

Supplementary Document 6: Adherence to photoprotection measure

These questions are about what you **USUALLY** do throughout the year to protect yourself from UV in daylight when it is **CLOUDY AND** then what you do on days when it is **SUNNY**.

Please circle how often you do the different things on the days when it is **CLOUDY** and then on the days when it is **SUNNY**, throughout the year.

1. To what extent do you try to avoid going outside during the day?	Cloudy days	Sunny days
	Never	Never
	rarely	rarely
	sometimes	sometimes
	often	often
	always	always

WHEN YOU GO OUTSIDE... (Please circle the answer)

	Cloudy days	Sunny days
Thinking about your FACE....		
2. How often do you wear a face visor?	Never rarely sometimes often always	Never rarely sometimes often always
3. How often do you wear a hat?	Never rarely sometimes often always	Never rarely sometimes often always
4. How often do you wear glasses?	Never rarely sometimes often always	Never rarely sometimes often always
When you go outside (Please circle the answer)	Cloudy days	Sunny days

5. How often do you use sunscreen on your face?	Never rarely sometimes often always	Never rarely sometimes often always
6. If you use sunscreen on your face, what sun protection factor does it have? (or circle I do not....)	SPF number	SPF number
	I do not wear sunscreen on my face	
7. How often do you reapply the sunscreen on your face during the day? (or circle I do not....)x/dayx/day
	I do not wear sunscreen on my face	
8. How often do you put on lip sunblock?	Never rarely sometimes often always	Never rarely sometimes often always
9. How often do you wear a scarf or “face buff”?	Never rarely sometimes often always	Never rarely sometimes often always

When you go outside (Please circle the answer)	Cloudy days	Sunny days
10. How often do you wear a hoodie (worn -up)?	Never rarely sometimes often always	Never rarely sometimes often always

Thinking about your ARMS OR HANDS...

11. How often do you wear long sleeves?	Never rarely sometimes often always	Never rarely sometimes often always
12. How often do you use sunscreen on your arms or hands?	Never rarely sometimes often always	Never rarely sometimes often always
13. How often do you wear gloves?	Never rarely sometimes often always	Never rarely sometimes often always

Thinking about your LEGS...

14. How often do you wear long trousers or thick tights?	Never rarely sometimes often always	Never rarely sometimes often always
--	---	---

When you go outside (Please circle the answer)	Cloudy days	Sunny days
---	--------------------	-------------------

15. How often do you use sunscreen on your legs?	Never rarely sometimes often always	Never Rarely sometimes often always
--	---	---

Thinking about using sunscreen on your BODY (NOT FACE), ARMS, HANDS OR LEGS....

16. If you use sunscreen on any of these areas (body, arms, hands or legs) what sun protection factor does it have? (or circle I do not....)	SPF number	SPF number
--	------------------	------------------

I do not wear sunscreen on my body, arms, hands or legs

17. How often do you reapply the sunscreen to any of these areas (body, arms, hands or legs) during the day? (or circle I do not....)x/dayx/day
---	------------	------------

I do not wear sunscreen on my body, arms, hands or legs