The Effects on Care for Common Mental Disorders of the Introduction of Management by a Clinical Academic Group (The SDO-MAPCAG Study)

Work Package 1: Logic Model Development

Information about the research – Service Users

You have been invited to take part in a research study. Before you decide whether or not to take part, you need to understand why the research is being done and what it involves. Please take time to read this information. Talk to others about the study if you wish. Ask one of the researchers (Diana Rose, Bryony Soper or Alex Tulloch) if there is anything else that you would like to know. Take as long as you need before deciding whether or not to take part.

The study is being carried out by the Institute of Psychiatry, which is part of Kings College London, and is funded by the National Institute of Health Research. It has been reviewed by a research ethics committee to ensure that it will be carried out in an ethical way.

Why study the introduction of management by a clinical academic group?

South London and Maudsley NHS Foundation Trust (SLaM) provides specialist mental health services to much of South London. It recently underwent a management restructuring, particularly affecting mental health services for adults of working age. Among the major effects of this has been a change in how SLaM manages its services for people with common mental disorders (mostly depression, anxiety and personality disorders). Previously, the teams treating people with such problems were managed by borough directorates, which also managed teams mainly dealing with people who have other problems. Now, the teams dealing with common mental disorders are managed as a unit (a Clinical Academic Group), and the managers are therefore responsible exclusively for the organisation of care for these disorders.

The aim of our research programme as a whole is to find out what effects this reorganisation has had, how these effects came about, and what the implications are for SLaM and for other NHS organisations.

We are asking you to help us with one part of this programme, which is to develop a "logic model" for the introduction of the Clinical Academic Group. A logic model is a diagram showing the mechanisms by which the introduction of the Clinical Academic Group is thought to produce its effects. At first, the model will be built using your (and others') knowledge of the Clinical Academic Group, of SLaM, and of how things happen in the NHS (from the perspectives of staff, users and carers). This will help us to know what to look for when (in the other part of the programme) we seek out data to help us provide evidence for the effects of the reorganisation. Later, the results of this other part of the programme will be presented to you and the other participants so that you can help us to refine the original logic model so that we can use it to provide a detailed interpretation of the results.

Why have I been approached?

You are a user of SLaM's services for common mental disorder. You are either involved in the advisory group for the Mood, Anxiety and Personality Clinical Academic Group or have indicated to someone involved in that group that you may be willing to consider participating.

Do I have to take part?

No. It is entirely up to you. After reading through this information and talking to the researcher you will be given a consent form which you will need to sign if you wish to take part. Take as long as you need to decide whether to take part or not.

You can change your mind later about taking part in the study without giving a reason. If you wish to withdraw you simply need to let the researcher know. We will use information collected from you up to the point that you leave the study: any such information will be treated as confidential, exactly as it would be had you continued in the study (see 'What does the research involve' below).

Your decision to take part in the study or not take part in the study will not influence your care in any way.

What does the research involve?

We would like you to attend three group meetings over the next few months. The first two of these will be between you, two other carers and the researchers. The third meeting will also be attended by six staff members and by three service users. Around ten months after the study starts you will be invited to a further joint meeting, and there will also be a final joint meeting around 22 months after the study start. Each meeting will last one to two hours. You will be asked to work with the researchers and other participants, talking about the Clinical Academic Group program, learning from other participants about the program and their views about it, and working on the "logic model". You will not have to talk about any health problems that you yourself may have had, although we hope that your contributions will draw on your experience of how SLaM's services operate.

Although most of the work of producing the logic model will be done during the meetings we will also wish to record the meeting for later analysis. We will ask your permission to do this. When we record an interview the recording will be stored securely. If we transcribe the interview, identifying details will be replaced with a codeword. The meetings will take place either at the Maudsley Hospital or at the Institute of Psychiatry in Camberwell.

The main results of the study will be presented in professional journals, in reports back to the National Institute of Health Research and through other channels, for example, conferences and research briefings. Your involvement in the study will be strictly confidential and we will take care not to publish other details that might allow you to be identified. When we write about the research we may wish to use direct quotes from you if they illustrate particular points in the results. Again, we will ensure that no details will be present that would allow you or any other person to be identified. We will never allow personal details about you to be spread outside the research team at the Institute of Psychiatry. In particular, we will not pass any such information back to anyone involved in your treatment, to any family member or any other carer.

Any information collected will be kept securely for up to five years in order to permit the research team to re-examine and, possibly, reanalyse data. It will be destroyed after that point.

You will be offered reimbursement for travel expenses. We will arrange refreshments. We will also offer you £25 as compensation for the time involved in taking part.

What if there is a problem?

If you are concerned about the research or wish to make a complaint you may contact the project coordinator Dr Alex Tulloch about this (see the top of the first page for contact details). Alternatively, you can use the NHS Complaints Procedure. We do not anticipate that any harm will result from this study, but a system of 'no-fault' compensation is in place at Kings College London to provide for this.

The Effects on Care for Common Mental Disorder of the Introduction of Management by a Clinical Academic Group: the MAPCAG Longitudinal Evaluation (MAPLE)

Work Package 1: Logic Model Development

Consent Form – Service User

I confirm that I have read the information sheet for service users for this study / had the information sheet for service users for this study read to me (delete as applicable). I have had the opportunity to ask questions and to consider whether or not I wish to take part.
YES/NO

I understand that my participation is entirely voluntary and that I can withdraw from the study at any time without giving a reason and that this will not affect my treatment or my rights.
YES/NO

I understand that relevant sections of the data collected during the study may be looked at by individuals from regulatory authorities, where it is relevant to my taking part in this research. I give permission to these individuals to have access to my records.
YES/NO

I consent to participate in the study.
YES/NO

In addition I agree to an audio recording of interviews being made.
YES/NO

In addition I agree that direct quotes from me may be used in presenting the results of the study. I understand that any information that would allow me or any other person to be identified will be removed. (Please note that consent to this is not necessary in order to participate in the study).
YES/NO

PLEASE PRINT AND SIGN YOUR NAME BELOW:

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Researcher's signature……
Date……

The Effects on Care for Common Mental Disorder of the Introduction of Management by a Clinical Academic Group: the MAPCAG Longitudinal Evaluation (MAPLE)

Work Package 1: Logic Model Development

Information about the research – Staff / Professional

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Why have I been approached?

You are a professional involved with SLaM's Mood, Anxiety and Personality Clinical Academic Group, either as a SLaM or KCL staff member, or as a referrer to the service.

Do I have to take part?

No. It is entirely up to you. After reading through this information and talking to the researcher you will be given a consent form which you will need to sign if you wish to take part. Take as long as you need to decide whether to take part or not.

You can change your mind later about taking part in the study without giving a reason. If you wish to withdraw you simply need to let the researcher know. We will use information collected from you up to the point that you leave the study: any such information will be treated as confidential, exactly as it would be had you continued in the study (see 'What does the research involve' below).

Your decision to take part in the study or not to take part will not influence your employment in any way.

What does the research involve?

We would like you to attend three group meetings over the next few months. The first two of these will be between you, five other professional / staff informants and the researchers. The third meeting will also be attended by three carers of users of the services offered by the Clinical Academic Group and by three service users. Around ten months after the study starts you will be invited to a further joint meeting, and there will also be a final joint meeting around 22 months after the study start. Each meeting will last one to two hours. You will be asked to work with the researchers and other participants, talking about the Clinical Academic Group program, learning from other participants about the program and their views about it, and working on the "logic model".

Although most of the work of producing the logic model will be done during the meetings we will also wish to record the meeting for later analysis. We will ask your permission to do this. When we record an interview the recording will be stored securely. If we transcribe the interview, identifying details will be replaced with a codeword. The meetings will take place either at the Maudsley Hospital or at the Institute of Psychiatry in Camberwell.

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Consent Form – Staff & Professionals

I confirm that I have read the information sheet for staff & professionals for this study. I have had the opportunity to ask questions and to consider whether or not I wish to take part.

YES/NO

I understand that my participation is entirely voluntary and that I can withdraw from the study at any time without giving a reason and that this will not affect my rights.

YES/NO

I understand that relevant sections of the data collected during the study may be looked at by individuals from regulatory authorities, where it is relevant to my taking part in this research. I give permission to these individuals to have access to my records.

YES/NO

I consent to participate in the study.

YES/NO

In addition I agree to an audio recording of interviews being made.

YES/NO

In addition I agree that direct quotes from me may be used in presenting the results of the study. I understand that any information that would allow me or any other person to be identified will be removed. **(Please note that consent to this is not necessary in order to participate in the study).**

YES/NO

PLEASE PRINT AND SIGN YOUR NAME BELOW:

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Researcher's signature……

Date……