

<<Hospital Logo>>

## INVITATION

### **PD REHAB - Randomised Controlled Trial to Assess the Clinical- and Cost- Effectiveness of Physiotherapy and Occupational Therapy in Parkinson's Disease**

Dear Patient,

We are carrying out a clinical trial that is managed by the University of Birmingham to examine the effectiveness of Occupational therapy and Physiotherapy for people with Parkinson's disease funded by the National Institute for Health Research. We understand that you have Parkinson's disease (PD) and *have expressed an interest / joined a register indicating that you might be interested*<delete as appropriate> in taking part in Parkinson's disease research.

If you have Parkinson's disease and have difficulties with some activities of daily living and have not had Physiotherapy or Occupational therapy in the last 12 months, you could be eligible to join the trial. The trial has to compare groups of people who are receiving therapy and those who are not. So joining the trial would give you a 50:50 chance of receiving Occupational therapy and Physiotherapy.

For those joining the trial we will use questionnaires to follow the progress of your quality of life at the start, and at 3, 9 and 15 months into the trial. We would also like to ask your own doctor about your health and will need to know about any medications you are taking for your Parkinson's disease. Of course if you were deemed by your doctor to be in urgent need of either or both services you would be referred in the normal way.

We enclose a patient information sheet (version 9) for you which describes the trial.

Would you like to take part in this trial?

Would you like to learn more about this clinical trial?

Do you have any other questions?

Then please contact us at the address above or complete the attached reply slip and we will be in touch with you.

Yours sincerely,

<local PI>

**Reply Slip**

**Please complete this reply slip and send to:**

<Local PI>

Address

Address

Address

I am:

Interested in taking part in the study

Would like to learn more about the study

Do not wish to take part in the study

Name .....

Address .....  
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.....  
.....  
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Tel: .....

Email: .....

Any other questions or comments

Thank you.