1.	Who do you usually live with?	Husband/wife/steady partner	1
		Spouse/partner and children	2
		Children (but no spouse/partner)	3
		Parents	4
		Alone	5
		Other	6
2.	Employment status	Paid employment – full-time	1
		Paid employment – part-time	2
		Voluntary work (unpaid)	3
		Sheltered work	4
		Registered as unemployed but available for work	5
		Not working/retired due to illness	6
		Retired	7
		Student	8
		Housewife/husband	9
		Other	10

3. Please give details of all periods (including the current one) of employment that you have had during the past 6 months.

Employment 1	
Occupation	
Date started	Date finished
Reason for end of employment	
Employment 2	
Occupation	
Date started	Date finished
Reason for end of employment	
Employment 3 Occupation	
Date started	Date finished
Reason for end of employment	

Please give details of any way in which your health problem has constrained your career in the last 6 months.

4.	In the last 6 months, have you had any contact with hospital services?Yes(e.g. inpatient admission, outpatient attendance)No					
	If yes:					
	a. Inpatient care:	Reason for stay 1				
		No. of days in last 6 months				
		Reason for stay 2				
		No. of days in last 6 months				
		Reason for stay 3				
		No. of days in last 6 months				
		Reason for stay 4				
		No. of days in last 6 months				
		Reason for stay 5				
		No. of days in last 6 months				
	b. Outpatient care:	Reason for attendance 1				
		No. of attendances in last 6 months				
		Reason for attendance 2				
		No. of attendances in last 6 months				
		Reason for attendance 3				
		No. of attendances in last 6 months				
	c. Day care:	Reason for attendance 1				
		No. of attendances in last 6 months				
		Reason for attendance 2				
		No. of attendances in last 6 months				
		Reason for attendance 3				
		No. of attendances in last 6 months				

d. A and E:	Reason for attendance 1
	No. of attendances in last 6 months
	Reason for attendance 2
	No. of attendances in last 6 months
	Reason for attendance 3
	No. of attendances in last 6 months

5. Please give details of any of the following services that you have used in the last 6 months

Service	Circle		No. of contacts	Typical duration	Was the contact at home?	If private, give cost per hour
General practitioner (face-to- face)	No	Yes				
General practitioner (telephone)	No	Yes				
Out of hours contact (GP or deputy)	No	Yes				
Out of hours contact (nurse)	No	Yes				
Practice nurse (at the GP clinic)	No	Yes				
District nurse	No	Yes				
Community mental health nurse	No	Yes				
Other nurse	No	Yes				
Health visitor	No	Yes				
Counsellor	No	Yes				
Other therapist <i>Type</i>	No	Yes				
'Alternative' medicine or therapy Specify	No	Yes				
Psychologist	No	Yes				
Psychiatrist (community or primary care based)	No	Yes				
Other community based doctor Specify	No	Yes				
Occupational therapist	No	Yes				
Social worker	No	Yes				

Service	Circle		No. of contacts	Typical duration	Was the contact at home?	If private, give cost per hour
Home help/home care worker	No	Yes				
Care attendant	No	Yes				
Community support worker	No	Yes				
Housing worker	No	Yes				
Voluntary worker (including priest etc.) Specify	No	Yes				
Day centre/drop-in/social club <i>Name</i>	No	Yes				
Self-help group <i>Name</i>	No	Yes				

6. *In the last 6 months*, have you received help from friends or relatives on any of the following tasks, *as a consequence of your emotional problems*?

Type of help	Circle		Helper's relationship to you (see key below)*	Average number of hours help per week
Child care (Circle 'No' if interviewee has no children)	No	Yes		
Personal care (e.g. washing, dressing etc.)	No	Yes		
Help in/around the house (e.g., cooking, cleaning etc.)	No	Yes		
Help outside the home (e.g., shopping, transport etc.)	No	Yes		
Other	No	Yes		

\* Key: 1 = Mother; 2 = Father; 3 = Brother/Sister; 4 = Other relative; 5 = Friend; 6 = Other (please specify)

7. Please list below use of any medications taken over the *last 6 months*. (If the dose has changed please list separately.)

Name of drug	Dosage (if known)	Dose frequency (e.g. daily)	For how long have you taken this drug?
1.	mg		
2.	mg		
3.	mg		
4.	mg		
5.	mg		
6.	mg		
8.	mg		
9.	mg		
10.	mg		
11.	mg		
12.	mg		
13.	mg		
14.	mg		
15.	mg		

8. Has your illness brought you into contact with police, or the courts, or a solicitor? If so, please give further details. (Interviewer: record number of contacts, number of nights in police cells, days in prison, etc.)

9. Have you used any other services or incurred any specific costs as a result of your illness? If so, please give further details:

Adapted from Beecham and Knapp.<sup>69</sup>