



**EASE BACK Study Dissemination event  
(Evaluating Acupuncture and Standard care for pregnant women with BACK pain)**

Monday 19<sup>th</sup> May 2014

Arthritis Research UK Primary Care Centre, Keele University, Keele, Staffordshire.

Room 0.78

10:00am – 16:30pm

**Registration and welcome from 9:30am**

**10:00 Welcome and overview of EASE BACK study aims & objectives**

Prof Nadine Foster

**10:15 Current clinical care for pregnancy-related back pain: survey results**

Dr Annette Bishop

**10:35 Perspectives of pregnant women, midwives and physiotherapists: interview results**

Dr Bernadette Bartlam, Dr Jackie Waterfield

**10:55 EASE BACK pilot trial design and methods**

Prof Nadine Foster

**11:20 Coffee**

**11:35 EASE BACK interventions**

Prof Nadine Foster

Dr Panos Barlas

**11:50 EASE BACK study results: feasibility and acceptability of study procedures (eligibility criteria, consent, recruitment, follow-up) and interventions delivered**

Alison Lloyd, Dr Bernadette Bartlam, Dr Annette Bishop

**12:10 EASE BACK study results: safety, clinical and cost data**

Prof Nadine Foster, Dr Reuben Ogollah, Dr Jessie Kigozi

**12:30 Lunch**

**13:00 Main trial – feasible and desirable?**

Prof Nadine Foster

**13:30 Discussion groups: planning a main trial**

Facilitators: Dr Annette Bishop

Dr Bernadette Bartlam

Prof Nadine Foster

**15:15 Feedback on workshop discussions**

**16:00 Conclusions and next steps**

Prof Nadine Foster