

A3.12 DEMQOL Proxy

Instructions: Read each of the following questions verbatim and show the respondent the response card.

I would like to ask you about *(participant)*'s life, as you are the person who knows him / her best. There are no right or wrong answers. Just give the answer that best describes how *(participant)* has felt in the last week. If possible try and give the answer that you think *(participant)* would give. Don't worry if some questions appear not to apply to *(participant)*. We have to ask the same questions of everybody.

Before we start we'll do a practice question; that's one that doesn't count. (*Show the response card and ask respondent to say or point to the answer*) In the last week, how much has *(participant)* enjoyed watching television?

a lot quite a bit a little not at all

Follow up with a prompt question: Why is that? or Tell me a little more about that.

For all of the questions I'm going to ask you, I want you to think about the last week.

First I'm going to ask about *(participant)*'s feelings.

In the last week, would you say that <i>(participant)</i> has felt...	A lot	Quite a bit	A little	Not at all
1. cheerful?	1	2	3	4
2. worried or anxious?	1	2	3	4
3. frustrated?	1	2	3	4
4. full of energy?	1	2	3	4
5. sad?	1	2	3	4
6. content?	1	2	3	4
7. distressed?	1	2	3	4
8. lively?	1	2	3	4
9. irritable?	1	2	3	4
10. fed-up?	1	2	3	4
11. that he / she has things to look forward to?	1	2	3	4

Next, I'm going to ask about *(participant)'s memory*.

In the last week, how worried would you say that <i>(participant)</i> has been about...	A lot	Quite a bit	A little	Not at all
12. his /her memory in general?	1	2	3	4
13. forgetting things that happened a long time ago?	1	2	3	4
14. forgetting things that happened recently?	1	2	3	4
15. forgetting people's names?	1	2	3	4
16. forgetting where he / she is?	1	2	3	4
17. forgetting what day it is?	1	2	3	4
18. his / her thoughts being muddled?	1	2	3	4
19. difficulty making decisions?	1	2	3	4
20. making him / herself understood?	1	2	3	4

Now, I'm going to ask about *(participant)'s everyday life*.

In the last week, how worried would you say <i>(participant)</i> has been about...	A lot	Quite a bit	A little	Not at all
21. keeping him / herself clean (e.g. washing and bathing)?	1	2	3	4
22. keeping him / herself looking nice?	1	2	3	4
23. getting what he / she wants from the shops?	1	2	3	4
24. using money to pay for things?	1	2	3	4
25. looking after his / her finances?	1	2	3	4
26. things taking longer than they used to?	1	2	3	4
27. getting in touch with people?	1	2	3	4
28. not having enough company?	1	2	3	4
29. not being able to help other people?	1	2	3	4
30. not playing a useful part in things?	1	2	3	4
31. his / her physical health?	1	2	3	4

We've already talked about lots of things: *(participant)'s feelings, memory and everyday life*.

Thinking about all of these things in the last week, how would you say <i>(participant)</i> would rate....	Very good	Good	Fair	Poor
32. his / her quality of life overall?	1	2	3	4