

Young Person Information Sheet (9-15 year olds)

A Study To Find Out How Much Flu Is Around You

What is research?

Research helps us to improve how much we know about things. This study is research to find out how much flu people carry around with them when they are ill.

Your invitation:

Would you like to be in this trial?

Before you decide, read this leaflet carefully. Talk about it with your family, friends, doctor or nurse.

Ask us if there is anything that's not clear or if you want to know more.

Why have I been asked to help?

Because you are unwell with flu. 50 children aged 0 to 16 years will be helping.

Do I have to take part?

No! It's up to you. If you do help, you can still pull out at any time. If you do decide to stop this won't upset anyone.

If you do pull out, we will ask you why, as it might be important for other young people. You don't have to give a reason if you don't want to.

What will happen to me?

We would like to take a sample from your nose using a cotton bud and we will take some samples from objects and even the air

around you. When we take samples from your nose it won't hurt.



We will also ask you to answer some questions about how you are feeling each day and we will take your temperature.

We will visit you every day, for about 10 days. You may be in hospital or at home, we will follow you wherever you go!

You will be visited by a member of our team, usually a nurse. They will make appointments to see you and your parents.

Might anything else about the research upset me?

We don't think so!

Will joining in help me?

It won't help to make you better faster but the information we get might help us prevent other people from catching flu.

What happens when the trial stops?

Nothing! You should be feeling better and we have the samples we need.

What if something goes wrong?

Any trouble you or your parents have will be looked into. Details about this are in the Parent / Guardian Information Sheet.

Will my medical details be kept private? Will anyone else know?

Yes. Some people (called research inspectors) may see your medical notes to make sure the study is done properly.

What if I don't want to do the trial any more?

You and your parents can pull out of the trial treatment at any time.

You will have a copy of this Information Sheet to keep.

THANKS FOR READING THIS – please ask us anything you want.

Contact details:

If you have any worries or questions, please tell your parents.

You can also contact;

Study Doctor:

Prof Jonathan Van-Tam

0115 823 0276