

## INFORMATION SHEET FOR PARTICIPANTS IN INTERVIEW

### Young adult with Attention Deficit Hyperactivity Disorder (ADHD)

VERSION NUMBER [1.4]: DATE [17/05/2016]



### Children and adolescents with ADHD in transition from children's services to adult services

Thank you for taking the time to learn about this project that focuses on what happens to young people with Attention Deficit Hyperactivity Disorder (ADHD) when they are too old for children’s services. Please read this information sheet carefully; you might want to talk about the study with a family member or friend before you decide to take part or not. If you have questions, ask the researcher.

**No, you do not HAVE to take part in this study**

Whether or not you take part in this study is up to you. Your decision will not affect your care, whether you decide to take part or not.

**What is this project about?**

We know little about what happens or should happen to young people with ADHD once they transfer to adult services. Also, which UK areas have specialist services for young adults with ADHD. In this study we will examine how many young people are in need of services for ADHD as adults. We also want to explore how current service users and service providers experience this transition to adult services.

**Why do you want to talk to me?**

We want to talk to young people with ADHD about the care they receive for managing their ADHD. We want to know what you think about the care you receive(d) and how you see your future.

**What will I be asked to do?**

If you agree to take part in the study, the person who gave you this form will take your contact details. A researcher will then contact you to set a date for an interview.

During the interview a researcher will ask you questions about your experiences of you re-entering the care system to get help for your ADHD.

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**Children and adolescents with ADHD in transition from children’s services to adult services**

CONSENT FORM FOR YOUNG ADULT—VERSION NUMBER [1.4] [17/05/2016]

I have read the information sheet and understand what the study is about. My questions have been answered to my satisfaction. I understand that I am free to request further information at any stage.

I agree that (circle the correct response - Y: Yes, N: No):

1.	Somebody has explained this study to me.	Y/N
2.	I have received the information sheet.	Y/N
3.	I understand what this project is about.	Y/N
4.	I know that I can stop the interview at any time, or refuse to answer a question.	Y/N
5.	I know that the interview will be audio recorded and I know that the recording will be destroyed at the end of the project.	Y/N
6.	I know that the results of the project may be published but my name will not be mentioned.	Y/N

I agree to take part in this project.

\_\_\_\_\_ Date and signature of participant  
 Printed name of participant

\_\_\_\_\_ Date and signature of researcher  
 Printed name of researcher

**This project has been reviewed and approved by the NRES Yorkshire & the Humber – South Yorkshire Research Ethics Committee (REC Reference: 15/YH/0426)**

I agree to take part in this project.

\_\_\_\_\_  
Printed name of participant      Date and signature of participant

\_\_\_\_\_  
Printed name of researcher      Date and signature of researcher

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*Researcher's copy*

The interview will take place at a location of your choice, for example at your home or any place where you feel comfortable talking. We can also do the interview over the computer (e.g. by Skype) if you prefer.

**Time commitment**

The interview will take approximately one hour. If you would like a break, stop the interview, or do the interview in different takes, we can do so.

**To say thank you,**

we will give you a £10 high street voucher.

**Can I change my mind and withdraw from the project?**

You may stop taking part in the project at any time. This will not have any effect on you or the care you receive.

**How will data or information be collected and what use will be made of it?**

The interview will be recorded. The audio-tapes will be kept in a secure storage during the length of the study and will be destroyed once the study is finished.

You can ask the researcher not to record the interview, and take notes instead.

Your name will never be mentioned, not when we write out the interview, or when we write up the results of the study.

NOTE: We have a list of topics that we want to talk to you about, but we don't have precise questions. As a consequence, the questions will depend on the way in which the interview develops. Therefore, the Ethics Committee has not been able to review the questions as they are asked during the interview.

If you feel uncomfortable about a question or do not want to answer it, please let the researcher know.

**What happens at the end of the study?**

We will write a report about all the things we find out by talking to you, other young people and young adults with ADHD.

The National Institute for Health Research (NIHR) asked us to do this study. This is the research department of the Department of Health. They aim to improve the health and wealth of everyone in the country by doing research. This report will help people understand the transition from children’s services to adult services for people with ADHD.

We will also tell clinicians (paediatricians, psychiatrists) what we have learned. We plan to write up guidelines for parents and young people to help them on their journey to adult services, to facilitate the transition process.

**Will you tell anyone else what I told you?**

Everything you say to us is confidential. However, we have a duty of care. This means that if we think you are in danger we will contact your doctor and or other relevant professionals and tell them about this. We would only do this after we have explained to you that we think this is necessary. If you have questions about this please ask the researcher before you start the interview.

**What if I have questions after this interview?**

If you have questions about ADHD and or other issues triggered by the interview, we advise you to talk about this with your doctor. You can also contact your GP. The researcher doing the interview can not offer

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6.	I know that the results of the project may be published but my name will not be mentioned.	Y/N



you treatment but he or she can direct you to someone who might be able to help you.

**Do you have questions about the study before you can decide whether or not to take part?**

If you have any questions about our project, please contact us. We are here to answer your questions. Contact Astrid Janssens:

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**Complaints**

If you have any complaints please contact the Chair of the University of Exeter Medical School Research Ethics Committee: Ruth Garside, PhD or Rob Anderson, PhD — Co-chairs of the UEMS Research Ethics Committee.

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