

Arm 1 – Control Group

Placebo	Placebo + D	Standard care	Orlistat + D	Sibutramine + D	Rimonabant+ D
			Orlistat + E	Sibutramine + E	Rimonabant+ E
Orlistat	Sibutramine	Rimonabant	Orlistat + D&E	Sibutramine + D&E	Rimonabant + D&E
			Dietary	Exercise	

Dose:

Dietary detail:

Exercise detail:

Arm 2 – Intervention group

Placebo	Placebo + D	Standard care	Orlistat + D	Sibutramine + D	Rimonabant+ D
			Orlistat + E	Sibutramine + E	Rimonabant+ E
Orlistat	Sibutramine	Rimonabant	Orlistat + D&E	Sibutramine + D&E	Rimonabant + D&E
			Dietary	Exercise	

Dose:

Dietary detail:

Exercise detail:

Was standard dietary advice given to all participants? Yes No above

standard?

Advice detail:

Was standard exercise advice given to all participants?
standard?

Yes

No

above

Advice detail: