	3.1	1.0	3.0	1.0	5.0	
<i>TP1</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	2	4.0	0.0	4.0	4.0	4.0	
	<i>Control</i>	1	4.0	.	4.0	4.0	4.0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	8	2.8	1.0	3.0	1.0	4.0	
	<i>Control</i>	9	3.6	0.9	4.0	2.0	5.0	
<i>Overall</i>		17	3.2	1.0	3.0	1.0	5.0	

Table S3.6: Negative Alcohol Expectancy Questionnaire: Item scores at baseline (all randomised)

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would become argumentative</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	43	2.4	1.3	3.0	1.0	5.0
		<i>Control</i>	44	2.6	1.3	2.5	1.0	5.0
		<i>Overall</i>	87	2.5	1.3	3.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	2.7	1.2	3.0	1.0	5.0
		<i>Control</i>	20	2.7	1.1	3.0	1.0	5.0
		<i>Overall</i>	41	2.7	1.1	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	64	2.5	1.2	3.0	1.0	5.0
		<i>Control</i>	64	2.6	1.3	3.0	1.0	5.0
		<i>Overall</i>	128	2.6	1.2	3.0	1.0	5.0
<i>I would become aggressive</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	44	2.3	1.2	3.0	1.0	5.0
		<i>Control</i>	44	2.4	1.3	2.0	1.0	5.0
		<i>Overall</i>	88	2.4	1.3	2.5	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	2.4	1.0	2.0	1.0	4.0
		<i>Control</i>	20	2.6	1.0	3.0	1.0	5.0
		<i>Overall</i>	41	2.5	1.0	2.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	65	2.3	1.2	2.0	1.0	5.0
		<i>Control</i>	64	2.5	1.2	2.5	1.0	5.0
		<i>Overall</i>	129	2.4	1.2	2.0	1.0	5.0
<i>I would become violent</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	44	2.3	1.1	2.0	1.0	5.0
		<i>Control</i>	44	2.3	1.3	2.0	1.0	5.0
		<i>Overall</i>	88	2.3	1.2	2.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	2.2	1.1	2.0	1.0	4.0
		<i>Control</i>	20	2.5	1.1	2.0	1.0	5.0
		<i>Overall</i>	41	2.3	1.1	2.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	65	2.3	1.1	2.0	1.0	5.0
		<i>Control</i>	64	2.4	1.2	2.0	1.0	5.0
		<i>Overall</i>	129	2.3	1.1	2.0	1.0	5.0

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would become anxious</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	45	2.2	1.2	2.0	1.0	5.0	
		<i>Control</i>	44	2.5	1.2	2.5	1.0	5.0	
		<i>Overall</i>	89	2.4	1.2	2.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	2.8	1.2	3.0	1.0	5.0	
		<i>Control</i>	20	2.7	1.3	2.5	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.4	1.2	2.0	1.0	5.0	
		<i>Control</i>	64	2.6	1.3	2.5	1.0	5.0	
	<i>I would have an accident</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.3	1.0	3.0	1.0	5.0
<i>Control</i>			44	2.2	1.2	2.0	1.0	5.0	
<i>Overall</i>			89	2.3	1.1	2.0	1.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.0	0.9	3.0	2.0	5.0	
		<i>Control</i>	20	3.0	1.1	3.0	1.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.5	1.0	3.0	1.0	5.0	
		<i>Control</i>	64	2.5	1.2	2.0	1.0	5.0	
<i>I would become depressed</i>		<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.3	1.2	2.0	1.0	5.0
	<i>Control</i>		44	2.6	1.5	2.0	1.0	5.0	
	<i>Overall</i>		89	2.5	1.4	2.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	2.8	1.2	3.0	1.0	5.0	
		<i>Control</i>	20	3.0	1.2	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.5	1.2	2.0	1.0	5.0	
		<i>Control</i>	64	2.7	1.5	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.5	1.2	2.0	1.0	5.0	
<i>Control</i>		64	2.7	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	2.5	1.2	2.0	1.0	5.0		
	<i>Control</i>	64	2.7	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	2.5	1.2	2.0	1.0	5.0		
	<i>Control</i>	64	2.7	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	2.5	1.2	2.0	1.0	5.0		
	<i>Control</i>	64	2.7	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	2.5	1.2	2.0	1.0	5.0		
	<i>Control</i>	64	2.7	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	2.5	1.2	2.0	1.0	5.0		
	<i>Control</i>	64	2.7	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	2.5	1.2	2.0	1.0	5.0		
	<i>Control</i>	64	2.7	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	2.5	1.2	2.0	1.0	5.0		
	<i>Control</i>	64	2.7	1.5	3.0	1.0	5.0		

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would get drunk</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	45	3.6	1.4	4.0	1.0	5.0	
		<i>Control</i>	44	4.0	1.3	4.5	1.0	5.0	
		<i>Overall</i>	89	3.8	1.3	4.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	20	4.4	1.1	5.0	1.0	5.0	
		<i>Control</i>	20	4.4	1.0	5.0	2.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	65	3.9	1.3	4.0	1.0	5.0	
		<i>Control</i>	64	4.1	1.2	5.0	1.0	5.0	
	<i>I would get in a fight</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.4	1.2	3.0	1.0	5.0
<i>Control</i>			44	2.4	1.4	2.0	1.0	5.0	
<i>Overall</i>			89	2.4	1.3	2.0	1.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	2.6	0.9	3.0	1.0	4.0	
		<i>Control</i>	19	2.7	0.9	3.0	1.0	4.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.4	1.1	3.0	1.0	5.0	
		<i>Control</i>	63	2.5	1.3	2.0	1.0	5.0	
<i>I would have memory lapses</i>		<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.9	1.5	3.0	1.0	5.0
	<i>Control</i>		44	2.8	1.4	3.0	1.0	5.0	
	<i>Overall</i>		89	2.8	1.4	3.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	20	3.5	1.3	4.0	1.0	5.0	
		<i>Control</i>	19	3.3	1.3	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	65	3.0	1.4	3.0	1.0	5.0	
		<i>Control</i>	63	2.9	1.4	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	65	3.0	1.4	3.0	1.0	5.0	
<i>Control</i>		63	2.9	1.4	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	65	3.0	1.4	3.0	1.0	5.0		
	<i>Control</i>	63	2.9	1.4	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	65	3.0	1.4	3.0	1.0	5.0		
	<i>Control</i>	63	2.9	1.4	3.0	1.0	5.0		

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would lie about how much I had to drink</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	45	2.0	1.3	1.0	1.0	5.0
		<i>Control</i>	44	2.5	1.5	2.0	1.0	5.0
		<i>Overall</i>	89	2.2	1.4	2.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	2.6	1.5	2.0	1.0	5.0
		<i>Control</i>	20	3.2	1.6	4.0	1.0	5.0
		<i>Overall</i>	41	2.9	1.5	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	66	2.2	1.4	2.0	1.0	5.0
		<i>Control</i>	64	2.7	1.5	3.0	1.0	5.0
		<i>Overall</i>	130	2.4	1.5	2.0	1.0	5.0
<i>I would end up in jail</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	45	2.6	1.4	3.0	1.0	5.0
		<i>Control</i>	44	2.8	1.4	3.0	1.0	5.0
		<i>Overall</i>	89	2.7	1.4	3.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	3.0	1.1	3.0	1.0	5.0
		<i>Control</i>	19	3.4	1.0	3.0	1.0	5.0
		<i>Overall</i>	40	3.2	1.1	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	66	2.7	1.3	3.0	1.0	5.0
		<i>Control</i>	63	3.0	1.3	3.0	1.0	5.0
		<i>Overall</i>	129	2.8	1.3	3.0	1.0	5.0
<i>I would argue with my spouse</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	31	2.4	1.4	3.0	1.0	5.0
		<i>Control</i>	33	2.5	1.4	2.0	1.0	5.0
		<i>Overall</i>	64	2.5	1.4	2.5	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	20	2.9	1.1	3.0	1.0	4.0
		<i>Control</i>	19	2.8	1.0	3.0	1.0	4.0
		<i>Overall</i>	39	2.8	1.0	3.0	1.0	4.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	51	2.6	1.3	3.0	1.0	5.0
		<i>Control</i>	52	2.6	1.3	3.0	1.0	5.0
		<i>Overall</i>	103	2.6	1.3	3.0	1.0	5.0

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would have difficulty sleeping</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	45	2.0	1.4	1.0	1.0	5.0
		<i>Control</i>	44	2.5	1.6	2.0	1.0	5.0
		<i>Overall</i>	89	2.3	1.5	2.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	20	2.4	1.3	2.0	1.0	5.0
		<i>Control</i>	18	3.1	1.3	2.5	1.0	5.0
		<i>Overall</i>	38	2.7	1.3	2.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	65	2.1	1.4	2.0	1.0	5.0
		<i>Control</i>	62	2.7	1.5	2.0	1.0	5.0
		<i>Overall</i>	127	2.4	1.5	2.0	1.0	5.0
<i>I would wet the bed</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	44	1.4	0.8	1.0	1.0	4.0
		<i>Control</i>	44	1.3	0.7	1.0	1.0	5.0
		<i>Overall</i>	88	1.4	0.8	1.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	1.7	1.0	1.0	1.0	5.0
		<i>Control</i>	19	1.6	0.8	1.0	1.0	4.0
		<i>Overall</i>	40	1.6	0.9	1.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	65	1.5	0.9	1.0	1.0	5.0
		<i>Control</i>	63	1.4	0.8	1.0	1.0	5.0
		<i>Overall</i>	128	1.4	0.8	1.0	1.0	5.0
<i>I would become boastful</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	45	2.3	1.4	2.0	1.0	5.0
		<i>Control</i>	44	2.3	1.4	2.0	1.0	5.0
		<i>Overall</i>	89	2.3	1.4	2.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	2.7	1.1	3.0	1.0	5.0
		<i>Control</i>	20	3.4	1.0	3.5	1.0	5.0
		<i>Overall</i>	41	3.0	1.1	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	66	2.4	1.3	2.0	1.0	5.0
		<i>Control</i>	64	2.7	1.3	3.0	1.0	5.0
		<i>Overall</i>	130	2.6	1.3	3.0	1.0	5.0

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would borrow money</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	45	2.4	1.4	2.0	1.0	5.0	
		<i>Control</i>	44	2.4	1.4	3.0	1.0	5.0	
		<i>Overall</i>	89	2.4	1.4	3.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	2.5	1.2	2.0	1.0	5.0	
		<i>Control</i>	20	3.0	1.4	2.5	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.4	1.3	2.0	1.0	5.0	
		<i>Control</i>	64	2.6	1.4	3.0	1.0	5.0	
	<i>I would consider taking other drugs</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	44	3.0	1.6	3.0	1.0	5.0
<i>Control</i>			44	3.0	1.7	3.0	1.0	5.0	
<i>Overall</i>			88	3.0	1.6	3.0	1.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.7	1.4	4.0	1.0	5.0	
		<i>Control</i>	19	3.6	1.3	4.0	1.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	65	3.2	1.5	3.0	1.0	5.0	
		<i>Control</i>	63	3.2	1.6	3.0	1.0	5.0	
<i>I would take other drugs</i>		<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	3.4	1.5	4.0	1.0	5.0
	<i>Control</i>		44	3.2	1.6	3.0	1.0	5.0	
	<i>Overall</i>		89	3.3	1.6	3.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.7	1.3	4.0	1.0	5.0	
		<i>Control</i>	19	3.5	1.4	4.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	3.5	1.4	4.0	1.0	5.0	
		<i>Control</i>	63	3.3	1.6	4.0	1.0	5.0	
	<i>Both sites</i>	<i>Overall</i>	129	3.4	1.5	4.0	1.0	5.0	

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would lose my driving license</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	29	2.2	1.6	1.0	1.0	5.0	
		<i>Control</i>	30	2.4	1.6	1.5	1.0	5.0	
		<i>Overall</i>	59	2.3	1.6	1.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	12	2.2	1.2	2.0	1.0	5.0	
		<i>Control</i>	9	2.4	1.7	2.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	41	2.2	1.5	2.0	1.0	5.0	
		<i>Control</i>	39	2.4	1.6	2.0	1.0	5.0	
	<i>I would drink more than others in my company</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.9	1.5	3.0	1.0	5.0
<i>Control</i>			44	3.2	1.5	3.0	1.0	5.0	
<i>Overall</i>			89	3.0	1.5	3.0	1.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.6	1.3	4.0	1.0	5.0	
		<i>Control</i>	19	3.7	1.3	4.0	1.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	3.1	1.5	3.0	1.0	5.0	
		<i>Control</i>	63	3.3	1.4	3.0	1.0	5.0	
<i>I would have difficulty in stopping drinking</i>		<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.7	1.6	2.0	1.0	5.0
	<i>Control</i>		44	3.2	1.6	3.0	1.0	5.0	
	<i>Overall</i>		89	2.9	1.6	3.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.7	1.5	4.0	1.0	5.0	
		<i>Control</i>	19	3.8	1.1	4.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	3.0	1.6	3.0	1.0	5.0	
		<i>Control</i>	63	3.3	1.5	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	3.0	1.6	3.0	1.0	5.0	
<i>Control</i>		63	3.3	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	3.0	1.6	3.0	1.0	5.0		
	<i>Control</i>	63	3.3	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	3.0	1.6	3.0	1.0	5.0		
	<i>Control</i>	63	3.3	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	3.0	1.6	3.0	1.0	5.0		
	<i>Control</i>	63	3.3	1.5	3.0	1.0	5.0		

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would miss work</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	32	2.4	1.4	3.0	1.0	5.0	
		<i>Control</i>	30	2.8	1.8	2.0	1.0	5.0	
		<i>Overall</i>	62	2.6	1.6	2.5	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	20	3.2	1.4	3.0	1.0	5.0	
		<i>Control</i>	19	3.5	1.3	4.0	2.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	52	2.7	1.4	3.0	1.0	5.0	
		<i>Control</i>	49	3.1	1.7	3.0	1.0	5.0	
	<i>I would have 'the shakes'</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	44	1.7	1.1	1.0	1.0	5.0
<i>Control</i>			44	2.2	1.6	1.0	1.0	5.0	
<i>Overall</i>			88	1.9	1.4	1.0	1.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	20	2.7	1.5	2.0	1.0	5.0	
		<i>Control</i>	19	3.1	1.6	4.0	1.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	64	2.0	1.4	1.0	1.0	5.0	
		<i>Control</i>	63	2.5	1.6	2.0	1.0	5.0	
<i>I would have 'the sweats'</i>		<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	1.9	1.2	1.0	1.0	5.0
	<i>Control</i>		44	2.5	1.6	2.0	1.0	5.0	
	<i>Overall</i>		89	2.2	1.4	1.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.0	1.5	3.0	1.0	5.0	
		<i>Control</i>	19	3.5	1.2	4.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.2	1.4	2.0	1.0	5.0	
		<i>Control</i>	63	2.8	1.6	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Overall</i>	129	2.5	1.5	2.0	1.0	5.0	

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would have a hangover</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	45	3.1	1.4	3.0	1.0	5.0
		<i>Control</i>	44	3.5	1.5	4.0	1.0	5.0
		<i>Overall</i>	89	3.3	1.5	3.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	3.3	1.5	4.0	1.0	5.0
		<i>Control</i>	19	3.7	1.2	4.0	1.0	5.0
		<i>Overall</i>	40	3.5	1.4	4.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	66	3.2	1.4	3.0	1.0	5.0
		<i>Control</i>	63	3.6	1.4	4.0	1.0	5.0
		<i>Overall</i>	129	3.4	1.4	4.0	1.0	5.0
<i>I would feel depressed</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	45	2.6	1.4	3.0	1.0	5.0
		<i>Control</i>	44	3.0	1.5	3.0	1.0	5.0
		<i>Overall</i>	89	2.8	1.5	3.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	3.1	1.2	3.0	1.0	5.0
		<i>Control</i>	19	3.7	1.3	4.0	1.0	5.0
		<i>Overall</i>	40	3.4	1.3	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	66	2.8	1.3	3.0	1.0	5.0
		<i>Control</i>	63	3.2	1.5	3.0	1.0	5.0
		<i>Overall</i>	129	3.0	1.4	3.0	1.0	5.0
<i>I would have low self-esteem</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	45	2.7	1.4	3.0	1.0	5.0
		<i>Control</i>	44	3.0	1.6	3.0	1.0	5.0
		<i>Overall</i>	89	2.8	1.5	3.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	3.2	1.4	3.0	1.0	5.0
		<i>Control</i>	19	3.7	1.2	4.0	2.0	5.0
		<i>Overall</i>	40	3.5	1.3	4.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	66	2.8	1.4	3.0	1.0	5.0
		<i>Control</i>	63	3.2	1.5	3.0	1.0	5.0
		<i>Overall</i>	129	3.0	1.5	3.0	1.0	5.0

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would crave a drink</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	45	2.2	1.4	2.0	1.0	5.0	
		<i>Control</i>	44	2.4	1.6	2.0	1.0	5.0	
		<i>Overall</i>	89	2.3	1.5	2.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.2	1.6	3.0	1.0	5.0	
		<i>Control</i>	19	3.2	1.5	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.5	1.5	2.0	1.0	5.0	
		<i>Control</i>	63	2.7	1.6	3.0	1.0	5.0	
	<i>I would have difficulty sleeping</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.0	1.3	1.0	1.0	5.0
<i>Control</i>			44	2.6	1.7	2.0	1.0	5.0	
<i>Overall</i>			89	2.3	1.5	2.0	1.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	20	3.2	1.5	3.5	1.0	5.0	
		<i>Control</i>	19	2.8	1.6	2.0	1.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	65	2.4	1.5	2.0	1.0	5.0	
		<i>Control</i>	63	2.7	1.6	2.0	1.0	5.0	
<i>I would feel generally ill</i>		<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.6	1.4	3.0	1.0	5.0
	<i>Control</i>		44	3.0	1.5	3.0	1.0	5.0	
	<i>Overall</i>		89	2.8	1.4	3.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.2	1.2	3.0	1.0	5.0	
		<i>Control</i>	19	4.0	1.2	4.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.8	1.4	3.0	1.0	5.0	
		<i>Control</i>	63	3.3	1.5	4.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.8	1.4	3.0	1.0	5.0	
<i>Control</i>		63	3.3	1.5	4.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	2.8	1.4	3.0	1.0	5.0		
	<i>Control</i>	63	3.3	1.5	4.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	2.8	1.4	3.0	1.0	5.0		
	<i>Control</i>	63	3.3	1.5	4.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	2.8	1.4	3.0	1.0	5.0		
	<i>Control</i>	63	3.3	1.5	4.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	2.8	1.4	3.0	1.0	5.0		
	<i>Control</i>	63	3.3	1.5	4.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	2.8	1.4	3.0	1.0	5.0		
	<i>Control</i>	63	3.3	1.5	4.0	1.0	5.0		

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would feel frightened</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	45	2.0	1.3	1.0	1.0	5.0	
		<i>Control</i>	44	1.9	1.3	1.0	1.0	5.0	
		<i>Overall</i>	89	1.9	1.3	1.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	2.6	1.4	2.0	1.0	5.0	
		<i>Control</i>	19	2.6	1.0	3.0	1.0	4.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.2	1.3	2.0	1.0	5.0	
		<i>Control</i>	63	2.1	1.3	2.0	1.0	5.0	
	<i>I would feel guilty</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.2	1.3	2.0	1.0	5.0
<i>Control</i>			44	2.7	1.5	3.0	1.0	5.0	
<i>Overall</i>			89	2.4	1.4	2.0	1.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	2.9	1.3	3.0	1.0	5.0	
		<i>Control</i>	19	3.2	1.3	3.0	1.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.4	1.3	2.0	1.0	5.0	
		<i>Control</i>	63	2.8	1.5	3.0	1.0	5.0	
<i>I would feel remorseful</i>		<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.2	1.3	2.0	1.0	5.0
	<i>Control</i>		43	2.6	1.5	2.0	1.0	5.0	
	<i>Overall</i>		88	2.4	1.4	2.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	2.9	1.3	2.0	1.0	5.0	
		<i>Control</i>	19	3.6	1.2	4.0	2.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.4	1.3	2.0	1.0	5.0	
		<i>Control</i>	62	2.9	1.5	3.0	1.0	5.0	
		<i>Overall</i>	128	2.7	1.4	3.0	1.0	5.0	

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would feel anxious</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	45	2.5	1.5	2.0	1.0	5.0	
		<i>Control</i>	44	2.7	1.5	3.0	1.0	5.0	
		<i>Overall</i>	89	2.6	1.5	3.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.4	1.3	4.0	1.0	5.0	
		<i>Control</i>	19	3.6	1.0	4.0	2.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.8	1.5	3.0	1.0	5.0	
		<i>Control</i>	63	3.0	1.4	3.0	1.0	5.0	
	<i>I would be shy of meeting people</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	1.9	1.3	1.0	1.0	5.0
<i>Control</i>			43	2.3	1.4	2.0	1.0	5.0	
<i>Overall</i>			88	2.1	1.3	1.0	1.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.0	1.2	3.0	1.0	5.0	
		<i>Control</i>	19	3.3	1.4	4.0	1.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.2	1.4	2.0	1.0	5.0	
		<i>Control</i>	62	2.6	1.5	2.0	1.0	5.0	
<i>I would feel restless</i>		<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.2	1.4	1.0	1.0	5.0
	<i>Control</i>		44	2.7	1.5	2.5	1.0	5.0	
	<i>Overall</i>		89	2.4	1.5	2.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	20	3.4	1.1	3.0	1.0	5.0	
		<i>Control</i>	19	3.6	1.2	4.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	65	2.5	1.4	3.0	1.0	5.0	
		<i>Control</i>	63	3.0	1.5	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	65	2.5	1.4	3.0	1.0	5.0	
<i>Control</i>		63	3.0	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	65	2.5	1.4	3.0	1.0	5.0		
	<i>Control</i>	63	3.0	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	65	2.5	1.4	3.0	1.0	5.0		
	<i>Control</i>	63	3.0	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	65	2.5	1.4	3.0	1.0	5.0		
	<i>Control</i>	63	3.0	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	65	2.5	1.4	3.0	1.0	5.0		
	<i>Control</i>	63	3.0	1.5	3.0	1.0	5.0		

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would be sick</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	45	2.2	1.4	1.0	1.0	5.0	
		<i>Control</i>	44	2.5	1.5	2.0	1.0	5.0	
		<i>Overall</i>	89	2.4	1.4	2.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	2.6	1.2	3.0	1.0	5.0	
		<i>Control</i>	19	2.9	1.6	2.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.3	1.3	2.0	1.0	5.0	
		<i>Control</i>	63	2.7	1.5	2.0	1.0	5.0	
	<i>I would be unable to eat</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.4	1.5	2.0	1.0	5.0
<i>Control</i>			44	2.4	1.5	2.0	1.0	5.0	
<i>Overall</i>			89	2.4	1.5	2.0	1.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	2.7	1.5	3.0	1.0	5.0	
		<i>Control</i>	19	3.1	1.2	3.0	1.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.5	1.5	2.5	1.0	5.0	
		<i>Control</i>	63	2.6	1.5	2.0	1.0	5.0	
<i>I would go on a binge</i>		<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.8	1.7	3.0	1.0	5.0
	<i>Control</i>		44	3.1	1.6	3.0	1.0	5.0	
	<i>Overall</i>		89	3.0	1.7	3.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.3	1.5	3.0	1.0	5.0	
		<i>Control</i>	19	3.6	1.2	4.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	3.0	1.7	3.0	1.0	5.0	
		<i>Control</i>	63	3.2	1.5	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	3.0	1.7	3.0	1.0	5.0	
<i>Control</i>		63	3.2	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	3.0	1.7	3.0	1.0	5.0		
	<i>Control</i>	63	3.2	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	3.0	1.7	3.0	1.0	5.0		
	<i>Control</i>	63	3.2	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	3.0	1.7	3.0	1.0	5.0		
	<i>Control</i>	63	3.2	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	3.0	1.7	3.0	1.0	5.0		
	<i>Control</i>	63	3.2	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	3.0	1.7	3.0	1.0	5.0		
	<i>Control</i>	63	3.2	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	3.0	1.7	3.0	1.0	5.0		
	<i>Control</i>	63	3.2	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	3.0	1.7	3.0	1.0	5.0		
	<i>Control</i>	63	3.2	1.5	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	3.0	1.7	3.0	1.0	5.0		
	<i>Control</i>	63	3.2	1.5	3.0	1.0	5.0		

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would lose my wife/husband</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	27	2.5	1.7	2.0	1.0	5.0
		<i>Control</i>	19	2.5	1.6	2.0	1.0	5.0
		<i>Overall</i>	46	2.5	1.6	2.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	18	3.8	1.3	4.0	1.0	5.0
		<i>Control</i>	17	3.2	1.4	3.0	1.0	5.0
		<i>Overall</i>	35	3.5	1.4	4.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	45	3.0	1.7	3.0	1.0	5.0
		<i>Control</i>	36	2.8	1.6	3.0	1.0	5.0
		<i>Overall</i>	81	3.0	1.6	3.0	1.0	5.0
<i>I would lose my house</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	32	2.6	1.6	2.0	1.0	5.0
		<i>Control</i>	30	2.3	1.6	2.0	1.0	5.0
		<i>Overall</i>	62	2.5	1.6	2.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	16	3.2	1.6	3.5	1.0	5.0
		<i>Control</i>	17	2.8	1.2	3.0	1.0	5.0
		<i>Overall</i>	33	3.0	1.4	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	48	2.8	1.6	2.5	1.0	5.0
		<i>Control</i>	47	2.5	1.5	2.0	1.0	5.0
		<i>Overall</i>	95	2.6	1.5	2.0	1.0	5.0
<i>I would lose my job</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	26	2.6	1.7	2.0	1.0	5.0
		<i>Control</i>	21	2.0	1.2	2.0	1.0	5.0
		<i>Overall</i>	47	2.3	1.5	2.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	13	3.1	1.4	3.0	1.0	5.0
		<i>Control</i>	12	2.8	1.2	3.0	1.0	5.0
		<i>Overall</i>	25	2.9	1.3	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	39	2.7	1.6	3.0	1.0	5.0
		<i>Control</i>	33	2.2	1.2	2.0	1.0	5.0
		<i>Overall</i>	72	2.5	1.5	2.0	1.0	5.0

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would have the DTs</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	42	2.0	1.4	1.0	1.0	5.0
		<i>Control</i>	44	2.3	1.6	1.5	1.0	5.0
		<i>Overall</i>	86	2.2	1.5	1.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	2.7	1.5	3.0	1.0	5.0
		<i>Control</i>	18	2.8	1.5	3.0	1.0	5.0
		<i>Overall</i>	39	2.7	1.5	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	63	2.3	1.5	2.0	1.0	5.0
		<i>Control</i>	62	2.5	1.6	2.0	1.0	5.0
		<i>Overall</i>	125	2.4	1.5	2.0	1.0	5.0
<i>I would have convulsions</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	43	1.9	1.4	1.0	1.0	5.0
		<i>Control</i>	44	2.0	1.3	1.0	1.0	5.0
		<i>Overall</i>	87	2.0	1.3	1.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	2.0	1.0	2.0	1.0	5.0
		<i>Control</i>	19	2.2	1.1	2.0	1.0	5.0
		<i>Overall</i>	40	2.1	1.1	2.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	64	2.0	1.3	1.0	1.0	5.0
		<i>Control</i>	63	2.1	1.2	2.0	1.0	5.0
		<i>Overall</i>	127	2.0	1.2	2.0	1.0	5.0
<i>I would lose friends</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	44	2.3	1.4	2.0	1.0	5.0
		<i>Control</i>	43	2.5	1.4	2.0	1.0	5.0
		<i>Overall</i>	87	2.4	1.4	2.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	2.8	1.3	3.0	1.0	5.0
		<i>Control</i>	18	3.1	1.0	3.0	1.0	5.0
		<i>Overall</i>	39	2.9	1.2	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	65	2.4	1.4	2.0	1.0	5.0
		<i>Control</i>	61	2.7	1.3	3.0	1.0	5.0
		<i>Overall</i>	126	2.5	1.4	3.0	1.0	5.0

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would get into debt</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	45	2.3	1.3	3.0	1.0	5.0	
		<i>Control</i>	44	2.5	1.6	2.0	1.0	5.0	
		<i>Overall</i>	89	2.4	1.5	2.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	2.8	1.4	3.0	1.0	5.0	
		<i>Control</i>	19	2.7	1.2	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.5	1.4	3.0	1.0	5.0	
		<i>Control</i>	63	2.6	1.5	2.0	1.0	5.0	
	<i>I would end up in hospital</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.3	1.2	3.0	1.0	5.0
			<i>Control</i>	44	2.5	1.4	3.0	1.0	5.0
			<i>Overall</i>	89	2.4	1.3	3.0	1.0	5.0
		<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
<i>Intervention</i>			21	3.0	1.2	3.0	1.0	5.0	
<i>Control</i>			19	3.0	1.1	3.0	1.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.5	1.3	3.0	1.0	5.0	
		<i>Control</i>	63	2.7	1.3	3.0	1.0	5.0	
<i>I would end up sleeping rough</i>		<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.2	1.4	1.0	1.0	5.0
			<i>Control</i>	43	2.3	1.5	2.0	1.0	5.0
			<i>Overall</i>	88	2.2	1.5	1.0	1.0	5.0
		<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
	<i>Intervention</i>		20	2.9	1.7	2.5	1.0	5.0	
	<i>Control</i>		19	2.4	1.3	2.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	65	2.4	1.5	2.0	1.0	5.0	
		<i>Control</i>	62	2.3	1.4	2.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	65	2.4	1.5	2.0	1.0	5.0	
		<i>Control</i>	62	2.3	1.4	2.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	65	2.4	1.5	2.0	1.0	5.0	
<i>Control</i>		62	2.3	1.4	2.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	65	2.4	1.5	2.0	1.0	5.0		
	<i>Control</i>	62	2.3	1.4	2.0	1.0	5.0		

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would consider suicide</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	45	2.1	1.4	1.0	1.0	5.0	
		<i>Control</i>	44	2.1	1.4	1.0	1.0	5.0	
		<i>Overall</i>	89	2.1	1.4	1.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	2.4	1.1	2.0	1.0	5.0	
		<i>Control</i>	19	2.1	1.6	1.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.2	1.3	2.0	1.0	5.0	
		<i>Control</i>	63	2.1	1.4	1.0	1.0	5.0	
	<i>I would attempt suicide</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	26	1.9	1.4	1.0	1.0	5.0
<i>Control</i>			25	1.8	1.2	1.0	1.0	5.0	
<i>Overall</i>			51	1.9	1.3	1.0	1.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	2.1	1.1	2.0	1.0	5.0	
		<i>Control</i>	19	1.6	1.1	1.0	1.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	47	2.0	1.3	1.0	1.0	5.0	
		<i>Control</i>	44	1.8	1.1	1.0	1.0	5.0	
<i>I would feel frightened</i>		<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	44	1.9	1.3	1.0	1.0	5.0
	<i>Control</i>		44	2.2	1.4	2.0	1.0	5.0	
	<i>Overall</i>		88	2.0	1.4	1.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	2.4	1.2	2.0	1.0	5.0	
		<i>Control</i>	19	2.4	1.3	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	65	2.1	1.3	2.0	1.0	5.0	
		<i>Control</i>	63	2.3	1.4	2.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	65	2.1	1.3	2.0	1.0	5.0	
<i>Control</i>		63	2.3	1.4	2.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	65	2.1	1.3	2.0	1.0	5.0		
	<i>Control</i>	63	2.3	1.4	2.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	65	2.1	1.3	2.0	1.0	5.0		
	<i>Control</i>	63	2.3	1.4	2.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	65	2.1	1.3	2.0	1.0	5.0		
	<i>Control</i>	63	2.3	1.4	2.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	65	2.1	1.3	2.0	1.0	5.0		
	<i>Control</i>	63	2.3	1.4	2.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	65	2.1	1.3	2.0	1.0	5.0		
	<i>Control</i>	63	2.3	1.4	2.0	1.0	5.0		

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would feel depressed</i>	<i>Site</i>	<i>Randomisation Allocation</i>							
	<i>Durham</i>	<i>Intervention</i>	45	2.4	1.5	2.0	1.0	5.0	
		<i>Control</i>	44	2.8	1.5	3.0	1.0	5.0	
		<i>Overall</i>	89	2.6	1.5	3.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.3	1.3	3.0	1.0	5.0	
		<i>Control</i>	19	3.6	1.0	4.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.7	1.5	3.0	1.0	5.0	
		<i>Control</i>	63	3.0	1.4	3.0	1.0	5.0	
	<i>I would feel self-loathing</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.2	1.5	1.0	1.0	5.0
<i>Control</i>			44	2.5	1.5	2.0	1.0	5.0	
<i>Overall</i>			89	2.3	1.5	2.0	1.0	5.0	
<i>Edinburgh</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.4	1.4	4.0	1.0	5.0	
		<i>Control</i>	19	3.4	1.1	4.0	1.0	5.0	
<i>Both sites</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.6	1.5	2.5	1.0	5.0	
		<i>Control</i>	63	2.8	1.5	3.0	1.0	5.0	
<i>I would feel self-pity</i>		<i>Site</i>	<i>Randomisation Allocation</i>						
		<i>Durham</i>	<i>Intervention</i>	45	2.3	1.5	2.0	1.0	5.0
	<i>Control</i>		44	2.6	1.5	2.5	1.0	5.0	
	<i>Overall</i>		89	2.4	1.5	2.0	1.0	5.0	
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	21	3.1	1.4	3.0	1.0	5.0	
		<i>Control</i>	19	3.6	0.8	4.0	2.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.6	1.5	3.0	1.0	5.0	
		<i>Control</i>	63	2.9	1.4	3.0	1.0	5.0	
	<i>Both sites</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	66	2.6	1.5	3.0	1.0	5.0	
<i>Control</i>		63	2.9	1.4	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	2.6	1.5	3.0	1.0	5.0		
	<i>Control</i>	63	2.9	1.4	3.0	1.0	5.0		
<i>Both sites</i>	<i>Randomisation Allocation</i>								
	<i>Intervention</i>	66	2.6	1.5	3.0	1.0	5.0		
	<i>Control</i>	63	2.9	1.4	3.0	1.0	5.0		

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would lose all respect for myself</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	45	2.4	1.7	1.0	1.0	5.0
		<i>Control</i>	44	3.1	1.6	3.0	1.0	5.0
		<i>Overall</i>	89	2.8	1.7	3.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	3.1	1.3	3.0	1.0	5.0
		<i>Control</i>	19	3.0	1.4	3.0	1.0	5.0
		<i>Overall</i>	40	3.1	1.4	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	66	2.6	1.6	2.0	1.0	5.0
		<i>Control</i>	63	3.1	1.6	3.0	1.0	5.0
		<i>Overall</i>	129	2.8	1.6	3.0	1.0	5.0
<i>I would end up in jail</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	45	2.8	1.6	3.0	1.0	5.0
		<i>Control</i>	44	3.3	1.6	3.0	1.0	5.0
		<i>Overall</i>	89	3.1	1.6	3.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	3.4	1.3	4.0	1.0	5.0
		<i>Control</i>	19	3.9	1.0	4.0	2.0	5.0
		<i>Overall</i>	40	3.7	1.2	4.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	66	3.0	1.5	3.0	1.0	5.0
		<i>Control</i>	63	3.5	1.5	3.0	1.0	5.0
		<i>Overall</i>	129	3.2	1.5	3.0	1.0	5.0
<i>I would damage my liver</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	45	2.9	1.6	3.0	1.0	5.0
		<i>Control</i>	43	3.3	1.4	3.0	1.0	5.0
		<i>Overall</i>	88	3.1	1.5	3.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	3.7	1.2	4.0	1.0	5.0
		<i>Control</i>	19	3.5	1.1	3.0	2.0	5.0
		<i>Overall</i>	40	3.6	1.1	4.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	66	3.1	1.5	3.0	1.0	5.0
		<i>Control</i>	62	3.4	1.3	3.0	1.0	5.0
		<i>Overall</i>	128	3.3	1.4	3.0	1.0	5.0

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would feel I was going mad</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	45	2.4	1.6	1.0	1.0	5.0
		<i>Control</i>	44	2.8	1.5	3.0	1.0	5.0
		<i>Overall</i>	89	2.6	1.6	3.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	3.2	1.4	3.0	1.0	5.0
		<i>Control</i>	19	3.0	1.5	3.0	1.0	5.0
		<i>Overall</i>	40	3.1	1.4	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	66	2.7	1.6	3.0	1.0	5.0
		<i>Control</i>	63	2.8	1.5	3.0	1.0	5.0
		<i>Overall</i>	129	2.7	1.6	3.0	1.0	5.0
<i>I would choke on my own vomit</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	45	1.9	1.3	1.0	1.0	5.0
		<i>Control</i>	43	1.7	1.0	1.0	1.0	5.0
		<i>Overall</i>	88	1.8	1.2	1.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	2.4	1.2	2.0	1.0	5.0
		<i>Control</i>	19	2.5	1.3	2.0	1.0	5.0
		<i>Overall</i>	40	2.5	1.2	2.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	66	2.1	1.3	2.0	1.0	5.0
		<i>Control</i>	62	1.9	1.1	2.0	1.0	5.0
		<i>Overall</i>	128	2.0	1.2	2.0	1.0	5.0
<i>I would die</i>	<i>Site</i>	<i>Randomisation Allocation</i>						
	<i>Durham</i>	<i>Intervention</i>	45	2.2	1.4	2.0	1.0	5.0
		<i>Control</i>	44	2.3	1.5	2.0	1.0	5.0
		<i>Overall</i>	89	2.2	1.5	2.0	1.0	5.0
	<i>Edinburgh</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	21	3.1	1.2	3.0	1.0	5.0
		<i>Control</i>	19	3.1	1.5	3.0	1.0	5.0
		<i>Overall</i>	40	3.1	1.4	3.0	1.0	5.0
	<i>Both sites</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	66	2.5	1.4	3.0	1.0	5.0
		<i>Control</i>	63	2.5	1.6	2.0	1.0	5.0
		<i>Overall</i>	129	2.5	1.5	2.0	1.0	5.0

Split by group

Table S3.7: Negative Alcohol Expectancy Questionnaire: Item scores for prisoners who were followed-up

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would become argumentative</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	2.6	1.4	3.0	1.0	5.0
		<i>Control</i>	9	2.3	1.2	2.0	1.0	5.0
		<i>Overall</i>	18	2.4	1.3	2.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	2.5	1.2	2.0	1.0	5.0
		<i>Control</i>	8	1.9	0.8	2.0	1.0	3.0
	<i>Overall</i>		16	2.2	1.0	2.0	1.0	5.0
		<i>Timepoint</i>	<i>Randomisation Allocation</i>					
<i>TP0</i>		<i>Intervention</i>	9	2.1	1.3	2.0	1.0	4.0
	<i>Control</i>	9	2.2	1.3	2.0	1.0	5.0	
	<i>Overall</i>	18	2.2	1.2	2.0	1.0	5.0	
<i>I would become aggressive</i>	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	2.5	1.7	2.0	1.0	5.0
		<i>Control</i>	8	1.9	0.8	2.0	1.0	3.0
	<i>Overall</i>		16	2.2	1.3	2.0	1.0	5.0

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would become violent</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	2.0	1.2	1.0	1.0	4.0
		<i>Control</i>	9	2.1	1.3	2.0	1.0	5.0
		<i>Overall</i>	18	2.1	1.2	2.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	2.0	0.8	2.0	1.0	3.0
		<i>Control</i>	8	1.8	0.7	2.0	1.0	3.0
		<i>Overall</i>	16	1.9	0.7	2.0	1.0	3.0
		<i>I would become anxious</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>				
<i>TP0</i>			<i>Intervention</i>	9	2.6	0.9	3.0	1.0
	<i>Control</i>		9	2.6	1.7	2.0	1.0	5.0
	<i>Overall</i>		18	2.6	1.3	2.5	1.0	5.0
<i>TP1</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>		1	1.0	.	1.0	1.0	1.0
	<i>Control</i>		0
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>		8	2.3	1.3	2.0	1.0	5.0
	<i>Control</i>		8	2.6	1.2	3.0	1.0	4.0
	<i>Overall</i>		16	2.4	1.2	2.0	1.0	5.0
	<i>I would have an accident</i>		<i>Timepoint</i>	<i>Randomisation Allocation</i>				
		<i>TP0</i>	<i>Intervention</i>	9	2.7	0.7	3.0	2.0
<i>Control</i>			9	2.6	1.0	2.0	1.0	4.0
<i>Overall</i>			18	2.6	0.8	2.5	1.0	4.0
<i>TP1</i>		<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0
		<i>Control</i>	0
<i>TP2</i>		<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	2.9	1.5	2.5	1.0	5.0
		<i>Control</i>	8	2.3	1.3	2.0	1.0	4.0
		<i>Overall</i>	16	2.6	1.4	2.0	1.0	5.0

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would become depressed</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	2.9	1.3	3.0	1.0	5.0
		<i>Control</i>	9	2.6	1.3	2.0	1.0	5.0
		<i>Overall</i>	18	2.7	1.3	2.5	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	2.0	.	2.0	2.0	2.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	2.8	1.7	2.0	1.0	5.0
		<i>Control</i>	8	2.5	1.5	2.5	1.0	5.0
	<i>TP2</i>	<i>Overall</i>	16	2.6	1.5	2.0	1.0	5.0
		<i>Timepoint</i>	<i>Randomisation Allocation</i>					
<i>TP0</i>		<i>Intervention</i>	9	3.8	1.6	5.0	1.0	5.0
	<i>Control</i>	9	4.3	0.9	5.0	3.0	5.0	
	<i>Overall</i>	18	4.1	1.3	5.0	1.0	5.0	
<i>TP1</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	1	3.0	.	3.0	3.0	3.0	
	<i>Control</i>	0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	8	3.6	1.6	4.0	1.0	5.0	
	<i>Control</i>	8	3.8	1.6	4.5	1.0	5.0	
<i>TP2</i>	<i>Overall</i>	16	3.7	1.5	4.5	1.0	5.0	
	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	2.2	1.0	2.0	1.0	4.0
<i>Control</i>		9	2.2	1.1	2.0	1.0	4.0	
<i>Overall</i>		18	2.2	1.0	2.0	1.0	4.0	
<i>TP1</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0	
	<i>Control</i>	0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	8	2.4	0.9	2.0	1.0	4.0	
	<i>Control</i>	8	2.0	0.9	2.0	1.0	3.0	
<i>TP2</i>	<i>Overall</i>	16	2.2	0.9	2.0	1.0	4.0	

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would have memory lapses</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	8	3.4	1.4	3.5	1.0	5.0
		<i>Control</i>	9	2.7	1.5	2.0	1.0	5.0
		<i>Overall</i>	17	3.0	1.5	3.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	2.0	.	2.0	2.0	2.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Overall</i>	1	2.0	.	2.0	2.0	2.0
		<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	3.3	1.6	3.0	1.0	5.0
		<i>Control</i>	8	2.8	1.3	3.0	1.0	4.0
		<i>Overall</i>	16	3.0	1.4	3.0	1.0	5.0
<i>I would lie about how much I had to drink</i>		<i>Timepoint</i>	<i>Randomisation Allocation</i>					
	<i>TP0</i>	<i>Intervention</i>	9	1.6	1.0	1.0	1.0	4.0
		<i>Control</i>	9	3.3	1.3	3.0	1.0	5.0
		<i>Overall</i>	18	2.4	1.5	2.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Overall</i>	1	1.0	.	1.0	1.0	1.0
		<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	1.9	1.0	2.0	1.0	4.0
		<i>Control</i>	8	2.9	1.2	3.0	1.0	5.0
		<i>Overall</i>	16	2.4	1.2	2.0	1.0	5.0
<i>I would end up in jail</i>		<i>Timepoint</i>	<i>Randomisation Allocation</i>					
	<i>TP0</i>	<i>Intervention</i>	9	2.6	1.3	2.0	1.0	5.0
		<i>Control</i>	9	3.0	1.3	3.0	1.0	5.0
		<i>Overall</i>	18	2.8	1.3	3.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Overall</i>	1	1.0	.	1.0	1.0	1.0
		<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	2.5	1.7	2.0	1.0	5.0
		<i>Control</i>	8	2.5	1.7	2.0	1.0	5.0
		<i>Overall</i>	16	2.5	1.6	2.0	1.0	5.0

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would argue with my spouse</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	2.4	1.0	3.0	1.0	4.0
		<i>Control</i>	9	2.9	0.9	3.0	1.0	4.0
		<i>Overall</i>	18	2.7	1.0	3.0	1.0	4.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	7	2.6	1.5	2.0	1.0	5.0
		<i>Control</i>	8	2.4	0.7	2.5	1.0	3.0
	<i>Overall</i>		15	2.5	1.1	2.0	1.0	5.0
		<i>Timepoint</i>	<i>Randomisation Allocation</i>					
<i>TP0</i>		<i>Intervention</i>	9	2.2	1.2	2.0	1.0	4.0
	<i>Control</i>	8	2.4	1.3	2.0	1.0	5.0	
	<i>Overall</i>	17	2.3	1.2	2.0	1.0	5.0	
<i>TP1</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	1	2.0	.	2.0	2.0	2.0	
	<i>Control</i>	0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	8	2.3	1.3	2.0	1.0	5.0	
	<i>Control</i>	8	2.3	1.6	1.5	1.0	5.0	
<i>Overall</i>		16	2.3	1.4	2.0	1.0	5.0	
	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	1.2	0.4	1.0	1.0	2.0
<i>Control</i>		9	1.4	1.0	1.0	1.0	4.0	
<i>Overall</i>		18	1.3	0.8	1.0	1.0	4.0	
<i>TP1</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0	
	<i>Control</i>	0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	8	1.1	0.4	1.0	1.0	2.0	
	<i>Control</i>	8	1.1	0.4	1.0	1.0	2.0	
<i>Overall</i>		16	1.1	0.3	1.0	1.0	2.0	

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would become boastful</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	2.2	1.0	2.0	1.0	4.0
		<i>Control</i>	9	3.1	0.8	3.0	2.0	4.0
		<i>Overall</i>	18	2.7	1.0	3.0	1.0	4.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	3.0	.	3.0	3.0	3.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	7	2.4	1.0	2.0	1.0	4.0
		<i>Control</i>	8	2.5	1.2	2.5	1.0	4.0
	<i>Overall</i>		15	2.5	1.1	2.0	1.0	4.0
		<i>Timepoint</i>	<i>Randomisation Allocation</i>					
<i>TP0</i>		<i>Intervention</i>	9	2.2	1.2	2.0	1.0	4.0
	<i>Control</i>	9	2.8	1.6	2.0	1.0	5.0	
	<i>Overall</i>	18	2.5	1.4	2.0	1.0	5.0	
<i>I would borrow money</i>	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	2.0	.	2.0	2.0	2.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	2.5	1.4	2.0	1.0	5.0
		<i>Control</i>	8	2.8	1.4	3.0	1.0	5.0
	<i>Overall</i>		16	2.6	1.4	2.5	1.0	5.0
		<i>Timepoint</i>	<i>Randomisation Allocation</i>					
		<i>TP0</i>	<i>Intervention</i>	9	3.4	1.5	4.0	1.0
	<i>Control</i>		9	2.8	1.6	3.0	1.0	5.0
	<i>Overall</i>		18	3.1	1.6	3.0	1.0	5.0
	<i>I would consider taking other drugs</i>	<i>TP1</i>	<i>Randomisation Allocation</i>					
<i>Intervention</i>			1	1.0	.	1.0	1.0	1.0
<i>Control</i>			0
<i>TP2</i>		<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	3.0	1.5	2.5	1.0	5.0
		<i>Control</i>	8	2.6	1.7	2.5	1.0	5.0
<i>Overall</i>			16	2.8	1.6	2.5	1.0	5.0

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would take other drugs</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	3.4	1.5	4.0	1.0	5.0
		<i>Control</i>	9	2.8	1.6	3.0	1.0	5.0
		<i>Overall</i>	18	3.1	1.6	3.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	2.4	1.2	2.0	1.0	4.0
		<i>Control</i>	8	2.6	1.7	2.5	1.0	5.0
	<i>Overall</i>		16	2.5	1.4	2.0	1.0	5.0
		<i>Timepoint</i>	<i>Randomisation Allocation</i>					
<i>TP0</i>		<i>Intervention</i>	5	2.2	1.8	1.0	1.0	5.0
	<i>Control</i>	5	1.2	0.4	1.0	1.0	2.0	
	<i>Overall</i>	10	1.7	1.3	1.0	1.0	5.0	
<i>TP1</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0	
	<i>Control</i>	0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	5	2.2	1.3	2.0	1.0	4.0	
	<i>Control</i>	6	1.8	1.6	1.0	1.0	5.0	
<i>Overall</i>		11	2.0	1.4	1.0	1.0	5.0	
	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	2.6	1.5	2.0	1.0	5.0
<i>Control</i>		9	4.0	1.3	4.0	1.0	5.0	
<i>Overall</i>		18	3.3	1.6	4.0	1.0	5.0	
<i>TP1</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0	
	<i>Control</i>	0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	8	2.8	1.8	2.5	1.0	5.0	
	<i>Control</i>	8	2.4	1.5	2.0	1.0	5.0	
<i>Overall</i>		16	2.6	1.6	2.0	1.0	5.0	

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would have difficulty in stopping drinking</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	2.4	1.5	2.0	1.0	5.0	
		<i>Control</i>	9	3.7	1.5	4.0	1.0	5.0	
		<i>Overall</i>	18	3.1	1.6	3.0	1.0	5.0	
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0	
		<i>Control</i>	0	
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	3.4	1.5	4.0	1.0	5.0	
		<i>Control</i>	8	3.0	1.3	3.0	1.0	5.0	
	<i>TP2</i>	<i>Overall</i>	15	3.2	1.4	3.0	1.0	5.0	
		<i>Timepoint</i>	<i>Randomisation Allocation</i>						
<i>TP0</i>		<i>Intervention</i>	9	2.8	1.6	3.0	1.0	5.0	
	<i>Control</i>	9	2.8	1.5	2.0	1.0	5.0		
	<i>Overall</i>	18	2.8	1.5	2.0	1.0	5.0		
<i>I would miss work</i>	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0	
		<i>Control</i>	0	
	<i>TP1</i>	<i>Overall</i>	1	1.0	.	1.0	1.0	1.0	
		<i>Randomisation Allocation</i>							
		<i>TP2</i>	<i>Intervention</i>	7	3.4	1.6	3.0	1.0	5.0
	<i>Control</i>		7	2.4	1.0	2.0	1.0	4.0	
	<i>Overall</i>		14	2.9	1.4	3.0	1.0	5.0	
	<i>I would have 'the shakes'</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
		<i>TP0</i>	<i>Intervention</i>	9	2.2	1.4	2.0	1.0	4.0
			<i>Control</i>	9	2.6	1.7	2.0	1.0	5.0
			<i>Overall</i>	18	2.4	1.5	2.0	1.0	5.0
<i>TP1</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0	
		<i>Control</i>	0	
<i>TP1</i>		<i>Overall</i>	1	1.0	.	1.0	1.0	1.0	
		<i>Randomisation Allocation</i>							
		<i>TP2</i>	<i>Intervention</i>	7	2.0	1.4	2.0	1.0	5.0
<i>Control</i>			8	2.0	1.3	1.5	1.0	4.0	
<i>Overall</i>			15	2.0	1.3	2.0	1.0	5.0	

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would have 'the sweats'</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	2.8	1.3	3.0	1.0	4.0
		<i>Control</i>	9	3.0	1.5	3.0	1.0	5.0
		<i>Overall</i>	18	2.9	1.4	3.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	2.5	1.2	2.0	1.0	5.0
		<i>Control</i>	8	3.0	1.4	3.0	1.0	5.0
		<i>Overall</i>	16	2.8	1.3	2.0	1.0	5.0
		<i>Timepoint</i>	<i>Randomisation Allocation</i>					
<i>TP0</i>		<i>Intervention</i>	9	3.6	1.2	4.0	1.0	5.0
	<i>Control</i>	9	3.6	1.6	4.0	1.0	5.0	
	<i>Overall</i>	18	3.6	1.4	4.0	1.0	5.0	
<i>TP1</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	1	3.0	.	3.0	3.0	3.0	
	<i>Control</i>	0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	8	4.0	1.6	5.0	1.0	5.0	
	<i>Control</i>	8	3.3	1.3	3.5	1.0	5.0	
	<i>Overall</i>	16	3.6	1.5	4.0	1.0	5.0	
	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	3.0	1.2	3.0	1.0	5.0
<i>Control</i>		9	3.3	1.5	3.0	1.0	5.0	
<i>Overall</i>		18	3.2	1.3	3.0	1.0	5.0	
<i>TP1</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	1	3.0	.	3.0	3.0	3.0	
	<i>Control</i>	0	
<i>TP2</i>	<i>Randomisation Allocation</i>							
	<i>Intervention</i>	7	3.0	1.6	2.0	1.0	5.0	
	<i>Control</i>	8	3.0	1.2	2.5	2.0	5.0	
	<i>Overall</i>	15	3.0	1.4	2.0	1.0	5.0	

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would have low self-esteem</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	2.4	1.5	2.0	1.0	5.0
		<i>Control</i>	9	3.4	1.5	4.0	1.0	5.0
		<i>Overall</i>	18	2.9	1.6	2.5	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	3.0	.	3.0	3.0	3.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	3.0	1.5	2.5	1.0	5.0
		<i>Control</i>	8	2.6	1.1	2.5	1.0	4.0
	<i>TP2 Overall</i>		16	2.8	1.3	2.5	1.0	5.0
		<i>Intervention</i>	8	3.0	1.5	2.5	1.0	5.0
<i>Control</i>		8	2.6	1.1	2.5	1.0	4.0	
<i>I would crave a drink</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	2.7	1.7	2.0	1.0	5.0
		<i>Control</i>	9	3.0	1.5	3.0	1.0	5.0
		<i>Overall</i>	18	2.8	1.5	3.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	2.8	1.9	2.0	1.0	5.0
		<i>Control</i>	8	2.6	1.2	2.5	1.0	5.0
	<i>TP2 Overall</i>		16	2.7	1.5	2.0	1.0	5.0
		<i>Intervention</i>	8	2.8	1.9	2.0	1.0	5.0
<i>Control</i>		8	2.6	1.2	2.5	1.0	5.0	
<i>I would have difficulty sleeping</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
	<i>TP0</i>	<i>Intervention</i>	9	2.0	1.2	2.0	1.0	4.0
		<i>Control</i>	9	2.7	1.5	2.0	1.0	5.0
		<i>Overall</i>	18	2.3	1.4	2.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	1	3.0	.	3.0	3.0	3.0
		<i>Control</i>	0
	<i>TP2</i>	<i>Randomisation Allocation</i>						
		<i>Intervention</i>	8	2.4	1.5	2.0	1.0	5.0
		<i>Control</i>	8	2.8	1.0	3.0	1.0	4.0
	<i>TP2 Overall</i>		16	2.6	1.3	2.5	1.0	5.0
		<i>Intervention</i>	8	2.4	1.5	2.0	1.0	5.0
<i>Control</i>		8	2.8	1.0	3.0	1.0	4.0	

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would feel generally ill</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	2.9	1.4	3.0	1.0	5.0	
		<i>Control</i>	9	3.1	1.5	3.0	1.0	5.0	
		<i>Overall</i>	18	3.0	1.4	3.0	1.0	5.0	
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	3.0	.	3.0	3.0	3.0	
		<i>Control</i>	0	
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	2.8	1.8	2.5	1.0	5.0	
		<i>Control</i>	8	3.1	1.1	3.0	2.0	5.0	
	<i>I would feel frightened</i>	<i>TP0</i>	<i>Intervention</i>	9	2.3	1.6	2.0	1.0	5.0
			<i>Control</i>	9	2.2	1.1	2.0	1.0	4.0
			<i>Overall</i>	18	2.3	1.3	2.0	1.0	5.0
		<i>TP1</i>	<i>Randomisation Allocation</i>						
			<i>Intervention</i>	1	2.0	.	2.0	2.0	2.0
<i>Control</i>			0	
<i>TP2</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	2.0	1.4	1.0	1.0	4.0	
		<i>Control</i>	8	2.0	0.8	2.0	1.0	3.0	
<i>I would feel guilty</i>		<i>TP0</i>	<i>Intervention</i>	9	2.7	1.3	3.0	1.0	5.0
			<i>Control</i>	9	3.2	1.3	3.0	1.0	5.0
			<i>Overall</i>	18	2.9	1.3	3.0	1.0	5.0
		<i>TP1</i>	<i>Randomisation Allocation</i>						
			<i>Intervention</i>	1	2.0	.	2.0	2.0	2.0
			<i>Control</i>	0
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	2.7	1.6	2.0	1.0	5.0	
		<i>Control</i>	8	2.6	1.1	2.5	1.0	4.0	
	<i>TP2</i>	<i>Overall</i>	15	2.7	1.3	2.0	1.0	5.0	

Split by group

			<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>	
<i>I would feel remorseful</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	2.6	1.3	2.0	1.0	5.0	
		<i>Control</i>	8	3.3	1.4	3.0	1.0	5.0	
		<i>Overall</i>	17	2.9	1.4	3.0	1.0	5.0	
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	2.0	.	2.0	2.0	2.0	
		<i>Control</i>	0	
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	2.7	1.6	2.0	1.0	5.0	
		<i>Control</i>	8	2.4	0.9	2.0	1.0	4.0	
	<i>I would feel anxious</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>						
		<i>TP0</i>	<i>Intervention</i>	9	2.8	1.4	3.0	1.0	5.0
<i>Control</i>			9	3.2	1.3	3.0	1.0	5.0	
<i>Overall</i>			18	3.0	1.3	3.0	1.0	5.0	
<i>TP1</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0	
		<i>Control</i>	0	
<i>TP2</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	7	2.3	1.6	2.0	1.0	5.0	
		<i>Control</i>	8	2.9	1.1	3.0	1.0	4.0	
<i>I would be shy of meeting people</i>		<i>Timepoint</i>	<i>Randomisation Allocation</i>						
		<i>TP0</i>	<i>Intervention</i>	9	2.6	1.1	2.0	1.0	5.0
	<i>Control</i>		9	3.0	1.5	3.0	1.0	5.0	
	<i>Overall</i>		18	2.8	1.3	3.0	1.0	5.0	
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0	
		<i>Control</i>	0	
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	2.6	1.8	2.0	1.0	5.0	
		<i>Control</i>	8	2.5	1.1	2.0	1.0	4.0	
		<i>Overall</i>	16	2.6	1.4	2.0	1.0	5.0	

Split by group

			N	Mean	SD	Median	Min	Max	
<i>I would feel restless</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>							
	<i>TP0</i>	<i>Intervention</i>	9	2.6	1.2	3.0	1.0	4.0	
		<i>Control</i>	9	3.3	1.4	3.0	1.0	5.0	
		<i>Overall</i>	18	2.9	1.3	3.0	1.0	5.0	
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	2.0	.	2.0	2.0	2.0	
		<i>Control</i>	0	
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	2.5	1.6	2.0	1.0	5.0	
		<i>Control</i>	8	2.8	1.4	3.0	1.0	4.0	
	<i>I would be sick</i>	<i>TP0</i>	<i>Intervention</i>	9	2.1	1.2	2.0	1.0	4.0
			<i>Control</i>	9	2.4	1.6	2.0	1.0	5.0
<i>Overall</i>			18	2.3	1.4	2.0	1.0	5.0	
<i>TP1</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	2.0	.	2.0	2.0	2.0	
		<i>Control</i>	0	
<i>TP2</i>		<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	2.4	1.3	2.0	1.0	5.0	
		<i>Control</i>	8	2.6	1.4	2.5	1.0	5.0	
<i>I would be unable to eat</i>		<i>TP0</i>	<i>Intervention</i>	9	2.6	1.6	3.0	1.0	5.0
			<i>Control</i>	9	2.7	1.3	3.0	1.0	5.0
			<i>Overall</i>	18	2.6	1.4	3.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	1	1.0	.	1.0	1.0	1.0	
		<i>Control</i>	0	
	<i>TP2</i>	<i>Randomisation Allocation</i>							
		<i>Intervention</i>	8	2.3	1.6	1.5	1.0	5.0	
		<i>Control</i>	7	2.9	1.5	2.0	1.0	5.0	
		<i>Overall</i>	15	2.5	1.5	2.0	1.0	5.0	

Split by group

		<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Median</i>	<i>Min</i>	<i>Max</i>
<i>I would go on a binge</i>	<i>Timepoint</i>	<i>Randomisation Allocation</i>					
	<i>TP0</i>	<i>Intervention</i>					
		9	2.7	1.6	3.0	1.0	5.0
		<i>Control</i>					
		9	3.1	1.5	3.0	1.0	5.0
		<i>Overall</i>					
		18	2.9	1.5	3.0	1.0	5.0
	<i>TP1</i>	<i>Randomisation Allocation</i>					
		<i>Intervention</i>					
		1	1.0	.	1.0	1.0	1.0
		<i>Control</i>					
		0
	<i>Overall</i>						
	1	1.0	.	1.0	1.0	1.0	
<i>TP2</i>	<i>Randomisation Allocation</i>						
	<i>Intervention</i>						
	8	3.0	1.8	2.5	1.0	5.0	
	<i>Control</i>						
	8	3.0	1.4	3.0	1.0	5.0	
	<i>Overall</i>						
	16	3.0	1.5	3.0	1.0	5.0	

END OF REPORT