

**Part A. Background**

- Welcome/Introduction/ground rules/aims
- Collect basic biographic details (age, sex, job title, year qualified)
- Previous experience working with patients with hypermobility
- Previous training in hypermobility?
- Usual practice? Challenges ? issues ?

**Part B: PHYT: Impression and experiences**

- How involved have you been in PHYT [number of patients]
- How did you first hear about the PHYT study? First impressions?

Regarding the The **INFO ADVICE** Session, can you tell me about the **training** you had –( content, appropriateness, what you needed more/less on) ?

- Content
- Timing
- Are the patients engaged
- Do the patients have a good level of understanding
- Pacing
- Subsequent treatments
- How different is this intervention to your previous protocols for JHS

**Part C: PHYT: Impressions and experiences of physio sessions**

Regarding the The **PHYSIO SESSIONS/WORKBOOK** , Can you tell me about the **training** you had – (content, appropriateness, what you needed more/less on)?

- Content
- Timing and order of the sessions
- Are the patients engaged/homework
- Do the patients have a good level of understanding
- Pacing
- Subsequent treatments
- How is this different to previous treatment

**FOR STAGE 3: When Phyt first started we were under the impression that both info and physio were equally as good. What is your impression? Have your views changed since starting? Why?**

**Part D: PHYT: Putting it into practice**

- Views on PHYT for joint hypermobility syndrome? **format, content, pace, time, support**
- What do you think has worked well?
- What have been the challenges –?
- How do you think these issues could be/have been overcome/solved/modified?
- *What has it been like for you to take part in this study? [stage 3 only]*
- *Experience of conducting PHYT – both arms [stage 3 only]*
- *Do you think the trial has been successful? [stage 3 only]*

**Reaction from patients regarding PHYT - some concrete examples**

- Patient engagement with homework,
- Patient understanding
- Patients feedback to the physiotherapist?
- If PHYT was to show a benefit to patients of the physiotherapy do you think that there would be any issues with it being taken up as part of standard care? Why? Implications?
- Are there any changes that would need to be implemented for it to be rolled out to standard care?
- Conversely, if PHYT demonstrated that physiotherapy is not of benefit do you think it would change practice? Why? Implications?
- Have your views about using Physio for JHS changed since starting? Why?

**Close**

- Is there anything that we have not talked about that you would like to raise?
- Would you like us to send you a brief report of the study's findings?

**Notes**