

	Themes (n)	Themes (n)
1. Which parts did you find the most useful?	DVD/video (2) Scenarios (3) Explanations of depression and how it can be treated (14) All! (25) Most of it (5) The signs to look for (13) The booklet and the delivery (6) Revisiting knowledge (1) Improved knowledge (2)	DVD/video (1) Learning about depression and the signs to look for (22) All (19) How we can help (2) How exercise can help (6) Learning in groups (1) Booklet (3)
2. Which part is the least useful?	Nothing (28) DVD/video and its stereotyped picture of old people (3) A little basic/nothing new (6) Focus is residential rather than nursing home (1) Antidepressant topic (1)	Nothing (28) Not enough information on treatments and dealing with depression (1) Information needed on how to encourage participation (1) 'A lot I knew already' (1)
3. Can you give an example of how you have applied the information on depression in your work since the training session?	Discussing more at handover/cascading (3) More attentive to residents more aware and able to recognise problems (16) Increased ability to recognise depression and to cope with residents who may have it (21) More confident to talk to colleagues about depression and to report cases observed (6) Encouraged activities; talking to residents (interacting) (7)	Being more patient (2) Not a carer but training has helped me recognise low mood in residents (4) Recognising signs (17) Encouraging residents to join in (4) 'none, it is down to the manager' (1) Interacting more (6) Promoting the benefits of physical activity (6) Discussing with the GP (1)
4. Since attending the training have you become more or less aware of the levels of depression in the residents? (If possible give an example.)	Involved GP more (1) Increased interactions with residents (e.g. activities) (7) More aware; know now what to look for (36) Same as before (5)	More aware; know now what to look for (34) Noticed a more happy time during exercise groups (3)

GP, general practitioner.