**Supplementary material 11:** Members of the Project Advisory Group

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|   | **Name**  | **Institution, area of interest**  |
| **1**  | Professor Adrian Edwards (Chair)  | Cardiff University, GP and Professor of General Practice  |
| **2**  | Dr Rebecca-Jane Law (Project manager, Co-CI)  | Bangor University (North Wales Centre for Primary Care Research), exercise science and primary care  |
| **3**  | Professor Nefyn Williams (Co-CI)  | University of Liverpool, GP and Professor in Primary Care  |
| **4**  | Professor Robert van Deursen  | Cardiff University, Professor of Rehabilitation Science, Physiotherapy   |
| **5**  | Professor Julie Richardson  | Professor, Asst Dean Rehabilitation Science, School of Rehabilitation Science, McMaster University, Ontario, Canada  |
| **6**  | Dr Asangaedem Akpan  | Honorary Clinical Associate Professor,University of Liverpool & Consultant Geriatrician, Liverpool University Hospitals NHS FT  |
| **7**  | Professor Jeanette Thom  | Associate Professor Jeanette Thom, School of Medical Sciences, University of New South Wales, Australia, Exercise Physiology  |
| **8**  | Mr Malcolm Ward   | Swansea University, Honorary Associate. Former leader of Healthcare Settings working group, WHO European network for the promotion of health-enhancing physical activity (HEPA Europe).  |
| **9**  | Louise Williams  | Public Health England, Health and Well Being Programme Support Manager  |
| **10**  | Dr Freya Davies  | Cardiff University, Clinical Research Fellow (realist synthesis within the area of self-management for long-term conditions).  |
| **11**  | Andrea Hughes  | Public contributor  |
| **12**  | Alan David Pryce  | Public contributor  |