



**Men After Prostate Surgery**

# **MEN'S HEALTH AFTER PROSTATE SURGERY**

**RESEARCH INFORMATION LEAFLET**  
*for men having prostate surgery*

**Please take time to read this information leaflet and discuss it with your family and friends if you wish. Do not hesitate to contact us if there is anything you do not understand or if you would like more information.**

## **Your Health After Prostate Surgery**

### **Introduction**

You are being invited to take part in a research study. This leaflet tells you why the research is being done and what it will involve. We hope you will find this information helpful.

### **What is the purpose of the study?**

We would like to find out more about men's health after prostate surgery. We are undertaking a large study of treatment to see if it will help men who lose control of their urine (urinary incontinence) after prostate surgery. There is not enough evidence to tell us how many men suffer from such incontinence, and if they do, whether simple (non-drug, non-surgery) treatment helps.

We are inviting men to complete a short questionnaire three weeks after their prostate surgery asking them about their health, and especially any experience of urinary incontinence. Later, we may also contact some of the men to ask if they would be interested in helping with further research, for example, into treatment.

### **Why are you inviting me?**

We are inviting you, as we understand that you are about to have, or have just had, prostate surgery.

### **Do I have to take part?**

No. If you do not want to take part, that is fine. You do not have to give a reason and your health care will not be affected by your decision. If you decide to take part but later change your mind, you can withdraw at any time without giving a reason. The information we already have will be stored securely and confidentially, unless you request that we delete it.

### **What will I have to do if I decide to take part?**

If you think you might like to take part we will ask you to sign a consent form when you are in hospital and give us your name, address and phone number. This information will be held in a secure database at the MAPS Study Office in Aberdeen. We will send you a short questionnaire in about three weeks. **We would like you to fill this in and return it to us.** You are not obliged to answer every question if you do not want to.

If you do have urinary incontinence we would like to contact you again after you have sent back your questionnaire to find out whether or not you would be interested in helping with further research into treatment for incontinence. Even if you are not incontinent, you might be able to help us with further research. However, you do not have to take part in more research after returning your questionnaire unless you want to at that time.

We are happy to answer any questions you may have before deciding whether you wish to take part in this study. If so, please contact the MAPS Study Office on 01224 551103.

**What are the risks and benefits for me if I take part ?**

We believe that this study has no risks for your health. Your health care will not be affected. We hope that you will enjoy taking part in the study. You might find it helpful to fill in the questionnaire.

**Will the information I give be kept confidential?**

Yes. The information will be kept confidential. Your name will not be written on the questionnaire. The information you give us will be kept secure using passwords. Any information will be stored using a Study Identity Number for confidentiality. The information you provide will be seen by the research team only.

In order to increase their usefulness, we hope to link your answers with data related to your health after prostate surgery from your medical NHS records, but again this will be done confidentially and the information will only be available to the research team. When the results of the study are reported, individuals who have taken part will not be identified in any way.

**How will the information I provide be used?**

The results will help us to understand the best ways to assess whether treatments are helping men with urinary incontinence. We plan to publish the results in a health journal so others can read about and learn from the results of the study.

**Who has approved this study?**

The Multicentre Research Ethics Committee, your Local Research Ethics Committee and your Consultant Urologist have approved this study.

**What do I need to do now if I think I might like to take part?**

If you think you might like to take part, please sign the consent form and fill in your contact details. You can return this to the MAPS researcher in hospital.

**How do I get in touch with the research team if I want any further information about the study?**

If you have any questions about the study please speak to your MAPS hospital researcher or contact the MAPS Study Office on 01224 551103.

**Thank you for reading this.**

**MAPS Study Office**

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