

Duration:

Session Management

1) *Maintaining Structure*

Frequency:
Quality:

2) *Agenda Setting*

Frequency:
Quality:

3) *Consistency of Problem Focus*

Frequency:
Quality:

4) *End of Session Summary*

Frequency:
Quality:

Specific Tasks

5) *Drinking – Feedback/Negative Consequences*

Frequency:
Quality:

6) *Eliciting Client Concerns about Drinking*

Frequency:
Quality:

7) *Eliciting Self-efficacy for Change*

Frequency:
Quality:

8) *Commitment to Drinking Goal*

Frequency:
Quality:

9) *Ambivalence*

Frequency:
Quality:

10) *Creating Conflict*

Frequency:
Quality:

11) *Eliciting Commitment to Change Drinking*

Frequency:
Quality:

12) *Eliciting Optimism for Change*

Frequency:

Quality:

Therapist Style

13) *Reflective Listening*

Frequency:

Quality:

14) *Empathy*

Frequency:

Quality:

15) *Unsolicited Advice*

Frequency:

16) *Open Questions*

Frequency:

Quality:

17) *Closed Questions*

Frequency:

18) Session content

Please tick appropriate box for the following:

Content/Activity	Yes	No
Review AUDIT score		
Obtain an account of drinking		
Give correct advice/Information		
Set a target		
Make a drinking plan		

Additional Comments: Please tick appropriate box for the following:

Tape Quality	Sound
Poor
Good