

Supplementary material 2 Demographics and service costings questions

Q11

Thank you for participating in the Queer Futures 2 interview about mental health support for LGBTQ+ young people when they first start experiencing mental health problems.

The following short questionnaire of 8 questions asks some personal questions to help us understand your experiences better. This questionnaire is **entirely confidential**. No information that could potentially identify you will be used alongside anything you have said. You can choose not to answer any of the questions.

Q1 1. How old are you? (Please write your age in years)

Q2 2a. What label best describes your gender identity? (Please tick one option which best applies OR add an identifier that best reflects you)

Woman (1)

Gender fluid (2)

Man (3)

Non binary (4)

OR my preferred term (Please write) (5)

Q3 2b. Are you trans? i.e. is your gender now NOT the same as what you were assigned at birth (Please tick one option which best applies)

Yes (1)

No (2)

Prefer not to say (3)

Unsure (4)

Other (Please write) (5) _____

Q4 3. What label best describes your sexual orientation? (Please tick one option that best applies OR add an identifier that best reflects you)

Asexual (1)

Bisexual (2)

Gay (3)

Heterosexual (10)

Lesbian (4)

Pansexual (5)

Queer (6)

Questioning (7)

Unsure (8)

OR My preferred term (Please write) (9)

Q5 4a. Have you been diagnosed with any disability? (Please tick one that best applies).

Yes (1)

No (2)

Prefer not to answer (3)

Skip To: Q6 If 4a. Have you been diagnosed with any disability? (Please tick one that best applies). = Yes

Q6 4b. If yes, which of the following applies to you (Please tick however many that apply)

- Sensory impairment (vision or hearing) (4)
- Mobility impairment (i.e. affecting your movement) (3)
- Learning disability (1)
- Mental health condition/s (Please write) (2)

- Other (Please write) (5) _____

Q7 5a. Do you have any mental health difficulties that have not been diagnosed? e.g. depression, anxiety, self-harm (Please write below)

- Please write here (2) _____
- Not applicable (1)

Q8 5b. Please respond to each question below by moving the slider to indicate a number from 0 which means 'not at all' to 10 which means 'completely'.

Not at all Completely
0 1 2 3 4 5 6 7 8 9 10

Overall, how satisfied are you with your life nowadays? ()



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Overall, to what extent do you feel the things you do in life are worthwhile? ()



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Overall, how happy did you feel yesterday? ()



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Overall, how anxious did you feel yesterday? ()



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Q9 6. Please select your ethnicity from the options (Please tick one that best applies)

Indian (3)

Pakistani (4)

Bangladeshi (1)

Chinese (2)

Other Asian background (Please write) (5)

African (6)

Carribbean (7)

Black British (8)

Other Black/African/Caribbean/Black British (Please write) (9)

English/Welsh/Scottish/Northern Irish/British (10)

Irish (11)

Gypsy or Irish Traveller (12)

Other White Background (Please write) (13)

White and Black Carribbean (14)

White and Black African (15)

White and Asian (16)

Another mixed ethnic background (Please write) (17)

Arab (18)

Any other ethnic group (Please write) (19)

Q14 7a. Do any of your parents/ carers have a university degree? (Please tick one only)

Yes (1)

No (2)

I do not know (3)

Q15 7b. Have you ever received Free School Meals? (Please tick one only)

Yes (1)

No (2)

I do not know (3)

Q10 7c. What is your highest qualification? (Please tick one only)

No qualification (7)

GCSE (4)

Trade Apprenticeship (8)

AS Levels (2)

A Levels (1)

HE Diploma (5)

First degree (3)

Higher Degree (6)

Q12 7d. Which of the following best describes your current employment situation? (Please tick one only)

- Full time (1)
- Part-time (3)
- Temporarily laid off (6)
- Unemployed (8)
- Retired (4)
- Permanently disabled (7)
- Homemaker (2)
- Student (5)
- Other (9)

Q21 8a. Please move the slider to indicate how many appointments you have had with each of the below mental health professionals, in the last four weeks.

0 1 2 3 4 5 or more
appointments appointment appointments appointments appointments appointments

0 1 2 3 4 5

Your GP ()



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The nurse at a GP surgery ()



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A psychiatrist ()



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A community mental health nurse or psychiatric nurse ()



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Q26 8b. If you have had contact with any other mental health professionals in the last four weeks, please write them down and indicate how many appointments you have had with each.

	<u>1</u> <u>appointment</u> <u>(1)</u>	<u>2</u> <u>appointment</u> <u>(2)</u>	<u>3</u> <u>appointments</u> <u>(3)</u>	<u>4</u> <u>appointments</u> <u>(4)</u>	<u>5+</u> <u>appointments</u> <u>(5)</u>
<u>Other</u> <u>1</u> <u>(Please</u> <u>write) (4)</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>
<u>Other</u> <u>2</u> <u>(Please</u> <u>write) (5)</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>
<u>Other</u> <u>3</u> <u>(Please</u> <u>write) (6)</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>
<u>Other</u> <u>4</u> <u>(Please</u> <u>write) (7)</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>
<u>Other</u> <u>5</u> <u>(Please</u> <u>write) (8)</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>

Q29 8c. If you have had contact with any other services (including helplines/online) in the last four weeks, please write them down and indicate how many appointments you have had with each.

	<u>1</u> <u>appointment</u> <u>(1)</u>	<u>2</u> <u>appointments</u> <u>(2)</u>	<u>3</u> <u>appointments</u> <u>(3)</u>	<u>4</u> <u>appointments</u> <u>(4)</u>	<u>5+</u> <u>appointments</u> <u>(5)</u>
<u>Other</u> <u>service</u> <u>(Please</u> <u>write) (4)</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>
<u>Other</u> <u>service</u> <u>(Please</u> <u>write) (5)</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>
<u>Other</u> <u>service</u> <u>(Please</u> <u>write) (6)</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>
<u>Other</u> <u>service</u> <u>(Please</u> <u>write) (7)</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>
<u>Other</u> <u>service</u> <u>(Please</u> <u>write) (8)</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>	<u>○</u>
