PARTICIPANT INFORMATION SHEET: Workshop

Version 5 - 24/8/18

Study title: De-implementation in health and care services: what works, for whom, why, and in which contexts? A Realist Synthesis

Invitation and brief summary

You are invited to take part in this study which is focused on investigating how clinicians, managers and policy makers reduce or eliminate low-value treatments or processes within health and care services. The study will fill a gap in the evidence-base by focusing on the de-implementation or de-adoption of such processes. This evidence synthesis is important for the public and patients, and the NHS as the current use of ineffective practices that lack an evidence-base or value translates into sub-optimal care, and a waste of resources.

What's involved?

In this study we are using a realist synthesis to answer the research questions. This is an approach used for reviewing evidence which recognizes the complex nature of different issues in healthcare, and which places emphasis on understanding the context of different situations. The study is being conducted in four phases over 18 months:

- In phase 1, a scrutiny of relevant literature and consultation with stakeholders through a workshop, and will include patient and public representatives (PPI), which will help develop a theory about de-implementation in health and social care.

- In phase 2, different bodies of the literature will be reviewed for its relevance to the aims of the review. We will then use this information to test out the theory we developed in phase 1.

- In phase 3, telephone interviews will be undertaken as a way of checking out the relevance and appropriateness of the evidence.

- In phase 4, actionable recommendations for managers and clinicians will be developed through a second workshop with key stakeholders, which will allow us to test out and refine our theories about how best to reduce low-value practices.

This information sheet relates to phase 1 and 4 of the project.

What would taking part involve?

You have been invited to take part in the workshop because of your interest and experience in this topic. **Insert date – time and venue** You will be re-reimbursed for your travel and lunch/coffee will be provided. The workshop will be audio-recorded and the recordings used to make anonymised transcripts. If you feel you do not want to answer any questions, or participate any further in the workshop, your data will be omitted from the study.

What are the possible benefits of taking part?

The findings from the workshop will be used to guide our evidence review. We will use our findings to produce useful programme theories and practical guidance for policy makers, managers and clinicians to help them reduce low-value practices.

What are the possible disadvantages and risks of taking part?

We cannot foresee any possible disadvantages or risks to you to taking part. We do not expect it to cover any sensitive issues within the workshop. There will be opportunity at the end of the workshop if you wish to discuss anything further and the project team will ensure appropriate support is available in case of any distress experienced.

If you have any communication requirements to help you participate in the study, then contact the Peter Jones on [telephone number] or [e-mail address].

What will happen if I don't want to carry on with the study?

Your participation is voluntary, and you can withdraw from the study at any point. If you wish to withdraw, any data that relates to you will be destroyed. If you wish to withdraw from the study, please contact Peter Jones on [telephone number] or [e-mail address].

How will my information be kept confidential?

Your personal data will remain confidential through the study. Individual participants will be allocated codes and/or pseudonyms, so that no names are identifiable, and any reference to workplace, location, names of individuals removed from the data and kept separately. This includes any quotations used for study publications. All participants will be given a code so that no personal information is identifiable in the reporting and dissemination of results.

What will happen to the results of this study?

It is anticipated that the results of the study will be shared widely. We will use our findings to formulate recommendations that will help health and care staff reduce low-value practices. Working with relevant stakeholders we will tailor our outputs towards managers (in the NHS and beyond), patients, educators, clinicians and other colleagues so they can be used to improve existing practices.

Who is organising and funding this study?

Bangor University are the sponsors of the study, which is funded by the National Institute for Health Research Evaluation Trails and Studies Co-ordinating Centre (NETSCC). This study is a collaborative research study with other University partners.

What do I do if I have any complaints or concerns about the study?

If you have any complaints or concerns about the study, you can contact the research officer Peter Jones [telephone number]. Alternatively, you can contact the study's principal investigator Dr Lynne Williams [telephone number].

Also you can contact the Head of School:
Professor Christopher Burton
Head of School, School of Healthcare Sciences
Bangor University
Gwynedd, LL57 2EF
Tel: [telephone number]
e-mail: [e-mail address]

How have patients and the public been involved in this study?

The project team includes a member of the public representing patient and public involvement (PPI). The PPI member takes an active role in the study, contributing to project planning, study development and implementation activities. The project team is also supported by a project advisory group which advises the project team on the study's development and dissemination plans.

Who has reviewed this study?

This study has been reviewed through Bangor University School of Healthcare Sciences HMS Ethics Committee. Proposal no: 16242

Bangor University is the sponsor for this study based in the United Kingdome. We will be using information from you in order to undertake this study and will act as the data controller for this study. This means that we are responsible for looking after your information and using it properly. Bangor University will keep identifiable information about you for 10 years after the study has finished until 2028.

Your rights to access, change or move your information are limited, as we need to manage your information in specific ways in order for the research to be reliable and accurate. If you withdraw from the study, we will keep the information about you that we have already obtained. To safeguard your rights, we will use the minimum personally-identifiable information possible.

You can find out more about how we use your information at [e-mail address].

Bangor University will use your name, and contact details to contact you about the research study, and make sure that relevant information about the study is recorded for your care, and to oversee the quality of the study. Individuals from Bangor University and regulatory organisations may look at your medical and research records to check the accuracy of the research study. The NHS site will pass these details to Bangor University along with the information collected from you. The only people in Bangor University who will have access to information that identifies you will be people who need to contact you to arrange date and time for the telephone interviews or audit the data collection process. The people who analyse the information will not be able to identify you and will not be able to find out your name or contact details.

Bangor University will keep identifiable information about you from this study for 10 years after the study has finished/ until 2028.

Further information and contact details

For further information about the study, please contact Peter Jones (Research Officer) on [telephone number] or [e-mail address].