

A3.11 DEMQOL

Instructions: Read each of the following questions verbatim and show the respondent the response card.

I would like to ask you about your life. There are no right or wrong answers. Just give the answer that best describes how you have felt in the last week. Don't worry if some questions appear not to apply to you. We have to ask the same questions of everybody.

Before we start we'll do a practice question: that's one that doesn't count. (*Show the response card and ask respondent to say or point to the answer*). In the last week, how much have you enjoyed watching television?

a lot quite a bit a little not at all

Follow up with a prompt question: Why is that? or Tell me a little more about that.

For all of the questions I'm going to ask you, I want you to think about the last week.

First I'm going to ask about your feelings.

In the last week, have you felt...	A lot	Quite a bit	A little	Not at all
1. cheerful?	1	2	3	4
2. worried or anxious?	1	2	3	4
3. that you are enjoying life?	1	2	3	4
4. frustrated?	1	2	3	4
5. confident?	1	2	3	4
6. full of energy?	1	2	3	4
7. sad?	1	2	3	4
8. lonely?	1	2	3	4
9. distressed?	1	2	3	4
10. lively?	1	2	3	4
11. irritable?	1	2	3	4
12. fed-up?	1	2	3	4
13. that there are things that you wanted to do but couldn't?	1	2	3	4

Next, I'm going to ask about your memory.

In the last week, how worried have you been about...	A lot	Quite a bit	A little	Not at all
14. forgetting things that happened recently?	1	2	3	4
15. forgetting who people are?	1	2	3	4
16. forgetting what day it is?	1	2	3	4
17. your thoughts being muddled?	1	2	3	4
18. difficulty making decisions?	1	2	3	4
19. poor concentration?	1	2	3	4

Next, I'm going to ask about your everyday life.

In the last week, how worried have you been about...	A lot	Quite a bit	A little	Not at all
20. not having enough company?	1	2	3	4
21. how you get on with people close to you?	1	2	3	4
22. getting the affection that you want?	1	2	3	4
23. people not listening to you?	1	2	3	4
24. making yourself understood?	1	2	3	4
25. getting help when you need it?	1	2	3	4
26. getting to the toilet in time?	1	2	3	4
27. how you feel in yourself?	1	2	3	4
28. your health overall?	1	2	3	4

We've already talked about lots of things: your feelings, memory and everyday life.

Thinking about all of these things in the last week, how would you rate....	Very good	Good	Fair	Poor
29. your quality of life overall?	1	2	3	4