Post-Intervention Interview Schedule
Problem Solving Therapy

Date ☐☐ / ☐☐☐ / **2** **0** ☐☐
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The purpose of this interview is to gather your views on the *Stop & Think!* group sessions. The *Stop & Think!* sessions were those where you learned a way of tackling and solving problems.

Your views are being gathered as part of a research study investigating *Stop & Think!* We are asking for your views because you consented to participate in this research, however, if you do not want to give us your views, that's OK.

Ask the client for permission to proceed. If the client declines, thank them for their time and conclude the interview.

1. **First, I am interested in hearing your general opinions of the *Stop & Think!* sessions. So, before I ask you any questions that might get you thinking about specific things, would you please give me your general opinions of the *Stop & Think!* sessions?**

2. **Please tell me the main things you learned in the *Stop & Think!* sessions:**

3. **Besides gaining knowledge, I am interested in whether you got anything else out of the *Stop & Think!* sessions. Did you benefit in any way?**

3a. If you did benefit, could you please try to tell me <u>how</u> *Stop & Think!* had this good effect?

4. Do you think *Stop & Think!* had any bad effects?

4a. If so, could you please try to tell me <u>how</u> *Stop & Think!* had a bad effect?

5. May I ask you to rate how useful you found the Stop & Think! sessions overall?

10   Very useful indeed
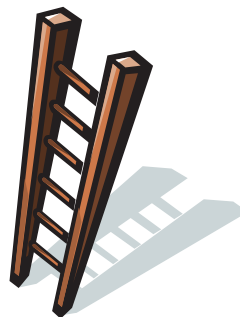
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0   Not at all useful

6. How much would you say you actually use the *Stop & Think!* procedure when you have problems?

10   Almost always

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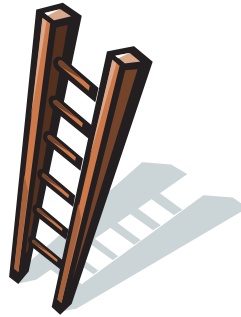**7**

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1   Never

7. Do you have any other comments?

Thank you for your help.