

A3.29 Standardised Mini-Mental State Examination (SMMSE)

Instructions: insert '1' in box if task completed correctly, '0' if attempted but failed, '88' if participant unable / unwilling to attempt.

I'm going to ask you some questions and give you some problems to solve. Please try to answer as best you can.

ORIENTATION

(Allow ten seconds for each reply)

1a.	What year is this?	Accept exact answer only	
1b.	What season is this?	During last week of old season or first week of new season, accept either season	
1c.	What month of the year is this?	On the first day of a new month, or last day of a previous month, accept either	
1d.	What is today's date?	Accept previous or next date, e.g. on 7 th accept 6 th or 8 th	
1e.	What day of the week is this?	Accept exact answer only	
2a.	What country are we in?	Accept exact answer only	
2b.	What borough / county are we in?	Accept exact answer only	
2c.	What city / town are we in?	Accept exact answer only	
2d.	(In clinic / care home) What is the name of this hospital / building? (In home) What is the street address of this house?	Accept exact name of hospital or institution only Accept street name and house number or equivalent in rural areas	
2e.	(In clinic / care home) What floor of the building are we on? (In home) What room are we in?	Accept exact answer only Accept exact answer only	

REGISTRATION

I am going to name three objects. After I have said all three objects, I want you to repeat them. Remember what they are because I am going to ask you to name them again in a few minutes.

Say them slowly at approximately one second intervals.

3a.	Ball	Accept correct reply on first attempt only	
3b.	Car	Accept correct reply on first attempt only	
3c.	Man	Accept correct reply on first attempt only	

Please repeat the three items for me.

(Allow twenty seconds for reply).

If participant did not repeat all three, repeat until they are learned, or up to a maximum of five times.

ATTENTION AND CALCULATION

4.	Spell the word WORLD. Now spell it backwards please?	<i>You may help participant to spell WORLD correctly.</i> <i>Allow <u>thirty seconds</u> to spell backwards. If participant cannot spell world even with assistance – score '0'</i>	
		4a. Record first letter	
		4b. Record second letter	
		4c. Record third letter	
		4d. Record fourth letter	
		4e. Record fifth letter	

RECALL

Now what were the three objects that I asked you to remember? *(Allow ten seconds)*

5a.	Ball	<i>Accept correct response regardless of order</i>	
5b.	Car	<i>Accept correct response regardless of order</i>	
5c.	Man	<i>Accept correct response regardless of order</i>	

LANGUAGE

Show wristwatch. *(Allow ten seconds)*

6.	What is this called?	<i>Accept WRISTWATCH or WATCH. Do not accept CLOCK, TIME, etc.</i>	
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Show pencil.

7.	What is this called?	Accept PENCIL only. Do not accept PEN.	
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I'd like you to repeat a phrase after me: *(Allow ten seconds)*

8.	"No ifs ands or buts"	<i>Must be an exact repetition. Do not accept NO IFS OR BUTS</i>	
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Hand participant the laminated sheet with CLOSE YOUR EYES on it. *(Allow ten seconds)*

9.	Read the words on this page and then do what it says	<i>If participant just reads and does not then close eyes – you may repeat: read the words on this page and then do what it says, to a maximum of three times. Accept only if participant closes eyes. Participant does not have to read aloud.</i>	
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Ask if the participant is right or left handed.

(Allow thirty seconds)

Take a piece of paper – hold it up in front of participant and say the following:

If right-handed: Take this paper in your left hand, fold the paper in half once with both hands and put the paper down on the floor

If left-handed: Take this paper in your right hand, fold the paper in half once with both hands and put the paper down on the floor

10a.	<i>Takes paper in correct hand</i>	<i>Accept if correctly executed</i>	
10b.	<i>Folds it in half</i>	<i>Accept if correctly executed</i>	
10c.	<i>Puts it on the floor</i>	<i>Accept if correctly executed</i>	

Hand participant a pencil and paper.

(Allow thirty seconds)

11.	Write any complete sentence on that piece of paper.	<i>The sentence should make sense. Ignore spelling errors.</i>	
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Place design, pencil, eraser and paper in front of the participant

(Maximum time one minute)

12.	Copy this design please.	<i>Allow multiple tries until participant is finished and hands it back. Accept correctly copied diagram only. The participant must have drawn a 4-sided figure between two 5-sided figures.</i>	
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