

# “Aileen”

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- 49 year old Business Woman.
- Enjoys cycling and horse riding and wants to continue.
- Left sided groin pain after for over 2 years.
- Examination suggests anterior femoroacetabular impingement.
- Imaging radiographs, CT and MRA imaging show evidence of pincer type FAI.
- Aileen is prepared to have treatment for this.
- Aileen has already had a course of physiotherapy by her GP which did not help her symptoms.

# “George”

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- 40 year old Schoolteacher.
- Enjoys playing hockey, windsurfing and swimming and wants to be able to continue these pursuits.
- 12 month history of right sided groin pain.
- Examination suggests anterior femoroacetabular impingement.
- Imaging radiographs, CT and MRA show evidence of right sided CAM type FAI with a labral tear.
- George is prepared to have treatment for this.

## **Protocol Pre-pilot Clinicians Interviews**

### **UK FASHIoN**

***Chief Investigator: Professor Damian Griffin***

#### 1. Greeting

“Thank you for agreeing to take part in this study. As you know, we are seeking the advice of expert clinicians like yourself, about randomising patients to clinical trials. We would like to talk to you about this”

#### 2. Verbal consent

“Will it be okay with you if we audio record this conversation?”

#### 3. Explaining the trial

“The context for this request is a new research project - the UK feasibility study of a trial of arthroscopic surgery for hip impingement compared with non-operative care (the UK FASHIoN project).”

“We would like you to imagine that there is a randomised controlled trial currently taking place comparing hip arthroscopy versus best conservative care (physiotherapy) for femoroacetabular impingement.”

“The trial design is outlined in this information sheet.”

“As a recruiting clinician, it is up to you whether to send a patient to the randomised trial or continue with usual care. If the patient is referred to be part of the trial, a researcher will discuss the trial with the patient and obtain informed consent to the randomisation.”

#### 4. Case study Introduction

“These are the notes of a patient who may have hip impingement. I would like you to think aloud and tell me what is going through your mind as you read this case. I am particularly interested in thoughts you may have when considering an intervention including referring the patient to the randomised control trial. So, can you tell me what it is in your mind about this patient?”

Prompts:

What other interventions are you considering in this case?

What concerns do you have about sending the patient to randomisation?

What would make you decide one way or another?

What would you do if the trial was not running?

Will you opt for operative or non-operative care?

Which treatment do you think will help this patient more?

What do you think about the control condition, conservative care?

Are there any patients you would prefer not to randomise?

#### 5. Next case

“Please have a look to the next case and just as before I would like you to think aloud and tell me what is going through your mind as you read this case. I am particularly interested in thoughts you may have when considering an intervention including referring the patient to the randomised control trial. So, can you tell me what it is in your mind about this patient?”

(Prompts)

## 6. Closing

Thank you very much!

Any other comments or thoughts?

Your contribution is much appreciated and extremely valuable to us. It will help us to improve the information available to clinicians deciding whether or not to participate in the UK FASHIoN study in the future.

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