

If at any time you believe that there is significant suicide risk with a patient who is participating in the study that has not been recently communicated to their GP, psychiatrist or care coordinator/CPN, you must contact Prof Simon Gilbody (Consultant psychiatrist) or the relevant designated centre psychiatrist or health professional, if Prof Gilbody is unavailable.

Prof Gilbody, or the designated psychiatrist/ health professional, will then assess the patient and if it believed necessary, and if there is a significant risk, they will notify the patient's GP and/.or psychiatrist with or without their patient's consent.

Suicide risk identified during face-to-face or telephone interview

The PHQ-9 questionnaire asks if the patient has had "Thoughts that you would be better off dead or hurting yourself in some way" (Question 9).

If the participant indicates a response of 3 for this item, then you should ask whether the patient has talked to their GP, psychiatrist or care coordinator/CPN about these feelings. **If the patient has spoken of these thoughts to their GP or psychiatrist, then no action is required.**

If not, you should ask the patient whether it is OK for you to contact their GP and inform them of the situation. If the patient refuses, contact Prof Gilbody or the relevant designated psychiatrist/health professional. If the patient agrees, you should immediately get in touch with the patients GP or psychiatrist.

If unable to contact Prof Gilbody or any of the designated centre psychiatrists/health professionals, contact the Trial manager, Mei-See Man or any other of the co-investigators who will advise further

Please also complete the attached Suicidal Intent Form, if the patient agrees to you contacting their GP/psychiatrist and inform the Trial Manager. If relevant, Professor Gilbody or the relevant designated centre psychiatrist/health professional should also complete the Suicidal Intent Form: Psychiatrist/ Health Professional. These forms should be stored with the patient's trial records.

Suicide risk identified on a postal or online questionnaire

At 1 month and 6 month follow up points, some patients can choose to receive and return questionnaires by post or online. If you receive a PHQ-9 in which the patient has indicated a score of 3 for question 9, you will need to follow the suicide protocol.

Contact the patient by phone and say that you are concerned with their response to this question. Ask if they have discussed these feelings with their GP or psychiatrist. **If the patient has spoken of these thoughts to their GP or psychiatrist, then no action is required.**

If not, you should ask the patient whether it is OK for you to contact their GP and/or psychiatrist and inform them of the situation. If the patient refuses, contact Prof Gilbody, or the relevant designated psychiatrist/health professional. If the patient agrees, you should immediately get in touch with the appropriate GP and/or health professional.

If unable to contact Prof Gilbody or any of the designated centre psychiatrists/health professionals, contact the Trial Manager, Mei-See Man or any other of the co-investigators who will advise further.

If any other written responses on the questionnaires give you cause for concern, raise this with Prof Gilbody, or the relevant designated psychiatrist/health professional.

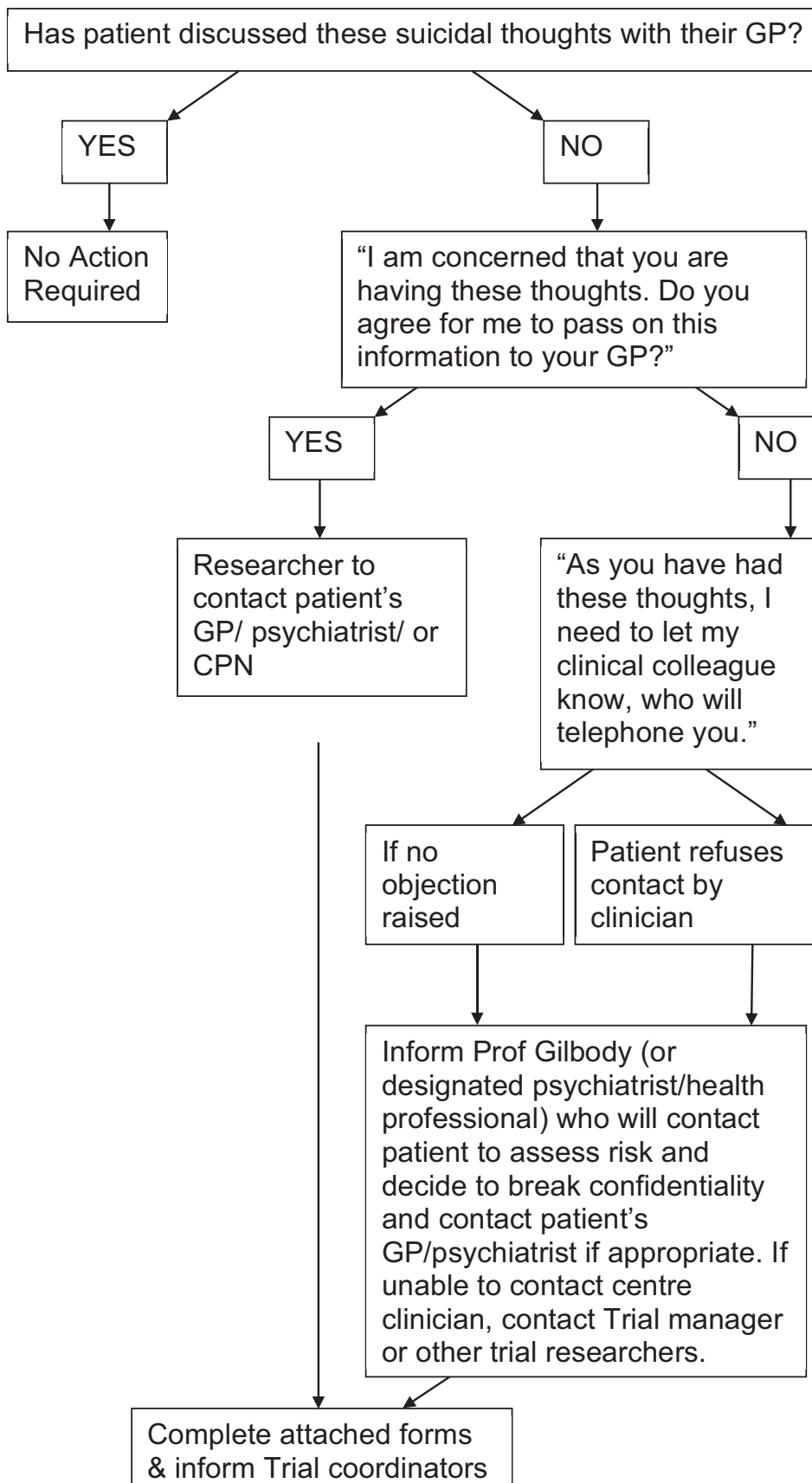
If you are unable to contact the patient within 24 hours, contact the patient's GP or psychiatrist. Inform them of the patient's questionnaire response and that you have been unable to contact the patient to assess the situation further.

At this point also check the patient's contact telephone number is correct. It may be that the telephone number on the database is out of date. If an alternative number is provided and the GP/ health professional agrees, attempt to contact the patient again.

If still unable to contact the patient and if no alternative contact details are available, confirm with the GP/ health professional that they will follow up with the patient as they feel appropriate based on their clinical knowledge of the patient.

Inform Prof Gilbody or the relevant designated psychiatrist/health professional of the patient's questionnaire response and details of resultant contacts with the patients GP/psychiatrist.

Complete the appropriate Suicidal Intent Forms.



Contacts

	Telephone	Mobile
Prof Simon Gilbody		
Mei-See Man		
Helen Cox		
For Manchester		
Tim Bradshaw		
Prof Linda Gask		
For Hull		
Dr Renato Merolli		
For York		
Prof Ian Watt		
Prof David Torgerson		

Suicidal Intent Form

The patient below has shown thoughts of suicidal intent on the PHQ-9 Questionnaire and has agreed for their GP and/or psychiatrist to be contacted by the researcher.

Date of birth: _____ / _____ / _____

SCIMITAR Participant ID: __ __ __ __

Action taken

Name of GP/Psychiatrist contacted: _____

Date of contact: _____ / _____ / _____ Time: __:__ am/pm

Outcome of contact/Action/Comments:

Suicidal Intent Form: Psychiatrist/Health Professional

Name of Participant: _____

Date of birth: _____ / _____ / _____

Name of Psychiatrist/trial health professional notified: _____

Date notified: _____ / _____ / _____

Action taken

Patient contacted: Yes No

GP/Psychiatrist contacted Yes No

If yes, GP/psychiatrist contacted with Patient's consent?

 Yes No

Name of GP contacted: _____

Date: __/__/__

Name of Psychiatrist contacted: _____

Date: __/__/__

Outcome of contact/Action/Comments: