



Other Rungs	
Ex-smoker	✓
Had trouble breastfeeding	✓
Partner stops smoking too	✓
Smoke-free home/car	✓
Partner encourages me to breastfeed	✓
Friend who breastfeeds visits regularly	✓
No-one I know breastfeeds	✓
Smoking on a night out	✗
Managing the school run or working and breastfeeding	✗
Embarrassed in public	✓
Stress	✓
I like smoking	✓
I'm too tired	✓
I don't have time	✓

ANY OTHERS??