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care home resident interview schedule (CHINT4 Resident)

Interviewer Notes

1. Using the interviewer prompts

When asking about how the respondent feels about the domain in question, interviewers may add that this question is asking about the service user's present situation to clarify the timeframe of the question.

2. Using the 'Don't know' option

This interview schedule is intended for use as part of a mixed-methods toolkit, and not recommended to be used as a standalone interview. If you are intending to use the schedule as a standalone tool, the 'don't know' option should be removed from the answers, as otherwise you will not be able to calculate an overall ASCOT score. It is advised that those using the mixed-method toolkit attend training provided by PSSRU.

3. Notes on Sensitive Questions

It should be noted that the set of questions asks respondents to think about their lives and experiences. This may be upsetting to some respondents, particularly if they are currently experiencing difficulties. We would recommend that the interviewer clearly explains the nature of the questions before obtaining informed consent, and emphasises the respondent's right to terminate the interview or to refuse to answer specific questions without further explanation.

4. Extra space

There is space under each question to record any further relevant information the respondent gives you regarding that domain. It may be useful to record any contextual information, or reasoning for a person's answer, in this box.



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Introduction

I would like to ask you some questions about your life here in the care home. I would like to know about your experience of living in this care home and how you feel about your quality of life here. I will do this by asking about different aspects of your life.

There are no wrong or right answers. I am just interested in your views and experiences.

If I ask you something that isn't clear just ask me to explain and if I ask you a question that you would rather not answer that is fine, just tell me you'd rather not talk about that and we can move on to another topic.

If you would like to either have a short break or stop the interview entirely at any point, again just let me know.

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Food and drink

1. Thinking about the food and drink you get, which of the following statements best describes your situation?

Interviewer prompt: If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

- | | |
|---|--------------------------|
| I get all the food and drink I like when I want | <input type="checkbox"/> |
| I get adequate food and drink at OK times | <input type="checkbox"/> |
| I don't always get adequate or timely food and drink | <input type="checkbox"/> |
| I don't always get adequate or timely for and drink, and I think there is a risk to my health | <input type="checkbox"/> |
| Not known [If not known, go to the next question] | <input type="checkbox"/> |

Notes:

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Accommodation cleanliness and comfort

2. Which of the following statements best describes how clean and comfortable it is here?

Interviewer prompt: *When thinking about how clean and comfortable it is here please think about communal areas of the care home such as the lounge, hallways and the dining room as well as your own room*

If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

- | | |
|---|--------------------------|
| It is as clean and comfortable as I want here | <input type="checkbox"/> |
| It is adequately clean and comfortable here | <input type="checkbox"/> |
| It is not quite clean or comfortable enough here | <input type="checkbox"/> |
| It is not at all clean or comfortable here | <input type="checkbox"/> |
| Not known [If not known, go to the next question] | <input type="checkbox"/> |

Notes:

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Personal cleanliness and comfort

3. Thinking about keeping clean and presentable in appearance, which of the following statements best describes your situation?

Interviewer prompt: If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

- | | |
|---|--------------------------|
| I feel clean and am able to present myself the way I like | <input type="checkbox"/> |
| I feel adequately clean and presentable | <input type="checkbox"/> |
| I feel less than adequately clean or presentable | <input type="checkbox"/> |
| I don't feel at all clean or presentable | <input type="checkbox"/> |
| Not known [If not known, go to the next question] | <input type="checkbox"/> |

Notes:

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Social participation & involvement

4. Thinking about how much contact you have with people you like, which of the following statements best describes your social situation?

Interviewer prompt: If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

- | | |
|---|--------------------------|
| I have as much social contact as I want with people I like | <input type="checkbox"/> |
| I have adequate social contact with people | <input type="checkbox"/> |
| I have some social contact with people, but not enough | <input type="checkbox"/> |
| I have little social contact with people and feel socially isolated | <input type="checkbox"/> |
| Not known [If not known, go to the next question] | <input type="checkbox"/> |

Notes:



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Occupation

5. Which of the following statements best describes how you spend your time?

Interviewer prompt: *When you are thinking about how you spend your time please include anything you value or enjoy such as leisure activities.*

If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

- I'm able to spend my time as I want, doing things I value or enjoy
- I'm able to do enough of the things I value or enjoy with my time
- I do some of the things I value or enjoy with my time but not enough
- I don't do anything I value or enjoy with my time
- Not known [If not known, go to the next question]

Notes:

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Control over daily life

6. Which of the following statements best describes how much control you have over your daily life?

Interviewer prompt: *By 'control over daily life' we mean having the choice to do things or have things done for you as you like and when you want.*

If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

- | | |
|---|--------------------------|
| I have as much control over my daily life as I want | <input type="checkbox"/> |
| I have adequate control over my daily life | <input type="checkbox"/> |
| I have some control over my daily life but not enough | <input type="checkbox"/> |
| I have no control over my daily life | <input type="checkbox"/> |
| Not known [If not known, go to the next question] | <input type="checkbox"/> |

Notes:

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Personal safety

7. Which of the following statements best describes how safe you feel?

Interviewer prompt: *By 'feeling safe' we mean how safe you feel both inside and outside the care home. This includes fear of abuse, falling or other physical harm.*

If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

- | | |
|---|--------------------------|
| I feel as safe as I want | <input type="checkbox"/> |
| Generally I feel adequately safe, but not as safe as I would like | <input type="checkbox"/> |
| I feel less than adequately safe | <input type="checkbox"/> |
| I don't feel safe at all | <input type="checkbox"/> |
| Not known [If not known, go to the next question] | <input type="checkbox"/> |

Notes:

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Anxiety

8. Which of the following statements best describes how often you feel worried or anxious?

Interviewer prompt:

If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

- | | |
|--|--------------------------|
| I hardly ever feel worried or anxious | <input type="checkbox"/> |
| I occasionally feel worried or anxious | <input type="checkbox"/> |
| I often feel worried or anxious | <input type="checkbox"/> |
| I constantly feel worried or anxious | <input type="checkbox"/> |

Notes:

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Low mood

9. Which of the following statements best describes how often you feel down or have a low mood?

Interviewer prompt:

If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

- | | |
|---|--------------------------|
| I hardly ever feel down or have a low mood | <input type="checkbox"/> |
| I occasionally feel down or have a low mood | <input type="checkbox"/> |
| I often feel down or have a low mood | <input type="checkbox"/> |
| I constantly feel down or have a low mood | <input type="checkbox"/> |

Notes:

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Pain

10. Which of the following statements best describes how often you are in pain?

Interviewer prompt: *If you have pain but it is well managed through medication or other techniques, please you answer on how often you are in pain with these things in place. If your pain is not well managed, base your answer on that.*

If needed, please prompt: *When answering the question, think about your situation at the moment.*

Please tick (☑) one box

- | | |
|---------------------------|--------------------------|
| I am hardly ever in pain | <input type="checkbox"/> |
| I am occasionally in pain | <input type="checkbox"/> |
| I am often in pain | <input type="checkbox"/> |
| I am constantly in pain | <input type="checkbox"/> |

Notes:

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Dignity

11. Which of these statements best describes how having help to do things makes you think and feel about yourself?

Please tick (☑) one box

- | | |
|--|--------------------------|
| Having help makes me think and feel better about myself | <input type="checkbox"/> |
| Having help does not affect the way I think or feel about myself | <input type="checkbox"/> |
| Having help sometimes undermines the way I think or feel about myself | <input type="checkbox"/> |
| Having help completely undermines the way I think or feel about myself | <input type="checkbox"/> |
| Not known [If not known, go to the next question] | <input type="checkbox"/> |

Notes:

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12. Which of these statements best describes how the way you are helped and treated makes you think and feel about yourself?

Please tick (☑) one box

- | | |
|--|--------------------------|
| The way I'm helped and treated makes me think and feel better about myself | <input type="checkbox"/> |
| The way I'm helped and treated does not affect the way I think or feel about myself | <input type="checkbox"/> |
| The way I'm helped and treated sometimes undermines they way I think and feel about myself | <input type="checkbox"/> |
| The way I'm helped and treated completely undermines the way I think and feel about myself | <input type="checkbox"/> |
| Not known | <input type="checkbox"/> |

Notes:



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