



Clare Richards
Community Based Medicine
The Grange
1 Woodland Road
Bristol BS8 1AU

Tel: (0117) 3310950
Fax: (0117) 3310964
Clare.Richards@bristol.ac.uk

08-06-2006

Dear Dr Name

RE:
DoB:
Postcode:

The above named woman is participating in the RESPOND study comparing treatments for postnatal depression. Four weeks ago she was randomised to the antidepressant arm of the trial and is now due to make an appointment to see you for her four week follow up appointment. This will enable you to decide jointly how the treatment is going. At this stage of the trial, there are a number of options open to patients on antidepressants:

- ◆ If the depression is improving continue treatment as prescribed.
- OR
- ◆ If treatment is not improving or the woman would like to consider other treatments you can:
 1. Change the dose of the antidepressant that the patient is taking.
 2. Change the type of antidepressant that the patient is taking.
 3. Add Health Visitor counselling (from our Research Health Visitor) to the antidepressant drug therapy.
 4. Stop the antidepressant drug therapy and replace it with Health Visitor counselling (from our Research Health Visitor)
 5. Review again in two weeks
 6. Stop all treatments

If you have any questions please do not hesitate to contact me. If you and the patient decide to take up the offer of Health Visitor counselling from our Research Health Visitor then please get in touch so that we can make the necessary arrangements.

Yours sincerely

Clare Richards
Research Associate

1.09 GP reminder that woman on ADs is due her 4 week follow up appointment