

## Report Supplementary Material 8:

Table 1 Study 9 Baseline Characteristics of Participants

	<b>Group (n = 134)</b>	<b>Independent (n = 65)</b>	<b>One-to- One (n = 112)</b>	<b>TAU (n = 66)</b>	<b>All Participants (n = 377)</b>
Age at consent Mean (SD)	25.19 (5.91)	25.92 (5.56)	26.39 (6.72)	25.14 (5.55)	25.67 (6.05)
Sex Female N (%)	44 (32.8%)	18 (27.7%)	29 (25.9%)	11 (16.7%)	102 (27.1%)
Ethnicity White N (%)	59 (44.0%)	32 (49.2%)	57 (50.9%)	37 (56.1%)	185 (49.1%)
Employment status Full-time education or employed N (%)	47 (35.0%)	18 (27.7%)	35 (31.2%)	23 (34.8%)	123 (32.6%)
Living situation Own property (private, rented) or parental home N (%)	119 (88.9%)	53 (81.6%)	92 (82.2%)	57 (86.3%)	321 (85.2%)
Relationship status Single N (%)	120 (89.6%)	54 (83.1%)	98 (87.5%)	59 (89.4%)	331 (87.8%)
WTAR Standard score Mean (SD)	99.19 (17.05)	97.19 (17.55)	99.00 (16.80)	95.22 (18.22)	98.09 (17.27)
WASI II Estimate IQ (FSIQ) score Mean (SD)	88.81 (15.24)	88.51 (18.95)	87.79 (16.98)	87.23 (17.72)	88.18 (16.82)
PANSS Total score Mean (SD)	55.24 (14.19)	59.66 (19.18)	57.35 (16.45)	55.64 (14.14)	56.70 (15.84)
CAINS Total score Mean (SD)	17.42 (9.31)	18.65 (9.68)	18.62 (9.56)	17.25 (8.44)	17.95 (9.29)
Antipsychotic dosage (converted to chlorpromazine equivalents) Median (Upper– Lower quartiles)	200 (100– 301)	240 (120– 350)	300-00 (150–450)	180 (59– 300)	200 (100–370)