



Community Health Sciences: GP Section The
University of Edinburgh

Doorway 3, Medical School, Teviot Place

Edinburgh, UK

INFORMATION ABOUT THE RESEARCH

Adapting health promotion interventions for ethnic minority groups

Introduction

We would like to invite you to take part in a study looking at how health promotion interventions are adapted for ethnic minority groups. Before you decide to take part, we want to let you know about the study and what it involves. This leaflet provides this information for you. Once you have read this, please ask any questions and then take some time to make your decision. You are welcome to discuss this first if you wish.

What is the purpose of the study?

We want to find out how best to deliver health promotion interventions for ethnic minority groups, particularly those of South Asian, Chinese or African origin. This will help us to better address the needs of these currently underserved population groups, by designing a framework to guide the future delivery of more culturally appropriate health promotion interventions

Why have I been chosen?

You have been chosen because you are someone who is or has been involved in delivering an intervention to promote smoking cessation, increase physical activity or improve nutrition for South Asian, Chinese or African-origin populations. Approximately 30 people from all over the world are being invited to take part. We are interested in a variety of perspectives, from those who are directly delivering the day-to-day components of the intervention, to those who have an overarching view of the project, as well as those who may be more involved with project theory and management.

Do I have to take part?

No. It is up to you to decide whether you wish to participate. It's absolutely OK if you say no. And if you decide to take part, you are still free to change your mind at any time without giving a reason.

What does the process involve if I take part?

We have two researchers working on this project, Jing Jing Liu and Emma Davidson. Either Jing Jing or Emma will contact you in the first instance to arrange a time to talk. If it's more convenient for you to talk by phone, then they can arrange to call or use video conferencing facilities. Either Jing Jing or Emma will come to interview you for about an hour (it can be shorter if you want), and will ask you about your experience of adapting a health promotion intervention.

We would like to record the interview so that the research team can listen back to what you said afterwards. Either Jing Jing or Emma will make sure that you're happy with this first. At the end of the interview, you'll have a chance to listen back to the recording to make sure you're happy with it.

After the interview, the research team will listen and transcribe the recording.

As we are interested in a variety of perspectives on the same project, we would also like to interview other individuals involved in your project. If you have someone you think we should contact, we would welcome your suggestions. If you don't have anyone in mind, that's OK as well.

What do I have to do now?

If you want to take part, please fill in the reply form and return it to Jing Jing or Emma in the envelope provided or to the email address provided below. Either Emma or Jing Jing will contact you and arrange to meet or call you at a time and place of your choosing. They will explain the study and answer any questions you have. If you do not want to go ahead, they will not contact you again. If you do decide to take part, they will ask you to sign a consent form and will then arrange a mutually convenient time for the interview.

What are the possible benefits of taking part?

There are no direct benefits. However, we hope the information you give will be useful in informing and improving further health promotion interventions for ethnic minority groups in the areas of smoking, physical activity and nutrition.

Could anything go wrong?

There are no identified risks associated with this study. However, if you feel uncomfortable or do not wish to continue at any time, you can stop the interview.

Will my information be kept confidential?

Your name and contact details won't be shared with anyone outside the research team. Any information you give us will be kept strictly confidential and anonymous. No-one will be able to recognise you from any report about the study – your name and other personal details will be removed. In our reports, we may quote you, writing down what you said in your own words. But we will not use any information which could identify you (like your name, where you work or your specific project). We will keep the recordings and written records we make in a locked cupboard, with all names removed, for 5 years. We will then destroy them.

What will happen to the results of the study?

The research team will write a full report for the Medical Research Council (MRC) which you can access once the project is completed May 1st, 2011. The unique identifier for this project is 07/63/03. The results of this qualitative component will feed into a larger body of work with the aim of developing a framework to inform intervention adaptations for ethnic minority populations. We will also send you a short summary of the findings and you will be able to find updates on the project through our website (<http://www.chs.med.ed.ac.uk/ethnicity-and-health/>). You will not be identifiable in any report.

Who is organising and paying for the research?

The study is funded by the Medical Research Council. The MRC are interested in finding out how to make different healthcare treatments more effective for those who use and provide care in the NHS. Similarly, the research team at the University of Edinburgh is part of a larger group of people from

other UK universities who are collectively interested in how to make health promotion interventions more effective for ethnic minority groups.

Who has reviewed the study?

This research has been reviewed and approved by the MRC funding body. In addition, the researchers involved have also undertaken a Level 1 Ethics Self-Assessment administered by The University of Edinburgh School of Health in Social Science Research Ethics Committee. We can confirm that no reasonably foreseeable ethical risks have been identified. The researchers also meet twice a year with an Investigators Group and once a year with an Independent Project Steering Committee for continuing review of the project.

Contact for Further Information

If you would like to talk to Jing Jing you can contact her by phoning 0131 650 9249 or emailing JingJing.Liu@ed.ac.uk. If you would like to talk to Emma you can contact her by phoning 0131 651 4142 or emailing Emma.Davidson@ed.ac.uk. If you would like advice from someone not involved in the study, you can contact Allison Worth on 0131 650 9463, or by emailing Allison.Worth@ed.ac.uk.

Complaints process

If you have any concerns about any aspect of this study, please telephone Aziz Sheikh on 0131 651 4151 and he will do his best to answer any questions. If you remain unhappy and wish to complain formally, please write to Allison Worth at The University of Edinburgh, Doorway 3, Medical School, Teviot Place, Edinburgh, UK EH8 9AG

Thank you for taking the time to read this information.