

Skills checklist for the PROPEL training pelvic floor and vaginal assessment practical session.

Name:

During the objective examination the clinician will:

- Obtain informed consent.
- Ask the model for any information they (as an examiner, undertaking an examination without a subjective assessment) should have in advance of the examination.
- Demonstrate an appropriate awareness of issues relating to comfort, privacy and dignity of the model.
- Demonstrate appropriate infection prevention/control procedures.
- Communicate effectively with the model in terms of giving instructions, answering questions and picking up non-verbal cues.
- Observe the perineal area to identify any abnormalities, including compartment and severity of any pelvic organ prolapse.
- Demonstrate sensitive palpation skills.
- Accurately assess pelvic floor muscle function.
- Correctly document the assessment findings (observation and palpation), using the PROPEL clinical assessment form.
- Explain the assessment findings to the model.

Following completion of the checklist please list any areas of concern:

Name and signature of assessor/tutor:

Date