

## Pre-meeting

Prepare flip chart/visual aid that outlines the different types of research (generic examples).

- drug trials
- observation studies
- interview studies
- intervention studies
  - therapeutic (none drug) surgery, manipulation, etc.
  - exercise type/behaviour change
  - emergency care
  - disease/condition specific (covers all of the above)
- mixed (intervention and observation and/or interviews).

## Introduction

Overview of research, why people may want to include older people in research, what and why we are interested in research with older people and why we are doing this FG (plus explain how we are going to run the FG).

*How would you feel (as an older person) about being invited to participate in these types of research projects?*

- explore using the heading from the visual aid
- explain about informed consent and research.

*What information would help you make a decision to become involved in research?*

- use example information sheet to explore.

Some older people are not able decisions for themselves (due to various reasons for example dementia). How can we ensure that we give these people an equal opportunity to participate in research? How can we protect them from exploitation by researchers?

*Who do you feel can make a decision for this person? And why?*

- list all advocates if needed: husband, wife, children, siblings, friends, solicitor, care home manager, social worker, GP, etc.

*If this was you whom would you want to make decision? And why?*

*Do you think that research participation should be part of advance directives?*

- explain.

*Would you be prepared to make a decision for a family member to be involved in research?*

*What additional information would you want to help you make a decision for a family member?*