

EQ-5D – This is Euro Qual – 5D for completion by the patient.

The next few questions are how you are **at present**. For each of the five sets of statements below please **circle the number** that **best** describes your own health state **today**.

1. Mobility

- I have no problems in walking about 1
- I have some problems in walking about 2
- I am confined to bed..... 3

2. Self-Care

- I have no problems with self-care..... 1
- I have some problems washing or dressing myself 2
- I am unable to wash or dress myself 3

3. Usual Activities

- I have no problems with performing my usual activities
(eg work, study, housework, family or leisure activities) 1
- I have some problems with performing my usual activities..... 2
- I am unable to perform my usual activities 3

4. Pain/Discomfort

- I have no pain or discomfort 1
- I have moderate pain or discomfort 2
- I have extreme pain or discomfort 3

5. Anxiety/Depression

- I am not anxious or depressed 1
- I am moderately anxious or depressed 2
- I am extremely anxious or depressed..... 3

6. Now we would like you to tell us how good or bad is your own health today, in your opinion.

To help you say how good or bad your own health state is, we have drawn a scale (rather like a thermometer) on which the best state you can imagine is marked by 100 and the worst state you can imagine is marked by 0.

Please draw a line from the box below to whichever point on the scale indicates how good or bad you feel your health state is **today**.

Your own health state today

Best
imaginable
health state

100



90



80



70



60



50



40



30



20



10



0

Worst
imaginable
health state