

TOPIC GUIDE

Healthcare professional Post-study focus group

19.30-19.35 Welcome from facilitators (5 minutes)

- Debi, Sathon, Clare and Trish
- Core team members working on a study to test the effect of medication organisers
- Thank you for coming along today
- Appreciate taking the time to share your thoughts and opinions

We are designing a study to test the effect of medication organisers compared with usual medication packaging. The main aim of this group meeting is to find out about your experiences taking part in the study and to gain opinion on all aspects of the study: what worked well, what didn't work well and what we should do to solve any problems.

This information will be used in the design of large study that may take place in the future.

- There are no right or wrong answers – we are interested in your opinions and experiences
- Everyone will have a chance to speak and be heard

- There are just a two ground rules for the focus group
 - Firstly, the discussion will be recorded, so please allow each person to speak without interruption just so that when we come to write this up we can actually tell who is talking.
 - The information that we write up will be completely anonymous so it will say group member 1, 2 or 3 for example – there will be no names.
 - The second rule is that anything you learn about someone else in this discussion must be kept completely confidential so you cannot repeat anything that you hear during this discussion outside of this room.

- Is that OK? OK to start?

19.35-19.50 Introductions (15 minutes)

- For the purposes of the recording, please introduce yourself:
 - What you would like to be called
 - Your current professional role
 - What part did you take in this project

- Why did you agree to participate in this project?
- If you had this time over would you do it again?
- Any thoughts about this project?
 - Any good aspects; what worked effectively
 - Not good or not working

19.50-20.05 Experiences of recruitment process (15 minutes)

- Two recruitment processes were used in this project
 - Screened the records for eligible patients and sent them letters with a follow up letter after two weeks.
 - Screened the records for eligible patients, invited to see a researcher who was located in the waiting area of the practice.
- Any thought about these methods?

Prompt: Clinical screening, any particular preferences or concerns

20.05-20.15 Experiences of preparation for Visit 1 (10 minutes)

- This stage involved providing a one-month supply of medicines for the three week trial. GP was asked for one-month prescription and Pharmacy was asked to dispense a one-month usual supply and duplicate a medication label.
 - Any comments about this?
 - Was there anything we could have done differently?

Prompt: Time associated with this stage, communication with researchers

20.15-20.40 Experiences of trial phase (25 minutes)

- Researcher informed practice manager of the names of patients' who randomised or excluded after pill count (visit 2) and requested two-month prescriptions.
 - Any thought about this stage?
- Supplying the medicines as prescribed (usual or MODs) including medication delivery or collection process.
 - Any comments about this stage?
 - Any difficulties of this stage?
 - What you think could be further improved in terms of practicalities and acceptability for this stage.

20.40-20.55 Experiences of follow up phase and post study completion (15 minutes)

- We have asked GP practices to provide us with details like medication history and the number of practice visits.
 - Any comments about this process?
- For pharmacies we have asked you to complete a form for each patient to provide information like the time it took you to dispense for trial patients, near misses, plus collection and storage of empty packaging.

More generally, are there any thoughts or comments related to the end of the study.

- Patient related
- Practice and pharmacy related

20.55-21.00 Summary and close (5 minutes)

- Is there anything else that you would like to add?
- Would you take part in any further study?
- Thank you for your participation, we will keep all of this information confidential and now get designing the study.
- If you would like a copy of the report, let Sathon know and we will send you a summary.