

GP practice letter head

<Patient name>

Our ref: <admin code>

<Patient address1>

<Patient address2>

<Patient address3>

<Patient postcode>

<Date>

Dear <Patient name>



An invitation to participate in a research project

Our Practice is supporting a research study being undertaken by the University of York. We have been asked to pass on details of this study to all patients over the age of 65 who are registered with the Practice to see if you would be willing to take part.

This research is concerned with mental well-being (such as, feeling miserable, sad, fed-up, anxious, having problems sleeping, lack of energy, avoiding contact with friends). You may experience none or some of these different elements. The study aims to find out whether a new method of delivering care will help to improve mental wellbeing amongst those over the age of 65.

The enclosed information leaflet explains the study in detail. If you wish to take part, please complete the yellow consent form enclosed, and return it to the research team at the University of York in the prepaid envelope provided (no stamp needed).

Your participation in this study is voluntary. Even if you decide not to take part, we would be very grateful if you could please complete the blue decline form and return it in the prepaid envelope. Not taking part in this study will in no way affect the standard of care you receive from your GP.

If you have any queries, please contact [local study co-ordinator name and institution] on [local phone number]. If there is no-one available, please leave a message and someone will contact you as soon as possible.

Thank you for your time and co-operation.

Yours sincerely

[Lead GP signature and name]