

This file contains the *Qualitative Study - Topic Guide for Pre-transition Patients* from the NIHR CATCH-uS ADHD Transition Research Project (2015 – 2019).

For more information or to ask permission to use this tool please contact catchus@exeter.ac.uk

Topic Guide 1: Young people (14-16) prior to transition

1. Current contact with services

- a) Could you tell us a little bit about any help you get for your ADHD?
 - a. Where do you get this help?
 - b. If CAMHS/paediatric services not mentioned then prompt to ask:
what help do you get from CAMHS/paediatric services (depending on service from which they have been recruited)?
- b) Do you come to this CAMHS/paediatric service for any other reason (other than ADHD)?

2. Future

- a) Currently, you take medication for your ADHD. Do you see yourself carrying on with medication for ADHD in the future?
 - Why did you start medication in the first place?
 - What were the things you struggled with most?
 - What was the main reason to start medication for your ADHD?
And has it helped?
 - For continuing:
 - What is currently the main reason to continue your treatment?
 - Do you see yourself taking medication when growing up (suggestion: at 16/18, when leaving school, ...)?
Why (not)?
 - For stopping
 - When might that be?
 - Why might make you decide to stop taking medication?
 - What might make you decide to continue?
- b) Do you think you will still need help or support for your ADHD after you leave school?
 - Why might that be? (if yes or no)
 - When you become an adult who do you think will give you help or support for your ADHD?
 - Has anyone talked to you about when you might have to move from this service (paediatrics/CAMHS) to another service?
 - If so, what did you discuss?
 - When?
 - Has anyone talked to you about services that help or treat adults with ADHD?
 - If so, what did you discuss?
 - When?
 - Whether or not someone has talked to you about this, what would you like to know?
 - What type of help or treatment would you like to be available for adults with ADHD? Do you have any ideas about what would make a 'good' service for adults with ADHD (might need some extra prompts about accessibility and acceptability (MH or not)?
 - If you were to move from this CAMHS/paediatric service to a service for adults with ADHD, what do you think would help make your experience of the move as helpful as possible?