Revised Programme Logic for PuP4Dads

Parents Under Pressure

The Problem	Inputs	Mediators of Change		Short-term outcomes

The Problem

Child's development compromised as a result of poor parenting

Paternal affect regulation and substance use

Inputs

Agencies identified to implement Parents Under Pressure programme

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Staff trained

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Implementation Support

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Online assessment and monitoring system

Barriers and facilitators of successful implementation

Delivery of Parents Under Pressure programme in the home

Mediators of Change

Direct Parenting Factors:
- Quality of caregiving
- Structure, routines, monitoring

Moderators of Change

- Father's affect regulation
- Father's problem solving
- Mother's affect regulation
- Mother's problem solving
- Couple relationship & co-parenting
- Social support

Social Contextual Factors:
- Housing
- Financial stress
- Access to community resources

Increase in Father's capacity to manage emotions and stress

Increase in Mother's capacity to manage stressful situations

Improved ability to co-parent

Increase in Father's affect regulation

Increased social support

Reduction in external stressors

Increased access to community resources

Short-term outcomes

- Reduced child abuse potential
- Reduction in Father's substance use
- Improved child self-regulation
- Improved quality of care-giving

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Long-term outcomes

- Feels safe and loved
- Reduced involvement of child protection services
- Enduring improvement in family functioning
- Positive child developmental outcome
- Reduced out of home placements

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