**Supplementary material 11:** Members of the Project Advisory Group

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|  | **Name** | **Institution, area of interest** |
| **1** | Professor Adrian Edwards (Chair) | Cardiff University, GP and Professor of General Practice |
| **2** | Dr Rebecca-Jane Law (Project manager, Co-CI) | Bangor University (North Wales Centre for Primary Care Research), exercise science and primary care |
| **3** | Professor Nefyn Williams (Co-CI) | University of Liverpool, GP and Professor in Primary Care |
| **4** | Professor Robert van Deursen | Cardiff University, Professor of Rehabilitation Science, Physiotherapy |
| **5** | Professor Julie Richardson | Professor, Asst Dean Rehabilitation Science, School of Rehabilitation Science, McMaster University, Ontario, Canada |
| **6** | Dr Asangaedem Akpan | Honorary Clinical Associate Professor,University of Liverpool & Consultant Geriatrician, Liverpool University Hospitals NHS FT |
| **7** | Professor Jeanette Thom | Associate Professor Jeanette Thom, School of Medical Sciences, University of New South Wales, Australia, Exercise Physiology |
| **8** | Mr Malcolm Ward | Swansea University, Honorary Associate. Former leader of Healthcare Settings working group, WHO European network for the promotion of health-enhancing physical activity (HEPA Europe). |
| **9** | Louise Williams | Public Health England, Health and Well Being Programme Support Manager |
| **10** | Dr Freya Davies | Cardiff University, Clinical Research Fellow (realist synthesis within the area of self-management for long-term conditions). |
| **11** | Andrea Hughes | Public contributor |
| **12** | Alan David Pryce | Public contributor |