

**Participant Study No**

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*(for completion by co-ordinating  
centre in Aberdeen)*

For office use only

A	
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GORD TREATMENT CHOICE QUESTIONNAIRE

The  
**REFLUX**  
Trial



**GASTRO-OESOPHAGEAL REFLUX  
DISEASE (GORD) TREATMENT CHOICE  
QUESTIONNAIRE**

**CONFIDENTIAL**

This study is funded by the NIHR Health Technology  
Assessment Programme

## THE FOLLOWING TWO PAGES ARE FOR INFORMATION ONLY

Thank you for taking part in this survey.

The responses you give will help us find out which reflux treatment option has the biggest impact on overall health and quality of life. The information you provide will be completely confidential.

## HOW TO FILL IN THE QUESTIONNAIRE

In this questionnaire, you are presented with 10 questions relating to different GORD treatment choices, each describing two or three treatment options: Option A or Option B and sometimes Option C.

When answering these questions, we would like you to imagine that your gastroenterologist is offering you the choice of treatment options (A or B or C) and that (s)he would like you to pick the option you prefer. You would do this by putting a tick in the appropriate box.

Although, you may not like either treatment option, please choose the one that is most preferable to you.

Please tick just **ONE** box for every question.

PLEASE REFER TO THE GUIDANCE NOTES ENCLOSED WITH THIS QUESTIONNAIRE TO HELP YOU MAKE YOUR DECISIONS

Here is an **EXAMPLE QUESTION** to help you fill out the following questions:

**Example question** Which option would you choose?

	<b>Option A</b>	<b>Option B</b>
<b>Frequency of troublesome symptoms</b>	None at all	Once a week
<b>Chance of serious complications requiring hospitalisation</b>	1 in 500	1 in 800
<b>Chance of undergoing surgery</b>	2 in 3	1 in 20
<b>Chance of needing lifelong medication</b>	1 in 20	2 in 3

(Tick one box only)

**Option A**

**Option B**

**IN THIS CASE YOU WOULD PREFER TO:**

Have the option of no symptoms, having a 1 in 500 chance of serious complications, having a 2 in 3 chance of undergoing surgery, and a 1 in 20 chance of needing lifelong medication.

**RATHER THAN:**

The option of having symptoms once a week, having a 1 in 800 chance of serious complications, having a 1 in 20 chance of undergoing surgery, and a 2 in 3 chance of needing lifelong medication.

Please remember, **there is no right or wrong answer.**

We just want to know what **YOU** think.

## Choice 1 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Once a week	Two or three times a week
Chance of serious complications requiring hospitalisation	1 in 500	1 in 100
Chance of undergoing surgery	1 in 20	1 in 3
Chance of needing lifelong medication	5 in 6	1 in 3

(Tick one box only)

Option A

Option B

## Choice 2 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Two or three times a week	Most days/everyday
Chance of serious complications requiring hospitalisation	1 in 100	1 in 500
Chance of undergoing surgery	1 in 3	2 in 3
Chance of needing lifelong medication	1 in 20	2 in 3

(Tick one box only)

Option A

Option B

## Choice 3 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Two or three times a week	Most days/everyday
Chance of serious complications requiring hospitalisation	1 in 500	1 in 100
Chance of undergoing surgery	5 in 6	1 in 20
Chance of needing lifelong medication	2 in 3	1 in 20

(Tick one box only)

Option A

Option B

## Choice 4 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Most days/everyday	Not at all
Chance of serious complications requiring hospitalisation	1 in 300	1 in 800
Chance of undergoing surgery	1 in 3	2 in 3
Chance of needing lifelong medication	5 in 6	1 in 3

(Tick one box only)

Option A

Option B

## Choice 5 Which option would you choose?

	Option A	Option B	Option C
Frequency of troublesome symptoms	Two or three times a week	Most days/everyday	Two or three times a week
Chance of serious complications requiring hospitalisation	1 in 100	1 in 500	1 in 100
Chance of undergoing surgery	1 in 3	2 in 3	2 in 3
Chance of needing lifelong medication	1 in 20	2 in 3	1 in 3

(Tick one box only)

Option A

Option B

Option C

## Choice 6 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Once a week	Two or three times a week
Chance of serious complications requiring hospitalisation	1 in 100	1 in 500
Chance of undergoing surgery	2 in 3	5 in 6
Chance of needing lifelong medication	1 in 3	5 in 6

(Tick one box only)

Option A

Option B

## Choice 7 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Not at all	Once a week
Chance of serious complications requiring hospitalisation	1 in 800	1 in 300
Chance of undergoing surgery	1 in 20	1 in 3
Chance of needing lifelong medication	1 in 20	2 in 3

(Tick one box only)

Option A

Option B

## Choice 8 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Most days/everyday	Not at all
Chance of serious complications requiring hospitalisation	1 in 800	1 in 300
Chance of undergoing surgery	5 in 6	1 in 20
Chance of needing lifelong medication	1 in 3	5 in 6

(Tick one box only)

Option A

Option B

## Choice 9 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Not at all	Once a week
Chance of serious complications requiring hospitalisation	1 in 300	1 in 800
Chance of undergoing surgery	2 in 3	5 in 6
Chance of needing lifelong medication	2 in 3	1 in 20

(Tick one box only)

Option A

Option B

## Choice 10

Which option would you choose?

	Option A	Option B	Option C
Frequency of troublesome symptoms	Most days/everyday	Not at all	Most days/everyday
Chance of serious complications requiring hospitalisation	1 in 300	1 in 800	1 in 100
Chance of undergoing surgery	1 in 3	2 in 3	2 in 3
Chance of needing lifelong medication	5 in 6	1 in 3	5 in 6

(Tick one box only)

Option A

Option B

Option C

**IF YOU HAVE ANY OTHER COMMENTS** about your gastro-oesophageal reflux symptoms, your reflux treatment or this study, please write them below.

# **THANK YOU FOR YOUR HELP IN COMPLETING THIS QUESTIONNAIRE**

**Once you have completed the form, please return it in the pre-paid envelope provided or to the following address:**

**REFLUX Trial Office  
Health Services Research Unit  
Polwarth Building  
Foresterhill  
Aberdeen AB25 2ZD  
Tel: 01224 000000  
Fax: 01224 554580  
E-mail: [reflux@hsru.abdn.ac.uk](mailto:reflux@hsru.abdn.ac.uk)**



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**Example question Which option would you choose?**

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<b>Frequency of troublesome symptoms</b>	None at all	Once a week
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<b>Chance of undergoing surgery</b>	2 in 3	1 in 20
<b>Chance of needing lifelong medication</b>	1 in 20	2 in 3

(Tick one box only)

**Option A**

**Option B**

**IN THIS CASE YOU WOULD PREFER TO:**

Have the option of no symptoms, having a 1 in 500 chance of serious complications, having a 2 in 3 chance of undergoing surgery, and a 1 in 20 chance of needing lifelong medication.

**RATHER THAN:**

The option of having symptoms once a week, having a 1 in 800 chance of serious complications, having a 1 in 20 chance of undergoing surgery, and a 2 in 3 chance of needing lifelong medication.

Please remember, **there is no right or wrong answer.**

We just want to know what **YOU** think.

## Choice 1 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Once a week	Two or three times a week
Chance of serious complications requiring hospitalisation	1 in 800	1 in 300
Chance of undergoing surgery	1 in 3	2 in 3
Chance of needing lifelong medication	2 in 3	1 in 20

(Tick one box only)

Option A

Option B

## Choice 2 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Two or three times a week	Most days/everyday
Chance of serious complications requiring hospitalisation	1 in 300	1 in 800
Chance of undergoing surgery	1 in 20	1 in 3
Chance of needing lifelong medication	1 in 3	5 in 6

(Tick one box only)

Option A

Option B

## Choice 3 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Two or three times a week	Most days/everyday
Chance of serious complications requiring hospitalisation	1 in 800	1 in 300
Chance of undergoing surgery	2 in 3	5 in 6
Chance of needing lifelong medication	5 in 6	1 in 3

(Tick one box only)

Option A

Option B

## Choice 4 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Most days/everyday	Not at all
Chance of serious complications requiring hospitalisation	1 in 100	1 in 500
Chance of undergoing surgery	1 in 20	1 in 3
Chance of needing lifelong medication	2 in 3	1 in 20

(Tick one box only)

Option A

Option B

## Choice 5 Which option would you choose?

	Option A	Option B	Option C
Frequency of troublesome symptoms	Once a week	Two or three times a week	Two or three times a week
Chance of serious complications requiring hospitalisation	1 in 800	1 in 300	1 in 100
Chance of undergoing surgery	1 in 3	2 in 3	5 in 6
Chance of needing lifelong medication	2 in 3	1 in 20	1 in 20

(Tick one box only)

Option A

Option B

Option C

## Choice 6 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Once a week	Two or three times a week
Chance of serious complications requiring hospitalisation	1 in 300	1 in 800
Chance of undergoing surgery	5 in 6	1 in 20
Chance of needing lifelong medication	1 in 20	2 in 3

(Tick one box only)

Option A

Option B

## Choice 7 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Not at all	Once a week
Chance of serious complications requiring hospitalisation	1 in 500	1 in 100
Chance of undergoing surgery	1 in 3	2 in 3
Chance of needing lifelong medication	1 in 3	5 in 6

(Tick one box only)

Option A

Option B

## Choice 8 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Most days/everyday	Not at all
Chance of serious complications requiring hospitalisation	1 in 500	1 in 100
Chance of undergoing surgery	2 in 3	5 in 6
Chance of needing lifelong medication	1 in 20	2 in 3

(Tick one box only)

Option A

Option B

## Choice 9 Which option would you choose?

	Option A	Option B
Frequency of troublesome symptoms	Not at all	Once a week
Chance of serious complications requiring hospitalisation	1 in 100	1 in 500
Chance of undergoing surgery	5 in 6	1 in 20
Chance of needing lifelong medication	5 in 6	1 in 3

(Tick one box only)

Option A

Option B

# Choice 10

Which option would you choose?

	Option A	Option B	Option C
Frequency of troublesome symptoms	Most days/everyday	Not at all	Most days/everyday
Chance of serious complications requiring hospitalisation	1 in 500	1 in 100	1 in 300
Chance of undergoing surgery	2 in 3	5 in 6	5 in 6
Chance of needing lifelong medication	1 in 20	2 in 3	1 in 3

(Tick one box only)

Option A

Option B

Option C

**IF YOU HAVE ANY OTHER COMMENTS** about your gastro-oesophageal reflux symptoms, your reflux treatment or this study, please write them below.

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Fax: 01224 554580  
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