

Referral No.

Randomisation ID.

Shortened LEDS interview for the THREAD study

Timepoint?

Baseline

26 weeks

Date of interview

Now I would like to ask you about things that have happened to you and people close to you in the last year. The questions that I will ask you relate to core contacts, family members, confidants, and household members.

FOR ALL DIFFICULTIES, ESTABLISH WHEN THEY STARTED AND WHETHER THE LEVEL HAS CHANGED.

DATE OF ONSET OF MOST RECENT (OR CURRENT EPISODE OF DEPRESSION: _____

FRIENDS/CONFIDANTS

Is there anyone, either family or friends, that you feel very close to? Anyone else? (List at least the top 3 confidants)

If you had a problem of some sort, who would be the first person you would want to discuss it with?

Who else can you confide in about personal things or worries?

Section 1: Illness

1. Have you or anyone in your family had any illness worse than colds or flu?

Yes

No

(PROBE FOR LONG-TERM IMPLICATIONS: time off work, etc.)

1a. Has anyone been admitted to hospital or had an operation?

Yes

No

(IF YES, PROBE: How serious was it? Was it an emergency?)

Has anyone else been ill?

Yes

No

BOX A**FROM DOCTORS:**

Reasons for illness

Chances of recovery/outlook/prognosis

Treatability

Future health: implications for work

Has anyone else had it in the family?

Lack of information from doctor

Shortcomings in care

IMPACT ON:

Employment: chance of losing job

Sick pay

Problems obtaining suitable care

Manifestations

Handicap: how needed to cut down

Pain, symptoms

How long in bed?

Interference with everyday life/hobbies/future plans

Had before? Outcome

ILLNESS OF OTHERS ONLY:

Was it expected?

How involved were you?

Nursing: infectiousness

Worry about dying

Worry about handicap

Diet: incontinence, lifting

Change in behaviour/personality (e.g. anger, irritability, ingratitude, blame)?

Stigma/embarrassment?

Section 2: Accident

2. Have you or anyone in your family had an accident (either a car accident, pedestrian, or at home?)

Yes

No

(IF YES, PROBE: What happened? How serious was it?)

Section 3: Death

3. In the last year, has anyone close to you died?

Yes

No

(PROBE: Was it unexpected? Were you involved at all?)

Has anyone attempted suicide?

Yes

No

Has anyone died or nearly died?

Yes

No

Section 4: Pregnancy

4. Have you, or has anyone in the family or among your close friends been expecting a baby or had a baby?

Yes

No

(PROBE: Was it planned? Did the birth go smoothly?)

Section 5: Miscarriage

5. Any miscarriage, abortion or stillbirth?

Yes

No

Section 6: Work

Have you or any household member been made redundant (laid off) or retired?

Yes

No

(PROBE: Was it expected? Has it caused any financial problems?)

Section 6a: Work

6a. Have you or any household member been unemployed?

Yes

No

(PROBE: For how long? Did it cause serious financial problems?)

Have you or any household member started a new job or had a major change at work in the last year?

Yes

No

Have you had any problems at work over the last year that you have not already mentioned?

Yes

No

BOX B

IF ANY IMPORTANT CHANGE ESTABLISHED, FIND OUT:

How it came about? Whose decision?

Financial implications

Convenience, hours, etc.

IF FOR PARTICIPANT:

Travel, babysitting, arrangements for children

Responsibility/demandingness

Interest, importance

Plans for future

Section 6b: Education

6b. Have you had any problems at school or college?

Yes

No

Section 7: Money

7. Have you had any financial problems or been in debt?

Yes

No

(PROBE: What about paying the rent, any difficulties with that? Have you had to cut down on expenditures?)

Section 8: Police/Court/Crime

8. Have you or anyone in your family had any contact with the police or lawyers or court?

Yes

No

BOX C

Nature of offence

First time done it

First time in court

Other convictions

Verdict and sentence

Financial implications

What have other people said?

What have they said at work ?

Driving affected (if licence lost etc.)

Implications re: other people involved

Were you afraid they would try to get their own back?

Have you had any burglaries or a fire or flood?

Yes

No

Has anything valuable been lost or stolen outside the house?

Yes

No

Have you or anyone been attacked in the street or in the home?

Yes

No

(PROBE: What happened? How serious was it?)

Anything else like that?

BOX D

How did it come about? (Participant's fault?)

Did you see the burglar?

How much was taken?

Problems with insurance?

Anything irreplaceable?

House damaged?

Section 9: Housing

9. Have you had any problems with your housing or neighbours?

Yes

No

Have you had any changes regarding housing or neighbours?

Yes

No

Any other housing problems?

BOX E

Why did you move? What happened?

Decision to move?

Were there any difficulties?

Have there been any difficulties since?

Expense

Consequences

Did you feel cut off? (Friends, babysitters, etc.)

New friends

Impact on job

Problems re: house/neighbours, etc.

Section 10: Social roles

10. Have you or anyone in the family become engaged or married?

Yes

No

Has anyone broken off an engagement, been separated from their husband or wife, or been divorced?

Yes

No

(IF YES, PROBE: Were you involved in any way?)

Anyone else married or divorced?

Yes

No

BOX F

How long known?

Complications/delaying tactics/rejections

Family reactions

Was there anything about him/her that made you uneasy?

Have any of your children started or left school?

Yes

No

Has anyone taken any important exams?

Yes

No

(IF YES, PROBE: Did they go ok?)

Has anyone gone to University or started a new course?

Yes

No

Anyone else with that sort of educational milestone?

Yes

No

Section 11: Arguments/Relationship Difficulties

11. Have you lost contact with anyone who used to be close?

Yes

No

PROBE FOR VCOs AND CONFIDANTS

Is there anyone (else) whom you see much less of than you used to?

Yes

No

PROBE FOR VCOs AND CONFIDANTS

Have you ended any relationships in the last year?

Yes

No

PROBE FOR VCOs AND CONFIDANTS

Have you had any other sort of crisis in the family (e.g. a major argument with a relative)?

Yes

No

Have you made any new close friends in the last year (of either sex?)

Yes

No

Any other new friends?

BOX G

Temporary? How long away?

How often seen before the change?

How much did you do together?

How often do you see each other now?

Distance

Telephone contact

How did you get along? How about now?

Preparation? Evidence rejection/guilt

INCREASE IN INTERACTION:

How fitted it – space/tension

Section 12: Marital

12. Have you had any problems in your marriage in the last year that haven't already been mentioned?

Yes

No

(PROBE: Have you been separated for any length of time in the past year?

Do you manage to get time to do things together that you enjoy?

Do you often have arguments?

Has there ever been any violence between you?

What about the sexual side of things?)

Have you had any big disappointments in this time?

Yes

No

Have you or anyone in the family had important news about something that is going to happen?

Yes

No

(PROBE: Notice of layoff?

Moving?

BOX H

Reasons

Preparation/anticipation

Who left? What circumstances?

Forced to leave?

Anyone else involved?

Alternative relationship by either spouse?

Finance/housing

Custody

Children – their reactions, etc.

Clean break? Pestering? Violence?

Family's reactions?

Legal advice? When?

Maintenance arrangements

Often seen now

Section 13: Children

13. Have your children had any problems at school that you have not already mentioned (e.g. truancy) or have they been a problem at home?

Yes

No

Do you worry about their friends?

Yes

No

Any other problems with your children?

Section 14: Revelation

14. Sometimes people learn unexpected things about others close to them such as discovering their friend has been stealing, or their partner has been seeing someone else. Has anything like this happened to you?

Yes

No

(PROBE: Something that changes your idea of a person's character?)

Anything else like that?

Section 15: Miscellaneous

15. Have you made any important decisions in the past year?

Yes

No

Have you had to break any bad news?

Yes

No

Section 16: Further miscellaneous

IF RELEVANT

A. (Foreign born)

Have you had any problems connected with living in this country?

Yes

No

(PROBE: Immigrant visas, naturalization, change of name.)

B. (Canadian born)

Sometimes people experience discrimination of certain kinds on grounds of religion, colour, or disability. Have you had to face anything of this type at all in the last year?

Yes

No

C. Now this is a bit of an odd question I'm afraid, but we do ask everyone:

Is there anything about yourself you feel self-conscious about?

Your appearance? The way you do things? Anything like that?

(If remotely relevant, probe for illiteracy)

Thank you for your time in completing this interview with me. I have asked you many questions, but when I review the interview, I may find that I missed asking important questions. Would it be alright to contact you by telephone if that is the case?