

Recommendations for action

The general practitioner or nurse in the practice with a lead role in diabetes should review patients with types 2 diabetes at least quarterly if:

- ✔ Their HbA1c level is 58mmol/mol or above AND
- ✔ They have been treated with a single drug for 6 months or longer

The lead general practitioner or nurse should ask reception to invite these patients for a consultation to discuss treatment options.

During the consultation, clinicians should discuss treatment options with the patient and offer dual-therapy, if appropriate.

For further information on target levels and treatment options, see NICE guidance:

<https://cks.nice.org.uk/diabetes-type-2#!scenario>