

Participant Trial ID /

Participant Initials



72 Week Follow-Up Interview PEPS Therapy

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The purpose of this interview is to gather your views on PEPS therapy, that is the individual psychoeducation sessions and the Stop & Think! group sessions.

Your views are being gathered as part of a research study investigating PEPS therapy. We are asking for your views because you consented to participate in this research, however, if you do not want to give us your views, that's OK.

Ask the client for permission to proceed. If the client declines, thank them for their time and conclude the interview.

- 1. First, I am interested in hearing your general opinions of the PEPS therapy. So, before I ask you any questions that might get you thinking about specific things, would you please give me your general opinions of the PEPS therapy?**

- 2. Please tell me the main things you learned in the PEPS therapy:**

- 3. Besides gaining knowledge, I am interested in whether you got anything else out of the PEPS therapy. Did you benefit in any way?**

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3a. If you did benefit, could you please try to tell me how PEPS therapy had this good effect?

4. Do you think PEPS therapy had any bad effects?

4a. If so, could you please try to tell me how PEPS therapy had a bad effect?

5. May I ask you to rate how useful you found the PEPS therapy overall?

10 Very useful indeed

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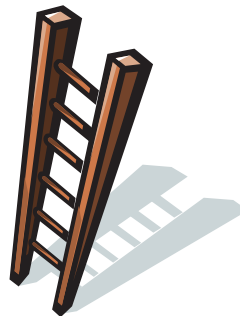
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0 Not at all useful



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6. There were two main components in PEPS therapy – psychoeducation and problem solving. We would like your opinion on whether one is more useful than the other and how they work together.

7. How much would you say you actually use the *Stop & Think!* procedure when you have problems?

10 Almost always

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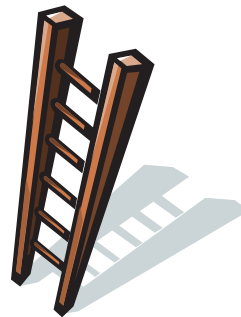
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Never



8. Do you have any other comments?

Thank you for your help.