

Intervention template

Name:

Please complete this template throughout the day, as we complete each task. Start by listing the intervention functions, in order of importance. Please use green for the essential targets and blue for 'nice to have' targets. Please don't feel that this template has to match the group consensus – we want to know what each individual thinks.

Task 1: What behaviour should we be targeting?

When?

.....

Where?

.....

How often?

.....

With whom?

.....

In what context?

.....

Task 2: Who should the intervention target?

.....

Task 3		Task 4		Task 5	Task 6
Intervention target domains (theoretical domains)	Rationale	Intervention functions	Rationale	Potential interactive digital features	Mode of delivery
<i>Write one target (e.g., knowledge, intentions, emotion) per line. Include more specific examples if possible</i>	<i>Indicate why you think this domain is important</i>	<i>List the intervention functions that you feel are appropriate for each target domain</i>	<i>Indicate why you think this function suits this domain</i>	<i>e.g., quizzes, virtual environments (also include how these might be tailored if possible)</i>	<i>e.g., website, app, text messages</i>
<i>Example: Physical skills</i>	<i>Many people make errors when using condoms due to a lack of physical skills</i>	<i>Training</i>	<i>Training is a good way to improve physical skills, and can allow people to practice to behaviour</i>	<i>Videos (of how to put a condom on) Quizzes about knowledge/skills in condom use, with feedback to highlight errors</i>	<i>Website</i>