

## **Phase 1 Topic Guide : Interviewing Parents**

### **Having a baby in the local neonatal unit**

- How would you describe your time in the unit
  - how long on the unit, distance travelled

### **Communication with the staff**

- Was there anyone in the LNU you found it easy to talk to (doctors and nurses?)
- What was it that made them the most supportive

### **Preparation for going home**

- Who on the unit did you find most helpful in preparing you for going home?
- Did you feel ready to go home?
  - emotional readiness (yourself)
- Did you feel that you were prepared for going home?
  - practical tasks (notice, cares, training etc)
- When did you let your family know that your baby was going home?
  - partner, children, wider family

### **Now you are at home**

- Who have you found most helpful in discussing any problems you have had?
- Who have you found has most useful knowledge?
- Have you felt prepared for your time at home?
- What do you wish you had been told about before you went home?
- Capture – messages around breastfeeding and formula. What messages from the staff

## **Phase 2 Topic Guide: Interviewing Parents**

### **Having a baby in the local neonatal unit**

- How would you describe your time in the unit:
  - how long on the unit, distance travelled, other children etc.

### **Communication with the staff**

- Was there anyone in the LNU you found it easy to talk to (doctors and nurses?)
- What was it that made them the most supportive
- Train to home: did anyone discuss the train to home with you?
- Did your baby go home within the dates on the train?
- Booklets: did you or your family use them? Eg: writing, stickers,

### **Preparation for going home**

- Who on the unit did you find most helpful in preparing you for going home?
- Did you feel ready to go home?
  - emotional readiness (yourself)
- Did you feel that you were prepared for going home?
  - practical tasks (notice, cares, training etc)
- Capture – messages around breastfeeding and formula from the staff.
- When did you let your family know that your baby was going home?
  - partner, children, wider family

### **Now you are at home**

- Who have you found most helpful in discussing any problems you have had?
- Who have you found has most useful knowledge?
- Have you felt prepared for your time at home?
- What do you wish you had been told about before you went home?
- Use of the internet – apps etc.