

## The Productive Ward - *Releasing time to care™* (box set)

**The Productive Ward - *Releasing Time to Care™*. Module Boxed Set.** (2008) NHS Institute for Innovation and Improvement. Modules and toolkit. Version 3. ISBN: 978-1-906535-26-1

A boxed set of modular books and supporting information including: Executive Leader's Guide, Project Leader's Guide and Ward Leader's Guide. Module books include: *Knowing How we are Doing*, *Well Organised Ward*, *Patient Status at a Glance*, *Patient Observations*, *Admissions and Planned Discharge*, *Shift Handovers*, *Meals, Medicines*, *Patient Hygiene*, *Nursing Procedures*, *Ward Round*. *The toolkit involves guided activities: your vision, meetings, activity follow, video waste walk, interviews, photographs, video, timing processes, calculating related incidents, process mapping, cost/benefit analysis, module action planner, 5-why analysis, spaghetti diagrams, audit planning, visit pyramid, 5S game, time benefit quantification.*

(Further detail provided below)

**The Productive Ward - *Releasing Time to Care™*. Executive Leader's Guide.** (2008) NHS Institute for Innovation and Improvement. Version 2. ISBN: 978-1-906535-22-3

A guide for Executive Leaders to help design successful outcomes, to outline likely opportunities and challenges and common questions. Sections of the guide include: *Context*: Why focus on direct care has financially beneficial outcome. *Module Structure*: Structure of pack, aim and structure of modules, module summaries, module's status. *Guidance for the Executive Sponsor*: Support, standards, timing, and capitalising on results, training and commitment from line managers, attitudes and approaches to ensure best results. *Getting Started*: Creating goals and strategies, forming recommended teams and roles with commitment and support at all levels, showcase wards, measuring The Productive Ward progress, communications. *Sustain*: Pre-planning awareness, ongoing support and involvement at all levels. *Spread*: Methods for all levels to ensure The Productive Ward is implemented on all wards. Includes a recommended reading list.

**The Productive Ward - *Releasing Time to Care™*. Project Leader's Guide.** (2008) NHS Institute for Innovation and Improvement. Version 2. ISBN: 978-1-906535-21-6

A guide for Project Leaders to help construct a workable Productive Ward implementation plan. Sections of the guide include: *Context*: Outline of PW and individual modules, role description and management suggestions, reading list. *Project Start Up*: Preparation and planning at all levels, goals and strategy advice, expected role requirement changes over time, project planning, showcase ward. *Sustain*: Methods to ensure sustainability. *Spread (moving from showcase wards)*: Development of 'start small and expand rapidly' and start medium and expand in a linear fashion' shown in Executive's Guide, resources, communication, engagement, reflection and skill building for sustainable and successful 'spread'.

**The Productive Ward - *Releasing Time to Care™*. Ward Leader's Guide.** (2008) NHS Institute for Innovation and Improvement. Version 3. ISBN: 978-1-906535-20-9.

A guide for Ward Leaders to help implement The Productive Ward. Sections of the guide include: *Productive Ward Modules*: Introduction to PW, aims, applicability to the Ward Leader, module summaries. *You*: Various aspects of role of the Ward Leader within The Productive Ward, planning and preparation, implementing, supporting, sustaining, likely barriers, advice and suggestions. *Ward Start-Up*: Outline of team set up in organisation, areas to monitor, alter, prepare and implement prior to starting, suggested implementation and communication methods. *Sustain*: Ward visits, 10 point check list, measurement, key dimensions of care, audits and staff support. *Keep Moving - Spread*: New staff orientation to PW standards, ongoing improvements, building PW into roles, sharing information.

**The Productive Ward - *Releasing Time to Care™*. Knowing How we are Doing.** (2008) NHS Institute for Innovation and Improvement. Version 3. ISBN: 978-1-906535-17-9.

Module book content:  
Introduction and rationale. Learning Objectives. Creating module baseline and tracking progress. Explains steps through six-phase process. *Prepare*: Module Roles and Responsibilities. Local Management Role. Gathering Ward Data. Turning ward data into process and outcome measures. *Assess*: five key questions to plan response to the data. Two key questions to ensure the data will lead to change. How to deal with unexpected occurrences. *Diagnose*: four examples of successful methods of displaying processes and outcome measures. *Plan*: Displaying the board. Making it easy to use. Identifying aims and goals using SMART. Ward meetings; good habits, reviewing, communication, preparing staff, are staff ready? Creating the 'Standard Operating

Procedure'. *Treat*: Identifying what to test. Prepare for testing. During the test. *Evaluate*: Agreed changes – checklist. Assessing the impact of the display board and regular reviews. *Appendices*: *How can I make it stick?* Four points to consider incorporating monitoring and audits, leadership, continued improvement, maintaining standards. *Hints and tips – General*: suggestions looking at maintaining enthusiasm, communication, celebrating success, utilising support systems. *Hints and tips – Problem Solving*: Combating five possible problematic areas. *The Productive Ward Measures quick reference table*: Fold out chart. Patient Satisfaction: 5-6 questions to evaluate measures that have been changed – can be analysed quicker than longer more detailed form. *Ward measures self-assessment*: Short questionnaire for Ward Manager to assess changes and see if they are successful/identifiable etc. *Review Meeting Guidelines*. *Weekly Review Meeting Checklist*: Have learning objectives been met? 5 questions to help ascertain this. 10 (11!) point check list.

**The Productive Ward -  
Releasing Time to Care™.  
Well Organised Ward.**  
(2008) NHS Institute for  
Innovation and  
Improvement. Version 3.  
ISBN: 978-1-906535-18-6.

Module book content:  
Introduction to the module and purpose of 5S (Sort, Set, Shine, Standardise, Sustain) looks at HOW areas can change, not WHAT to change. *Learning objectives*: How to apply the module, use of toolkit. *Prepare*: Inform ward staff, patients, other necessary internal hospital staff about plans; team is decided and in agreement to participate. *Assess*: Follow the 5S guide to assess the area chosen for intended changes. *Diagnose*: Examples of changes that have worked, suggested audits. *Plan*: Organising the ward using 'Sort, Set, Shine' from 5S model, use of spaghetti diagrams, visual aids, team working to logically reorganise ward. *Treat*: Test changes/difference via feedback, audits, meetings, 'after' videos and, outside senior leadership viewing and auditing. *Evaluate*: Review 'Treat' stages, investigate any further necessary changes, use inventory sheets, communicate findings. Use 'Standardise and Sustain' from 5S model. Standardise: definition, aim, process, examples. *Sustain*: aim and process, use of frequent auditing. *How can I make it stick?*: Have in constant process audits and monitoring, leadership in action, continued improvements. Use and revisit learning objectives. 10 point check list.

**The Productive Ward -  
Releasing Time to Care™.  
Patient Status at a  
Glance.** (2008) NHS  
Institute for Innovation and  
Improvement. Version 3.  
ISBN: 978-1906535-19-3

Module book content:  
Introduction and rationale for PSAG. *What is Patient Status at a Glance?*: learning objectives, 3 second rule. *What tools will I need?*: Identifies tools and structure cycle. *Prepare*: identify team/staff/ward/policies/governance, information board. *Assess*: Key questions, using Activity Follow analysis, board use analysis. *Diagnose*: six examples of successful ideas. *Plan*: Board considerations, pilot, communication and team involvement. *Treat*: Audit with clear guidelines re: why, for what purposes, use of audit information and people to be involved in the process. *Evaluate*: Use of audit results, verbal communication, trial and error. *How can I make it stick?*: Monitor, audit, leadership in action, continued improvement. Use and revisit learning objectives. Close look at interruptions and surrounding issues. 10 (11!) point check list.

**The Productive Ward -  
Releasing Time to Care™.  
Patient Observations.**  
(2008) NHS Institute for  
Innovation and  
Improvement. Version 3.  
ISBN: 978-1906535-12-4

Module book content:  
Introduction and rationale for POBS. *What is the Patient Observations module?*: learning objectives, baseline and progress tracking. *What tools will I need?*: Guide to necessary tools, six-phase process. *Prepare*: nine preparatory steps. *Assess*: nine assessment steps, reliability/alternative audits, using audits to help assessments, five key assessment questions. *Diagnose*: four examples of successful ideas to better organise observation rounds. *Plan*: five key questions, using the toolkit to create and implement the plan, creating a 'standard', equipment organisation. *Treat*: three checklist areas to ensure the plan is successful. *Evaluate*: two steps – collect information, analyse information. *How can I make it stick?* four consideration points, assessing learning objectives, 10 point checklist.

**The Productive Ward -  
Releasing Time to Care™.  
Admissions and Planned  
Discharges.** (2008) NHS  
Institute for Innovation and  
Improvement. Version 3.  
ISBN: 978-1-906535-13-1

Module book content:

Introduction and rationale for APD. *What is the Admissions and Planned Discharge module?:* learning objectives, baseline and tracking. *Prepare (Admissions):* preparatory steps for gathering appropriate information about admissions. *Assess (Admissions):* assessment steps of information gathered – serves to give foundation in diagnosis stage of areas in need of change. *Prepare (Discharge):* ten preparatory steps, very similar to admission steps, gathering relevant data. *Assess (Discharge)*–assessment/review steps. *Diagnose:* five examples of successful ideas which improved APD process – intention is to help with ‘Plan’ stage. *Plan:* Design changes/improvements based on areas highlighted by previous steps, involvement of all necessary stakeholders to agree changes, planning how to implement – use of ‘standard operating procedure’. *Treat:* How to test and assess various ideas and outcomes prior to implementation as new structure. *Evaluate:* Builds on ‘Treat’ phase but focuses on bigger picture using three steps looking at data collection, analysis and communication. *How can I make it stick?:* five consideration points, assessing learning objectives, 10 point checklist.

**The Productive Ward -  
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Shift Handovers.** (2008)  
NHS Institute for  
Innovation and  
Improvement. Version 3.  
ISBN: 978-1-906535-14-8

Module book content:

Introduction and rationale. *What is the Shift Handover module?:* learning objectives. *What tools will I need?:* List of necessary tools, creating and tracking baseline and progress. *Prepare:* preparatory steps using toolkit approach, identify all relevant information pertaining to handovers. *Assess:* Uses: processing located information; accident and errors, patient experience; staff experience and five key questions to enable assessment of current handover state. *Diagnose:* ten examples of successful ideas to help with ‘Plan’ stage. *Plan:* Team approach, plan new design, how it will be implemented, use of ‘standard operating procedure’ so handover is consistent. *Treat:* Identify what is being tested, preparing and assessing testing. *Evaluate:* four steps of information collection, analysis, development and communicating success. *How can I make it stick?:* three consideration points, assessing learning objectives, 10 point checklist.

**The Productive Ward -  
Releasing Time to Care™.  
Meals.** (2008) NHS  
Institute for Innovation and  
Improvement. Version 3.  
ISBN: 978-1-906535-15-5.

Module book content:

Introduction and rationale. *What is the Meals module?:* Further introduction, learning objectives. *What tools will I need?:* List of necessary tools to work through six phase process. *Prepare:* preparatory steps to collate information on current situation, staff and patient input, best practice. *Assess:* the information gathered, accident and errors, patient and staff experiences. *Assess* as closed and open team (ward and non-ward). *Diagnose:* examples of successful ideas in altering meal times to help with planning your own improvements. *Plan:* Using previously gathered information to create a ‘Standard operating procedure’, example from test site. *Treat:* Identify points to test, preparing and undertaking test. *Evaluate:* 3 steps collecting, analysing and locating further areas for improvement in meal time routine. *How can I make it stick?:* three consideration points, assessing learning objectives, 10 point checklist.

**The Productive Ward -  
Releasing Time to Care™.  
Medicines.** (2008) NHS  
Institute for Innovation and  
Improvement. Version 3.  
ISBN: 978-1-906535-16-2.

Module book content:

Introduction and rationale. *What is the Medicine Round module?:* learning objectives. *What tools will I need?:* List of necessary tools to work through six phase process. *Prepare:* preparatory steps forming the process and collating relevant information. *Assess:* the information gathered to this point with a focus on the process, accident and errors, staff experience, patient experience, policy. 5 key questions. *Diagnose:* six examples of successful ideas from wards who have improved their medicine rounds. *Plan:* five ‘thought starter’ questions, creating a new design and a ‘standard operating procedure’. *Treat:* Identify what needs to be tested, preparing and undertaking test, keep all staff up to date, included and informed with regular assessment. *Evaluate:* collecting, analysing and locating further areas for improving medicine rounds. *How can I make it stick?:* three consideration points, auditing highly recommended, assess if learning objectives have been met, 10 point checklist.

**The Productive Ward -  
Releasing Time to Care™.  
Patient Hygiene.** (2008)  
NHS Institute for  
Innovation and  
Improvement. Version 3.  
ISBN: 978-1-906535-09-4.

Module book content:

Introduction and rationale. *What is the Patient Hygiene module?* Learning objectives, creating and tracking baseline progress, six phase process. *Prepare:* preparatory steps gather information to give a clear picture of the current patient hygiene routines. *Assess:* Gathering and understanding information using toolkit. Identify which area/s of PH you want to work on. *Diagnose – Featuring ideas that have worked!:* ten working examples. *Plan:* creating new design, agreeing changes, plan and implementing new process, creating a 'standard operating procedure'. *Treat:* Identifying appropriate tests, planning the tests. *Evaluate:* Collating appropriate information, communicating success in measurable ways to ensure sustainability. *How can I make it stick?:* five consideration points, assessing learning objective, 10 point checklist

**The Productive Ward -  
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Nursing Procedures.**  
(2008) NHS Institute for  
Innovation and  
Improvement. Version 3.  
ISBN: 978-1-906535-10-0.

Module book content:

Introduction and rationale. *What is the Nursing Procedures module?:* learning objectives, creating a baseline and progress tracking. *What tools will I need?:* necessary tools and the six phase process. *Prepare:* preparatory steps. Step 3 contains 6 stages of identifying 'target procedure'. Entire process gathers data to allow for accurate assessment. *Assess:* Analyse feedback from patients and staff. Identify error rate from incident report forms. Policy explanation. Data analysis and five key questions to help create a clear picture of current situation. *Diagnose:* nine successfully implemented ideas. *Plan:* Creating a new NP design; three steps compiling; creating a plan, implanting plan, agreeing changes. Next step is to create a 'standard' for all staff to follow. *Treat:* Test stage; prepare staff/ward/environment for test, necessary undertakings to occur during test phase. *Evaluate:* two steps; gathering updated data and staff communication and evaluating the data. *How can I make it stick?:* three consideration points. *Spread (to other nursing procedures):* How to replicate outcome without repeating unnecessary stages; 'wide, narrow, wide'. Assess if met learning objectives, three consideration points, 10 point checklist.

**The Productive Ward -  
Releasing Time to Care™.  
Ward Round.** (2008)  
NHS Institute for  
Innovation and  
Improvement. Version 3.  
ISBN: 978-1-906535-11-7.

Module book content:

Introduction and rationale. *What is the Ward Round module?:* module baseline, tracking progress, guide to tools needed from toolkit and six phase process. *Prepare:* preparatory steps to gather suitable data for analysis of; communication, team organisation, locating areas for data collection. *Assess:* Introduction to section, steps of reviewing data, includes input of all ward staff and relevant stake holders. *Diagnose:* three successful ideas to help with team decision making. *Plan:* three steps to create new 'design' for ward round process, agreeing the changes (consulting various members of the MDT), planning the implementation processes. Next step = create a 'standard operating procedure'. *Treat:* Testing the small preliminary changes; considering types of tests, preparing for testing, plan what needs to occur during testing. *Evaluate:* Build on results from 'treat' stage. Three steps; collecting information, analysing it, communicating successes. *How can I make it stick:* suggestions for ensuring sustainability. Assess if learning objectives met, four consideration points, 10 (13!) point checklist.

**The Productive Ward -  
Releasing Time to Care™.**  
Toolkit. (2008) NHS  
Institute for Innovation and  
Improvement. Version 3.  
ISBN: 978-1-906535-08-7

Module book content:

Introduction and explanation of toolkit as reference manual.

*Your vision*: definition, purpose, process, using it for change.

*Meetings*: Rationale and purpose, 12 tips, 4 P's – Plan, Prepare, Participate, Pursue.

Agenda design. Role of chairperson.

*Activity follow*: Rationale and purpose, activity follow sheet, 7 preparatory steps, conducting the AF, calculating % of direct care, analysing and interpreting the AF, 'totalising' results to find overall % of direct care.

*Video waste walk*: Rationale and purpose, 11 point process in undertaking VWW, 7 types of waste, example of WWSheet, close links to 'video' tool. Interviews: Rationale and purpose, top tips, use of 'open' questions.

*Photographs*: Rationale and purpose, top tips, consent.

*Video*: Rationale and purpose, top tips, watching video back, advanced tips.

*Timing processes*: Rationale and purpose, process.

*Calculating related incidents*: Rationale and purpose, method.

*Process mapping*: Rationale and purpose, technique, 8 step example, summary.

*Cost/benefit analysis*: Rationale and purpose, process.

*Module action planner*: Rationale and purpose, using cost/benefit analysis results to design module planner sheet, 9 top tips, detailed MAP and how to fill in the MAP sheet.

5-why analysis: Rationale and purpose, 5-why characteristics, Statement of problem. Spaghetti diagrams: Rationale and purpose, gathering information, example.

Audit planning: Rationale, examples, reviewing.

*Visit pyramid*: Rationale, examples, guidance, 10 Ward Master.

*5S game*: Preparation, playing the game.

Time benefit quantification: Rationale and example